



Free Youth Hockey Programs

Atoms and Cubs / Youth Instructional

Free Atoms and Cubs

This program is designed for children 7 and under. Your little hockey star will play one game and one practice per week. Seasons are 10 weeks and all players get their own jersey. They will also have real playoffs where all players get awards.

GAMES AND PRACTICES: CUBS practices are Fridays at 5:15 PM and games are Saturdays at 10:00 AM (Starting Jan 23, 2010)

ATOMS practices are Fridays at 6:15 PM and games are Saturdays at 9:00 AM (Starting Jan 23, 2010)

NOTE: Times are subject to change. Log-in to your MySam account and click on Facility Schedule.

MEMBERSHIP:

You must be current Rollin' Ice Member. The fee is \$99/year or \$45 Non-Member Surcharge.

REQUIRED EQUIPMENT:

- H.E.C.C. approved Helmet with full face cage
- Mouthpiece
- Elbow Pad and Knee/Shin Pads, Gloves
- Stick (no black tape)
- No brakes allowed on skates
- No black tape

If you're just starting out and don't have equipment, no problem! We'll rent you all you need for only \$100 for the 10-week season, or \$25 for a game/practice.

Rollin' Ice also has a Pro Shop and will be glad to assist you with any equipment purchase.

FOR MORE INFORMATION:

Contact Ed Macalooloo at edmac@gotoplex.com or John Chiala at jchiala@gotoplex.com with any questions or come to the Rollin' Ice Check-In desk. For questions regarding Memberships contact info@gotoplex.com

Free Youth Instructional

Rollin' Ice offers a basic instructional hockey program for kids who have never skated or kids looking to improve their basic abilities. Any new hockey players under the age of 12 are welcome to join in the fun. *This is a 100% free program including free gear rental!* **When attending, Sign-in each week at the front Desk.**

CLASSES: This program runs Saturday mornings from 7:30 AM to 9:00 AM with 1-4 instructors arriving around 8am. Free rental gear is available beginning at 7:00 AM. Please call the Check-in desk on Thursday or Friday to ensure class will be offered that coming Saturday. Otherwise, there is no need to plan ahead, just come down and play!
Weeks off this season: Feb 13, Mar 27, Apr 10, May 8

MEMBERSHIP:

No membership is required for this Free Youth Instructional program.

REQUIRED EQUIPMENT:

See equipment details in left column. If you're just starting out and don't have equipment, no problem! For this program only, the equipment rental is provided at no charge. Rollin' Ice also has a Pro Shop and will be glad to assist you with any equipment purchase.

FOR MORE INFORMATION:

Contact info@gotoplex.com with any questions or come to the Rollin' Ice Check-In desk.

Rollin' Ice

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