

2013 World Meet Results-Male
Int'l Bench Press (Assisted)

Wt Class	Name	State	Age	Wt	Class	Max of Squat	Max of Bench	Bench 4th	Max of Deadlift	Deadlift 4th	Total Wt
275	Thomas Harrier	FL	57	263	L/F/M Masters (55-59)	0.00	0.00		0.00		0.00
275	Thomas Harrier	FL	57	263	Masters (55-59)	0.00	0.00		0.00		0.00
308	Alvin Belfield	VA	49	303	Lifetime / Masters (45-49)	0.00	512.57		0.00		512.57
308	Alvin Belfield	VA	49	303	Masters (45-49)	0.00	512.57		0.00		512.57
308	Alvin Belfield	VA	49	303	Open	0.00	512.57		0.00		512.57

Int'l Bench Press (Raw)

132	Jeremy Hoffman	VA	15	126	Teenage (14-15)		159.83				159.83
165	John Trammell	VA	51	163	L/F/M Masters (50-54)	0.00	225.97		0.00		225.97
165	Tom Newnam	NC	68	164	Masters (65-69)	0.00	293.21		0.00		293.21
165	William "Doc" Bauer	FL	72	162	Masters (70-74)	0.00	165.35		0.00		165.35
165	Arseniy Fedorov	FL	15	164	Open	0.00	220.46		0.00		220.46
165	Arseniy Fedorov	FL	15	164	Teenage (14-15)	0.00	220.46		0.00		220.46
198	Kenneth Gildner	VA	48	192	L/F/M Masters (45-49)	0.00	253.53		0.00		253.53
220	Porter Washington	MD	42	213	L/F/M Masters (40-44)	0.00	231.48		0.00		231.48
220	Lewis Schirloff	NC	47	208	L/F/M Masters (45-49)	0.00	369.27		0.00		369.27
220	Bradford Bannerman	NC	45	201	L/F/M Masters (45-49)	0.00	365.96	369.27	0.00		365.96
220	Bradford Bannerman	NC	45	201	Lifetime / Masters (45-49)	0.00	365.96	369.27	0.00		365.96
220	Craig Perry	VA	59	219	Masters (55-59)	0.00	363.76		0.00		363.76
220	Craig Perry	VA	59	219	Open	0.00	363.76		0.00		363.76
242	Louis Gray	VA	39	235	L/F/M Open	0.00	418.87		0.00		418.87

Int'l Deadlift (Assisted)

242	Kenneth James	VA	51	232	L/F/M Masters (50-54)	0.00	0.00		573.20		573.20
275	Dan Driscoll	MA	47	271	Masters (45-49)	0.00	0.00		573.20		573.20

Int'l Deadlift (Raw)

132	Jim Marchio	VA	57	131	Masters (55-59)	0.00	0.00		424.39		424.39
198	Brian Brindle	VA	66	198	Masters (65-69)	0.00	0.00		380.29		380.29
198	Tom Smith	VA	66	198	Masters (65-69)	0.00	0.00		529.10		529.10

Int'l Push-pull (Assisted)

123	Evan Pittman	FL	14	120	Teenage (14-15)	0.00	143.30
220	Greg Stang	VA	51	214	L/F/M Masters (50-54)	0.00	407.85
220	Greg Stang	VA	51	214	L/F/M Open	0.00	407.85
220	Greg Stang	VA	51	214	Masters (50-54)	0.00	407.85

330.69
512.57
512.57
512.57

473.99
920.42
920.42
920.42

Int'l Push-pull (Raw)

123	Evan Pittman	FL	14	120	Teenage (14-15)	0.00	143.30
132	Daryl Taylor	VA	37	128	SO-Senior 24-39	0.00	49.60
198	Brian Brindle	VA	66	198	Masters (65-69)	0.00	225.97
275	Sean Neville	VA	25	264	SO-Senior 24-39	0.00	99.21

330.69
82.67
380.29
181.88

473.99
132.28
606.27
281.09

WP 3 Lift Raw

097	Nolan Harrier	FL	10	91	Kids (10-11)	82.67	49.60
123	Evan Pittman	FL	14	120	Teenage (14-15)	253.53	143.30
132	Jeremy Hoffman	VA	15	126	Open	253.53	159.83
132	Jeremy Hoffman	VA	15	126	Teenage (14-15)	253.53	159.83
148	Larry Eggleston	VA	66	148	Lifetime / Masters (65-69)	154.32	126.76
148	Tyler Miller	VA	19	145	Open	314.16	176.37
148	Tyler Miller	VA	19	145	Teenage (18-19)	314.16	176.37
165	Andrew Long	VA	23	161	Junior (20-23)	292.11	275.58
165	Robert Herbst	NY	54	164	Lifetime / Masters (50-54)	297.62	248.02
165	Robert Herbst	NY	54	164	Masters (50-54)	297.62	248.02
165	Luis Vega	MA	51	164	Masters (50-54)	319.67	220.46
165	Paul Griffith	PA	67	155	Masters (65-69)	325.18	165.35
181	Miguel Santana	NJ	20	171	Junior (20-23)	402.34	264.55
181	Peter Miller	VA	69	180	Lifetime / Masters (65-69)	209.44	181.88
181	Peter Miller	VA	69	180	Masters (65-69)	209.44	181.88
181	Edward (TJ) Woolfolk	VA	42	178	SO-Master 40 and over	165.35	115.74
198	Sam Pagan	MA	45	198	Masters (45-49)	485.01	369.27
198	Michael Tanis	MA	51	194	Masters (50-54)	363.76	242.51
198	Sam Pagan	MA	45	198	Open	485.01	369.27
198	Zak Sahraie	VA	32	198	Open	462.97	319.67
220	Evan Dean	VA	29	209	L/F/M Open	407.85	286.60
220	Evan Dean	VA	29	209	Open	407.85	286.60

126.76
330.69
297.62
297.62
176.37
479.50
479.50
490.52
396.83
396.83
380.29
352.74
462.97
372.58
372.58
225.97
551.15
454.15
551.15
534.62
501.55
501.55

457.45

259.04
727.52
710.98
710.98
457.45
970.02
970.02
1058.21
942.47
942.47
920.42
843.26
1129.86
763.89
763.89
507.06
1405.43
1060.41
1405.43
1317.25
1196.00
1196.00

242	Christopher Hoffman	VA	40	234	Masters (40-44)	303.13	314.16		402.34		1019.63
242	Jim Brown	NC	50	241	Masters (50-54)	512.57	347.22	358.25	534.62	551.15	1394.41
275	Matthew "Matt" Sohmer	NY	19	271	Open	766.10	292.11		716.50	738.54	1774.70
275	Justin Sproul	MA	24	266	Open	485.01	330.69		529.10		1344.81
275	Matthew "Matt" Sohmer	NY	19	271	Teenage (18-19)	766.10	292.11		716.50	738.54	1774.70
308	Tim Hadden	VA	41	290	Masters (40-44)	518.08	369.27		578.71		1466.06
308	Timothy "Tim" Mikles	NC	50	296	Masters (50-54)	485.01	371.48		578.71		1435.19

WP 3Lift Assisted

123	Evan Pittman	FL	14	120	Teenage (14-15)	253.53	143.30		330.69		727.52
165	Samuel Rodriguez	Mexico	27	165	L/F/M Open	418.87	352.74		518.08	529.10	1289.69
181	Eddie White	MO	63	179	Masters (60-64)	429.90	303.13		600.75		1333.78
220	Dave Mansfield	MA	66	212	Masters (65-69)	556.66	264.55		534.62		1355.83
220	Carey Graham	NC	35	212	Sub Masters (35-39)	347.22	314.16		418.87		1080.25
242	Michael Jones	MD	37	239	Open	644.85	440.92		611.78		1697.54
242	Michael Jones	MD	37	239	Sub Masters (35-39)	644.85	440.92		611.78		1697.54
275	Thomas Arrington	NC	73	248	Lifetime / Masters (70-74)	402.34	275.58		402.34		1080.25

Female Results - January 2013

Int'l Bench Press (Assisted)

Wt Class	Name	State	Age	Wt	Class	Max of Squat	Squat 4th	Max of Bench	Bench 4th	Max of Deadlift	Deadlift 4th	Total Wt
165	Alexandria Dodds	FL	12	152	Youth (12-13)			50.00				50.00

Int'l Bench Press (Raw)

132	Lisa Markland	MD	48	130	L/F/M Masters (45-49)	0.00		34.00				34.00
132	Lisa Markland	MD	48	130	Lifetime / Masters (45-49)	0.00		34.00				34.00
132	Lisa Markland	MD	48	130	Masters (45-49)	0.00		34.00				34.00
181	Avis Henderson	VA	62	176	Masters (60-64)			62.50				62.50

Int'l Deadlift (Assisted)

165	Alexandria Dodds	FL	12	152	Youth (12-13)					95.00	97.50	95.00
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Int'l Deadlift (Raw)

097	Caitlin Harrier	FL	11	97	Kids (10-11)					82.50		82.50
181	Avis Henderson	VA	62	176	Masters (60-64)					110.00	112.50	110.00

Int'l Push-pull (Assisted)

165	Alexandria Dodds	FL	12	152	Youth (12-13)			50.00		95.00	97.50	145.00
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Int'l Push-pull (Raw)

132	Lisa Markland	MD	48	130	L/F/M Masters (45-49)	0.00		34.00		45.00		79.00
132	Lisa Markland	MD	48	130	Lifetime / Masters (45-49)	0.00		34.00		45.00		79.00
132	Lisa Markland	MD	48	130	Masters (45-49)	0.00		34.00		45.00		79.00
181	Avis Henderson	VA	62	176	Masters (60-64)			62.50		110.00	112.50	172.50

WP 3 Lift Raw

097	Caitlin Harrier	FL	11	97	Kids (10-11)	52.50		33.50		82.50		168.50
132	Yvonne Young	VA	27	125	L/F/M Open	92.50		70.00		135.00		297.50
148	Kasha Winston	VA	55	146	Masters (55-59)	125.00		85.00		127.50	135.00	337.50
148	Kasha Winston	VA	55	146	Open	125.00		85.00		127.50	135.00	337.50
181	Lucy Hawkins	VA	57	179	L/F/M Masters (55-59)	60.00		60.00		112.50		232.50
181	Avis Henderson	VA	62	176	Masters (60-64)	62.50	63.50	62.50		110.00	112.50	235.00
220+	Kavelle Martin	VA	32	226	SO-Senior 24-39	45.00		22.50		77.50		145.00

WP 3Lift Assisted

097	Caitlin Harrier	FL	11	97	Kids (10-11)	52.50		33.50		82.50		168.50
165	Alexandria Dodds	FL	12	152	Youth (12-13)	82.50		50.00		95.00	97.50	227.50