| section | Summary of changes | |
|---------------------------|--|--|
| General Rules - Section 1 | Clarification of collegiate status | |
| | Clarification on qualifation for Nationals and Junior Olympics | |
| Kumite Rules - Section 2 | Update shikkaku procedures | |
| Kata Rules - Section 3 | Clarify styles allowed for style specific competition | |
| | Clarify the kata grand championship division at nationals | |
| | Clarifiactions on composition of team kata | |
| Kobudo Rules - Section 4 | | |
| Appendix | updated weight classes for adult 18-34 advanced competitors | |
| Inclusive Karate | allow for inclusive athletes to compete in non-inclusive divisions | |
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