

## MEET RESULTS-2017 AAU INDOOR WORLD CHAMPIONSHIPS

Name	State	Division	Wt Class (lb)	Age Group	Event	Result	Units <sup>b</sup>	Std Wt	Wt Used	Record Classification	AR	WR	NR
Holloway, Melissa	AZ	F	132	45-49	2" Axle Deadlift	163.0	lb				X	X	
Silver, Valerie	Australia	F	132	65-69	2" Axle Deadlift	112.4	lb					X	Australia
Revell, Pat	IN	F	181	60-64	2" Axle Deadlift	148.8	lb				X	X	
Farrow, Jason	FL	M	114	60-64	2" Axle Deadlift	185.0	lb				X	X	
Farrow, Jason	FL	M	114	OPEN	2" Axle Deadlift	185.0	lb				X	X	
Sanchez, Jacob	CA	M	198	20-23	2" Axle Deadlift	325.2	lb				X	X	
Sanchez, Jacob	CA	M	198	OPEN	2" Axle Deadlift	325.2	lb				X	X	
Burlingame, Duane	IL	M	220	60-64	2" Axle Deadlift	264.5	kg				X	X	
Burlingame, Duane	IL	M	220	OPEN	2" Axle Deadlift	264.5	kg					X	
Tilson, Rocky	IN	M	275	50-54	2" Axle Deadlift	319.7	lb						
Anderson, Ray	CA	M	275	60-64	2" Axle Deadlift	265.0	lb						
Holloway, Melissa	AZ	F	132	45-49	Bench Press for Reps (60-sec limit)	4	reps	40.0	42.5	SW	X	X	
Silver, Valerie	Australia	F	132	65-69	Bench Press for Reps (60-sec limit)	9	reps	32.5	39.0	SW+20%		X	Australia
Reading, Lisa	OK	F	181	50-54	Bench Press for Reps (60-sec limit)	10	reps	40.0	40.0	SW	X	X	
Revell, Pat	IN	F	181	60-64	Bench Press for Reps (60-sec limit)	16	reps	37.5	32.5	SW	X	X	
Warren, Susan	NM	F	148	50-54	Bench Press for Reps (60-sec limit)	3	reps	35.0	49.0	SW+40%	X	X	
Warren, Norah	NM	FY	97	8-9	Bench Press for Reps (60-sec limit)	4	reps	15.0	21.5	SW+40%	X	X	
Farrow, Jason	FL	M	114	60-64	Bench Press for Reps (60-sec limit)	3	reps	50.0	52.5	SW	X	X	
Lutz, Darrell	CA	M	198	40-44	Bench Press for Reps (60-sec limit)	12	reps	90.0	90.0	SW	X	X	
Regua, Ed	AZ	M	198	65-69	Bench Press for Reps (60-sec limit)	4	reps	80.0	112.5	SW+40%	X	X	
Burlingame, Duane	IL	M	220	60-64	Bench Press for Reps (60-sec limit)	12	reps	80.0	90.0	SW+10%	X	X	
Burlingame, Duane	IL	M	220	60-64	Bench Press for Reps (60-sec limit)	2	reps	80.0	112.5	SW+40%	X	X	
Roberts, Chase	NM	MY	66	8-9	Bench Press for Reps (60-sec limit)	3	reps	12.5	20.0	SW+60%	X	X	
Roberts, Jody	NM	F	148	40-44	Conan's Deadlift for Reps (60-sec limit)	6	reps/kg	55.0	136.1	SW+140%	X	X	
Migliorati, Margaret	NM	F	148	50-54	Conan's Deadlift for Reps (60-sec limit)	10	reps/kg	50.0	124.7	SW+150%	X	X	
Farrow, Jason	FL	M	114	60-64	Conan's Deadlift for Reps (60-sec limit)	10	reps/kg	65.0	105.0	SW+60%	X	X	
Moylan, Jerry	OH	M	148	60-64	Conan's Deadlift for Reps (60-sec limit)	5	reps/kg	95.0	149.7	SW+50%	X	X	
Scott, Dave	CA	M	165	55-59	Conan's Deadlift for Reps (60-sec limit)	3	reps/kg	95.0	160.0	SW+60%	X	X	
Sanchez, Jacob	CA	M	198	20-23	Conan's Deadlift for Reps (60-sec limit)	8	reps/kg	135.0	190.5	SW+40%	X	X	
Reed, Clay	MT	M	198	55-59	Conan's Deadlift for Reps (60-sec limit)	4	reps/kg	120.0	181.4	SW+50%	X	X	
Sanchez, Lucas	NM	M	198	OPEN	Conan's Deadlift for Reps (60-sec limit)	8	reps/kg	145.0	290.3	SW+100%	X	X	
Burlingame, Duane	IL	M	220	60-64	Conan's Deadlift for Reps (60-sec limit)	5	reps/kg	110.0	175.5	SW+60%	X	X	
Anderson, Ray	CA	M	275	60-64	Conan's Deadlift for Reps (60-sec limit)	5	reps/kg	125.0	204.1	SW+60%	X	X	
Born, Kelli	WA	FY	221	14-15	Conan's Viking Press	145	lb				X	X	
Sanchez, Jacob	CA	M	198	20-23	Conan's Viking Press	280	lb				X	X	
Reed, Clay	MT	M	198	55-59	Conan's Viking Press	190	lb				X	X	
Sanchez, Brian	NM	M	198	OPEN	Conan's Viking Press	325	lb				X	X	
Sanchez, Lucas	NM	M	198	OPEN	Conan's Viking Press	305	lb						
Roberts, Ty	NM	M	242	40-44	Conan's Viking Press	380	lb				X	X	

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Roberts, Ty	NM	M	242	OPEN	Conan's Viking Press	380	lb				X	X	
Roberts, Ty	NM	M	ALL	OpenUnl	Conan's Viking Press	380	lb				X	X	
Lee, Avery	CA	MY	198	16-17	Conan's Viking Press	200	lb				X	X	
Waialae, James	CA	MY	309	16-17	Conan's Viking Press	340	lb				X	X	
Roberts, Jody	NM	F	148	40-44	Conan's Wheel Carry	2Rs+32'	Rs/lb	pending	26.0		X	X	
Migliorati, Margaret	NM	F	148	50-54	Conan's Wheel Carry	3Rs	Rs/lb	pending	240.0		X	X	
Warren, Susan	NM	F	148	50-54	Conan's Wheel Carry	1R+25'	Rs/lb	pending	225.0		X	X	
Warren, Norah	NM	FY	97	8-9	Conan's Wheel Carry	4Rs	Rs/lb	pending	80.0		X	X	
Born, Kelli	WA	FY	221	14-15	Conan's Wheel Carry	4Rs+4'	Rs/lb	pending	150.0		X	X	
Moylan, Jerry	OH	M	148	60-64	Conan's Wheel Carry	3Rs	Rs/lb	pending	200.0		X	X	
Sanchez, Jacob	CA	M	198	20-23	Conan's Wheel Carry	3Rs	Rs/lb	pending	420.0		X	X	
Reed, Clay	MT	M	198	55-59	Conan's Wheel Carry	3Rs	Rs/lb	pending	300.0		X	X	
Murdock, Derek	WA	M	198	OPEN	Conan's Wheel Carry	2R+8'	Rs/lb	pending	300.0		X	X	
Sanchez, Brian	NM	M	198	OPEN	Conan's Wheel Carry	3Rs	Rs/lb	pending	525.0		X	X	
Roberts, Ty	NM	M	242	40-44	Conan's Wheel Carry	2Rs+8'	Rs/lb	pending	600.0		X	X	
Hollis, Scott	WA	M	275	45-49	Conan's Wheel Carry	5Rs+13.5'	Rs/lb	pending	200.0		X	X	
Tilson, Rocky	IN	M	275	50-54	Conan's Wheel Carry	1R	Rs/lb	pending	300.0		X	X	
Henderson, Joshua	WA	M	275	OPEN	Conan's Wheel Carry	2Rs	Rs/lb	pending	458.0		X	X	
Roberts, Chase	NM	MY	66	8-9	Conan's Wheel Carry	3Rs+20'	Rs/lb	pending	85.0		X	X	
Waialae, James	CA	MY	309	16-17	Conan's Wheel Carry	1R	Rs/lb	pending	420.0		X	X	
Holloway, Melissa	AZ	F	132	45-49	Deadlift for Reps (60-sec limit)	26	reps/kg	55.0	60.0	SW	X	X	
Silver, Valerie	Australia	F	132	65-69	Deadlift for Reps (60-sec limit)	17	reps/kg	45.0	80.0	SW+70%		X	Australia
Roberts, Jody	NM	F	148	40-44	Deadlift for Reps (60-sec limit)	5	reps/kg	55.0	114.0	SW+100%	X	X	
Reading, Lisa	OK	F	181	50-54	Deadlift for Reps (60-sec limit)	25	reps/kg	60.0	60.0	SW	X	X	
Reading, Lisa	OK	F	181	OPEN	Deadlift for Reps (60-sec limit)	25	reps/kg	90.0	60.0	181#OpenSW		X	
Warren, Susan	NM	F	148	50-54	Deadlift for Reps (60-sec limit)	8	reps/kg	50.0	94.0	SW+80%	X	X	
Warren, Norah	NM	FY	97	8-9	Deadlift for Reps (60-sec limit)	13	reps/kg	25.0	44.0	SW+70%	X	X	
Born, Kelli	WA	FY	221	14-15	Deadlift for Reps (60-sec limit)	27	reps/kg	57.5	70.0	SW+20%	X	X	
Farrow, Jason	FL	M	114	60-64	Deadlift for Reps (60-sec limit)	2	reps/kg	65.0	104.0	SW+60%	X	X	
Farrow, Jason	FL	M	OPEN	60-64	Deadlift for Reps (60-sec limit)	2	reps/kg	85.0	104.0	114#OpenSW+20%	X	X	
Moylan, Jerry	OH	M	148	60-64	Deadlift for Reps (60-sec limit)	2	reps/kg	95.0	133.0	SW+40%	X	X	
Regua, Ed	AZ	M	198	65-69	Deadlift for Reps (60-sec limit)	5	reps/kg	110.0	154.0	SW+40%	X	X	
Sanchez, Brian	NM	M	198	OPEN	Deadlift for Reps (60-sec limit)	5	reps/kg	145.0	230.0	198#OpenSW+50%	X	X	
Sanchez, Lucas	NM	M	198	OPEN	Deadlift for Reps (60-sec limit)	5	reps/kg	145.0	232.0	198#OpenSW+60%	X	X	
Burlingame, Duane	IL	M	220	60-64	Deadlift for Reps (60-sec limit)	2	reps/kg	110.0	176.0	SW+60%	X	X	
Roberts, Ty	NM	M	242	40-44	Deadlift for Reps (60-sec limit)	2	reps/kg	130.0	248.0	SW+90%	X	X	
Roberts, Ty	NM	M	242	OPEN	Deadlift for Reps (60-sec limit)	2	reps/kg	170.0	248.0	242#OpenSW+40%	X	X	
Roberts, Ty	NM	M	ALL	OpenUnl	Deadlift for Reps (60-sec limit)	2	reps/kg	170.0	248.0	OpenUnlSW+40%	X	X	
Tilson, Rocky	IN	M	275	50-54	Deadlift for Reps (60-sec limit)	5	reps/kg	140.0	154.0	SW+10%	X	X	

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Roberts, Chase	NM	MY	66	8-9	Deadlift for Reps (60-sec limit)	12	reps/kg	22.5	48.5	SW+110%	X	X	
Lee, Avery	CA	MY	198	16-17	Deadlift for Reps (60-sec limit)	8	reps/kg	110.0	142.5	SW+30%	X	X	
Heindl, Karin	Austria	F	123	60-64	Deadlift Lockout	180.0	kg					X	Austria
Heindl, Karin	Austria	F	123	OPEN	Deadlift Lockout	180.0	kg					X	Austria
Santee, Gordon	CA	M	148	70-74	Deadlift Lockout	250.0	kg				X	X	
Heindl, Martin	Austria	M	165	60-64	Deadlift Lockout	318.5	kg					X	Austria
Heindl, Martin	Austria	M	165	OPEN	Deadlift Lockout	318.5	kg					X	Austria
Burlingame, Duane	IL	M	220	60-64	Deadlift Lockout	318.5	kg				X	X	
Silver, Valerie	Australia	F	132	65-69	Frame Carry (25m)	15.8	sec/kg	90.0	90.0	SW		X	Australia
Roberts, Jody	NM	F	148	40-44	Frame Carry (25m)	12.2	sec/kg	100.0	120.0	SW+20%	X	X	
Migliorati, Margaret	NM	F	148	50-54	Frame Carry (25m)	10.3	sec/kg	90.0	90.0	SW	X	X	
Moylan, Jerry	OH	M	148	60-64	Frame Carry (25m)	17.0	sec/kg	135.0	95.3	SW	X	X	
Sanchez, Jacob	CA	M	198	20-23	Frame Carry (25m)	23.3	sec/kg	170.0	200.0	SW+10%	X	X	
Burlingame, Duane	IL	M	220	60-64	Frame Carry (25m)	17.3	sec/kg	145.0	165.0	SW+10%	X	X	
Henderson, Joshua	WA	M	275	OPEN	Frame Carry (25m)	22.2	sec/kg	180.0	200.0	275#OpenSW+10%	X	X	
Lee, Avery	CA	MY	198	16-17	Frame Carry (25m)	11.2	sec/kg	150.0	136.0	SW			
Silver, Valerie	Australia	F	132	65-69	Frame Hold	40.9	sec/kg	90.0	90.0	SW	X	X	Australia
Migliorati, Margaret	NM	F	148	50-54	Frame Hold	58.0	sec/kg	90.0	90.0	SW	X	X	
Williams, Carolyn	WA	F	165	55-59	Frame Hold	82.0	sec/kg	105.0	105.0	SW	X	X	
VanMarter, Abigail	WA	FY	148	18-19	Frame Hold	30.0	sec/kg	95.0	95.0	SW	X	X	
Born, Kelli	WA	FY	221	14-15	Frame Hold	134.0	sec/kg	90.0	55.0	SW	X	X	
Sanchez, Jacob	CA	M	198	20-23	Frame Hold	41.7	sec/kg	170.0	141.0	SW	X	X	
Burlingame, Duane	IL	M	220	60-64	Frame Hold	41.3	sec/kg	145.0	147.0	SW	X	X	
Hollis, Scott	WA	M	275	45-49	Frame Hold	66.0	sec/kg	170.0	95.0	SW	X	X	
Anderson, Ray	CA	M	275	60-64	Frame Hold	46.0	sec/kg	155.0	170.0	SW+10%	X	X	
Bleyins, Patrick	WA	MY	148	16-17	Frame Hold	44.0	sec/kg	135.0	136.0	SW	X	X	
Lee, Avery	CA	MY	198	16-17	Frame Hold	44.0	sec/kg	150.0	136.0	SW			
Furgison, Jacob	WA	MY	198	16-17	Frame Hold	61.0	sec/kg	150.0	170.0	SW+10%	X	X	
Waialae, James	CA	MY	309	16-17	Frame Hold	45.0	sec/kg	160.0	136.0	SW	X	X	
Silver, Valerie	Australia	F	132	65-69	Hand Gripper	90.0	lb					X	Australia
Sanchez, Jacob	CA	M	198	20-23	Hand Gripper	400.0	lb				X	X	
Burlingame, Duane	IL	M	220	60-64	Hand Gripper	145.0	lb				X	X	
Anderson, Ray	CA	M	275	60-64	Hand Gripper	270.0	lb						
Silver, Valerie	Australia	F	132	65-69	Husafel Stone Carry, 25m TA	70.0	m/lb	90	90	SW		X	Australia
Roberts, Jody	NM	F	148	40-44	Husafel Stone Carry, 25m TA	77.7	m/lb	110	190	SW+80#	X	X	
Migliorati, Margaret	NM	F	148	50-54	Husafel Stone Carry, 25m TA	120.0	m/lb	90	110	SW+20#	X	X	
Moylan, Jerry	OH	M	148	60-64	Husafel Stone Carry, 25m TA	25.0	m/lb	150	170	SW+20#	X	X	
Scott, Dave	CA	M	165	55-59	Husafel Stone Carry, 25m TA	25.0	m/lb	170	230	SW+60#	X	X	
Sanchez, Jacob	CA	M	198	20-23	Husafel Stone Carry, 25m TA	25.0	m/lb	210	310	SW+100#	X	X	

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Sanchez, Brian	NM	M	198	OPEN	Husafel Stone Carry, 25m TA	75.0	m/lb	210	310	198#OpenSW+100#	X	X	
Burlingame, Duane	IL	M	220	60-64	Husafel Stone Carry, 25m TA	50.0	m/lb	170	210	SW+40#	X	X	
Roberts, Ty	NM	M	242	40-44	Husafel Stone Carry, 25m TA	92.3	m/lb	210	330	SW+120#	X		
Hollis, Scott	WA	M	275	45-49	Husafel Stone Carry, 25m TA	15.0	m/lb	210	230	SW+20#	X	X	
Henderson, Joshua	WA	M	275	OPEN	Husafel Stone Carry, 25m TA	25.0	m/lb	210	270	275#OpenSW+60#	X		
Blevins, Patrick	WA	MY	148	16-17	Husafel Stone Carry, 25m TA	75.0	m/lb	170	170	SW	X	X	
Furgison, Jacob	WA	MY	198	16-17	Husafel Stone Carry, 25m TA	100.0	m/lb	190	190	SW	X	X	
Lee, Avery	CA	MY	198	16-17	Husafel Stone Carry, 25m TA	25.0	m/lb	190	310	SW+120#	X	X	
Waialae, James	CA	MY	309	16-17	Husafel Stone Carry, 25m TA	25.0	m/lb	210	310	SW+100#	X	X	
Silver, Valerie	Australia	F	132	65-69	Log Clean & Press	65.0	lb					X	Australia
Warren, Susan	NM	F	148	50-54	Log Clean & Press	85.0	lb						
Sanchez, Jacob	CA	M	198	20-23	Log Clean & Press	230.0	lb						
Sanchez, Lucas	NM	M	198	OPEN	Log Clean & Press	250.0	lb						
Roberts, Ty	NM	M	242	40-44	Log Clean & Press	310.0	lb				X	X	
Henderson, Joshua	WA	M	275	OPEN	Log Clean & Press	275.0	lb					X	
Waialae, James	CA	MY	309	16-17	Log Clean & Press	260.0	lb				X	X	
Spurico, Victor	NV	M	181	60-64	Power Clean	45.0	kg			WL meet event			
Reed, Clay	MT	M	198	55-59	Power Clean	100.0	kg			WL meet event	X	X	
Tilson, Rocky	IN	M	275	50-54	Power Clean	75.0	kg			WL meet event	X	X	
Silver, Valerie	Australia	F	132	65-69	Power Cleans for Reps (60-sec limit)	11	reps/kg	32.5	32.5	SW		X	Australia
Farrow, Jason	FL	M	114	60-64	Power Cleans for Reps (60-sec limit)	4	reps/kg	45.0	55.0	SW+20%	X	X	
Moylan, Jerry	OH	M	148	60-64	Power Cleans for Reps (60-sec limit)	2	reps/kg	47.5	50.0	SW	X	X	
Lutz, Darrell	CA	M	198	40-44	Power Cleans for Reps (60-sec limit)	7	reps/kg	62.5	95.0	SW+50%	X	X	
Silver, Valerie	Australia	F	132	65-69	Standing Long Jump	50.00	in					X	Australia
Sanchez, Jacob	CA	M	198	20-23	Standing Long Jump	106.00	in						
Lutz, Darrell	CA	M	198	40-44	Standing Long Jump	107.00	in				X	X	
Burlingame, Duane	IL	M	220	60-64	Standing Long Jump	72.75	in				X	X	
Silver, Valerie	Australia	F	132	65-69	Strict Curl	22.0	kg					X	Australia
Born, Kelli	WA	FY	221	14-15	Strict Curl	30	kg				X	X	
Leudecker, Rocky	AZ	M	105	60-64	Strict Curl	19.0	kg				X	X	
Moylan, Jerry	OH	M	148	60-64	Strict Curl	32.0	kg						
Leudecker, Lee	AZ	M	148	65-69	Strict Curl	45.0	kg						
Ruiz, Fernando	CA	M	198	20-23	Strict Curl	45.0	kg						
Gaspar, Lorenzo	CA	M	220	55-59	Strict Curl	41.0	kg						
Burlingame, Duane	IL	M	220	60-64	Strict Curl	42.0	kg						
Preite, James	CA	M	242	45-49	Strict Curl	47.0	kg				X		
Smith, Logan	OK	MY	165	18-19	Strict Curl	45.0	kg				X	X	
Silver, Valerie	Australia	F	132	65-69	Strict Curls for Reps (60-sec limit)	7	reps/kg	17.5	18.0	SW		X	Australia
Born, Kelli	WA	FY	221	14-15	Strict Curls for Reps (60-sec limit)	5	reps/kg	22.5	20.0	SW	X	X	

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Moylan, Jerry	OH	M	148	60-64	Strict Curls for Reps (60-sec limit)	2	reps/kg	25.0	35.0	SW+40%	X	X	
Regua, Ed	AZ	M	198	65-69	Strict Curls for Reps (60-sec limit)	2	reps/kg	30.0	42.0	SW+40%	X	X	
Gaspar, Lorenzo	CA	M	220	55-59	Strict Curls for Reps (60-sec limit)	13	reps/kg	32.5	30.0	SW			
Burlingame, Duane	IL	M	220	60-64	Strict Curls for Reps (60-sec limit)	2	reps/kg	30.0	42.0	SW+40%	X	X	
Farrow, Jason	FL	M	114	60-64	Strict Pull/Chin-ups for Reps-60s limit	19	reps				X	X	
Burlingame, Duane	IL	M	220	60-64	Strict Pull/Chin-ups for Reps-60s limit	13	reps			Chinups	X	X	
Burlingame, Duane	IL	M	220	60-64	Strict Pull/Chin-ups for Reps-60s limit	10	reps			Pullups			
Blevins, Patrick	WA	MY	148	16-17	Strict Pull/Chin-ups for Reps-60s limit	18	reps				X	X	
Moylan, Jerry	OH	M	148	60-64	Wtd Chinup/Pullup (added plates)	30	kg				X	X	
Sanchez, Jacob	CA	M	198	20-23	Wtd Chinup/Pullup (added plates)	50	kg				X	X	
Burlingame, Duane	IL	M	220	60-64	Wtd Chinup/Pullup (added plates)	50	kg			Chinup	X	X	
Burlingame, Duane	IL	M	220	60-64	Wtd Chinup/Pullup (added plates)	30	kg			Pullup			

1. Records are based on all AAU FOS meets held through the September 17, 2017 meet in Las Vegas NV.
2. Token lifts (i.e., less than 30% of standard weight) are generally not considered for records.

Divisions

M=Male (age 20+)

MY=Male Youth (age 6-17)

F=Female (age 20+)

FY=Female Youth (age 6-17)

AR = American Record, set by Americans in any AAU meet

3. A minimum of 2 reps are required for reps events (except pullups and pushups) to be considered for records.

AR = American Record

WR = World Record. Can be set at any world or international championship, including the AAU FOS Indoor World Championships, Outdoor World Championships, and Junior Olympic Games in 2015.

NR = National Record for the country represented other than USA..

OPEN = Record for anyone age 24-34 and anyone else (conforming to the Standard Weights in the OPEN Class).

OPEN Unl = OPEN Unlimited age weight/age record for either males or females of all ages and weight classes.

Note: Current reps event records have a 60-second time limit (except pullups and pushups--unlimited continuous duration). Previous records of 90-sec time limit are

Legend:**b = Units. Note: Units for 1-Hand Partial Deadlift are in kg plate weight (excluding handle apparatus weight) . Units for Hand Grip Dynamometer are direct**

in = inches

ft = feet

lb = pounds

Rs = rotations

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sec = seconds

rep/kg = number of reps/barbell weight (kg)

Farmer's Walk: sec/lb = time (sec)/weight of each handle (lb)

Tire Toss (16 lb) (16 lb): ft/lb = distance thrown (ft)/tire weight (lb)

Farmer's Walk: ft/lb = distance traveled (ft)/weight of each handle (lb)

Bench Presses for Reps & Deadlift for Reps: reps/kg = number of reps/barbell weight (kg)

SW+20% = 20% above Standard Weight

For Farmer's Walk, Tire Flip, and Atlas Stones, e.g., SW+3C = 3 Standard Weight Classes above Standard Weight.

For Yoke Walk, Sled Pull, Sled Push, Wheelbarrow, and Zercher's Carry, e.g., SW+200 lb = 200 lb above Standard Weight.

TA=Turnaround

HW=Heavy Weight standard for 242, 275, 308, & 309 weight classes ("Unlimited" weight record category)