

# AAU

## International Bench Press, Dead Lift and Push/Pull Championships

October 12, 2013 Rockland, Massachusetts

### Bench Press

<u>Name</u>	<u>Division</u>	<u>Wgt</u>	<u>Best Lift</u>	<u>Record</u>	<u>Place</u>
Sam Suber	Youth 9 y.o.	35kg	43.50 kg	World Record	1 <sup>st</sup> Place
Ed Suber	Youth 11 y.o.	40kg	61.00 kg	World Record	1 <sup>st</sup> Place
Dan Raguin	M2	75kg	127.5 kg		1 <sup>st</sup> Place
Mark Mavilia	Open	90kg	160.0 kg		1 <sup>st</sup> Place
Ierish Kane	M7 + Lifetime	90 kg	110.0 kg	World Record	
Glen Tenove	M4 + Lifetime	125kg	182.5 kg	World Record	1 <sup>st</sup> Place
Ray Cross	M6+ Lifetime	125kg	125.0 kg		1 <sup>st</sup> Place

### Dead Lift

Leon McCrary	M8	67.0kg	120.0 kg	World Record	1 <sup>st</sup> Place
Bob Feeney	M5 + Lifetime	110kg	187.5 kg		1 <sup>st</sup> Place

### Push/Pull

<u>Name</u>	<u>Division</u>	<u>Wgt.</u>	<u>BP/DL</u>	<u>Record</u>	<u>Place</u>
Mike "Irish" Kane	M7 + Lifetime	90.0kg	110/95.0 kg	World (Bench)	1 <sup>st</sup> Place
Mark mavilia	Open	90.0kg	160/205.0 kg		1 <sup>st</sup> Place
Brandon Chase	Jr.	75.0kg	125/145.0 kg		1 <sup>st</sup> Place

# AAU Powerlifting Championships

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Name	Division	Wgt. Class	Squat	Bench	Dead	Total	Record	Place
Joanne shear	M5 (F)	56.0 kg	72.5*	42.5*	115*	230.0*	*World *American	1 <sup>st</sup>
Leon McCrary	M8	67.0 kg	82.5*	47.5*	120*	250.0	*World	1 <sup>st</sup>
Dan Raguin	M2	75.0 kg	155	127.5	197.5	480.0		1 <sup>st</sup>
Larry Emerson	M6	82.0 kg	157.5*	97.5	222.5*	480.0	*American *American	1 <sup>st</sup>
			160.0 4 <sup>th</sup> *					
Mike Tanis	M3	90.0 kg	182.5	115	65	362.5		1 <sup>st</sup>
Lauren Cohen	Open	90.0 kg	240	175	240	655.0		1 <sup>st</sup>
Mark Mavilia	Open	90.0 kg	167.5	160	205	532.5		2 <sup>nd</sup>
Kyle MacLeod	Open	90.0 kg	152.5	112.5	195	460.0		3 <sup>rd</sup>
Kyle MacLeod	Junior	90.0 kg	152.5	112.5	195	460.0		1 <sup>st</sup>
Eric Wright	M2	110.0 kg	182.5	162.5	235	580		1 <sup>st</sup>
Justin Sproul	Open	125.0 kg	220	152.5	242.5	615		1 <sup>st</sup>
Bob Reilly	M3	125.0 kg	202.5	182.5	227.5	612.5		1 <sup>st</sup>
Cameron Connor	T4	140.0 kg	215*	137.5	215*	567.5*	*American	1st