

AAU 2015 Push/Pull National Championships

Name	Division	SQUAT/CURL				BENCH				DEAD LIFT				TOTAL	LBS	Schwartz/Malone	Place	Total Coef.	Squat Coef.	Bench Coef	Dead Coef	Curl Coef		
		Wgt	Class	RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub										1st	2nd
RAW PUSH/PULL																								
Rocky Luedeker	60-64	90	97					27.5	30	32.5	35	32.5	60	65	68.5	70	101	222.7	1.2803	1	129.31	0.00	41.61	87.70
Bianca Luedeker	open	113.1	114					65	67.5	70	72.5	70	125	130	132.5		202.5	446.4	0.9677	1	195.96	0.00	67.74	128.22
Amro Eldesouki	20-24	131.9	132					57.5	-92.5	-102.5		57.5	157.5	167.5	-182.5		225	496	0.821	1	184.73	0.00	47.21	137.52
Andrew Kang	20-24	148.6	148					70	-72.5	-72.5		70	145	150	157.5		227.5	501.5	0.7294	1	165.94	0.00	51.06	114.88
Joe Ansah	20-24	161.8	165					92.5	102.5	-122.5		102.5	137.5	157.5	182.5		285	628.3	0.6787	1	193.43	0.00	69.57	123.86
Luther Laycoax	open	162.5	165					-115	115	120		120	177.5	195	210		330	727.5	0.6753	1	222.85	0.00	81.04	141.81
Phil Hartman	20-24	180.1	181					152.5	157.5	160		160	192.5	210	215		375	826.7	0.6238	1	233.93	0.00	99.81	134.12
Garrison Cobb	18-19	195.7	198					137.5	145	150	151	150	237.5	255	276		426	939.2	0.5916	1	252.02	0.00	88.74	163.28
Joon Bae	20-24	190.3	198					147.5	152.5	160		160	212.5	-230	230		390	859.8	0.6014	1	234.55	0.00	96.22	138.32
Tyler Wilson	18-19	212	220					147.5	152.5	157.5	-157.5	157.5	210	220	227.5		385	848.8	0.5643	1	217.26	0.00	88.88	128.38
Charles Folinus	60-64 LTM	217.8	220					110	115	117.5		117.5	175	192.5	-216		310	683.4	0.558	1	172.98	0.00	65.57	107.42
Sean Lamorena	18-19	232.4	242					120	125	-132.5		125	192.5	202.5	-205		327.5	722	0.5433	1	177.93	0.00	67.91	110.02
Gene Lawrence	75-79 LTM	254.6	275					90	-97.5	97.5	102.5	97.5	135	145	152.5		250	551.2	0.5312	1	132.80	0.00	51.79	81.01
Abdul Aziz Shabra	20-24	249.2	275.2					142.5	147.5	-155		147.5	212.5	-227.5	227.5		375	826.7	0.5333	1	199.99	0.00	78.66	121.33
RAW BENCH ONLY																								
Missy Gentry	30-34	171.1	181					70	85	92.5	-97.5	92.5					92.5	203.9	0.6475	1	59.89	0.00	59.89	0.00
Sheri Hurd	40-44 LTM		220+					37.5	50	60	62.5	60					60	132.3	0	1	0.00	0.00	0.00	0.00
Charles Brooks	45-49/open	307	308					205	225	-255		225					225	496	0.5043	1	113.47	0.00	113.47	0.00
RAW DEAD LIFT ONLY																								
Sheri Hurd	40-44 LTM		220+									0	70	82.5	90	95	90	198.4	0	1	0.00	0.00	0.00	0.00
Rohan Shitole	20-24	146.2	48									0	115	125	135		135	297.6	0.7385	1	99.70	0.00	0.00	99.70
SINGLE PLY PUSH/PULL																								
Charles Folinus	60-64 LTM	217.8	220					145	-152.5	-152		145	175	192.5	-215		337.5	744.1	0.558	1	188.33	0.00	80.91	107.42
Gene Lawrence	75-79 LTM	254.6	275					90	-97.5	97.5		97.5	135	145	152.5		250	551.2	0.5312	1	132.80	0.00	51.79	81.01
SINGLE PLY BENCH ONLY																								
Alex Martinez	55-59 LTM	147.9	148					-122.5	122.5	-122.5		122.5					122.5	270.1	0.7339	1	89.90	0.00	89.90	0.00
BENCH FOR REPS																								
NANE	DIVISION	Wgt	Class	std wt	wt used			REPS				0					0	0	#VALUE!		#VALUE!	#VALUE!	#VALUE!	#VALUE!
Rocky Luedeker	60-64	90	97	27.5	20			22				49.5					49.5	109.1	1.2803		63.37	35.21	28.17	0.00
Bianca Luedeker	open	113.1	114	42.5	42.5			20				62.5					62.5	137.8	0.9677		60.48	41.13	19.35	0.00
Tara Maier	18-19	177.9	181	45	45			52				97					97	213.8	0.6313		61.24	28.41	32.83	0.00
Amro Eldesouki	20-23	131.9	132	90	60			17				107					107	235.9	0.821		87.85	73.89	13.96	0.00
Alex Martinez	55-59	147.9	148	70	70			20				90					90	198.4	0.7339		66.05	51.37	14.68	0.00
Joe Ansah	20-23	161.8	165	70	75			21				96					96	211.6	0.6787		65.16	50.90	14.25	0.00
Phil Hartman	20-23	180.1	181	100	100			23				123					123	271.2	0.6238		76.73	62.38	14.35	0.00
Doug Tice	open	190.2	198	105	100			27				132					132	291	0.6014		79.38	63.15	16.24	0.00
Joon Bae	20-23	190.3	198	100	100			20				120					120	264.6	0.6014		72.17	60.14	12.03	0.00
Tyler Wilson	20-23	212	220	90	97.5			24				121.5					121.5	267.9	0.5643		68.56	55.02	13.54	0.00
Abdul Aziz Shabra	20-23	249	275	125	100			12				137					137	302	0.5333		73.06	66.66	6.40	0.00