

**MARYLAND AAU JUMP ROPE INVITATIONAL TOURNAMENT**  
**A Tournament for both Beginner and Experienced Jumpers\***

Kangaroo Kids is hosting this event with sanctioning from the MD AAU.

**Date:** Saturday February 6, 2010

**Place:** Glenwood Community Center  
2400 Route 97, Cooksville, MD 21723

**Ages:** 8 and Under, 9-10, 11-12, 13-14, and 15-22  
Separate Male and Female divisions  
***Competitor's age as of 9/01/10***

**Divisions:** Novice = has never competed in a Jump Rope Competition  
Experienced = competed in a previous, official competition

**Events:** Separate Novice and Experienced Division in age-group and gender

**Speed:** 1 Minute (alternate feet for each rope rotation)

**Power:** Ages 14 and younger: 1 Minute (completed double unders are counted)  
Ages 15 and older: 1 Minute (completed **triple unders** are counted)

**Freestyle:** 45-75 second routine to music; ***CD's only for music***

**Awards:** Gold medal to winner of each event. Ribbons 2<sup>nd</sup> thru 6<sup>th</sup> place.  
Participation ribbons for all.

**Fees:** \$40 competition fee payable to Kangaroo Kids. All participants must be current AAU members - \$12 fee. Register for membership online at [www.aausports.org](http://www.aausports.org) or call 1-800-AAU-4USA. ***Membership number must be provided at time of registration.***

**Lunch:** Participants should plan to bring a bag lunch or be prepared to go out to buy lunch  
Complimentary lunch provided for judges and officials.

**Rules:** The competition will be conducted according to AAU Jump Rope rules. The official AAU Jump Rope Handbook (rulebook) may be obtained by visiting [www.aausports.org](http://www.aausports.org) and clicking on publications on Jump Rope page.

**Officials:** Each team is requested to supply a minimum of 1 certified judge for every 4 competitors, list of available judges should be submitted by registration deadline. All judges and officials must be AAU members.

**Registration Deadline: January 8, 2010.** Late registrations only accepted at the discretion of the Tournament Director with additional \$10 late fee.

For more information, please contact Cindy Bork, Tournament Director, at [mcbork91@verizon.net](mailto:mcbork91@verizon.net) or 301-725-9057.

***Please note that this is not a qualifying tournament for the AAU Junior Olympics.***

**FEBRUARY 6, 2010 AAU MARYLAND JUMP ROPE INVITATIONAL  
TOURNAMENT REGISTRATION**

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Name	AAU Membership Number			
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Date of Birth	Age as of 9/1/2010	Male/Female	Novice	Experienced
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Street Address				
<hr/>				
City	State	Zip Code		
<hr/>				
Telephone and Emergency Numbers			e-mail address	
Events entered:	___ Novice Speed	___ Experienced Speed		
	___ Novice Power	___ Experienced Power		
	___ Novice Freestyle	___ Experienced Freestyle		
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Team or School Name				

**PARTICIPANT RELEASE AND INDEMNITY AGREEMENT**

(Must be signed by parent or guardian if applicant is under 18)

I/we hereby request your acceptance of this application for registration for my child \_\_\_\_\_ in the AAU Tournament on February 6, 2010. In consideration of your acceptance of this application, I/we hereby release all persons associated with the Amateur Athletic Union (AAU), or its designated host team, from all claims and causes of action arising from injury to the participant in this AAU tournament, whether such injury is the result of negligence or some other cause. If medical attention is required for injury or illness while at the tournament, I/we give permission for such medical care and I/we shall be financially responsible. I/we also give my/our permission for the AAU to use any videos or photographs of the participant for publicity or promotional purposes.

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Signature of Parent or Guardian	Date
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**REGISTRATION DEADLINE: January 8, 2010. Late registrations must include \$10 late fee.**  
Submit completed form with \$40 registration fee and check payable to Kangaroo Kids by mail to:  
Kangaroo Kids-Attn. Tournament, P.O. Box 321, Simpsonville, MD 21150

\$ \_\_\_\_\_ Amount enclosed

Office use only: \_\_\_ AAU Membership current: \_\_\_ Competition Fee paid

# AAU MARYLAND JUMP ROPE INVITATIONAL TOURNAMENT

February 6, 2010

## INFORMATION

### Tentative Schedule of Events

*(Final schedule will be issued when registrations have been received)*

8:30 a.m.	Check in and warm-up. Coaches pick up heat sheets
8:50 a.m.	Judges/Coaches Meeting. Check judging assignments
9:15a.m	Male and Female Speed events – all age-groups and divisions
	Male and Female Power events – all age-groups and divisions
	Freestyle Events – groups to be determined
11:30 – noon	Lunch break
12:00 p.m.	Freestyle Events – groups to be determined
4 p.m.	Awards

Competition Location: Glenwood Community Center Gym,  
2400 Route 97  
Cooksville, MD 21723

#### Notes:

- Participants should bring a bag lunch or be prepared to go out to purchase lunch. Menus from local carry-out places will be available on-site.
- Complimentary lunch for officials will be provided.
- Jump Rope related merchandise will be available.
- Teams required to provide 1 official judge/helper for each 4 competitors
- The deadline of January 11, 2010 must be observed
- Late registrations must include \$10 late fee.

OVERNIGHT ACCOMMODATIONS: Participants seeking hotel rooms are encouraged to use the Tournament Housing Service to book rooms at a great rate. I will forward this internet link as soon as it is available. Glenwood is west of Columbia, MD, search for hotels in the Columbia and Ellicott City areas.