

**AAU National Powerlifting, Bench Press, Deadlift, Bench for Reps and Strict Curl Competition Results**

<b>Name</b>	<b>Wgt class</b>	<b>Division</b>	<b>Squat</b>	<b>Bench</b>	<b>Deadlift</b>	<b>Total</b>	<b>Place</b>
Suber, Ed	35	Youth Bench		<b>56*</b>			1st
Cloutier, Anne	52F	Open	80	40	100	220	1 <sup>st</sup> /Best Lifter
Cole, Karen	56F	Open	<del>82.5</del>				
Cole, Karen	56F	M1	<del>82.5</del>				
Tilton, Cindy	82.5F	Open	107.5	85	120	312.5	1 <sup>st</sup>
Tilton, Cindy	82.5F	M1	107.5	85	120	312.5	1 <sup>st</sup>
Herbst, Bob	75	M4 (Lifetime)	125	117.5	182.5	425	1st
MacLeod, Kyle	82.5	Junior	140	100	165	405	1 <sup>st</sup>
Lindsay, John	82.5	M1 Bench		137.5			1 <sup>st</sup>
Bunker, Steve	82.5	M3	150	102.5	180	432.5	1 <sup>st</sup>
Righter, Brewster	82.5	M8	100	70	155	325	1 <sup>st</sup>
Righter, Brewster	82.5	M8 Deadlift			155		1 <sup>st</sup>
Pagan, Sam	90	Open	227.5	170	247.5	645	1 <sup>st</sup> /Best Lifter
Pagan, Sam	90	M2	227.5	170	247.5	645	1 <sup>st</sup>
Tanis, Mike	90	M3	182.5	102.5	200	485	1 <sup>st</sup>
Cohen, Lauren	90	Eq. Open	<del>335</del>				
Wright, Paul	90	Open DL			220		1 <sup>st</sup>
Strohmeir, Craig	100	Open	195	150	250	595	1 <sup>st</sup>
Delancy, Adam	100	Open	175	107.5	207.5	490	2 <sup>nd</sup>
Catino, Rick	100	Open Bench		150			1 <sup>st</sup>
Stavropoulos, P	110	Open	257.5	155	280	692.5	1 <sup>st</sup>
Lett, Jeff	110	M3	<b>240*</b>	145	<b>265*</b>	<b>650*</b>	1 <sup>st</sup>
Reilly, Bob	110	M3	170	165	250	585	2 <sup>nd</sup>

Shahrokh, E	125	T19	127.5	115	145	387.5	1 <sup>st</sup>
Sproul, Justin	125	Open	235	150	257.5	642.5	
Cross, Ray	125	M6L Bench		130			1 <sup>st</sup>
Connor, Cam	140	T16	<b>210*</b>	137.5	205	<b>552.5*</b>	1 <sup>st</sup>

**Note: \* = American Record**

**Bench Press: Body Weight for Reps**

Raguin, Dan	Middle weight	29 reps	1 <sup>st</sup> place
Catino, Rick	Middle weight	21 reps	2 <sup>nd</sup> place
Wright, Paul	Middle weight	16 reps	3 <sup>rd</sup> place

**Strict Curl**

Mansfield, Dave	Middle weight	60kg	1 <sup>st</sup> place
Cross, Ray	Heavy weight	58 kg	2 <sup>nd</sup> place
Reilly, Bob	Heavy weight	60kg	1 <sup>st</sup> place