

AAU Ice Hockey

March 1, 2016

Volume 3, Issue 4

AAU Ice Hockey - Newsletter *Introducing our revised publishing format*

Publication of the **Hockey Michigan** newsletter is now being suspended. Instead we'll be concentrating solely upon a single newsletter, which we hope will serve all of our AAU Ice Hockey members on a nation-wide basis.

Therefore, beginning next month (April 1st) the **AAU Ice Hockey newsletter** will be published bi-monthly.

The new publication schedule (and general theme) will be as follows:

1. **August 1st** (our pre-season & tournament edition),
2. **October 1st** (our season opener coverage of the leagues),
3. **December 1st** (our announcements about Nationals),
4. **February 1st** (our regular season wrap-up),
5. **April 1st** (our Playoff and youth Nationals recap),
6. **June 1st** (our complete season wrap-up, growth, etc).



Our April 1st 2016 edition will jump right into this rotation at the #5 slot and will be generally focused on recapping any league Playoffs and youth National results that are submitted. We'll also accept articles about regular season league results.

Any leagues wishing to provide an article, final standings, pictures, etc are asked to submit items at least 7 days prior to the 1st (preferably 10-14 days).

We have changed the schedule several times during our 5-year publication history. Initially we began with the monthly publication for Hockey Michigan, which evolved into a monthly national newsletter and then later into 2 separate quarterly publications. Monthly appears to be too often and quarterly appeared to be too few. We very much hope that publishing bi-monthly will turn out to be our "Goldilocks zone" of just right. Enough to keep our member informed.

A high-quality newsletter will require help from our members, teams, leagues and directors. Please submit items (articles, pictures, standings, etc) to editor Keith Kloock: keith@hockey-michigan.org

Please be aware that: We will not publish any articles that attack other organizations or other teams, coaches, players, etc. Please try to remember our Positive Coaching Alliance principles.

Sports for all, Forever



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Published bi-monthly for the benefit and interest of AAU Ice Hockey participants.

AAU Leagues, Administrators, as well as Team Coaches and/or Managers are encouraged to submit articles and notices to:

keith@hockey-michigan.org



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AAU HOCKEY WELCOMES ALL IN ATTENDANCE AT THE 27TH ANNUAL LET'S PLAY HOCKEY CONSUMER EXPO

APPROXIMATELY 50,000 WILL ATTEND THE TWO-DAY EXPO ON MARCH 5-6



The Amateur Athletic Union (AAU) has been raising champions for more than a century. Since its inception in 1888, the AAU has set the standard for amateur sports in the United States with one goal in mind: **Sports For All, Forever.** It is more than a motto. It has been the focus and drive of AAU for 125 years and counting for sports in the United States and throughout the world.

Join the fun and check out some of the upcoming AAU Hockey events:

AAU North American Mites National Championships
March 3-6, 2016 | Minnesota Made Hockey (Edina, MN)

AAU North American Squirts & Peewees Championships
March 4-6, 2016 | Dwyer Arena & Hockey Outlet Sports Complex (Lewistown, NY)

AAU North American Bantams & Midgets Championships
March 11-13, 2016 | Dwyer Arena & Hockey Outlet Sports Complex (Lewistown, NY)

These events are licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an Internet connection. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

AAU HOCKEY ANNOUNCES NEW SAFETY AND AWARENESS PORTAL CFM PARTNERS

VISIT THE NEWS ATHLETIC SAFETY AND AWARENESS PORTAL - HELPING KIDS PLAY SMARTER AT <https://AAU.CFMNETWORK.COM>



FOR MORE INFORMATION ABOUT AAU HOCKEY CHECK OUT THE MONTHLY NEWSLETTER AT

WWW.AAUICEHOCKEY.ORG

NUMEROUS INTERESTING STORIES AND ARTICLES ON AAU ICE HOCKEY



Western States Hockey League, Tier II

The Western States Hockey League (WSHL) like most operating junior hockey leagues is in the final weeks of regular season play for the 22nd time in its history. With competition between teams at an all time high, and playoffs just around the corner let's look back at the successes since the Christmas break.

The WSHL All Star Game was played on Jan 2 in Oklahoma City. The game featured a 22 players all star squad versus the home team Oklahoma City Blazers (OKC) who at the time were the leading team in the WSHL. It was an exciting weekend of acknowledging the players who were participating in the game. Events included banquet, skills competition, and finally a terrific hockey game ending with the All Star team winning 3 -0 over the OKC Blazers. The <http://juniorhockey.com> editor Steve Heisler wrote: "Simply World Class", which can be read at: www.juniorhockey.com/news/news_detail.php?news_id=89500 regarding the WSHL All Star Game.

The following weekend began the second half of the season. With the second half in full swing, many teams are in pivotal positions to move up the playoff ladder in the last two weekends of regular season. Most notably since the Christmas break the playoff run is active as teams try to finish with either a bye the first round of playoffs (1st, 2nd place finishers in each division) or in 3rd or 4th place giving them home ice advantage in the first round. For example, Long Beach Bombers with a record of 1-19-1 since the break have moved from 3rd place to 2nd place in the Western division, Casper Coyotes have moved up to 2nd place in the Mountain division, in the Midwest division Springfield has move up 2 spots from 4th to 2nd place trying to hold onto the first round bye and El Paso has moved up from 6th place to 4th place securing home ice advantage in the first round of playoffs.

Looking ahead through the spring into summer the WSHL teams will be busy.

The WSHL Playoffs are as follows all series best of 3:

- March 10-3, 2016: Round #1 - Divisional 1/4 finals
- March 17-20, 2016: Round #2 - Divisional semi finals
- March 25-27, 2016: Divisional Finals
- April 1-3, 2016: Conference Championships

WSHL League Championship (best of 5)

- April 8-9, 2016: 2 games of Championship event
- April 15-17, 2016: 3 games of Championship - Winner of the Thorne Cup.



Recently WSHL President/Commissioner Ron White was interviewed by Guy Flaming & Dean Millard of the radio talk show "The Pipeline Show" broadcast on TSN 1260, Edmonton Canada. The interview can be found at: http://thepipelineshow.com/media_detail.php?show=1455926400&sn=11# scroll down to the 6th segment titled "Western States Hockey League".

Looking ahead, April will begin the recruiting season for the 29 teams currently playing in the WSHL. In addition, there will likely be a couple teams added to the league looking for 25 players each. When rosters are full of not only U.S. born players, but a plethora of European and Canadian players, coaches, scouts will be traveling the continent and globe seeking out those new WSHL stars. Certain teams already have tryout camps set up in Russia, Sweden, Slovakia, Norway, etc., in addition to the numerous spring / summer showcases they attend to fill their 2016-2017 rosters. The WSHL is planning on another monumental season of increased competition, college placements, and excitement.

Concussion (Part 2) - ideas about possible solutions

The lead article (aka editorial) from our last newsletter (Jan 1, 2016) was titled “**Concussion - why does our sport tolerate inferior helmets?**”. In a nut-shell, the article criticized to poor quality of available ice hockey helmets, at a time when far superior technology is already being utilized for football helmets. However, it is always easy to criticize problems when you aren't prepared to offer any solutions. So let's try to examine some potential solutions.

First off, please be aware that this author is neither a doctor or an engineer. I'm just another concerned youth hockey coach, like many or you. Yet when considering methods to lessen the number and severity of concussions within our sport, I personally see several options or paths available.

- **Method 1:** Remove body-checking from the sport. It is also noteworthy that most levels within AAU Ice Hockey are non-checking as well (the major exceptions being UHU Juniors, College and the Scholastic programs), Of course, barring body-checking does nothing for incidents where a player simply falls onto the ice and hits their head or when a player slams into the boards or when players merely collide without being involved in a body-check. Yet non-checking would certainly lessen the number of head injuries.
- **Method 2:** Better rink equipment. This may surprise some, but yes, ice rinks can be safer. Soon some of us will begin seeing rinks with warning zones painted under the ice to help let players (and referees) know that they are near the boards. In addition, some companies have been developing more flexible Board designs, which will give way and absorb the shock from a hit.
- **Method 3:** Encourage better coaching and better officiating. This is a sore spot for many of us. Because some of us (coaches and parents alike) have corrupted the whole point of body-checking. In it's most basic definition, body-checking is the process of a player using his/her body to separate the opposing player from possessing and/or controlling the puck. Yet over the course of several decades, body-checking has devolved into an act of intimidation. So much so that many body-checks that go un-penalized today do in fact violate playing rules. These predatory hits are not body-checks at all and would be better called physical assaults. Assaults that are generally taught by some coaches and permitted by many referees.
- **Method 4:** Then we come to the subject of helmet quality, which was the focus of both the prior article and this one as well. An important point is that improved helmet safety would be of benefit to all players and in all of the situations described above.

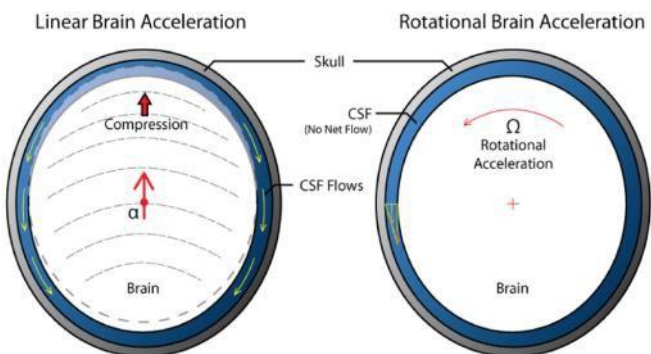
Also we should consider the following:

1. With regard to the prospect of removing body-checking from our sport, to some extent this is already happening. The national governing bodies in both the United States and Canada have both been heading in this direction. At least at the younger age classifications. And as stated above, most AAU programs are already non-checking. And whether we like it or not, many believe that before too long we will see Congress step in to ban all contact from youth sports.
2. With regards to improving rink equipment, thankfully this is a path that rink owners and companies who make such equipment are already working on.

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3. With regards to encouraging better coaching and officiating,
4. Improving helmet quality is a path that I think we parents, coaches and administrators can do something about. In addition, improved helmets could provide a children with a dramatic improvement in safety, regardless whether any of the other methods are successful or not.

First we need to understand that throughout history most sport helmets have been designed primarily to protect against direct linear impact. In order to test the level of protection against this kind of force, the **National Operating Committee on Standards for Athletic Equipment** recognizes a standard drop test, which only measures the results from a linear impact. In response, we generally find helmets that offer a hard outer-shell with various kinds of foam (usually Styrofoam because it's very cheap) that are intended to dampen or reduce the degree of linear impact. Long ago, rather than foam it was common to use various forms of fibrous padding. As a result many helmets do function rather well at preventing fractures to the skull.



However, direct linear impact is not the only force existing within contact sports such as Football or Hockey. An important consideration that has been historically overlooked is rotational force. Yet researchers have long understood that rotational forces, not linear forces, are responsible for serious brain damage including concussion, brain injury complications and brain bleeds.

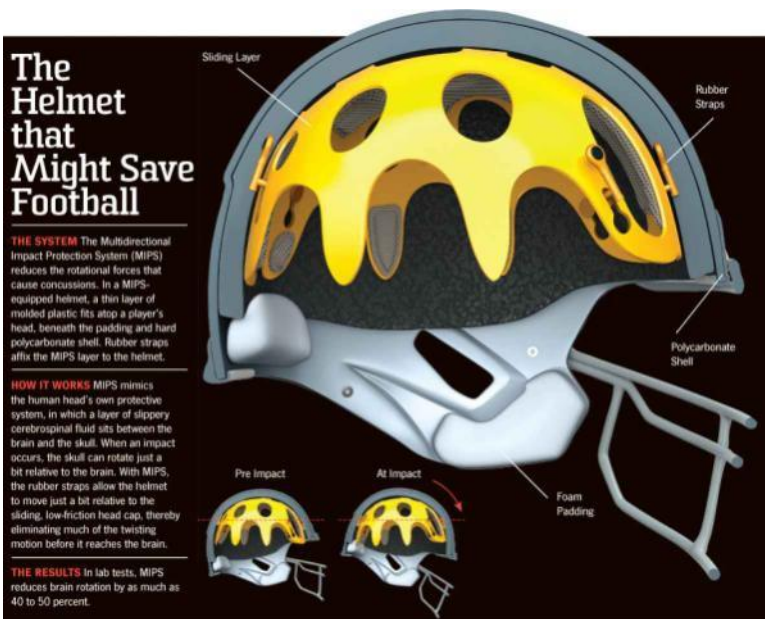
In 2014 researchers released the results of a study to the **American Academy of Neurology**. The study modified the conventional drop test and used a crash test dummy head and neck to simulate impact. Sensors were also placed in the dummy's head to measure linear and rotational responses to repeated 12 mile-per-hour impacts. The scientists conducted 330 tests to measure how well football helmet designs protected against traumatic brain injury. The study found that 10 of the most popular football helmets on average reduced the risk of traumatic brain injury by only 20 percent compared to not wearing a helmet.

Lets for a moment consider how Mother Nature has addressed the problem of protecting the human brain from injury. This process is actually rather brilliant.

- First we have an outer skull, which tends to keep most linear impacts from actually getting to the brain. A somewhat spherical hard outer-shell, which acts as a barrier and spreads the linear impact over a wider area. Clearly, helmet manufacturers have replicated this process rather well.
- Second we have a fluid inside the outer skull. Our brain is suspended within the fluid, rather than being connected directly to the outer skull. In addition to further dampening any residual linear impact that managers to transfer through the outer skull, this allows the skull to rotate independent of the brain. This is an added natural protection against any rotational forces encountered.

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Well, it's this natural rotational protection that had NOT been adequately replicated by the equipment manufacturers.



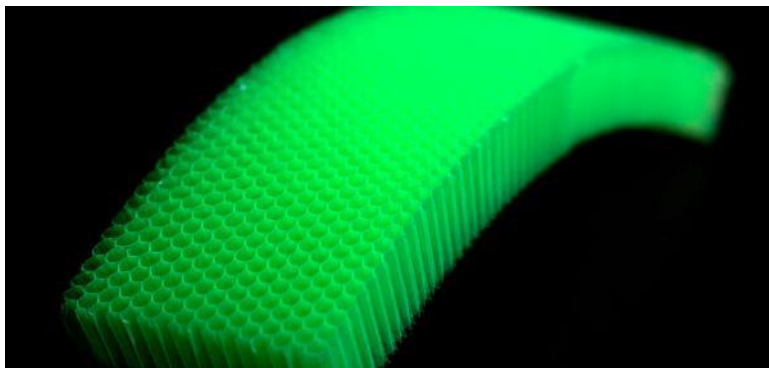
How about some possible solutions

MIPS is a Swedish company that developed the **Multidirectional Impact Protection System (MIPS)** helmet design (shown to the right) in 2001. MIPS does attempt to lessen the effect of glancing impacts, which lead to these rotational forces.

The MIPS concept is currently being licensed for use for some Bicycle, Snowboarding and Skiing helmets. The MIPS concept is even being utilized by Bell Helmets for their competition level helmets. Of course, Bell is very well known and respected for the helmets, which have a long history of protecting Motorcycle and Auto Racing enthusiasts.

Another more recent concept attempting to improve on both linear and rotational protection is called **Aerocore**, which has been developed by a company named **Koroyd**. This is again first being used within Bicycle and Snowboard applications. Aerocore is already found on the market in helmets manufactured by Smith Optics Forefront and Overtake MIPS.

Aerocore has the advantages of (1) being extremely light-weight and (2) providing the potential for a great deal of air circulation (great for cooling and getting rid of perspiration).



AAU Ice Hockey 2015-2016 Standings - Regular Season
 Chicago United Hockey League (CUHL)
 (effective February 24, 2016)

Team	Win	Loss	Tie	Pts	GF	GA	Q
Wingels - Upper D1							
Jr Falcons 1	14	1	1	29	85	41	2.07
Jr Chargers 1	13	2	1	27	98	46	2.13
Winfield HC 1	10	5	1	21	76	59	1.29
Rockford Jr Ice Hogs 1	9	6	1	19	60	56	1.07
Chicago Spitfires 1	8	7	1	17	62	63	0.98
Darien Phantoms 1	6	9	1	13	51	57	0.90
Romeoville Hounds 1	4	10	2	10	31	67	0.46
Northbrook Jr Spartans 1	3	10	3	9	47	85	0.55
West Dundee Dynamites 1	1	12	3	5	36	72	0.50
Moore - Lower D1							
Addison Grizzlies 1	15	1	0	30	98	35	2.80
Naperville Lancers 1	14	1	1	29	99	38	2.61
Wilmette Tribe 1	9	5	2	20	63	46	1.37
Fox Valley Hurricanes 1	9	7	0	18	67	54	1.24
Chicago Jr Blues 1	8	7	1	17	80	75	1.07
Glenview Generals 1	7	9	0	14	66	67	0.99
Jr Knights 1	5	9	2	12	53	91	0.58
Glacier Avalanche 1	2	11	3	7	54	95	0.57
Oakton Oilers 1	2	14	0	4	27	106	0.26

AAU Ice Hockey 2015-2016 Standings - Regular Season
Chicago United Hockey League (CUHL)
(effective February 24, 2016)

Team	Win	Loss	Tie	Pts	GF	GA	Q
Brown - Upper D2							
Jr Vikes 1	15	1	0	30	82	29	2.83
Naperville 2	15	1	0	30	81	39	2.08
HE Coyotes 1	8	4	4	20	43	41	1.05
Jr Chargers 2	9	6	1	19	48	37	1.30
Darien 2	5	7	4	14	53	71	0.75
Crystal Lake 1	5	8	3	13	44	51	0.86
Wisconsin Jets 1	5	8	3	13	38	55	0.69
Jr Wildkits 1	4	7	5	13	50	57	0.88
Avalanche 2	5	10	1	11	40	65	0.62
Spitfires 2	2	12	2	6	21	55	0.38
Anderson - Middle D2							
Jr Jaguars 1	16	0	0	32	66	32	2.07
Winfield 2	11	2	3	25	61	28	2.18
Jr Blues 2	10	6	0	20	70	55	1.27
Pleasant Prairie 1	8	6	2	18	66	49	1.35
Jr Vikes 2	7	5	4	18	55	56	0.98
Jr Falcons 2	6	9	1	13	43	46	0.94
Skokie 1	5	8	3	13	54	51	1.06
Heartland 1	3	10	3	9	37	65	0.57

AAU Ice Hockey 2015-2016 Standings - Regular Season
Chicago United Hockey League (CUHL)
(effective February 24, 2016)

Team	Win	Loss	Tie	Pts	GF	GA	Q
Fox Valley 2	1	15	0	2	17	87	0.20
Montoya - Lower D2							
Chicago Colts 1	13	3	0	26	74	23	3.22
Darien 3	13	3	0	26	80	34	2.35
Glenview 2	10	6	0	20	61	55	1.11
Romeoville 2	9	5	2	20	58	43	1.35
Wilmette 2	8	5	3	19	49	44	1.11
Rockford 2	8	7	1	17	64	48	1.33
Spitfires 3	6	10	0	12	38	55	0.69
Jr Falcons 3	3	12	1	7	25	66	0.38
Jr Chargers 3	0	16	0	0	10	91	0.11
Darling - Upper D3							
Jr Knights 2	15	1	0	30	91	25	3.64
Avalanche 3	12	3	1	25	73	45	1.62
Darien 5	10	6	0	20	50	33	1.52
West Dundee 2	8	7	1	17	58	47	1.23
Skokie 2	7	7	2	16	75	71	1.06
Spitfires 4	7	8	1	15	56	59	0.95
Northbrook 2	7	8	1	15	49	53	0.93
Darien 4	2	14	0	4	26	81	0.32

AAU Ice Hockey 2015-2016 Standings - Regular Season
 Chicago United Hockey League (CUHL)
 (effective February 24, 2016)

Team	Win	Loss	Tie	Pts	GF	GA	Q
Wisconsin Jets	2	14	0	4	20	84	0.24
Hinostroza - Middle-A D3							
Naperville 3	16	0	0	32	107	23	4.65
Darien 6	9	5	2	20	40	35	1.14
Winfield 3	8	5	3	19	60	37	1.62
Jr Jaguars 2	8	6	2	18	46	49	0.94
Crystal Lake 2	8	7	1	17	55	45	1.22
Hoffman 2	7	8	1	15	43	34	1.27
Oakton 2	5	10	1	11	50	59	0.85
Northbrook 3	5	11	0	10	31	74	0.42
Lake Forest 1	3	12	1	7	36	112	0.32
Hartman - Middle-B D3							
Jr Blues 3	11	3	2	24	77	44	1.75
Jr Vikes 3	10	5	1	21	65	33	1.97
Rockford 3	10	5	1	21	51	47	1.09
Avalanche 4	9	5	2	20	49	40	1.23
Winfield 4	9	5	2	20	43	33	1.30
Wilmette 3	6	9	1	13	43	55	0.78
Winfield 5	4	12	0	8	28	62	0.45
Fox Valley 3	3	12	1	7	26	70	0.37

AAU Ice Hockey 2015-2016 Standings - Regular Season Chicago United Hockey League (CUHL) *(effective February 24, 2016)*

Team	Win	Loss	Tie	Pts	GF	GA	Q
Allen - Lower D3							
Addison 2	15	1	0	30	89	30	2.97
Naperville 4	13	2	1	27	90	22	4.09
Jr Wildkits 2	8	7	1	17	79	74	1.07
Heartland 2	7	7	2	16	49	43	1.14
Glenview 3	7	8	1	15	48	83	0.58
West Dundee 3	6	8	2	14	48	73	0.66
Jr Falcons 4	4	11	1	9	25	47	0.53
Jr Chargers 4	3	13	0	6	30	86	0.35
House divisions Next Page							



AAU Ice Hockey 2015-2016 Standings - Regular Season
Hockey Colorado
(effective February 24, 2016)

Team	Win	Loss	Tie	Pts	GF	GA	Q
8U Major							
Team Big Bear - Black	21	2	1	43	170	32	
Shamrocks - Green	17	7	0	34	124	94	
Colorado Rebels - Red	16	7	1	33	124	48	
Colorado Rebels - Blue	11	11	1	23	127	125	
Colorado Rebels - Black	11	13	0	22	119	98	
Team Big Bear - Green	9	15	0	18	83	120	
Rush	7	14	2	17	57	137	
Jr Buffs	7	6	1	15	53	49	
Team Big Bear - White	4	18	2	10	46	161	
Shamrocks - Gold	1	10	2	4	32	71	
9U Minor							
Colorado Rebels - Black	4	1	0	8	38	25	
Colorado Rebels - Red	3	2	0	6	26	22	
Team Big Bear - Black	3	2	0	6	20	22	
Ice Dogs	0	5	0	0	27	42	



AAU Ice Hockey 2015-2016 Standings - Regular Season
 Michigan Amateur Youth Hockey League (MAYHL)
 (effective February 24, 2016)



Team	Win	Loss	Tie	Pts	GF	GA	Q
8U - Tier 1							
Michigan North Stars	6	2	4	16	28	16	1.75
Motor City Wolves	6	1	1	13	43	20	2.15
Bloomfield Blades	4	2	4	12	28	15	1.87
Downriver Warriors	3	3	6	12	29	35	0.83
Sylvania North Stars Select	3	5	4	10	31	40	0.78
Brighton Ice (White)	3	7	2	8	24	36	0.67
Michigan Aces	2	7	1	5	17	38	0.45
8U - Michigan							
Livonia Rockets	12	0	2	26	62	14	4.43
Grosse Ile Devils	9	2	3	21	44	21	2.10
Detroit Nordiques	7	6	1	15	48	32	1.50
Waterford Hawks	7	6	1	15	52	44	1.18
DSC Revolution	5	6	3	13	33	48	0.69
Canton Crush	5	8	1	11	34	41	0.83
Rochester Raptors	3	8	3	9	28	45	0.62
Michigan Hornets	1	13	0	2	7	63	0.11
8U - Huron							
Flying Finns	11	2	1	23	83	25	3.32
Motor City Timberwolves	8	3	3	19	60	25	2.40

AAU Ice Hockey 2015-2016 Standings - Regular Season
 Michigan Amateur Youth Hockey League (MAYHL)
 (effective February 24, 2016)



Team	Win	Loss	Tie	Pts	GF	GA	Q
8U - Huron (continued)							
Flint Icelanders	8	4	2	18	45	32	1.41
Dearborn Cobras	6	3	5	17	38	29	1.31
Trenton Junior Trojans	7	7	0	14	30	31	0.97
Brighton Ice (Blue)	5	8	1	11	51	49	1.04
CWL Kings	4	9	1	9	43	55	0.78
Eastside Knights	0	13	1	1	7	102	0.07
8U - St.Clair							
Berkley Kodiaks	10	2	0	20	57	28	2.04
Tri-City Junior Icehawks	9	1	2	20	63	16	3.94
Team Toledo (Ohio)	6	4	2	14	41	35	1.17
Michigan Lakers	4	7	1	9	32	39	0.82
Oakland Pirates	4	7	1	9	36	57	0.63
South Lyon Chiefs	3	7	2	8	26	39	0.67
Wolf Pack	1	9	2	4	24	65	0.37
8U - Mixed							
Allen Park Wolves	9	0	1	19	81	18	4.50
Trenton Predators	7	1	2	16	51	24	2.13
Grosse Ile Devils	5	4	1	11	56	38	1.47
MC Eagles	4	5	1	9	49	64	0.77

AAU Ice Hockey 2015-2016 Standings - Regular Season
 Michigan Amateur Youth Hockey League (MAYHL)
 (effective February 24, 2016)



Team	Win	Loss	Tie	Pts	GF	GA	Q
MC Bruins	2	7	1	5	26	62	0.42
Allen Park Wild	0	10	0	0	14	71	0.20
7U - Tier 1							
Downriver Warriors	4	0	2	10	29	17	1.71
Detroit Nordiques	3	2	1	7	35	19	1.84
International Stars	3	2	1	7	29	22	1.32
Sylvania Northstars (Ohio)	0	6	0	0	11	46	0.24
7U - Travel							
Waterford Hawks	11	1	0	22	69	31	2.23
Michigan Lakers	10	1	1	21	53	9	5.89
Plymouth Kings	9	3	0	18	73	25	2.92
Michigan North Stars	9	3	0	18	82	38	2.16
Motor City Wolves	5	4	3	13	46	40	1.15
Bloomfield Blades	5	5	2	12	41	42	0.98
Brighton Ice	5	7	0	10	53	59	0.90
Port Huron Stars	4	6	2	10	33	62	0.53
Team Toledo (Ohio)	3	8	1	7	31	56	0.55
Grosse Ile Stars	3	8	1	7	32	74	0.43
Great Lakes Hockey Club	2	8	2	6	30	60	0.50
DSC Revolution	0	12	0	0	9	56	0.16

AAU Tournaments

Summer Showdown 6U, 7U & 8U (2008, 2007 & 2006)	July 3-5, 2015 \$1500 (4-game min)	Carlsbad, California mdunaev@icetown.com
N. American Tier 1 Showcase - Chicago 7U, 8U & 9U (2008, 2007 & 2006)	Sept 11-13, 2015 \$1000 (4-game min)	Chicago, Illinois director@aaucanamaaa.com
Cobra EarlyBird Classic 7U (2008) & 8U (2007)	Sept 18-20, 2015 \$900 (4-game min)	Brownstown, Michigan worz71@yahoo.com
Glacier Pointe - Halloween Classic 7U (2008), 8U (2007) & Mite House	Oct 9-11, 2015 \$500 (4-game min)	Port Huron, Michigan glacierpointe@iwarped.net
N. American Tier 1 Showcase - Toronto 7U, 8U & 9U (2008, 2007 & 2006)	Oct 9-11, 2015 \$1000 (4-game min)	Burlington, Ontario director@aaucanamaaa.com
Blue Collar - Aurora Borealis 7U (2008), 8U (2007) & Mite House	Oct 16-18, 2015 \$865 (4-game min)	Detroit, Michigan info@mybbt.biz
Blue Collar - Gale Force 5 7U (2008), 8U (2007) & Mite House	Oct 16-18, 2015 \$865 (4-game min)	Chicago, Illinois info@mybbt.biz
Pekin Flyers Invitational 7U (2008) & 8U (2007)	Oct 23-25, 2015 \$1350 (6-game min)	Pekin, Illinois www.nextgen-hockey.org
Blue Collar - Little Dog 7U (2008), 8U (2007) & Mite House	Nov 6-8, 2015 \$865 (4-game min)	Grand Rapids, Michigan info@mybbt.biz
Dells Water Park Classic 8U (2007) & Mite House	Nov 6-8, 2015 \$945 (4-game min)	Wisconsin Dells, Wisconsin john@ultimatetournaments.net
St. Louis Blast 8U (2007) & Mite House	Nov 6-8, 2015 \$945 (4-game min)	St. Louis, Missouri john@ultimatetournaments.net
Rochester Invitational 7U (2008) & 8U (2007)	Nov 13-15, 2015 \$1350 (4-game min)	Rochester, New York patti@invitationaltournaments.com
Thanksgiving Shootout 8U (2008-2007 mixed CUHL D3 and lower)	Nov 24-29, 2015 \$1095 (4-game min)	Vernon Hills, Illinois kjohnson@glacierskate.com
Northbrook-Winfield Wishbone 8U (2008-2007)	Nov 25-29, 2015 \$825 (4-game min)	Northbrook & Winnetka, Illinois tom@winnetkahockey.com
2nd Annual Thanksgiving Classic 7U (2008) & 8U (2007)	Nov 27-29, 2015 \$895 (4-game min)	Oak Park & Berkley, Michigan ziskie05@sbcglobal.net

AAU Tournaments(continued)

Snowball Showdown Mite Travel (8U)	Dec 4-6, 2015 \$825 (4-game min)	Sault Sainte Marie, Michigan genep@leitzsportscenter.com
OneHockey - Rochester Red Lamp 8U, 10U & 12U House-Select & Travel	Dec 4-6, 2015 \$1495 (4-game min)	Rochester, New York sebastienf@onehockey.com
London Selects Tournament Select & Mixed (8U, 10U, 12U, 14U & 16U)	Dec 11-13, 2015 \$1000 CAN (4-game min)	London, Ontario yclancy@hotmail.com
OneHockey - London Light the Lamp 8U, 10U, 12U, 14U & 16U House & Travel	Dec 11-13, 2015 \$1495 CAN\$ (4-game min)	London, Ontario sebastienf@onehockey.com
Glacier Pointe - Christmas 7U (2008), 8U (2007) & Mite House	Dec 18-20, 2015 \$400 (4-game min)	Port Huron, Michigan glacierpointe@iwarb.net
Chicago Holiday Classic 8U (2007) & Mite House	Dec 26-29, 2015 \$945 (4-game min)	Chicago, Illinois john@ultimatetournaments.net
Blue Collar - Urban Legends 7U (2008), 8U (2007) & Mite House	Jan 15-18, 2016 \$865 (4-game min)	Detroit, Michigan info@mybbt.biz
Dells Water Park Classic 8U (2007) & Mite House	Jan 16-18, 2016 \$945 (4-game min)	Wisconsin Dells, Wisconsin john@ultimatetournaments.net
St. Louis Blast 8U (2007) & Mite House	Jan 16-18, 2016 \$945 (4-game min)	St. Louis, Missouri john@ultimatetournaments.net
Grizzly Growl 8U (2007) & Mite House	Jan 23-25, 2016 \$850 (4-game min)	Rochester, New York collins23k@gmail.com
OneHockey - Flint Forecheck - NEW ! 8U 10U, & 12U Travel (10-10-15 periods)	Jan 22-24, 2016 \$1295 (4-game min)	Flint, Michigan sebastienf@onehockey.com
OneHockey - Flint Forecheck - NEW ! 14U, 16U & 18U Travel (10-15-15 periods)	Jan 22-24, 2016 \$1295 (4-game min)	Flint, Michigan sebastienf@onehockey.com
OneHockey - Flint Forecheck - NEW ! High School JV (10-15-15 periods)	Jan 22-24, 2016 \$1295 (4-game min)	Flint, Michigan sebastienf@onehockey.com
N. American Tier 1 Showcase - Detroit 7U (2008) & 8U (2007)	Feb 12-14, 2016 \$1000 (4-game min)	Hazel Park, Michigan director@aaucanamaaa.com
Top Tier - Cleveland Shootout 7U & 8 U (2008 & 2007)	Feb 13-15, 2016 \$995 (4-game min)	North Olmstead, OH TopTierHockey@gmail.com

AAU Tournaments(continued)

Dells Water Park Classic 8U (2007) & Mite House	Feb 13-15, 2016 \$945 (4-game min)	Wisconsin Dells, Wisconsin john@ultimatetournaments.net
Pekin Flyers Invitational 7U (2008) & 8U (2007)	Feb 13-15, 2016 \$1350 (6-game min)	Pekin, Illinois www.nextgen-hockey.org
Western NY Invitational - Holiday Twin 8U (2007) & 10U (2005)	Mar 4-6, 2016 \$895 (4-game min)	Buffalo, New York markg@holidayrinks.com
Western NY Invitational - Holiday Twin 12U (2003) & 14U (2001)	Mar 4-6, 2016 \$1025 (4-game min)	Buffalo, New York markg@holidayrinks.com
AAU North American Championships 7U (2008), 8U (2007) & 7-8U Mixed	Mar 3-6, 2016 \$1250 (5-game min)	Edina, Minnesota stevem@mnmadehockey.com
AAU North American Championships 9U (2006), 10U (2005) & 9-10U Mixed	Mar 4-6, 2016 \$1250 (4-game min)	Niagara Falls, New York TBD
AAU North American Championships 11U (2004), 12U (2003) & 11-12U Mixed	Mar 4-6, 2016 \$1250 (4-game min)	Niagara Falls, New York TBD
AAU North American Championships 13U (2002), 14U (2001) & 13-14U Mixed w/Checking	Mar 11-13, 2016 \$1250 (4-game min)	Niagara Falls, New York TBD
AAU North American Championships 15U (2000), 16U (1999) & 15-16U Mixed w/Checking	Mar 11-13, 2016 \$1250 (4-game min)	Niagara Falls, New York TBD
AAU North American Championships 18U (1997) & 17-18U Mixed with Checking	Mar 11-13, 2016 \$1250 (4-game min)	Niagara Falls, New York TBD
PLC No-Check World Championships Select-Mixed (8U, 10U and 12U)	Apr 8-11, 2016 \$1250 (4-game min)	Barrie, Ontario info@plcsports.com
AAU North American No-Check Championships 14U Mixed (2001-02)	Apr 8-11, 2016 \$1250 (4-game min)	Barrie, Ontario info@plcsports.com
AAU North American No-Check Championships 16U Mixed (2000-99) & 17U (1998)	Apr 8-11, 2016 \$1250 (4-game min)	Barrie, Ontario info@plcsports.com
Blue Collar - Silver Skates 7U (2008), 8U (2007) & Mite House	Apr 22-24, 2016 \$865 (4-game min)	Detroit, Michigan info@mybbt.biz
Blue Collar - Spring Peepers 7U (2008), 8U (2007) & Mite House	Apr 22-24, 2016 \$865 (4-game min)	Chicago, Illinois info@mybbt.biz

AAU Tournaments(continued)

AAU Youth Grinder - NEW !

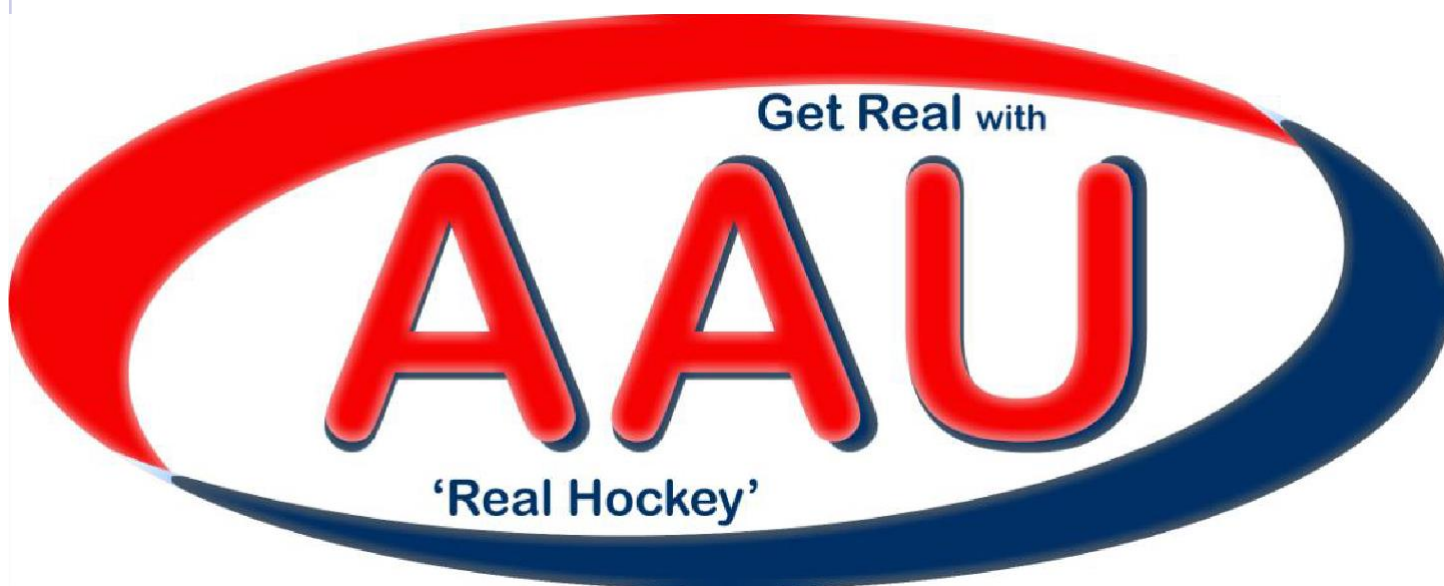
2009 & 2008 age divisions

Apr 29 - May 1, 2016

\$945 (4-game min)

Hazel Park, Michigan

ziskie05@sbcglobal.net



AAU Ice Hockey - Youth Leagues

This page will continue to be updated as additional league information becomes available.

8U Prep League 8U	MA www.nsyf.org
Chicago United Hockey League (CUHL) 8U	Northern Illinois chicagounitedhockey.com
Canadian Independent (CIHF) 6U - 16U	Ontario www.cihfhockey.com
North American (Tier 1 AAA) Showcase League 6U - 16U	Illinois, Michigan, Ontario & New York www.aucanamaaa.com
Empire Hockey League 8U	California www.facebook.com/empirehockeyleague
Greater Niagara Amateur (GNAHL) 6U - 18U	Western NY www.gnahl.com/
Hockey Colorado 6U - 12U	CO & WY www.hockeycolorado.org
Hockey Illinois 6U - 8U	IL & WI www.aauhockeyillinois.org
Michigan Amateur Youth Hockey League 6U - 18U	MI & OH www.mayhl.com
Mid-Atlantic Hockey League 6U - 18U	CT, MD, NJ & PA midatlantichockey@gmail.com



AAU Ice Hockey - Youth Leagues (continued)

This page will continue to be updated as additional league information becomes available.

Minnesota Made - Choice Hockey League 6U - 12U	Minnesota www.minnesotamadehockey.com
Mite Independent Hockey League (MIHL) 8U	Illinois nmeo15@gmail.com
North American Select Hockey League 6U - 18U	Ontario www.nashl.ca
New England (NEAHL) 6U - 18U	MA, ME & NH www.neahl.org
Rapid Fire Hockey League 6U - 14U	WI & MN rapidfirehockey.com
Redline Metros (RLAC) 6U - 18U	MD, VA & greater Washington DC www.rlacmetros.com



HockeyWeekly.com



AAU Ice Hockey - Scholastic Leagues

This page will continue to be updated as additional league information becomes available.

Great Lakes Prep/JV Hockey League (GLPHL)	Michigan www.glphl.com
I-69 Hockey League	Michigan www.hometeamsonline.com/teams/?u=I-69HOCKEYLEAGUE&s=hockey&t=c
Long Island, NY	Metropolitan NY www.longislandhshockey.net
San Diego District (SDDHL)	San Diego, California http://districthockey.com/
Western New York High School Club Hockey League (WNYHSCHL)	Western NY www.eteamz.com/wnyhschl

AAU Ice Hockey - UHU (Junior & College) Leagues

Ron White, UHU (Juniors) Director - (714) 231-2531

This page will continue to be updated as additional league information becomes available.

National Collegiate Hockey Association (NCHA)	CA, OH, NY, PA & WA ncha.us/
Western States Hockey League (WSHL)	AZ, CA, CO, ID, KS, MO, MT, NM, NV, OK, OR, TX, UT, WA & WY www.wshl.org
World United Hockey League (WUHL)	Ontario www.wuhl.net



AAU Ice Hockey

March 1, 2016

Volume 3, Issue 4

AAU Ice Hockey - National Committee

National Support Staff

<p><i>AAU National Hockey Chairperson</i> Keith Noll 2409 Stout Rd., Suite #1 Menomonie, WI 54751 (715) 231-4000 slapshot@wwf.net</p>	<p><i>AAU-UHU National Junior Hockey Director</i> Ron White (714) 231-2531 RRWGlacial@aol.com www.wshl.com</p>
<p><i>Committee Vice-Chair</i> Keith Kloock 21220 Wellington St. Woodhaven, MI 48183 (734) 692-5158 keith@hockey-michigan.org</p>	<p><i>Committee Vice-Chair & Minnesota</i> Bernie McBain 7300 Bush Lake Rd. Edina, MN 55439 (952) 746-9033 Bernie@mnmadehockey.com</p>
<p><i>AAU Membership Services</i> AAU PO Box 22409 Lake Buena Vista, FL 32830 (407) 934-7200 www.aausports.org</p>	<p><i>AAU National On/Off Ice Hockey Program Director</i> Mike Hartman (704) 752-8101 mikehartman100Ggmail.com www.betterlifetrainingacademy.com/mobile/coaching</p>
<p><i>Senior Sports Manager - Hockey</i> Reggie Williams (407) 828-8326 rwilliams@aausports.org</p>	

AAU Ice Hockey - Websites & Media

www.aauicehockey.org

on Twitter twitter.com/AAUIce

on YouTube

www.youtube.com/playlist?list=PLd3hXZtrsD1R15iU7RgSq39camKrb-nvT



Editor

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AAU Leagues, Administrators, as well as Team Coaches and/or Managers are encouraged to submit articles and notices to:

keith@hockey-michigan.org



AAU Inline Hockey

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