2018/2019 AAU Strength Sports Future Events

AAU World Universe
December 15-16
- Powerlifting
- Bodybuilding
- Weightlifting
- MAS
- Rio Hotel Las Vegas
- Contact: Martin Drake 310-953-5030 naturalpower@earthlink.net

AAU Southern California
Jan TBD 2019
- Powerlifting
- FOS
- Weightlifting
- Grinder Gym San Diego

AAU Hawai State
Jan 19
- Powerlifting
- Weightlifting
- Kaneohe, HI
- Contact: Keith Ward 808-375-8700

AAU Central Cal
Jan 26
- Powerlifting
- Solvang, CA
- Contact: Lynne Castellanos lynnecastellanos@hotmail.com

AAU Washington and Oregon State Championships
Feb 9
- Powerlifting
- Weightlifting
- Tacoma, WA
- Contact: Bull Stewart 206-854-2678 bullstewart@hotmail.com

AAU American Championships
March 16 2019
- Powerlifting
- Bodybuilding
- Weightlifting
- Evolution Fit Expo Santa Clara, CA
- Contact: Martin Drake 310-953-5030 naturalpower@earthlink.net

AAU North Americans
April 5-7
- Powerlifting
- Bodybuilding
- Weightlifting
- Indoor FOS
- Outdoor Strongman
- MAS
- Harrah’s Resort Hotel Casino, Laughlin, NV
- Contact: Martin Drake 310-953-5030 naturalpower@earthlink.net

AAU Orchard
April 6
- Powerlifting
- Orchard, NE

AAU South Western
April 13-14
- Bodybuilding
- Weightlifting
- Tucson Sports Exp
- Contact: Martin Drake 310-953-5030 naturalpower@earthlink.net

AAU Battle of Los Angeles
May TBD
- Weightlifting
- Los Angeles, CA
- Contact: Danny Henry academyofstrengthandsport@gmail.com

AAU Western USA
May 24-25
- Powerlifting
- Bodybuilding
- Weightlifting
- Salt Lake City with an AAU Basketball tournament
- Contact: Martin Drake 310-953-5030 naturalpower@earthlink.net

AAU Solvang | Cal TBD
- Powerlifting
- Solvang, CA
- Contact: Lynne Castellanos lynnecastellanos@hotmail.com

AAU National Bench, Deadlift, Pushpull and AAU PNW Regional Powerlifting June 1-2
- Powerlifting
- Bodybuilding
- Weightlifting
- La Quinta Inn, Tacoma, WA
- Contact: Bull Stewart 206-854-2678 bullstewart@hotmail.com

AAU National Nationals: June 29 2019
- Bodybuilding
- Oceanside Performing Arts Center, Oceanside, CA
- Contact: Martin Drake 310-953-5030 naturalpower@earthlink.net

AAU Cornhusker State Games
July TBD
- Powerlifting
- Lincoln, NE
- Contact: Howard Huffman hhuffman@huffmaneng.com

AAU Western USA
May 24-25
- Powerlifting
- Bodybuilding
- Weightlifting
- Salt Lake City with an AAU Basketball tournament
- Contact: Martin Drake 310-953-5030 naturalpower@earthlink.net

AAU International and USA Championships July 5-7 2019
- Powerlifting
- Bodybuilding
- Weightlifting
- Las Vegas Convention Center as part of a huge AAU Basketball tournament
- Contact: Martin Drake 310-953-5030 naturalpower@earthlink.net

AAU Arizona
July 27-28
- Powerlifting
- Bodybuilding
- Weightlifting
- Scottsdale, AZ with an AAU Basketball tournament
- Contact: Martin Drake 310-953-5030 naturalpower@earthlink.net

23rd Annual AAU Alki Beach Classic
August 17 2019
- Pushpull
- Outdoor Bodybuilding Show
- Outdoor FOS
- Alki Beach Washington
- Contact: Bull Stewart 206-854-2678 bullstewart@hotmail.com

AAU International Weightlifting
September 14-15
- Weightlifting
- Las Vegas Nevada
- Part of the Mr Olympia Sports Festival
- Contact: Martin Drake 310-953-5030 naturalpower@earthlink.net

AAU World Championships
September 27-29 2019
- Powerlifting
- Bodybuilding
- Indoor FOS
- MAS
- Weightlifting
- Harrah's Resort Hotel Casino, Laughlin NV (1 hr south of Vegas)
- Contact: Martin Drake 310-953-5030 naturalpower@earthlink.net

AAU Columbia City Classic
Nov 2 2019
- Powerlifting
- Columbia City Fitness Center, Seattle, WA
- Contact: Bull Stewart 206-854-2678 bullstewart@hotmail.com

AAU Universe Weightlifting
November TBD
- Weightlifting
- Long Beach Convention Center with the Legion Sports Festival
- Contact: Martin Drake 310-953-5030 naturalpower@earthlink.net

AAU Universe
December 14-15 2019
- Powerlifting
- Bodybuilding
- Rio Hotel Las Vegas
- Contact: Martin Drake 310-953-5030 naturalpower@earthlink.net