

# AAU Ice Hockey

Jan 1, 2015

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## Qualifying & Application for the AAU 2015 North American Championships

Online registration for the AAU North American Championships has opened. Separate pages for each classification are already operational at the [www.aauicehockey.org](http://www.aauicehockey.org) website, which provides the ability to register as well as obtain information about hotels.

Mites 7U, 8U & 8U Mixed	March 5-8 2015 Minneapolis, MN	\$1250
Squirt & PeeWee 9U, 10U, 11U, 12U, plus Mixed & Elite	March 27-29, 2015 Niagara Falls, NY	\$1250
Bantam & Midget 14U, 16U & 17U (non-Checking)	April 10-12, 2015 Barrie, Ontario	\$1250 Canadian

### League Berths

Leagues were required to determine their representatives no later than January 1st. Leagues that have not already done so should immediately notify Keith Noll (AAU National Chair) at: [slapshot@wwt.net](mailto:slapshot@wwt.net) or (715) 829-2346 as to which teams from their league have been awarded berths to the North American Championships.

Generally speaking, each Division within an AAU licensed league should receive 1 berth. What team will receive that berth is a matter to be decided by the league. If you believe that your team should have been awarded a berth from your league and you have not heard from the league then please contact your league first.

### Qualifier Berths

Similarly, some teams have already won a berth through a recognized AAU QUALIFIER tournament. Generally speaking, these Qualifier tournament award 1 berth per classification when less than 12 teams participate and 2 berths where 12 or more teams participate. Please contact the Qualifier tournament first if you have questions about a berth.



Sports for all, Forever



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Published monthly for the benefit and interest of AAU Ice Hockey participants.

AAU Leagues, Administrators, as well as Team Coaches and/or Managers are encouraged to submit articles and notices to:

[keith@hockey-michigan.org](mailto:keith@hockey-michigan.org)



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## At-Large Berths

Some teams have been awarded At-Large berths, by the AAU National Chair. If your team is in a region where no AAU leagues exist at your classification and you would like to be obtain an At-Large berth then please contact Keith Noll at: [slapshot@wwt.net](mailto:slapshot@wwt.net) or (715) 231-4000

If your team has already QUALIFIED, then please register **as soon as possible** or if you have no intention of accepting your berth then please let us know so the berth can be offered to another team.

All Mite, Squirt & PeeWee registration deadline is February 1st, 2015. Bantam & Midget deadline is March 1st 2015.

## Non-AAU Teams at Squirts, PeeWees, Bantams & Midgets

Priority is given to existing AAU members and clubs who have participated within AAU licensed leagues and tournaments throughout the season. Yet, because AAU has only a limited number of leagues within the Squirt-Midget age classifications, AAU will accept a limited number of teams who have participated within other organization. This will help introduce AAU Hockey to other areas of the US and Canada, where our leagues may not have a presence.

However, all teams wishing to participate within the AAU North American Championships must register as an AAU Club (at a minimum a level 1 Club costing \$30) and all athletes and coaches much become AAU members within their Club (youth players \$14 each and adult coaches \$16 each). These fees are not included in the tournament fee for the North American Championships.

For information on joining AAU Hockey please go to: [www.auicehockey.org](http://www.auicehockey.org) or [www.ausports.org](http://www.ausports.org)

For information on participating within the AAU North American Championships, please contact the AAU national chairperson Keith Noll at: [slapshot@wwt.net](mailto:slapshot@wwt.net) or (715) 829-2346





## Coaches, Players and Parents

AAU National Hockey Chair, Keith Noll is pleased to announce that AAU Hockey is offering a free online coaching program for Coaches, Players & Parents.

**FREE eCourse/Mastermind \$97.00 Value first 1000 to join!**

**AAU hockey is offering a free eCourse/mastermind to all hockey players, coaches and families.**

**[www.udemy.com/playbook-for-life-my-100-ways-journal/?couponCode=betterlifeaauhockey1](http://www.udemy.com/playbook-for-life-my-100-ways-journal/?couponCode=betterlifeaauhockey1)**

*The solution lies in the development of your life skills.* No amount of knowledge can propel you through your challenges if you do not have the necessary skills to assess your strengths and weaknesses, develop a vision, and implement measurable goals. You must learn the skills that will enable you to make the right choices to achieve your goals.

**Better Life Training Playbook for Life & My 100 Ways Journal will help provide you with those skills.**

Throughout my 17 year career as a professional hockey player, I benefited from having great coaches and mentors. Combined with my strong drive to improve my game no matter what it took, these coaches and mentors were able to make me a better hockey player and a better man. In my book, 100 Ways to Become Your Personal Best, I tell my story and how I distilled those years of coaching and mentoring down to an essential list I call my 100 Ways.

NOW let me lead you through my Better Life Training Playbook For Life & My 100 Ways Journal personally designed for YOU! Use this Course as an Online Mastermind to develop and journal your solutions and let me and the subject matter professionals lead you to create your own Ways. Using this method I describe, I have lived out my dreams becoming a professional hockey player and strategy coach.

**JUST IMAGINE WHAT YOU CAN ACHIEVE BY USING THE SAME METHODS AS I LEARNED THROUGH PROFESSIONAL SPORTS AND MENTORS**

Better Life Training Playbook For Life & My 100 Ways Journal "Online Mastermind" podcast with subject matter professionals in life and sports.

**My story Mike Hartman 100 Ways to Become Your Personal Best,**

My 100 Ways Journal, coaching from our Online discussion area, access to all subject matter professionals podcast in life and sports including the Better Life Training Play Book For Life covering the first 12 questions of The 100 Way To Become Your Personal Best and online worksheets and podcast updated weekly.

**IN 90 DAYS - BECOME YOUR PERSONAL BEST**

## Carbon Monoxide (CO) Detectors Ice Rinks and other in-door Recreational Facilities

Each year, members of our ice hockey community hear of yet another incident involving **Carbon Monoxide (CO)** exposure within an ice rink. This December there was another such incident in Lake Delton, Wisconsin. An incident that sent 81 people to area hospitals. And like most similar occurrences, it's being attributed to a faulty ice resurfacing machine and to a ventilation system that didn't properly control the problem. Another incident sent 16 to hospitals in Ottawa this November.

Most of us are more familiar with discussions about Carbon Dioxide (CO<sub>2</sub>) issue, because of discussions on global warming. Carbon Monoxide (CO) and Carbon Dioxide (CO<sub>2</sub>) are both odorless, colorless gases, and are byproducts from anything containing carbon being burned. Both compounds contain carbon and oxygen, the difference lies in their toxicity.

Carbon Dioxide (CO<sub>2</sub>) can be naturally occurring and is even exhausted by humans and animals when we breath. Therefore, our bodies are equipped to tolerate low levels of CO<sub>2</sub> because we exhaust it naturally. Carbon Monoxide (CO) on the other-hand is not naturally occurring, rather it is created by burning fossil fuels (actually by burning them inefficiently). Carbon Monoxide (CO) is a poison that can suffocate people if it builds up. In low concentrations it can cause flu-like symptoms. In high concentrations it can kill within minutes, especially in a confined space such as your home.

### Symptoms

Signs and symptoms of carbon monoxide poisoning (according to the Mayo Clinic) may include:

- Dull headache
- Weakness
- Dizziness
- Nausea
- Vomiting
- Shortness of breath
- Confusion
- Blurred vision
- Loss of consciousness



If carbon monoxide poisoning is suspected then get into fresh air immediately and call 911 or seek emergency medical assistance.

Treatment may involve breathing pure oxygen within an emergency room setting or in some cases hyperbaric oxygen therapy.

### Cause

FYI, there are a host of reasons why CO levels can rise within any in-door facility. According to Occupational Safety and Health Administration (OSHA):

Carbon monoxide (CO) is a poisonous, colorless, odorless, and tasteless gas. Although it has no detectable odor, CO is often mixed with other gases that do have an odor. So, you can inhale carbon monoxide right along with gases that you can smell and not even know that CO is present.

CO is a common industrial hazard resulting from the incomplete burning of natural gas and any other material containing carbon such as gasoline, kerosene, oil, propane, coal, or wood.

Forges, blast furnaces and coke ovens produce CO, but one of the most common sources of exposure in the workplace is the internal combustion engine.



Since most modern ice resurfacing machines burn propane (although much cleaner than their predecessors that burned gasoline), it is often assumed to be the culprit at ice rinks. However, the problem can also be with heating systems (including the over-head heaters for spectators), hot-water heaters, the ice edging equipment, etc.

## ***Detection and industry standards***

FYI, a growing number of states have updated their building codes to require Carbon Monoxide detectors within residential homes. As of 2011, only 15 states did not have such a CO detector requirement for homes and that number is likely fewer today. However, many states still do not have such a requirement for commercial buildings and/or in-door recreational facilities. Wisconsin does not (although with such a large scale event one may expect that to change).

For the workplace OSHA limits employee exposure to CO at only 50 parts per million (ppm). Many home detectors trigger their alarms in the neighborhood of 30-33ppm.

However, the state of Minnesota Department of Health sets their limit at 20ppm (Massachusetts & Rhode Island have adopted similar laws). Within the Ice Rink industry, it has been recommended that facilities follow the 20ppm standard as well. Clearly, there is a concern over exposing our growing children and spectators to a harmful gas.

## ***So what can we do?***

Well we could go back to ancient times, like when this author began playing hockey. During the early 1960's our community rink was out side. Kids used shovels to clear the ice and then out came a high-tech resurfacing machine (like the one pictured to the right). Somehow that doesn't seem very practical for today.

However, we can all certainly begin asking our local ice rinks if they have Carbon Monoxide (CO) detectors at the facilities and whether the facility is following the industry recommendations. And those of us who do not live in Massachusetts, Minnesota and/or Rhode Island can begin confronting our state and federal representatives about the need for similar laws.

We should all keep in mind that not long ago it was rare to see any access to portable lifesaving device, called an "**automated external defibrillator**" or "**AED**" within ice rinks. However, today they can be found in many sporting facilities and in a great many states these are now mandated by law. These changes began first in response to local grass-root efforts, often in response to one of more tragedies. Eventually facilities, communities and eventually most states responded to this grass-root concern for protecting the public.

Similarly, several states are now leading the way on the issue of air quality. The ice rink industry is making such recommendations and the Environmental Protection Agency has been studying whether federal mandates are required. Of course, with many low-cost detectors already available, maybe we should be simply asking facilities to step up to protect our children and spectators now, rather than waiting on our local, state and federal governments.



## AAU Tournaments

<b>Labor Day</b> 6U, 7U & 8U (2008, 2007 & 2006)	<b>Aug 28 - Sep 1, 2014</b> \$TBD (4-game min)	<b>, CA</b> <a href="mailto:mdunaev@icetown.com">mdunaev@icetown.com</a>
<b>Cobra Early Bird</b> 7U & 8U (2007 & 2006)	<b>Sep 12-14, 2014</b> \$800 (4-game min)	<b>Taylor, Michigan</b> <a href="mailto:worz71@yahoo.com">worz71@yahoo.com</a>
<b>Stars Early Bird</b> 7U & 8U (2007 & 2006)	<b>Sep 26-28, 2014 (corrected)</b> \$800 (4-game min)	<b>Hazel Park, Michigan</b> <a href="mailto:bjardine@iiccusa.com">bjardine@iiccusa.com</a>
<b>Glacier Pointe — Earlybird</b> 7U, 8U (2007 & 2006) Travel & Mite House	<b>Sep 26-28, 2014</b> \$500	<b>Port Huron, Michigan</b> <a href="mailto:glacierpointe@iwarp.net">glacierpointe@iwarp.net</a>
<b>Glacier Pointe — Halloween Classic</b> 7U, 8U (2007 & 2006) Travel & Mite House	<b>Oct 10-12, 2014</b> \$500	<b>Port Huron, Michigan</b> <a href="mailto:glacierpointe@iwarp.net">glacierpointe@iwarp.net</a>
<b>Columbus Day Invitational “Qualifier”</b> 8U	<b>Oct 10-12, 2014</b>	<b>Vernon Hills, IL</b> <a href="mailto:kjohnson@glacierskate.com">kjohnson@glacierskate.com</a>
<b>Pekin Flyers Invitational “Qualifier”</b> 8U (2006)	<b>Oct 17-19, 2014</b> \$1250 (6-game min)	<b>Pekin, Illinois</b> <a href="mailto:ryan.hazelwood@csi22.com">ryan.hazelwood@csi22.com</a>
<b>Hockey Colorado (major)</b> 8U & 10U (2006 & 2004)	<b>Oct 18-20, 2014</b> \$650 (5-game min)	<b>Denver, Colorado</b> <a href="mailto:Vlarchenko@bigbearice.com">Vlarchenko@bigbearice.com</a>
<b>Hockey Colorado (minor)</b> 7U & 9U (2007 & 2005)	<b>Oct 24-26, 2014</b> \$650 (5-game min)	<b>Denver, Colorado</b> <a href="mailto:Vlarchenko@bigbearice.com">Vlarchenko@bigbearice.com</a>
<b>Blue Collar Hockey - Little Dog</b> 8U	<b>Nov 7-9, 2014</b>	<b>Grand Rapids, Michigan</b> <a href="mailto:info@mybbt.biz">info@mybbt.biz</a>

## AAU Tournaments (continued)

<b>Rochester Invitational</b> 7U & 8U (2007 & 2006)	<b>Nov 14-16, 2014</b> \$1250	<b>Rochester, New York</b> <a href="mailto:patti@invitationaltournaments.com">patti@invitationaltournaments.com</a>
<b>Hockey Colorado (major)</b> 8U & 10U (2006 & 2004)	<b>Nov 14-16, 2014</b> \$650 (5-game min)	<b>Denver, Colorado</b> <a href="mailto:Vlarchenko@bigbearice.com">Vlarchenko@bigbearice.com</a>
<b>Hockey Colorado (minor)</b> 7U & 9U (2007 & 2005)	<b>Nov 21-23, 2014</b> \$650 (5-game min)	<b>Denver, Colorado</b> <a href="mailto:Vlarchenko@bigbearice.com">Vlarchenko@bigbearice.com</a>
<b>Ultimate Tournaments</b> 8U & 10U (2007-2004)	<b>Nov 21-23, 2014</b> \$895 (4-game min)	<b>Wisconsin Dells, Wisconsin</b> <a href="http://www.ultimatetournaments.net">www.ultimatetournaments.net</a>
<b>Northbrook/Winfield Wishbone</b> 8U (AA, A1 & A2)	<b>Nov 25-30, 2014</b> \$825 (4-game min)	<b>Winnetka, Illinois area rinks</b> <a href="mailto:tgullen@winpark.org">tgullen@winpark.org</a>
<b>Pacific Showcase "Qualifier"</b> 6U, 7U & 8U (2008, 2007 & 2006)	<b>Nov 26-30, 2014</b> \$1500 (4-game min)	<b>Carlsbad, California</b> <a href="mailto:mdunaev@icetown.com">mdunaev@icetown.com</a>
<b>Oak Park - Turkey Tournament</b> 7U, 8U (2007 & 2006) Travel & Mite House	<b>Nov 28-30, 2014</b> \$850 (4-game min)	<b>Oak Park, Michigan</b> <a href="mailto:ziskie05@sbcglobal.net">ziskie05@sbcglobal.net</a>
<b>Barrie Knights (House) Tournament</b> 7U - 14U (House)	<b>Nov 28-30, 2014</b> \$1250 (4-game min)	<b>Barrie, Ontario</b> <a href="mailto:info@plcsports.com">info@plcsports.com</a>
<b>Red Circle Raiders (Select) Tournament</b> 8U, 10U & 12U Selects	<b>Dec 12-14, 2014</b> \$TBD (4-game min)	<b>London, Ontario</b> (519) 453-1413
<b>Glacier Pointe — Christmas Tournament</b> 7U, 8U (2007 & 2006) Travel & Mite House	<b>Dec 19-21, 2014</b> \$450	<b>Port Huron, Michigan</b> <a href="mailto:glacierpointe@iwarp.net">glacierpointe@iwarp.net</a>

## AAU Tournaments (continued)

<b>Ultimate Tournaments</b> 8U & 10U (2007-2004)	<b>Dec 19-21, 2014</b> \$895 (4-game min)	<b>Wisconsin Dells, Wisconsin</b> <a href="http://www.ultimatetournaments.net">www.ultimatetournaments.net</a>
<b>Christmas</b> 6U, 7U & 8U (2008, 2007 & 2006)	<b>Dec 26-30, 2014</b> \$TBD (4-game min)	<b>, CA</b> <a href="mailto:mdunaev@icetown.com">mdunaev@icetown.com</a>
<b>Ultimate Tournaments</b> 8U & 10U (2007-2004)	<b>Dec 26-28, 2014</b> \$895 (4-game min)	<b>Chicago, Illinois</b> <a href="http://www.ultimatetournaments.net">www.ultimatetournaments.net</a>
<b>Clearwater Beach Invasion "Qualifier"</b> 8U (2007-2006) & 10U (2005-2004)	<b>Dec 26-28, 2014</b> \$1495 (4-game min)	<b>Clearwater, Florida</b> <a href="mailto:Dave@myhockeyzone.com">Dave@myhockeyzone.com</a>
<b>Motown Showcase (major) "Qualifier"</b> 8U (2006) & 10U Mixed (2005-2004)	<b>Cancelled</b>	<b>Cancelled</b>
<b>Motown Showcase (minor) "Qualifier"</b> 7U & 9U (2007 & 2005)	<b>Jan 2-4, 2015</b> \$1000 (5-game min)	<b>Detroit area, Michigan</b> <a href="mailto:keith@hockey-michigan.org">keith@hockey-michigan.org</a>
<b>Ultimate Tournaments</b> 8U & 10U (2007-2004)	<b>Jan 9-11, 2015</b> \$895 (4-game min)	<b>Wisconsin Dells, Wisconsin</b> <a href="http://www.ultimatetournaments.net">www.ultimatetournaments.net</a>
<b>Hockey Colorado (major)</b> 8U & 10U (2006 & 2004)	<b>Jan 9-11, 2015</b> \$650 (5-game min)	<b>Denver, Colorado</b> <a href="mailto:Vlarchenko@bigbearice.com">Vlarchenko@bigbearice.com</a>
<b>Original Six (House) Tournament</b> 6U - 14U House	<b>Jan 16-18, 2015</b> \$1175 (4-game min)	<b>Burlington, Ontario</b> <a href="mailto:jbondy@wavehockey.ca">jbondy@wavehockey.ca</a>
<b>Blue Collar Hockey Urban Legends</b> 8U	<b>Jan 16-19, 2015</b>	<b>Fraser, Michigan</b> <a href="mailto:info@mybbt.biz">info@mybbt.biz</a>



## AAU Tournaments (continued)

**Ultimate Tournaments**

8U & 10U (2007-2004)

**Jan 17-19, 2015**

\$895 (4-game min)

**Wisconsin Dells, Wisconsin**

[www.ultimatetournaments.net](http://www.ultimatetournaments.net)

**Ultimate Tournaments**

8U & 10U (2007-2004)

**Jan 17-19, 2015**

\$895 (4-game min)

**St. Louis, Missouri**

[www.ultimatetournaments.net](http://www.ultimatetournaments.net)

**Pekin Flyers Winter Classic**

8U (2006)

**\*\* Cancelled \*\***

**Pekin, Illinois**

**Hockey Colorado (minor)**

7U & 9U (2007 & 2005)

**Jan 23-25, 2015**

\$650 (5-game min)

**Denver, Colorado**

[Vlarchenko@bigbearice.com](mailto:Vlarchenko@bigbearice.com)

**Rochester Invitational**

8U (2006)

**Jan 23-25, 2015**

\$1250

**Rochester, New York**

[patti@invitationaltournaments.com](mailto:patti@invitationaltournaments.com)

**Hockey Colorado (major)**

8U & 10U (2006 & 2004)

**Jan 30-Feb 1, 2015**

\$650 (5-game min)

**Denver, Colorado**

[Vlarchenko@bigbearice.com](mailto:Vlarchenko@bigbearice.com)

**Hockey Colorado (minor)**

7U & 9U (2007 & 1005)

**Feb 6-8, 2015**

\$650 (5-game min)

**Denver, Colorado**

[Vlarchenko@bigbearice.com](mailto:Vlarchenko@bigbearice.com)

**Griffin Cup (Select)**

8U - 17U (select)

**Feb 6-8, 2015**

\$1250 (4-game min)

**Burlington, ONT**

[jbondy@wavehockey.ca](mailto:jbondy@wavehockey.ca)

**Presidents Day Classic**

6U, 7U & 8U (2008, 2007 & 2006)

**Feb 11-16, 2015**

\$1500 (4-game min)

**Riverside, California**

[mdunaev@icetown.com](mailto:mdunaev@icetown.com)

**Ultimate Tournaments**

8U & 10U (2007-2004)

**Feb 14-16, 2015**

\$895 (4-game min)

**Wisconsin Dells, Wisconsin**

[www.ultimatetournaments.net](http://www.ultimatetournaments.net)

## AAU Tournaments (continued)

**Michigan State Championships**  
7U, 8U & Mite House

**Feb and/or March, 2015**  
\$TBD

**Michigan**  
[www.mayhl.com](http://www.mayhl.com)

**Top Tier - Cleveland Shootout**  
7U & 8 U (2007 & 2006)

**Feb 14-16, 2015**  
\$895 (4-game min)

**North Olmstead, OH**  
[TopTierHockey@gmail.com](mailto:TopTierHockey@gmail.com)

**Red Circle Annual (House) Tournament**  
8U - 12U (House)

**Feb 20-22, 2015**

**London, ONT**  
(519) 453-1413

**Colorado State Championships**  
7U, 8U, 9U & 10U (2007-2004)

**Feb 20-22, 2015**  
\$650 (5-game min)

**Denver, Colorado**  
[Vlarchenko@bigbearice.com](mailto:Vlarchenko@bigbearice.com)

**North American Championships**  
Mite 7U, 8U & 8U Mixed

**Mar 5-8, 2015**  
\$1250

**Minneapolis, Minnesota**  
[www.aauicehockey.org](http://www.aauicehockey.org)

**AAU Mite Challenge**  
8U (2006)

**March 6-8, 2015**  
\$850 (3-game min)

**Buffalo, New York**  
[markq@holidayrinks.com](mailto:markq@holidayrinks.com)

**Blue Collar Hockey - Ol'Sheleighly**  
8U

**Mar 13-15, 2015**

**Ann Arbor, Michigan**  
[info@mybbt.biz](mailto:info@mybbt.biz)

**North American Championships**  
Squirt-PeeWee 9U, 10U, 11U & 12U

**Mar 27-29, 2015**  
\$1250

**Niagara Falls, New York**  
[www.aauicehockey.org](http://www.aauicehockey.org)

**Spring Shoot-Out**  
6U, 7U & 8U (2008, 2007 & 2006)

**Apr 3-5, 2015**  
\$1500 (4-game min)

**Riverside, California**  
[mdunaev@icetown.com](mailto:mdunaev@icetown.com)

**North American Championships**  
Bantam-Midget (Safe-Rep) 14U, 16U & 17U

**Apr 10-12, 2015**  
\$1250 CAN\$

**Barrie & Alliston, Ontario**  
[info@plcsports.com](mailto:info@plcsports.com)

## AAU Tournaments (continued)

**No-Check World Championships**

8U - 16U Select/Rep

**Apr 10-12, 2015**

\$1250 (4-game min)

**Barrie & Alliston, Ontario**

[info@plcsports.com](mailto:info@plcsports.com)

**Blue Collar Hockey - Gale Force**

8U

**Apr 24-26, 2015**

**Chicago, Illinois**

[info@mybbt.biz](mailto:info@mybbt.biz)

**Blue Collar Hockey - Aurora Borealis**

8U

**May 15-17, 2015**

**Chicago, Illinois**

[info@mybbt.biz](mailto:info@mybbt.biz)

**Summer Showdown**

6U, 7U & 8U (2008, 2007 & 2006)

**July 3-5, 2015**

\$1500 (4-game min)

**Carlsbad, California**

[mdunaev@icetown.com](mailto:mdunaev@icetown.com)

## AAU Ice Hockey - Youth Leagues

This page will continue to be updated as additional league information becomes available.

### **8U Prep League**

8U

**MA**

[www.nsyf.org](http://www.nsyf.org)

### **Chicago United Hockey League (CUHL)**

8U

**Northern Illinois**

[chicagounitedhockey.com](http://chicagounitedhockey.com)

### **Canadian Independent (CIHF)**

6U - 16U

**Ontario**

[www.cihfhockey.com](http://www.cihfhockey.com)

### **Greater Niagara Amateur (GNAHL)**

6U - 10U

**Western NY**

[www.eteamz.com/greatniagaraamateurhockeyleague](http://www.eteamz.com/greatniagaraamateurhockeyleague)

### **Hockey Colorado**

6U - 12U

**CO & WY**

[www.hockeycolorado.org](http://www.hockeycolorado.org)

### **Hockey Illinois**

6U - 8U

**IL & WI**

[www.aauhockeyillinois.org](http://www.aauhockeyillinois.org)

### **Michigan Amateur Youth Hockey League**

6U - 18U

**MI & OH**

[www.mayhl.com](http://www.mayhl.com)

### **Mid-Atlantic Hockey League**

6U - 18U

**CT, MD, NJ & PA**

[midatlantichockey@gmail.com](mailto:midatlantichockey@gmail.com)

### **Minnesota Made - Choice Hockey League**

8U - 12U

**MN**

[www.minnesotamadehockey.com](http://www.minnesotamadehockey.com)

### **New England (NEAHL)**

6U - 18U

**MA, ME & NH**

[www.neahl.org](http://www.neahl.org)



## AAU Ice Hockey - Youth Leagues (continued)

This page will continue to be updated as additional league information becomes available.

### ***Rapid Fire Hockey League***

6U - 14U

***WI & MN***

**[rapidfirehockey.com](http://rapidfirehockey.com)**

### ***Redline Metros (RLAC)***

6U - 18U

***MD, VA & greater Washington DC***

**[www.rlacmetros.com](http://www.rlacmetros.com)**





## AAU Ice Hockey - Scholastic Leagues

This page will continue to be updated as additional league information becomes available.

**Great Lakes Prep/JV Hockey League  
(GLPHL)**

**Michigan**  
[www.glphl.com](http://www.glphl.com)

**Herb Brooks XL**

**Minnesota**  
[www.herbbrooksfoundation.com](http://www.herbbrooksfoundation.com)

**I-69 Hockey League**

**Michigan**  
[www.hometeamsonline.com/teams/?u=I-69HOCKEYLEAGUE&s=hockey&t=c](http://www.hometeamsonline.com/teams/?u=I-69HOCKEYLEAGUE&s=hockey&t=c)

**Long Island, NY**

**Metropolitan NY**  
[www.longislandhshockey.net](http://www.longislandhshockey.net)

**Western New York High School Club  
Hockey League (WNYHSCHL)**

**Western NY**  
[www.eteamz.com/wnyhschl](http://www.eteamz.com/wnyhschl)

## AAU Ice Hockey - UHU (Junior) Leagues

Ron White, UHU (Juniors) Director - (714) 231-2531

This page will continue to be updated as additional league information becomes available.

**Canadian International Hockey League  
(CIHL)**

**Ontario**  
[www.pointstreaksites.com/view/cihl](http://www.pointstreaksites.com/view/cihl)

**Midwest Junior Hockey League (MWJHL)**

**IL & MI**  
[www.mwjhl.com](http://www.mwjhl.com)

**Northern States Hockey League (NSHL)**

**MA, ME, NH, NJ, NY & PA**  
[www.northernstateshockey.com](http://www.northernstateshockey.com)

**Western States Hockey League (WSHL)**

**AZ, CA, CO, ID, KA, MT, NM, OK, OR, TX, UT, WA & WY**  
[www.wshl.org](http://www.wshl.org)



# AAU Ice Hockey

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## AAU Ice Hockey - Websites & Media

[www.aauicehockey.org](http://www.aauicehockey.org)

on Twitter [twitter.com/AAUIce](https://twitter.com/AAUIce)

on YouTube

[www.youtube.com/playlist?list=PLd3hXZtrsD1R15iU7RgSg39cqmKrb-nvT](http://www.youtube.com/playlist?list=PLd3hXZtrsD1R15iU7RgSg39cqmKrb-nvT)

Sports for all, Forever



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AAU Leagues, Administrators, as well as Team Coaches and/or Managers are encouraged to submit articles and notices to:

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A single low cost AAU membership will provide benefits and opportunities for events in over 40 sports including:

