

2025 AAU Karate Handbook – Summary of Change

General Rules

- Change to coaches uniform - change white gi pants, to solid black pants
 - Aligns us with coach's attire used by WUKF
- Use of Video for Protest - allows video to be used to correct an administrative error
- Drop Collegiate divisions
- Introduced a coach's code of Conduct.
 - Athletes no longer penalized for the conduct of the coach
- Introduce an Official's code of Conduct
 - Provide guidance as to when a conflict of interest may exist and when a official should try to avoid judging a division

Kumite

- Modification to ages

Kata

- Clarify age categories for team divisions

Kobudo

- Guidance on disqualifying a weapon considered ultra-light. Decision to disqualify must be approved by Referee Council or Tournament Director

Appendix

- Modify weights
 - Put in a fixed weight split for light and heavy for 13-17 athletes.
 - Added bow in procedure to make events more efficient