

2017 AAU NORTH AMERICAN POWERLIFTING AND WEIGHTLIFTING APRIL 7-9 2017

DAY	FIRST	LAST	GENDER	CITY	STATE	AGE	CLASS	EVENT	DIV	WEIGHT	B SQ	R SQ	B BP/SN	R BP/SN	B DL	R DL	TOT KG	TOT #	
1	DAMIYAH	SMITH	F	COMMERCE	OK	10	88	BENCH	RY 10-11	82							37.5	82.673	
1	ANGIE	ANDRAS	F	MIAMI	OK	36	165	BENCH	R SUB	162			62.5				62.5	137.789	
1	LISA	READING	F	COMMERCE	OK	53	165	BENCH	RM 50-54	160.8			45				45	99.208	
2	RUBEN "ERIC"	PORRAS	M	HENDERSON	NV	39	132	BENCH	R OPEN	123.6			127.5	130			127.5	281.089	
2	RUBEN "ERIC"	PORRAS	M	HENDERSON	NV	39	132	BENCH	R SUB	123.6			127.5	130			127.5	281.089	
2	RUBEN "ERIC"	PORRAS	M	HENDERSON	NV	39	132	BENCH	RL SUB	123.6			127.5	130			127.5	281.089	
1	GARY	MILLER	M	PAHRUMP	NV	65	148	BENCH	LM 65-69	147			0				0	0.000	
1	GARY	MILLER	M	PAHRUMP	NV	65	148	BENCH	M 65-69	147			0				0	0.000	
1	GARY	MILLER	M	PAHRUMP	NV	65	148	BENCH	MIL/LAW 65-69	147			0				0	0.000	
1	GARY	MILLER	M	PAHRUMP	NV	65	148	BENCH	MIL/LAW 65-69	147			0				0	0.000	
2	GARY	MILLER	M	PAHRUMP	NV	65	148	BENCH	RLM 65-69	144.6			105				105	231.485	
2	JOHN	LOPEZ	M	KINGMAN	AZ	80	165	BENCH	M 80-84	163.8			105				105	231.485	
2	JOSEPH	RECAREY	M	KINGMAN	AZ		165	BENCH	R OPEN	158			100				100	220.462	
1	GERALD	LINDAS	M	MIDDLETON	WI	80	165	BENCH	RLM 80-84	158.6			102.5				102.5	225.974	
1	GERALD	LINDAS	M	MIDDLETON	WI	80	165	BENCH	RM 80-84	158.6			102.5				102.5	225.974	
1	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	181	BENCH	LM 65-69	178.6			77.5				77.5	170.858	
2	JERRY	HOMER SR	M	KINGMAN	AZ	77	181	BENCH	LM 75-79	178.8			130				130	286.601	
1	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	181	BENCH	M 65-69	178.6			77.5				77.5	170.858	
2	WILLIAM	PRINCE	M	PAHRUMP	NV	79	181	BENCH	M 75-79	178			115				115	253.531	
2	HENRY	FULTZ	M	ATWATER	CA	58	181	BENCH	RLM 55-59	180.4			140				140	308.647	
2	MARTIN	DRAKE	M	HENDERSON	NV	66	181	BENCH	RLM 65-69	172.6			137.5				137.5	303.135	
2	HENRY	FULTZ	M	ATWATER	CA	58	181	BENCH	RM 55-59	180.4			140				140	308.647	
2	MARTIN	DRAKE	M	HENDERSON	NV	66	181	BENCH	RM 65-69	172.6			137.5				137.5	303.135	
3	ROBERT	HALE	M	SAN DIEGO	CA	60	220	BENCH	RM 60-64	219	82.5		153		0		235.5	519.188	
3	ROBERT	HALE	M	SAN DIEGO	CA	60	220	BENCH	RM 60-64	219			153				153	337.307	
3	ROBERT	HALE	M	SAN DIEGO	CA	60	220	BENCH	RM 60-64	219			153		0		153	337.307	
1	GLEN	TENOVE	M	IRVINE	CA	61	242	BENCH	LM 60-64	241.6							0	0.000	
3	CHARLIE	JONES	M	KINGMAN	AZ	67	242	BENCH	M 65-69	241.8			145				145	319.670	
1	GLEN	TENOVE	M	IRVINE	CA	61	242	BENCH	RLM 60-64	241.6							0	0.000	
1	GLEN	TENOVE	M	IRVINE	CA	61	242	BENCH	RM 60-64	241.6							0	0.000	
2	ANTONIO	SANTILLIAN	M	AVOCADO HTS	CA	14	242	BENCH	RT 14-15	224.8			120				120	264.554	
3	ROBERT	HALE	M	SAN DIEGO	CA	60	220	CURL	RM 60-64	219							0	0.000	
1	DAMIYAH	SMITH	F	COMMERCE	OK	10	88	DEADLIFT	RY 10-11	82					80		80	176.370	
1	JENNIFER	PUSEY	F	ORO VALLEY	AZ	32	132	DEADLIFT	R OPEN	125.6					122.5		122.5	270.066	
1	ANGIE	ANDRAS	F	MIAMI	OK	36	165	DEADLIFT	R SUB	162					110		110	242.508	
1	LISA	READING	F	COMMERCE	OK	53	165	DEADLIFT	RM 50-54	160.8					102.5		102.5	225.974	
2	DAMIEN	DE LA VEGA	M	SAN DIEGO	CA	12	88	DEADLIFT	RT 12-13	83.56					75		75	165.347	
1	MAC	SCOTT	M	SUN LAKES	AZ	64	148	DEADLIFT	RLM 60-64	138.2			135				135	297.624	
1	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	181	DEADLIFT	LM 65-69	178.6			142.5				142.5	314.158	
1	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	181	DEADLIFT	M 65-69	178.6			142.5				142.5	314.158	
3	ROBERT	HALE	M	SAN DIEGO	CA	60	220	DEADLIFT	RM 60-64	219					0		0	0.000	
3	JEFFREY	BOWIE	M	WEST BRANCH	IA	13	220	DEADLIFT	RT 12-13	211.4			172.5		182.5		172.5	380.297	
3	CHRISTOPHER	TONGE	M	BAYFIELD	CO	26	242	DEADLIFT	R LAW/MIL	242			192.5				192.5	424.389	
2	ANTONIO	SANTILLIAN	M	AVOCADO HTS	CA	14	242	DEADLIFT	RT 14-15	224.8			205.5		210		205.5	453.049	
3	JOSEPH	HOCHANADEL	M	BAYFIELD	CO	27	275	DEADLIFT	R LAW/MIL	272.6					275	282.5	275	606.271	
1	DAMIYAH	SMITH	F	COMMERCE	OK	10	88	POWERLIFTING	RY 10-11	82	62.5		37.5				80	180	396.832
1	JEANILEE	SUMAGAYSAY	F	MORENO VALLEY	CA	33	132	POWERLIFTING	LIFE	131	107.5		75		145		327.5	722.013	
1	MELISSA	HOLLOWAY	F	KINGMAN	AZ	48	132	POWERLIFTING	RM 45-49	130.2	65		40		122.5		227.5	501.551	
1	HEATHER	AQUINO	F	LAS VEGAS	NV	30	148	POWERLIFTING	R OPEN	146	97.5		50		135		282.5	622.805	
2	KATHY	TOKUNAGO	F	LAS VEGAS	NV	51	148	POWERLIFTING	RM 50-54	142.8	67.5		40		105		212.5	468.482	
1	ANGIE	ANDRAS	F	MIAMI	OK	36	165	POWERLIFTING	R SUB	162	107.5		62.5		110		280	617.294	
1	LISA	READING	F	COMMERCE	OK	53	165	POWERLIFTING	RM 50-54	160.8	70		45		102.5		217.5	479.505	
2	LISA	VOSS	F	AUBURN	CA	50	220	POWERLIFTING	R OPEN	207	72.5		70		142.5		285	628.317	
2	LISA	VOSS	F	AUBURN	CA	50	220	POWERLIFTING	RM 50-54	207	72.5		70		142.5		285	628.317	
1	GORDON	SANTEE	M	REDONDO BCH	CA	70	132	POWERLIFTING	LM 70-74	131.6	70	73	67.5	71	140	142.5	277.5	611.782	
1	GORDON	SANTEE	M	REDONDO BCH	CA	70	132	POWERLIFTING	M 70-74	131.6	70	73	67.5	71	140	142.5	277.5	611.782	
1	GORDON	SANTEE	M	REDONDO BCH	CA	70	132	POWERLIFTING	RLM 70-74	131.6	70	73	67.5	71	140	142.5	277.5	611.782	
1	GORDON	SANTEE	M	REDONDO BCH	CA	70	132	POWERLIFTING	RM 70-74	131.6	70	73	67.5	71	140	142.5	277.5	611.782	
2	DONALD	WALKER	M	SAN DIEGO	CA	64	148	POWERLIFTING	RM 60-64	145.7	137.5		80		137.5		355	782.640	
1	KELAKA	PERKINS	M	DENVER	CO	14	148	POWERLIFTING	RT 14-15	142.4	110		92.5		157.5		360	793.663	
2	BRYON	WOODS	M	LONG BEACH	CA	34	165	POWERLIFTING	R OPEN	162.8	165		112.5		230		507.5	1,118.845	
2	JOSEPH	RECAREY	M	KINGMAN	AZ		165	POWERLIFTING	R OPEN	158	135		100		147.5		382.5	843.267	
2	MARTY	SCALES	M	ANGELS CAMP	CA	60	165	POWERLIFTING	RM 60-64	162.6	102.5		92.5		155		350	771.617	
1	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	181	POWERLIFTING	LM 65-69	178.6	80		77.5		142.5		300	661.386	

1	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	181	POWERLIFTING	M 65-69	178.6	80	77.5	142.5	300	661.386		
2	KAREEM-WAHEED		M	NIGERIA		34	181	POWERLIFTING	OPEN	173.4	230	155	197.5	582.5	1,284.191		
2	MATTHEW	SILLS	M	LAS VEGAS	NV	29	181	POWERLIFTING	R OPEN	178.6	180	105	185	470	1,036.171		
2	MARTIN	DRAKE	M	HENDERSON	NV	66	181	POWERLIFTING	RLM 65-69	172.6	55	137.5	102.5	295	650.363		
2	RAY	FOURNIER	M	PLYMOUTH	MI	74	181	POWERLIFTING	RLM 70-74	181.2	130	91	185	406	895.076		
2	MIKE	HAIGWOOD	M	HENDERSON	NV	75	181	POWERLIFTING	RLM 75-79	181	62.5	87.5	107.5	257.5	567.690		
2	MARTIN	DRAKE	M	HENDERSON	NV	66	181	POWERLIFTING	RM 65-69	172.6	55	137.5	102.5	295	650.363		
2	DEREK	MURDOCH	M	EDMUNDS	WA	27	198	POWERLIFTING	R LAW/MIL	177.7		130	185	315	694.455		
3	JERRY	HOMER JR	M	KINGMAN	AZ	54	220	POWERLIFTING	LM 50-54	220	250.5	257.5	163	643.5	1,418.673		
3	CHARLIE	JONES	M	KINGMAN	AZ	67	242	POWERLIFTING	M 65-69	241.8	65	145	65	275	606.271		
1	GLEN	TENOVE	M	IRVINE	CA	61	242	POWERLIFTING	RLM 60-64	241.6	100	175	182.5	457.5	1,008.614		
1	GLEN	TENOVE	M	IRVINE	CA	61	242	POWERLIFTING	RM 60-64	241.6	100	175	182.5	457.5	1,008.614		
2	ANTONIO	SANTILLIAN	M	AVOCADO HTS	CA	14	242	POWERLIFTING	RT 14-15	224.8	180	185	120	205.5	210	505.5	1,114.435
3	ROCKY	TILSON	M	MORRISTAN	IN	54	275	POWERLIFTING	M 50-54	254.6	135	102.5	142.5	245	540.132		
0	DAVID	VAN HORRICK	M	MARANA	AZ	29	275	POWERLIFTING	R SUB	268.6	215	165	230	610	1,344.818		
3	MUSTAFA	GHALAYDNI	M	POWAY	CA	22	308	POWERLIFTING	R JR	283.4	125	122.5	187.5	435	959.010		
1	DAMIYAH	SMITH	F	COMMERCE	OK	10	88	PUSHPULL	RY 10-11	82		37.5	80	117.5	259.043		
1	KELLY	MORRISON	F	LAS VEGAS	NV	39	148	PUSHPULL	R SUB	141.2		50	140	190	418.878		
1	SHELBY	MARSH	F	WELCH	OK	37	148	PUSHPULL	R SUB	143.6		40	107.5	147.5	325.181		
3	CHANDLER	MARRS	F	LAS VEGAS	NV	50	198	PUSHPULL	RLM 50-54	188		60	142.5	202.5	446.436		
1	GORDON	SANTEE	M	REDONDO BCH	CA	70	132	PUSHPULL	LM 70-74	131.6		67.5	71	140	142.5	207.5	457.459
1	GORDON	SANTEE	M	REDONDO BCH	CA	70	132	PUSHPULL	M 70-74	131.6		67.5	71	140	142.5	207.5	457.459
1	GORDON	SANTEE	M	REDONDO BCH	CA	70	132	PUSHPULL	RLM 70-74	131.6		67.5	71	140	142.5	207.5	457.459
1	GORDON	SANTEE	M	REDONDO BCH	CA	70	132	PUSHPULL	RM 70-74	131.6		67.5	71	140	142.5	207.5	457.459
1	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	181	PUSHPULL	LM 65-69	178.6		77.5	142.5	220	485.016		
1	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	181	PUSHPULL	M 65-69	178.6		77.5	142.5	220	485.016		
2	DEREK	MURDOCH	M	EDMUNDS	WA	27	198	PUSHPULL	R LAW/MIL	177.7		130	185	315	694.455		
2	DEREK	MURDOCH	M	EDMUNDS	WA	27	198	PUSHPULL	R OPEN	177.7		130	185	315	694.455		
3	HAROLD	WOOTEN	M	PEORIA	AZ	65	220	PUSHPULL	RLM 65-69	220.2		127.5	190	317.5	699.967		
2	ANTONIO	SANTILLIAN	M	AVOCADO HTS	CA	14	242	PUSHPULL	RT 14-15	224.8		120	205.5	210	325.5	717.604	

DAY	FIRST	LAST	GENDER	CITY	STATE	AGE	CLASS	EVENT	DIV	WEIGHT	B SN	R SN	CJ	R CJ	TOT KG	TOT #
2	DAMIYAH	SMITH	F	COMMERCE	OK	10	44KG	C & J	Y 10-11				37		37	81.571
2	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	85KG	C & J	LM 65-69	81.01			0		0	0.000
2	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	85KG	C & J	M 65-59	81.01			0		0	0.000
2	DAMIYAH	SMITH	F	COMMERCE	OK	10	44KG	SNATCH	Y 10-11		24				24	52.911
2	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	85KG	SNATCH	LM 65-69	81.01	29				29	63.934
2	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	85KG	SNATCH	LM 65-69	81.01	29		0		0	0.000
2	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	85KG	SNATCH	M 65-59	81.01	29				29	63.934
2	ROBERT	BIENVENU	M	LAFAYETTE	LA	68	85KG	SNATCH	M 65-59	81.01	29		0		0	0.000
2	DAMIYAH	SMITH	F	COMMERCE	OK	10	44KG	WEIGHTLIFTING	Y 10-11						0	0.000
2	BIANCA	LUEDCKER	F	FLAGSTAFF	AZ	33	53KG	WEIGHTLIFTING	OPEN	52.8	33		42		75	165.347
2	MELISSA	HOLLOWAY	F	KINGMAN	AZ	48	63KG	WEIGHTLIFTING	M 45-49	59.06	20		32		52	114.640
2	ASHLEY	SVENDBYE	F	LAS VEGAS	NV	27	63KG	WEIGHTLIFTING	OPEN	59.8	68		83		151	332.898
2	KRISTIN	FINN	F	LAS VEGAS	NV	38	63KG	WEIGHTLIFTING	SUB	63	56		69	71	125	275.578
2	KATHY	TOKUNAGA	F	LAS VEGAS	NV	51	69KG	WEIGHTLIFTING	M 50-54	64.77	36		45		81	178.574
2	RACHEL	ELLERS	F	OCEANSIDE	CA	43	82KG+	WEIGHTLIFTING	M 40-44	88.63	34		46		80	176.370
3	ROCKY	TILSON	M	MORRISTAN	IN	54	114KG+	WEIGHTLIFTING	M 50-54	115.5	61		83		144	317.465
2	DAMIEN	DE LA VEGA	M	SAN DIEGO	CA	12	39KG	WEIGHTLIFTING	T 12-13	37.9	25		35		60	132.277
2	FRED	MARTINEZ	M	PHOENIX	AZ	45	69KG	WEIGHTLIFTING	M 45-49	64.2	85		95		180	396.832
2	DONALD	WALKER	M	SAN DIEGO	CA	64	69KG	WEIGHTLIFTING	M 60-64	66.1	64		85		149	328.488
3	CARA	KALBRENER	M	LAS VEGAS	NV	28	69KG	WEIGHTLIFTING	OPEN	68.9	52		80		132	291.010
2	MARTY	SCALES	M	ANGELS CAMP	CA	60	75KG	WEIGHTLIFTING	LM 60-64	73.75	51		67		118	260.145
2	MARTY	SCALES	M	ANGELS CAMP	CA	60	75KG	WEIGHTLIFTING	M 60-64	73.75	51		67		118	260.145
3	GRANT	SCHLEIFER	M	HENDERSON	NV	16	77KG	WEIGHTLIFTING	T 16-17	72.39	46		63		109	240.304
3	KEITH	MILLER	M	GOODYEAR	AZ	43	85KG	WEIGHTLIFTING	M 40-44	84.7	75		105		180	396.832
3	CHRIS	LOVETT	M	LAS VEGAS	NV	47	85KG	WEIGHTLIFTING	M 45-49	83.8	80		90		170	374.785
3	JOHN	SCHLEIFER	M	HENDERSON	NV	46	94KG	WEIGHTLIFTING	M 45-49	86.27	75		97		172	379.195

AAU FOS North Americans Results, April 7-9, 2017

Name	State	Division	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	Record Classification	Location	Date	AR	WR	NR	Mega Mondo DNA
Burlington, Aurbrey	CA	F	105	OPEN	1-Hand Partial Deadlift	17.00	kg	1.5	3.0	SW+2 Classes	Laughlin NV	4/09/2017	X	X		
Burlington, Aurbrey	CA	F	ALL	OpenUnl	1-Hand Partial Deadlift	17.00	kg	1.5	3.0	SW+2 Classes	Laughlin NV	4/09/2017	X	X		
Burlington, Aurbrey	CA	FY	105	14-15	1-Hand Partial Deadlift	17.00	kg	1.5	3.0	SW+2 Classes	Laughlin NV	4/09/2017	X	X		
Tenove, Glen	CA	M	242	60-64	1-Hand Partial Deadlift	92.50	kg	2.5	1.5	SW-1 Class	Laughlin NV	4/09/2017	X	X		DNA
Tenove, Glen	CA	M	242	60-64	1-Hand Partial Deadlift	70.25	kg	2.5	2.5	SW	Laughlin NV	4/09/2017	X	X		DNA
Tenove, Glen	CA	M	242	60-64	1-Hand Partial Deadlift	57.00	kg	2.5	3.0	SW+1 Class	Laughlin NV	4/09/2017	X	X		DNA
Tenove, Glen	CA	M	242	OPEN	1-Hand Partial Deadlift	92.50	kg	2.5	1.5	SW-1 Class	Laughlin NV	4/09/2017	X	X		
Tenove, Glen	CA	M	242	OPEN	1-Hand Partial Deadlift	70.25	kg	2.5	2.5	SW	Laughlin NV	4/09/2017	X	X		
Tenove, Glen	CA	M	242	OPEN	1-Hand Partial Deadlift	57.00	kg	2.5	3.0	SW+1 Class	Laughlin NV	4/09/2017	X	X		
Tenove, Glen	CA	M	242	OpenUnl	1-Hand Partial Deadlift	70.25	kg	2.5	2.5	SW	Laughlin NV	4/09/2017	X	X		
Maxie, Drew	CA	M	275	OPEN	1-Hand Partial Deadlift	62.50	kg	2.5	3.0	SW+1 Class	Laughlin NV	4/09/2017	X	X		DNA
Hall, Brandon	AZ	M	309	35-39	1-Hand Partial Deadlift	64.00	kg	2.5	3.0	SW+1 Class	Laughlin NV	4/09/2017	X	X		DNA
Hall, Brandon	AZ	M	309	OPEN	1-Hand Partial Deadlift	64.00	kg	2.5	3.0	SW+1 Class	Laughlin NV	4/09/2017	X	X		
Tenove, Glen	CA	M	ALL	OpenUnl	1-Hand Partial Deadlift	92.50	kg	2.5	1.5	SW-1 Class	Laughlin NV	4/09/2017	X	X		
Hall, Brandon	AZ	M	ALL	OpenUnl	1-Hand Partial Deadlift	64.00	kg	2.5	3.0	SW+1 Class	Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	MY	198	16-17	2" Axle Clean & Press	231.5	lb				Laughlin NV	4/09/2017	X	X		DNA
Baca, Noah	CA	MY	242	16-17	2" Axle Clean & Press	242.5	lb				Laughlin NV	4/09/2017	X	X		DNA
Waiialae, James	CA	MY	308	16-17	2" Axle Clean & Press	253.5	lb				Laughlin NV	4/09/2017	X	X		DNA
Tenove, Glen	CA	M	242	60-64	2" Axle Deadlift	340.6	lb				Laughlin NV	4/09/2017	X	X		Mondo
Tenove, Glen	CA	M	242	OPEN	2" Axle Deadlift	340.6	lb				Laughlin NV	4/09/2017	X	X		
Tilson, Rocky	IN	M	275	50-54	2" Axle Deadlift	340.6	lb				Laughlin NV	4/09/2017	X	X		Mondo
Anderson, Ray	CA	M	275	60-64	2" Axle Deadlift	231.5	lb				Laughlin NV	4/09/2017				
Hall, Brandon	AZ	M	309	35-39	2" Axle Deadlift	385.8	lb				Laughlin NV	4/09/2017	X	X		DNA
Hall, Brandon	AZ	M	309	OPEN	2" Axle Deadlift	385.8	lb				Laughlin NV	4/09/2017	X	X		
Hall, Brandon	AZ	M	ALL	OpenUnl	2" Axle Deadlift	385.8	lb				Laughlin NV	4/09/2017	X	X		
Baca, Noah	CA	MY	242	16-17	2" Axle Deadlift	264.6	lb				Laughlin NV	4/09/2017	X	X		Mega
Waiialae, James	CA	MY	308	16-17	2" Axle Deadlift	308.6	lb				Laughlin NV	4/09/2017	X	X		Mondo
Smith, Damiyah	OK	F	88	OPEN	Bench Press for Reps (60-sec limit)	17	reps/kg	25.0	19.5	88#OpenSW	Laughlin NV	4/09/2017	X	X		DNA
Holloway, Melissa	AZ	F	132	45-49	Bench Press for Reps (60-sec limit)	4	reps/kg	40.0	40.0	SW	Laughlin NV	4/09/2017	X	X		
Holloway, Melissa	AZ	F	132	OPEN	Bench Press for Reps (60-sec limit)	4	reps/kg	40.0	40.0	132#OpenSW	Laughlin NV	4/09/2017	X	X		
Sumagaysay, Jeanilee	CA	F	132	OPEN	Bench Press for Reps (60-sec limit)	16	reps/kg	50.0	55.0	132#OpenSW+10%	Laughlin NV	4/09/2017	X	X		
Andras, Angie	OK	F	165	35-39	Bench Press for Reps (60-sec limit)	5	reps/kg	50.0	55.0	SW+10%	Laughlin NV	4/09/2017	X	X		
Reading, Lisa	OK	F	165	50-54	Bench Press for Reps (60-sec limit)	5	reps/kg	40.0	40.0	SW	Laughlin NV	4/09/2017	X	X		
Sumagaysay, Jeanilee	CA	F	ALL	OpenUnl	Bench Press for Reps (60-sec limit)	16	reps/kg	60.0	55.0	OpenUnlSW	Laughlin NV	4/09/2017	X	X		
Smith, Damiyah	OK	FY	88	10-11	Bench Press for Reps (60-sec limit)	17	reps/kg	12.5	19.5	SW+50%	Laughlin NV	4/09/2017	X	X		Mondo
Dixon, Tom	CA	M	165	70-74	Bench Press for Reps (60-sec limit)	6	reps/kg	60.0	65.0	SW	Laughlin NV	4/09/2017	X	X		
Lindas, Gerald	WI	M	165	80-84	Bench Press for Reps (60-sec limit)	23	reps/kg	50.0	50.0	SW	Laughlin NV	4/09/2017	X	X		
Kane, Irish	CA	M	198	75-79	Bench Press for Reps (60-sec limit)	3	reps/kg	65.0	91.0	SW+40%	Laughlin NV	4/09/2017				Mega
Tenove, Glen	CA	M	242	60-64	Bench Press for Reps (60-sec limit)	9	reps/kg	85.0	130.0	SW+50%	Laughlin NV	4/09/2017	X	X		Mega
Tenove, Glen	CA	M	242	60-64	Bench Press for Reps (60-sec limit)	9	reps/kg	85.0	130.0	SW+50%	Laughlin NV	4/09/2017				Mega
Tenove, Glen	CA	M	242	OPEN	Bench Press for Reps (60-sec limit)	9	reps/kg	85.0	130.0	SW+50%	Laughlin NV	4/09/2017	X	X		
Whitehead, Ryan	CA	MY	165	16-17	Bench Press for Reps (60-sec limit)	7	reps/kg	50.0	70.0	SW+40%	Laughlin NV	4/09/2017				Mega
Whitehead, Trevor	CA	MY	198	16-17	Bench Press for Reps (60-sec limit)	5	reps/kg	75.0	111.0	SW+40%	Laughlin NV	4/09/2017	X	X		Mega
Burton, Jordan	CA	MY	242	16-17	Bench Press for Reps (60-sec limit)	8	reps/kg	90.0	103.0	SW+10%	Laughlin NV	4/09/2017	X	X		
Baca, Noah	CA	MY	242	16-17	Bench Press for Reps (60-sec limit)	5	reps/kg	90.0	113.0	SW+20%	Laughlin NV	4/09/2017	X	X		
Waiialae, James	CA	MY	308	16-17	Bench Press for Reps (60-sec limit)	8	reps/kg	90.0	113.0	SW+20%	Laughlin NV	4/09/2017	X	X		
Baca, Noah	CA	M	242	OPEN	Circus Dumbbell	135	lb				Laughlin NV	4/09/2017	X	X		
Waiialae, James	CA	M	308	OPEN	Circus Dumbbell	145	lb				Laughlin NV	4/09/2017	X	X		

AAU FOS North Americans Results, April 7-9, 2017

Name	State	Division	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	Record Classification	Location	Date	AR	WR	NR	Mega Mondo DNA
Waialae, James	CA	M	ALL	OpenUnl	Circus Dumbbell	145	lb				Laughlin NV	4/09/2017	X	X		
Baca, Noah	CA	MY	242	16-17	Circus Dumbbell	135	lb				Laughlin NV	4/09/2017	X	X		Mondo
Waialae, James	CA	MY	308	16-17	Circus Dumbbell	145	lb				Laughlin NV	4/09/2017	X	X		Mondo
Holloway, Melissa	AZ	F	132	45-49	Deadlift for Reps (60-sec limit)	22	reps/kg	55	55.0	SW	Laughlin NV	4/09/2017	X	X		
Andras, Angie	OK	F	165	35-39	Deadlift for Reps (60-sec limit)	17	reps/kg	85	85.0	SW	Laughlin NV	4/09/2017	X	X		
Reading, Lisa	OK	F	165	50-54	Deadlift for Reps (60-sec limit)	20	reps/kg	60	60.0	SW	Laughlin NV	4/09/2017	X	X		
Scott, Dave	CA	M	181	55-59	Deadlift for Reps (60-sec limit)	3	reps/kg	100	140.0	SW+40%	Laughlin NV	4/09/2017	X	X		Mega
Whitehead, Trevor	CA	M	198	OPEN	Deadlift for Reps (60-sec limit)	8	reps/kg	145.0	176.0	198#OpenSW+20%	Laughlin NV	4/09/2017	X	X		
Burton, Jordan	CA	M	242	OPEN	Deadlift for Reps (60-sec limit)	4	reps/kg	170.0	185.0	242#OpenSW	Laughlin NV	4/09/2017	X	X		
Heller, Grant	AZ	M	275	50-54	Deadlift for Reps (60-sec limit)	9	reps/kg	140.0	175.0	SW+20%	Laughlin NV	4/09/2017	X	X		
Heller, Grant	AZ	M	275	OPEN	Deadlift for Reps (60-sec limit)	9	reps/kg	170.0	175.0	275#OpenSW	Laughlin NV	4/09/2017	X	X		
Whitehead, Ryan	CA	MY	165	16-17	Deadlift for Reps (60-sec limit)	4	reps/kg	75.0	120.0	SW+60%	Laughlin NV	4/09/2017	X	X		Mondo
Lee, Avery	CA	MY	181	16-17	Deadlift for Reps (60-sec limit)	10	reps/kg	125.0	125.0	SW	Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	MY	198	16-17	Deadlift for Reps (60-sec limit)	8	reps/kg	110.0	176.0	SW+60%	Laughlin NV	4/09/2017	X	X		Mondo
Burton, Jordan	CA	MY	242	16-17	Deadlift for Reps (60-sec limit)	4	reps/kg	125.0	185.0	SW+40%	Laughlin NV	4/09/2017	X	X		Mega
Baca, Noah	CA	MY	242	16-17	Deadlift for Reps (60-sec limit)	3	reps/kg	125.0	183.0	SW+40%	Laughlin NV	4/09/2017				Mega
Tenove, Glen	CA	M	242	60-64	Dips for Reps (60-sec limit)	46	reps				Laughlin NV	4/09/2017	X	X		Mondo
Tenove, Glen	CA	M	242	OPEN	Dips for Reps (60-sec limit)	46	reps				Laughlin NV	4/09/2017	X	X		
Scott, Dave	CA	M	181	55-59	Duck Walk (25m)	20.5	sec/lb	175	200	SW+25 lb	Laughlin NV	4/09/2017	X	X		
Scott, Dave	CA	M	181	OPEN	Duck Walk (25m)	20.5	sec/lb	250	200	181#OpenSW	Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	M	198	OPEN	Duck Walk (25m)	27.8	sec/lb	250	300	198#OpenSW+50#	Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	M	ALL	OpenUnl	Duck Walk (25m)	27.8	sec/lb	275	300	OpenUnlSW+25#	Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	MY	198	16-17	Duck Walk (25m)	27.8	sec/lb	200	300	SW+100 lb	Laughlin NV	4/09/2017	X	X		
Tenove, Glen	CA	M	242	60-64	Dynamometer Hand Grip	77	kg Takei				Laughlin NV	4/09/2017	X	X		Mondo
Tenove, Glen	CA	M	242	OPEN	Dynamometer Hand Grip	77	kg Takei				Laughlin NV	4/09/2017	X	X		
Tilson, Rocky	IN	M	275	50-54	Dynamometer Hand Grip	81	kg Takei				Laughlin NV	4/09/2017	X	X		DNA
Tilson, Rocky	IN	M	275	OPEN	Dynamometer Hand Grip	81	kg Takei				Laughlin NV	4/09/2017	X	X		
Scott, Dave	CA	M	181	55-59	Frame Carry (25m)	11.6	sec/lb		300		Laughlin NV	4/09/2017	X	X		DNA
Whitehead, Trevor	CA	M	198	OPEN	Frame Carry (25m)	9.9	sec/lb		350		Laughlin NV	4/09/2017	X	X		
Burton, Jordan	CA	M	242	OPEN	Frame Carry (25m)	11.4	sec/lb		450		Laughlin NV	4/09/2017	X	X		
Lee, Avery	CA	MY	181	16-17	Frame Carry (25m)	10.1	sec/lb		300		Laughlin NV	4/09/2017	X	X		Mondo
Lee, Avery	CA	MY	181	16-17	Frame Carry (25m)	10.1	sec/lb		300		Laughlin NV	4/09/2017	X	X		Mondo
Whitehead, Trevor	CA	MY	198	16-17	Frame Carry (25m)	9.9	sec/lb		350		Laughlin NV	4/09/2017	X	X		Mondo
Burton, Jordan	CA	MY	242	16-17	Frame Carry (25m)	11.4	sec/lb		450		Laughlin NV	4/09/2017	X	X		DNA
Whitehead, Ryan	CA	M	165	OPEN	Frame Hold	25.5	sec/lb		300		Laughlin NV	4/09/2017	X	X		
Scott, Dave	CA	M	181	55-59	Frame Hold	29.7	sec/lb		300		Laughlin NV	4/09/2017	X	X		Mega
Weinstock, Bill	CA	M	181	70-74	Frame Hold	32.5	sec/lb		300		Laughlin NV	4/09/2017	X	X		Mega
Lee, Avery	CA	M	181	OPEN	Frame Hold	36.0	sec/lb		300		Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	M	198	OPEN	Frame Hold	41.2	sec/lb		350		Laughlin NV	4/09/2017	X	X		
Baca, Noah	CA	M	242	OPEN	Frame Hold	48.8	sec/lb		350		Laughlin NV	4/09/2017	X	X		
Anderson, Ray	CA	M	275	60-64	Frame Hold	35.9	sec/lb		350		Laughlin NV	4/09/2017	X	X		Mondo
Anderson, Ray	CA	M	275	OPEN	Frame Hold	35.9	sec/lb		350		Laughlin NV	4/09/2017	X	X		
Waialae, James	CA	M	308	OPEN	Frame Hold	52.9	sec/lb		400		Laughlin NV	4/09/2017	X	X		
Waialae, James	CA	M	ALL	OpenUnl	Frame Hold	52.9	sec/lb		400		Laughlin NV	4/09/2017	X	X		
Whitehead, Ryan	CA	MY	165	16-17	Frame Hold	25.5	sec/lb		300		Laughlin NV	4/09/2017	X	X		
Lee, Avery	CA	MY	181	16-17	Frame Hold	36.0	sec/lb		300		Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	MY	198	16-17	Frame Hold	41.2	sec/lb		350		Laughlin NV	4/09/2017	X	X		Mega
Baca, Noah	CA	MY	242	16-17	Frame Hold	48.8	sec/lb		350		Laughlin NV	4/09/2017	X	X		Mondo

AAU FOS North Americans Results, April 7-9, 2017

Name	State	Division	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	Record Classification	Location	Date	AR	WR	NR	Mega Mondo DNA
Waiialae, James	CA	MY	308	16-17	Frame Hold	52.9	sec/lb		400		Laughlin NV	4/09/2017	X	X		DNA
Tenove, Glen	CA	M	242	60-64	Hand Gripper	425.0	lb				Laughlin NV	4/09/2017	X	X		DNA
Tenove, Glen	CA	M	242	OPEN	Hand Gripper	425.0	lb				Laughlin NV	4/09/2017	X	X		DNA
Tenove, Glen	CA	M	242	OpenUnl	Hand Gripper	425.0	lb				Laughlin NV	4/09/2017	X	X		
Scott, Dave	CA	M	181	55-59	Husafel Stone Carry, 25m	50.0	m	170	210	SW+40 lb	Laughlin NV	4/09/2017	X	X		Mondo
Lee, Avery	CA	M	181	OPEN	Husafel Stone Carry, 25m	43.8	m	210	230	181#OpenSW+20#	Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	M	198	OPEN	Husafel Stone Carry, 25m	50.0	m	210	250	198#OpenSW+40#	Laughlin NV	4/09/2017	X	X		
Baca, Noah	CA	M	242	OPEN	Husafel Stone Carry, 25m	60.2	m	210	270	242#OpenSW+60 lb	Laughlin NV	4/09/2017	X	X		
Waiialae, James	CA	M	308	OPEN	Husafel Stone Carry, 25m	50.0	m	210	270	308#OpenSW+60 lb	Laughlin NV	4/09/2017	X	X		
Baca, Noah	CA	M	ALL	OpenUnl	Husafel Stone Carry, 25m	60.2	m	210	270	OpenUnlSW+60 lb	Laughlin NV	4/09/2017	X	X		
Lee, Avery	CA	MY	181	16-17	Husafel Stone Carry, 25m	43.8	m	190	230	SW+40 lb	Laughlin NV	4/09/2017	X	X		Mondo
Whitehead, Trevor	CA	MY	198	16-17	Husafel Stone Carry, 25m	50.0	m	190	250	SW+60 lb	Laughlin NV	4/09/2017	X	X		DNA
Burton, Jordan	CA	MY	242	16-17	Husafel Stone Carry, 25m	50.0	m	210	270	SW+60 lb	Laughlin NV	4/09/2017	X	X		DNA
Baca, Noah	CA	MY	242	16-17	Husafel Stone Carry, 25m	60.2	m	210	270	SW+60 lb	Laughlin NV	4/09/2017	X	X		DNA
Waiialae, James	CA	MY	308	16-17	Husafel Stone Carry, 25m	50.0	m	210	270	SW+60 lb	Laughlin NV	4/09/2017	X	X		DNA
Lee, Avery	CA	MY	181	16-17	Log Clean & Press	138.9	lb				Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	MY	198	16-17	Log Clean & Press	218.3	lb				Laughlin NV	4/09/2017	X	X		Mondo
Burton, Jordan	CA	MY	242	16-17	Log Clean & Press	205.0	lb				Laughlin NV	4/09/2017				Mondo
Baca, Noah	CA	MY	242	16-17	Log Clean & Press	231.5	lb				Laughlin NV	4/09/2017	X	X		DNA
Waiialae, James	CA	MY	308	16-17	Log Clean & Press	260.1	lb				Laughlin NV	4/09/2017	X	X		DNA
Scott, Dave	CA	M	181	55-59	Power Clean	75.0	kg				Laughlin NV	4/09/2017	X	X		
Baca, Noah	CA	M	242	OPEN	Power Clean	125.0	kg				Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	MY	198	16-17	Power Clean	125.0	kg				Laughlin NV	4/09/2017	X	X		DNA
Burton, Jordan	CA	MY	242	16-17	Power Clean	115.0	kg				Laughlin NV	4/09/2017				DNA
Baca, Noah	CA	MY	242	16-17	Power Clean	125.0	kg				Laughlin NV	4/09/2017	X	X		DNA
Smith, Damiyah	OK	FY	88	10-11	Power Cleans for Reps (60-sec limit)	22	reps/kg	12.5	13.0	SW	Laughlin NV	4/09/2017	X	X		
Whitehead, Ryan	CA	M	165	OPEN	Power Cleans for Reps (60-sec limit)	8	reps/kg	62.5	72.0	165#OpenSW+10%	Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	M	198	OPEN	Power Cleans for Reps (60-sec limit)	2	reps/kg	67.5	110.0	198#OpenSW+60%	Laughlin NV	4/09/2017	X	X		
Burton, Jordan	CA	M	242	OPEN	Power Cleans for Reps (60-sec limit)	2	reps/kg	72.5	110.0	242#OpenSW+50%	Laughlin NV	4/09/2017	X	X		
Whitehead, Ryan	CA	MY	165	16-17	Power Cleans for Reps (60-sec limit)	8	reps/kg	50.0	72.0	SW+40%	Laughlin NV	4/09/2017	X	X		Mondo
Whitehead, Trevor	CA	MY	198	16-17	Power Cleans for Reps (60-sec limit)	2	reps/kg	55.0	110.0	SW+100%	Laughlin NV	4/09/2017	X	X		DNA
Burton, Jordan	CA	MY	242	16-17	Power Cleans for Reps (60-sec limit)	2	reps/kg	60.0	110.0	SW+80%	Laughlin NV	4/09/2017	X	X		Mondo
Scott, Dave	CA	M	181	55-59	Sled Push (25m)	11.87	sec/lb	250	300	SW+50#	Laughlin NV	4/09/2017	X	X		Mega
Scott, Dave	CA	M	181	OPEN	Sled Push (25m)	11.87	sec/lb	350	300	181#OpenSW	Laughlin NV	4/09/2017	X	X		
Burton, Jordan	CA	M	242	OPEN	Sled Push (25m)	25.10	sec/lb	400	450	242#OpenSW+50#	Laughlin NV	4/09/2017	X	X		
Waiialae, James	CA	M	308	OPEN	Sled Push (25m)	12.84	sec/lb	400	450	308#OpenSW+50#	Laughlin NV	4/09/2017	X	X		
Burton, Jordan	CA	MY	242	16-17	Sled Push (25m)	25.10	sec/lb	250	450	SW+200 lb	Laughlin NV	4/09/2017	X	X		
Waiialae, James	CA	MY	308	16-17	Sled Push (25m)	12.84	sec/lb	250	450	SW+200 lb	Laughlin NV	4/09/2017	X	X		Mondo
Burington, Aurbrey	CA	FY	105	14-15	Strict Curl	17.5	kg				Laughlin NV	4/09/2017	X	X		
Dixon, Tom	CA	M	165	70-74	Strict Curl	45.0	kg				Laughlin NV	4/09/2017	X	X		
Kane, Irish	CA	M	198	75-79	Strict Curl	40.0	kg				Laughlin NV	4/09/2017				
Tenove, Glen	CA	M	242	60-64	Strict Curl	65.0	kg				Laughlin NV	4/09/2017	X	X		Mondo
Tenove, Glen	CA	M	242	OPEN	Strict Curl	65.0	kg				Laughlin NV	4/09/2017	X			
Heller, Grant	AZ	M	275	50-54	Strict Curl	57.0	kg				Laughlin NV	4/09/2017	X	X		Mega
Maxie, Drew	CA	M	275	OPEN	Strict Curl	67.5	kg				Laughlin NV	4/09/2017				
Hall, Brandon	AZ	M	308	35-39	Strict Curl	80.0	kg				Laughlin NV	4/09/2017	X	X		DNA
Hall, Brandon	AZ	M	308	OPEN	Strict Curl	80.0	kg				Laughlin NV	4/09/2017	X	X		
Hall, Brandon	AZ	M	ALL	OpenUnl	Strict Curl	80.0	kg				Laughlin NV	4/09/2017	X	X		DNA

AAU FOS North Americans Results, April 7-9, 2017

Name	State	Division	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	Record Classification	Location	Date	AR	WR	NR	Mega Mondo DNA
Burlington, Aurbrey	CA	F	105	OPEN	Strict Curls for Reps (60-sec limit)	2	reps/kg	30.00	17.00	105#OpenSW	Laughlin NV	4/09/2017	X	X		DNA
Burlington, Aurbrey	CA	FY	105	14-15	Strict Curls for Reps (60-sec limit)	2	reps/kg	15.00	17.00	SW+10%	Laughlin NV	4/09/2017	X	X		DNA
Dixon, Tom	CA	M	165	70-74	Strict Curls for Reps (60-sec limit)	10	reps/kg	15.00	24.00	SW+60%	Laughlin NV	4/09/2017	X	X		Mondo
Scott, Dave	CA	M	181	55-59	Strict Curls for Reps (60-sec limit)	3	reps/kg	27.50	38.50	SW+40%	Laughlin NV	4/09/2017	X	X		Mega
Kane, Irish	CA	M	198	75-79	Strict Curls for Reps (60-sec limit)	2	reps/kg	27.5	42.50	SW+50%	Laughlin NV	4/09/2017				Mega
Kane, Irish	CA	M	198	OPEN	Strict Curls for Reps (60-sec limit)	2	reps/kg	42.5	42.50	198#OpenSW	Laughlin NV	4/09/2017	X			
Tenove, Glen	CA	M	242	60-64	Strict Curls for Reps (60-sec limit)	4	reps/kg	35.0	59.50	SW+70%	Laughlin NV	4/09/2017	X	X		
Tenove, Glen	CA	M	242	OPEN	Strict Curls for Reps (60-sec limit)	4	reps/kg	45.0	59.50	242#OpenSW+40%	Laughlin NV	4/09/2017	X	X		Mondo
Heller, Grant	AZ	M	275	50-54	Strict Curls for Reps (60-sec limit)	2	reps/kg	37.5	37.50	SW	Laughlin NV	4/09/2017	X	X		
Maxie, Drew	CA	M	275	OPEN	Strict Curls for Reps (60-sec limit)	12	reps/kg	45.0	45.00	SW	Laughlin NV	4/09/2017				
Whitehead, Ryan	CA	MY	165	16-17	Strict Curls for Reps (60-sec limit)	5	reps/kg	25.0	35.00	SW+40%	Laughlin NV	4/09/2017	X	X		Mega
Scott, Dave	CA	M	181	55-59	Tire Toss (16 lb)	35.58	ft/lb	16	16	SW	Laughlin NV	4/09/2017	X	X		
Scott, Dave	CA	M	181	OPEN	Tire Toss (16 lb)	35.58	ft/lb	16	16	SW	Laughlin NV	4/09/2017	X	X		
Anderson, Ray	CA	M	275	60-64	Tire Toss (16 lb)	28.58	ft/lb	16	16	SW	Laughlin NV	4/09/2017				
Whitehead, Trevor	CA	MY	198	16-17	Tire Toss (16 lb)	37.25	ft/lb	16	16	SW	Laughlin NV	4/09/2017	X	X		
Burton, Jordan	CA	MY	242	16-17	Tire Toss (16 lb)	30.58	ft/lb	16	16	SW	Laughlin NV	4/09/2017	X	X		
Waiialae, James	CA	MY	308	16-17	Tire Toss (16 lb)	40.00	ft/lb	16	16	SW	Laughlin NV	4/09/2017	X	X		Mega
Tenove, Glen	CA	M	242	60-64	Weighted Dip	406.7	lb				Laughlin NV	4/09/2017	X	X		DNA
Tenove, Glen	CA	M	242	OPEN	Weighted Dip	406.7	lb				Laughlin NV	4/09/2017	X	X		
Scott, Dave	CA	M	181	55-59	Yoke Carry (25m)	19.9	sec/lb	200	300	SW+100 lb	Laughlin NV	4/09/2017	X	X		Mega
Lee, Avery	CA	M	181	OPEN	Yoke Carry (25m)	2.4	m/lb	400	400	181#OpenSW	Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	M	198	OPEN	Yoke Carry (25m)	29.0	sec/lb	400	500	198#OpenSW+200#	Laughlin NV	4/09/2017	X	X		
Baca, Noah	CA	M	242	OPEN	Yoke Carry (25m)	11.9	m/lb	450	650	242#OpenSW+200#	Laughlin NV	4/09/2017	X	X		
Waiialae, James	CA	M	308	OPEN	Yoke Carry (25m)	16.5	m/lb	450	650	308#OpenSW+300#	Laughlin NV	4/09/2017	X	X		
Baca, Noah	CA	M	ALL	OpenUnl	Yoke Carry (25m)	11.9	m/lb	450	650	OpenUnlSW+200#	Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	M	ALL	OpenUnl	Yoke Carry (25m)	29.0	sec/lb	450	500	OpenUnlSW+50#	Laughlin NV	4/09/2017	X	X		
Lee, Avery	CA	MY	181	16-17	Yoke Carry (25m)	2.4	m/lb	300	400	SW+100 lb	Laughlin NV	4/09/2017	X	X		
Whitehead, Trevor	CA	MY	198	16-17	Yoke Carry (25m)	29.0	sec/lb	300	500	SW+200 lb	Laughlin NV	4/09/2017	X	X		Mondo
Baca, Noah	CA	MY	242	16-17	Yoke Carry (25m)	11.9	m/lb	350	650	SW+300 lb	Laughlin NV	4/09/2017	X	X		
Waiialae, James	CA	MY	308	16-17	Yoke Carry (25m)	16.5	m/lb	350	650	SW+300 lb	Laughlin NV	4/09/2017	X	X		

* Performances include 4th attempts when performed.

- Records are based on all AAU FOS meets held through the 7/09/17 meet in Laughlin NV.
- Megas, mondos, & DNAs are identified for the weight class/age group category only, do not include open or open unlimited records (except if the athlete falls into those respective categories), and do not carry over into the AAU FOS Records List.
- Token lifts (i.e., less than 30% of standard weight) are generally not considered for records.
- For simplicity, each person is given credit for mega, mondo, or DNA only once each performance--in his wt class/age group.**
- A minimum of 2 reps are required for reps events (except pullups and pushups) to be considered for records.

Divisions

M=Male (age 20+)

MY=Male Youth (age 6-17)

F=Female (age 20+)

FY=Female Youth (age 6-17)

AR = American Record, set by Americans in any AAU meet

WR = World Record. Can be set at any world or international championship, including the AAU FOS Indoor World Championships, Outdoor World Championships, and Junior Olympic Games in 2015.

OPEN = Record for anyone age 24-34 and anyone else (conforming to the Standard Weights in the OPEN Class).

OPEN Unl = OPEN Unlimited age weight/age record for either males or females of all ages and weight classes.

AAU FOS North Americans Results, April 7-9, 2017

Name	State	Division	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	Record Classification	Location	Date	AR	WR	NR	Mega Mondo DNA
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Note: Current reps event records have a 60-second time limit (except pullups and pushups--unlimited continuous duration). Previous records of 90-sec time limit are archived into a separate record list.

Legend:

b = Units. Note: Units are in plate weight (excluding handle apparatus weight) for 1-Hand Partial Deadlift. Units for Hand Grip Dynamometer are direct readings on the Takei apparatus.

in = inches

ft = feet

lb = pounds

sec = seconds

rep/kg = number of reps/barbell weight (kg)

Tire Toss (16 lb) (16 lb): ft/lb = distance thrown (ft)/tire weight (lb)

Bench Presses for Reps & Deadlift for Reps: reps/kg = number of reps/barbell weight (kg)

SW+20% = 20% above Standard Weight

TA=Turnaround

HW=Heavy Weight standard for 242, 275, 308, & 309 ("Unlimited") weight classes