

AAU FOS WORLD CHAMPIONSHIPS RESULTS, Laughlin NV, Sept 28-30, 2018

Name	State	Division	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	Record Classification	Location	Date	AR	WR	NR
Silver, Valerie	Australia	F	132	65-69	1-Hand Partial Deadlift	23.10	kg	1.5	1.5	SW	Laughlin NV	9/28/2018		X	Australia
Silver, Valerie	Australia	F	132	OPEN	1-Hand Partial Deadlift	23.10	kg	1.5	1.5	SW	Laughlin NV	9/28/2018		X	Australia
Vargo, Anita	WA	F	198	55-59	1-Hand Partial Deadlift	52.00	kg	1.5	1.5	SW	Laughlin NV	9/28/2018	X	X	
Vargo, Anita	WA	F	198	OPEN	1-Hand Partial Deadlift	52.00	kg	1.5	1.5	SW	Laughlin NV	9/28/2018	X	X	
Born, Kelli	WA	F	221	OPEN	1-Hand Partial Deadlift	42.00	kg	1.5	1.5	SW	Laughlin NV	9/28/2018	X	X	
Hamilton, Madison	FL	FY	114	12-13	1-Hand Partial Deadlift	42.00	kg	1.5	1.5	SW	Laughlin NV	9/28/2018	X	X	
Born, Kelli	WA	FY	221	16-17	1-Hand Partial Deadlift	42.00	kg	1.5	1.5	SW	Laughlin NV	9/28/2018	X	X	
Burlingame, Duane	IL	M	198	60-64	1-Hand Partial Deadlift	43.50	kg	2.5	2.5	SW	Laughlin NV	9/28/2018	X	X	
Lynch, Jack	CA	M	198	70-74	1-Hand Partial Deadlift	62.00	kg	2.5	2.5	SW	Laughlin NV	9/28/2018			
Tilson, Rocky	IN	M	275	55-59	1-Hand Partial Deadlift	62.00	kg	2.5	2.5	SW	Laughlin NV	9/28/2018	X		
Weiss, Julie	AZ	F	123	35-39	Axle Clean & Press (2" axle)	138.0	lb				Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	OPEN	Axle Clean & Press (2" axle)	138.0	lb				Laughlin NV	9/28/2018	X	X	
Silver, Valerie	Australia	F	132	65-69	Axle Clean & Press (2" axle)	66.0	lb				Laughlin NV	9/28/2018		X	Australia
Sanchez, Katarina	CA	F	OPEN	16-17	Axle Clean & Press (2" axle)	43.0	lb				Laughlin NV	9/28/2018	X	X	
Sanchez, Katarina	CA	FY	114	16-17	Axle Clean & Press (2" axle)	43.0	lb				Laughlin NV	9/28/2018	X	X	
Moylan, Jerry	IN	M	148	65-69	Axle Clean & Press (2" axle)	115.0	lb				Laughlin NV	9/28/2018	X	X	
Moylan, Jerry	IN	M	148	OPEN	Axle Clean & Press (2" axle)	115.0	lb				Laughlin NV	9/28/2018	X	X	
Hamilton, Madison	FL	F	114	OPEN	Axle Deadlift (2" axle)	110.0	lb				Laughlin NV	9/28/2018	X	X	
Silver, Valerie	Australia	F	132	65-69	Axle Deadlift (2" axle)	119.0	lb				Laughlin NV	9/28/2018		X	Australia
Hamilton, Madison	FL	FY	114	12-13	Axle Deadlift (2" axle)	110.0	lb				Laughlin NV	9/28/2018	X	X	
Burlingame, Duane	IL	M	198	60-64	Axle Deadlift (2" axle)	265.0	lb				Laughlin NV	9/28/2018	X	X	
Lynch, Jack	CA	M	198	70-74	Axle Deadlift (2" axle)	205.0	lb				Laughlin NV	9/28/2018			
Tilson, Rocky	IN	M	275	55-59	Axle Deadlift (2" axle)	325.0	lb				Laughlin NV	9/28/2018	X	X	
Sanchez, Katarina	CA	F	114	OPEN	Bench Press for Reps (60-sec limit)	7	reps/kg	42.5	27.5	114#OpenSW	Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	35-39	Bench Press for Reps (60-sec limit)	6	reps/kg	45.0	54.0	SW+20%	Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	OPEN	Bench Press for Reps (60-sec limit)	6	reps/kg	50.0	54.0	123#OpenSW	Laughlin NV	9/28/2018	X	X	
Silver, Valerie	Australia	F	132	65-69	Bench Press for Reps (60-sec limit)	7	reps/kg	32.5	39.0	SW+20%	Laughlin NV	9/28/2018			
Vargo, Anita	WA	F	198	55-59	Bench Press for Reps (60-sec limit)	4	reps/kg	40.0	55.0	SW+30%	Laughlin NV	9/28/2018	X	X	
Vargo, Anita	WA	F	198	OPEN	Bench Press for Reps (60-sec limit)	4	reps/kg	55.0	55.0	198#OpenSW	Laughlin NV	9/28/2018	X	X	
Born, Kelli	WA	F	221	OPEN	Bench Press for Reps (60-sec limit)	4	reps/kg	60.0	54.0	221#OpenSW	Laughlin NV	9/28/2018	X	X	
Hamilton, Madison	FL	FY	114	12-13	Bench Press for Reps (60-sec limit)	22	reps/kg	17.5	24.5	SW+40%	Laughlin NV	9/28/2018	X	X	
Sanchez, Katarina	CA	FY	114	16-17	Bench Press for Reps (60-sec limit)	7	reps/kg	27.5	27.5	SW	Laughlin NV	9/28/2018	X	X	
Venglass, Abby	CA	FY	165	16-17	Bench Press for Reps (60-sec limit)	11	reps/kg	40.0	40.0	SW	Laughlin NV	9/28/2018	X	X	
Born, Kelli	WA	FY	221	16-17	Bench Press for Reps (60-sec limit)	4	reps/kg	45.0	54.0	SW+20%	Laughlin NV	9/28/2018	X	X	
Barbee, Johathan		M	114	OPEN	Bench Press for Reps (60-sec limit)	29	reps/kg	70.0	75.0	114#OpenSW	Laughlin NV	9/28/2018	X	X	
Kane, Irish	CA	M	181	75-79	Bench Press for Reps (60-sec limit)	4	reps/kg	65.0	85.0	SW+30%	Laughlin NV	9/28/2018			
Burlingame, Duane	IL	M	198	60-64	Bench Press for Reps (60-sec limit)	2	reps/kg	80.0	112.5	SW+40%	Laughlin NV	9/28/2018			
Lynch, Jack	CA	M	198	70-74	Bench Press for Reps (60-sec limit)	6	reps/kg	65.0	104.0	SW+60%	Laughlin NV	9/28/2018	X	X	
Barbee, Johathan		MY	114	18-19	Bench Press for Reps (60-sec limit)	29	reps/kg	50.0	75.0	SW+50%	Laughlin NV	9/28/2018	X	X	
Hamilton, Madison	FL	F	114	OPEN	Deadlift for Reps (60-sec limit)	22	reps/kg	60.0	60.0	114#OpenSW	Laughlin NV	9/28/2018	X	X	
Sanchez, Katarina	CA	F	114	OPEN	Deadlift for Reps (60-sec limit)	8	reps/kg	60.0	75.0	114#OpenSW+20%	Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	35-39	Deadlift for Reps (60-sec limit)	7	reps/kg	70.0	119.0	SW+70%	Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	OPEN	Deadlift for Reps (60-sec limit)	7	reps/kg	75.0	119.0	123#OpenSW+50%	Laughlin NV	9/28/2018	X	X	
Silver, Valerie	Australia	F	132	65-69	Deadlift for Reps (60-sec limit)	4	reps/kg	50.0	100.0	SW+100%	Laughlin NV	9/28/2018		X	Australia
Silver, Valerie	Australia	F	132	OPEN	Deadlift for Reps (60-sec limit)	4	reps/kg	75.0	100.0	132#OpenSW+30%	Laughlin NV	9/28/2018		X	Australia
Vargo, Anita	WA	F	198	55-59	Deadlift for Reps (60-sec limit)	12	reps/kg	60.0	102.0	SW+70%	Laughlin NV	9/28/2018	X	X	
Vargo, Anita	WA	F	198	OPEN	Deadlift for Reps (60-sec limit)	12	reps/kg	90.0	102.0	198#OpenSW+10%	Laughlin NV	9/28/2018	X	X	
Bowker, Katie	WA	F	221	OPEN	Deadlift for Reps (60-sec limit)	6	reps/kg	90.0	80.0	221#OpenSW	Laughlin NV	9/28/2018	X	X	

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Hollis, Kalos	WA	FY	77	12-13	Deadlift for Reps (60-sec limit)	24	reps/kg	40.0	27.5	SW	Laughlin NV	9/28/2018	X	X	
Hamilton, Madison	FL	FY	114	12-13	Deadlift for Reps (60-sec limit)	22	reps/kg	30.0	60.0	SW+100%	Laughlin NV	9/28/2018	X	X	
Sanchez, Katarina	CA	FY	114	16-17	Deadlift for Reps (60-sec limit)	8	reps/kg	40.0	75.0	SW+80%	Laughlin NV	9/28/2018	X	X	
Bowker, Katie	WA	FY	221	14-15	Deadlift for Reps (60-sec limit)	6	reps/kg	57.5	80.0	SW+40%	Laughlin NV	9/28/2018	X	X	
Moylan, Jerry	IN	M	148	65-69	Deadlift for Reps (60-sec limit)	3	reps/kg	95.0	133.0	SW+40%	Laughlin NV	9/28/2018	X	X	
Moylan, Jerry	IN	M	148	OPEN	Deadlift for Reps (60-sec limit)	3	reps/kg	120.0	133.0	148#OpenSW+10%	Laughlin NV	9/28/2018	X	X	
Croft, Bill	NC	M	181	55-59	Deadlift for Reps (60-sec limit)	21	reps/kg	120.0	192.0	SW+60%	Laughlin NV	9/28/2018	X	X	
Croft, Bill	NC	M	181	OPEN	Deadlift for Reps (60-sec limit)	21	reps/kg	145.0	192.0	181#OpenSW+30%	Laughlin NV	9/28/2018	X	X	
Burlingame, Duane	IL	M	198	60-64	Deadlift for Reps (60-sec limit)	5	reps/kg	110.0	176.0	SW+60%	Laughlin NV	9/28/2018	X	X	
Lynch, Jack	CA	M	198	70-74	Deadlift for Reps (60-sec limit)	8	reps/kg	95.0	95.0	SW	Laughlin NV	9/28/2018			
Croft, Bill	NC	M	ALL	OpenUnl	Deadlift for Reps (60-sec limit)	21	reps/kg	170.0	192.0	OpenUniSW+10%	Laughlin NV	9/28/2018	X	X	
Bowker, Timothy	WA	MY	114	10-11	Deadlift for Reps (60-sec limit)	23	reps/kg	35.0	30.0	SW	Laughlin NV	9/28/2018	X	X	
Park, Wonbin	WA	MY	165	18-19	Deadlift for Reps (60-sec limit)	25	reps/kg	145.0	105.0	SW	Laughlin NV	9/28/2018	X	X	
Sanchez, Katarina	CA	F	114	OPEN	Deadlift Lockout	200.0	kg				Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	35-39	Deadlift Lockout	180.0	kg				Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	OPEN	Deadlift Lockout	180.0	kg				Laughlin NV	9/28/2018	X		
Silver, Valerie	Australia	F	132	65-69	Deadlift Lockout	165.0	kg				Laughlin NV	9/28/2018		X	Australia
Silver, Valerie	Australia	F	132	OPEN	Deadlift Lockout	165.0	kg				Laughlin NV	9/28/2018		X	Australia
Heindl, Karin	Austria	F	148	60-64	Deadlift Lockout	190.0	kg				Laughlin NV	9/28/2018		X	Austria
Vargo, Anita	WA	F	198	55-59	Deadlift Lockout	175.0	kg				Laughlin NV	9/28/2018	X	X	
Hamilton, Madison	FL	FY	114	12-13	Deadlift Lockout	160.0	kg				Laughlin NV	9/28/2018	X	X	
Sanchez, Katarina	CA	FY	114	16-17	Deadlift Lockout	200.0	kg				Laughlin NV	9/28/2018	X	X	
Born, Kelli	WA	FY	221	16-17	Deadlift Lockout	182.5	kg				Laughlin NV	9/28/2018	X	X	
Santee, Gordon	CA	M	132	70-74	Deadlift Lockout	245.0	kg				Laughlin NV	9/28/2018	X	X	
Santee, Gordon	CA	M	132	OPEN	Deadlift Lockout	245.0	kg				Laughlin NV	9/28/2018	X	X	
Moylan, Jerry	IN	M	148	65-69	Deadlift Lockout	180.0	kg				Laughlin NV	9/28/2018			
Heindl, Martin	Austria	M	165	60-64	Deadlift Lockout	319.0	kg				Laughlin NV	9/28/2018		X	Austria
Heindl, Martin	Austria	M	165	OPEN	Deadlift Lockout	319.0	kg				Laughlin NV	9/28/2018		X	Austria
Burlingame, Duane	IL	M	198	60-64	Deadlift Lockout	320.0	kg				Laughlin NV	9/28/2018			
Park, Wonbin	WA	MY	165	18-19	Deadlift Lockout	227.5	kg				Laughlin NV	9/28/2018	X	X	
Sanchez, Katarina	CA	F	114	OPEN	Frame Hold	34.0	sec/kg	90.0	90.0	114#OpenSW	Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	35-39	Frame Hold	41.9	sec/kg	105.0	115.0	SW+10%	Laughlin NV	9/28/2018	X	X	
Silver, Valerie	Australia	F	132	65-69	Frame Hold	64.0	sec/kg	90.0	90.0	SW	Laughlin NV	9/28/2018		X	Australia
Silver, Valerie	Australia	F	132	OPEN	Frame Hold	64.0	sec/kg	105.0	90.0	132#OpenSW	Laughlin NV	9/28/2018		X	Australia
Vargo, Anita	WA	F	198	55-59	Frame Hold	30.5	sec/kg	105.0	125.0	SW+20%	Laughlin NV	9/28/2018	X	X	
Vargo, Anita	WA	F	198	OPEN	Frame Hold	30.5	sec/kg	105.0	125.0	198#OpenSW+20%	Laughlin NV	9/28/2018	X	X	
Whitaker, Tamyra	WA	F	221	45-49	Frame Hold	140.0	sec/kg	120.0	55.0	SW	Laughlin NV	9/28/2018	X	X	
Michaelson, McKinley	WA	F	221	OPEN	Frame Hold	63.5	sec/kg	125.0	100.0	221#OpenSW	Laughlin NV	9/28/2018	X	X	
Hamilton, Madison	FL	FY	114	12-13	Frame Hold	40.9	sec/kg	55.0	63.5	SW+10%	Laughlin NV	9/28/2018	X	X	
Sanchez, Katarina	CA	FY	114	16-17	Frame Hold	34.0	sec/kg	70.0	90.0	SW+20%	Laughlin NV	9/28/2018	X	X	
Born, Amber	WA	FY	198	12-13	Frame Hold	71.5	sec/kg	70.0	55.0	SW	Laughlin NV	9/28/2018	X	X	
Born, Kelli	WA	FY	221	16-17	Frame Hold	68.8	sec/kg	105.0	77.0	SW	Laughlin NV	9/28/2018			
Cross, Andrea		FY	221	16-17	Frame Hold	55.3	sec/kg	105.0	84.0	SW	Laughlin NV	9/28/2018			
Michaelson, McKinley	WA	FY	221	16-17	Frame Hold	63.5	sec/kg	105.0	100.0	SW	Laughlin NV	9/28/2018	X	X	
Moylan, Jerry	IN	M	148	65-69	Frame Hold	30.6	sec/kg	135.0	135.0	SW	Laughlin NV	9/28/2018	X	X	
Blevins, Patrick	WA	M	148	OPEN	Frame Hold	30.7	sec/kg	160.0	155.0	148#OpenSW	Laughlin NV	9/28/2018	X	X	
Burlingame, Duane	IL	M	198	60-64	Frame Hold	48.2	sec/kg	145.0	165.0	SW+10%	Laughlin NV	9/28/2018	X	X	
Burlingame, Duane	IL	M	198	OPEN	Frame Hold	48.2	sec/kg	170.0	165.0	198#OpenSW	Laughlin NV	9/28/2018	X	X	

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Hollis, Scott	WA	M	242	45-49	Frame Hold	67.9	sec/kg	170.0	90.0	SW	Laughlin NV	9/28/2018			
Blevins, Patrick	WA	MY	148	16-17	Frame Hold	30.7	sec/kg	135.0	155.0	SW+10%	Laughlin NV	9/28/2018	X	X	
Dobbs, Ethan	WA	MY	220	18-19	Frame Hold	43.0	sec/kg	115.0	115.0	SW	Laughlin NV	9/28/2018	X	X	
Hamilton, Madison	FL	F	114	OPEN	Hand Gripper	60.0	lb				Laughlin NV	9/28/2018	X	X	
Silver, Valerie	Australia	F	132	65-69	Hand Gripper	102.5	lb				Laughlin NV	9/28/2018			Australia
Silver, Valerie	Australia	F	132	OPEN	Hand Gripper	102.5	lb				Laughlin NV	9/28/2018		X	Australia
Hamilton, Madison	FL	FY	114	12-13	Hand Gripper	60.0	lb				Laughlin NV	9/28/2018	X	X	
Moylan, Jerry	IN	M	148	65-69	Hand Gripper	100.0	lb				Laughlin NV	9/28/2018	X	X	
Blevins, Patrick	WA	M	148	OPEN	Hand Gripper	125.0	lb				Laughlin NV	9/28/2018	X	X	
Park, Wonbin	WA	M	165	OPEN	Hand Gripper	180.0	lb				Laughlin NV	9/28/2018	X	X	
Burlingame, Duane	IL	M	198	60-64	Hand Gripper	180.0	lb				Laughlin NV	9/28/2018	X	X	
Blevins, Patrick	WA	MY	148	16-17	Hand Gripper	125.0	lb				Laughlin NV	9/28/2018	X	X	
Park, Wonbin	WA	MY	165	18-19	Hand Gripper	180.0	lb				Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	35-39	Log Clean & Press	110.0	lb				Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	OPEN	Log Clean & Press	110.0	lb				Laughlin NV	9/28/2018	X	X	
Silver, Valerie	Australia	F	132	65-69	Log Clean & Press	62.0	lb				Laughlin NV	9/28/2018			
Weiss, Julie	AZ	F	123	35-39	Saxon Bar Deadlift	85.0	lb				Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	OPEN	Saxon Bar Deadlift	85.0	lb				Laughlin NV	9/28/2018	X	X	
Silver, Valerie	Australia	F	132	65-69	Saxon Bar Deadlift	50.0	lb				Laughlin NV	9/28/2018		X	Australia
Silver, Valerie	Australia	F	132	OPEN	Saxon Bar Deadlift	50.0	lb				Laughlin NV	9/28/2018		X	Australia
Moylan, Jerry	IN	M	148	65-69	Saxon Bar Deadlift	95.0	lb				Laughlin NV	9/28/2018	X	X	
Moylan, Jerry	IN	M	148	OPEN	Saxon Bar Deadlift	95.0	lb				Laughlin NV	9/28/2018	X	X	
Burlingame, Duane	IL	M	198	60-64	Saxon Bar Deadlift	47.5	lb				Laughlin NV	9/28/2018	X	X	
Burlingame, Duane	IL	M	198	OPEN	Saxon Bar Deadlift	47.5	lb				Laughlin NV	9/28/2018	X	X	
Dobbs, Ethan	WA	M	220	OPEN	Saxon Bar Deadlift	90.0	lb				Laughlin NV	9/28/2018	X	X	
Hollis, Scott	WA	M	242	45-49	Saxon Bar Deadlift	110.0	lb				Laughlin NV	9/28/2018	X	X	
Anderson, Ray	CA	M	242	60-64	Saxon Bar Deadlift	125.0	lb				Laughlin NV	9/28/2018	X	X	
Anderson, Ray	CA	M	242	OPEN	Saxon Bar Deadlift	125.0	lb				Laughlin NV	9/28/2018	X	X	
Tilson, Rocky	IN	M	275	55-59	Saxon Bar Deadlift	121.0	lb				Laughlin NV	9/28/2018	X	X	
Tilson, Rocky	IN	M	275	OPEN	Saxon Bar Deadlift	121.0	lb				Laughlin NV	9/28/2018	X	X	
Dobbs, Ethan	WA	MY	220	18-19	Saxon Bar Deadlift	90.0	lb				Laughlin NV	9/28/2018	X	X	
Sanchez, Katarina	CA	F	114	OPEN	Standing Long Jump	80.00	in				Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	35-39	Standing Long Jump	96.00	in				Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	OPEN	Standing Long Jump	96.00	in				Laughlin NV	9/28/2018	X	X	
Silver, Valerie	Australia	F	132	65-69	Standing Long Jump	48.50	in				Laughlin NV	9/28/2018			
Born, Kelli	WA	F	221	OPEN	Standing Long Jump	72.00	in				Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	ALL	OpenUnl	Standing Long Jump	96.00	in				Laughlin NV	9/28/2018	X	X	
Smith, Damayih		FY	105	12-13	Standing Long Jump	77.00	in				Laughlin NV	9/28/2018			
Hamilton, Madison	FL	FY	114	12-13	Standing Long Jump	75.00	in				Laughlin NV	9/28/2018	X	X	
Sanchez, Katarina	CA	FY	114	16-17	Standing Long Jump	80.00	in				Laughlin NV	9/28/2018	X	X	
Venglass, Abby	CA	FY	165	16-17	Standing Long Jump	74.00	in				Laughlin NV	9/28/2018			
Born, Kelli	WA	FY	221	16-17	Standing Long Jump	72.00	in				Laughlin NV	9/28/2018	X	X	
Moylan, Jerry	IN	M	148	65-69	Standing Long Jump	67.00	in				Laughlin NV	9/28/2018			
Burlingame, Duane	IL	M	198	60-64	Standing Long Jump	67.00	in				Laughlin NV	9/28/2018	X	X	
Lynch, Jack	CA	M	198	70-74	Standing Long Jump	67.50	in				Laughlin NV	9/28/2018	X	X	
Silver, Valerie	Australia	F	132	65-69	Strict Curl	21.0	kg				Laughlin NV	9/28/2018			
Vargo, Anita	WA	F	198	55-59	Strict Curl	45.0	kg				Laughlin NV	9/28/2018	X	X	
Vargo, Anita	WA	F	198	OPEN	Strict Curl	45.0	kg				Laughlin NV	9/28/2018	X	X	

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Hamilton, Madison	FL	FY	114	12-13	Strict Curl	17.5	kg				Laughlin NV	9/28/2018	X	X	
Born, Kelli	WA	FY	221	16-17	Strict Curl	42.0	kg				Laughlin NV	9/28/2018	X	X	
Moylan, Jerry	IN	M	148	65-69	Strict Curl	33.5	kg				Laughlin NV	9/28/2018			
Kane, Irish	CA	M	181	75-79	Strict Curl	45.0	kg				Laughlin NV	9/28/2018			
Burlingame, Duane	IL	M	198	60-64	Strict Curl	40.0	kg				Laughlin NV	9/28/2018	X	X	
Lynch, Jack	CA	M	198	70-74	Strict Curl	52.5	kg				Laughlin NV	9/28/2018			X
Katz, Ivan	CA	M	275	70-74	Strict Curl	50.0	kg				Laughlin NV	9/28/2018	X	X	
Silver, Valerie	Australia	F	132	65-69	Strict Curls for Reps (60-sec limit)	3	reps/kg	17.5	21.0	SW+20%	Laughlin NV	9/28/2018		X	Australia
Vargo, Anita	WA	F	198	55-59	Strict Curls for Reps (60-sec limit)	10	reps/kg	22.5	38.25	SW+70%	Laughlin NV	9/28/2018	X	X	
Vargo, Anita	WA	F	198	OPEN	Strict Curls for Reps (60-sec limit)	10	reps/kg	25.0	38.25	198#OpenSW+50%	Laughlin NV	9/28/2018	X	X	
Hamilton, Madison	FL	FY	114	12-13	Strict Curls for Reps (60-sec limit)	4	reps/kg	15.0	15.0	SW	Laughlin NV	9/28/2018	X	X	
Sanchez, Katarina	CA	FY	114	16-17	Strict Curls for Reps (60-sec limit)	4	reps/kg	17.5	17.5	SW	Laughlin NV	9/28/2018	X	X	
Moylan, Jerry	IN	M	148	65-69	Strict Curls for Reps (60-sec limit)	2	reps/kg	25.0	35.0	SW+40%	Laughlin NV	9/28/2018	X	X	
Kane, Irish	CA	M	181	75-79	Strict Curls for Reps (60-sec limit)	4	reps/kg	27.5	40.0	SW+40%	Laughlin NV	9/28/2018	X	X	
Lynch, Jack	CA	M	198	70-74	Strict Curls for Reps (60-sec limit)	5	reps/kg	27.5	44.0	SW+60%	Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	35-39	Strict Pull/Chin-ups for Reps-60s limit	12	reps				Laughlin NV	9/28/2018	X	X	
Moylan, Jerry	IN	M	148	65-69	Strict Pull/Chin-ups for Reps-60s limit	15	reps	chinups			Laughlin NV	9/28/2018		X	
Tiffany, Wesley	CA	M	181	45-49	Strict Pull/Chin-ups for Reps-60s limit	11	reps				Laughlin NV	9/28/2018	X	X	
Burlingame, Duane	IL	M	198	60-64	Strict Pull/Chin-ups for Reps-60s limit	15	reps	pullups			Laughlin NV	9/28/2018	X	X	
Burlingame, Duane	IL	M	198	60-64	Strict Pull/Chin-ups for Reps-60s limit	15	reps	chinups			Laughlin NV	9/28/2018			
Lynch, Jack	CA	M	198	70-74	Strict Pull/Chin-ups for Reps-60s limit	25	reps	pullups			Laughlin NV	9/28/2018			
Lynch, Jack	CA	M	198	70-74	Strict Pull/Chin-ups for Reps-60s limit	25	reps	chinups			Laughlin NV	9/28/2018			
Lynch, Jack	CA	M	198	70-74	Strict Pull/Chin-ups for Reps-60s limit	29	reps	chinups			Laughlin NV	9/28/2018			
Blevins, Patrick		MY	148	16-17	Strict Pull/Chin-ups for Reps-60s limit	15	reps				Laughlin NV	9/28/2018			
Moylan, Jerry	IN	M	148	65-69	Weighted Chinup (plate weight)	30.0	kg				Laughlin NV	9/28/2018	X	X	
Burlingame, Duane	IL	M	198	60-64	Weighted Chinup (plate weight)	60.0	kg	chinup			Laughlin NV	9/28/2018	X	X	
Lynch, Jack	CA	M	198	70-74	Weighted Chinup (plate weight)	45.0	kg				Laughlin NV	9/28/2018	X	X	
Weiss, Julie	AZ	F	123	35-39	Weighted Pullup (plate weight)	15.0	kg				Laughlin NV	9/28/2018	X	X	
Burlingame, Duane	IL	M	198	60-64	Weighted Pullup (plate weight)	45.0	kg	pullup			Laughlin NV	9/28/2018	X	X	

* Not an official meet event. Note: 4th attempts count for records but are not official "meet events".

**For the mega, mondo, DNA, and overall awards, each individual was credited a maximum of one of these categories per event.

2. Token lifts (i.e., less than 30% of standard weight) are generally not considered for records.

Divisions

M=Male (age 20+)

MY=Male Youth (age 6-17)

F=Female (age 20+)

FY=Female Youth (age 6-17)

AR = American Record, set by Americans in any AAU meet

1. A minimum of 2 reps are required for reps events (except pullups and pushups) to be considered for records.

AR = American Record

WR = World Record. Can be set at any world or international championship, including the AAU FOS Indoor World Championships, Outdoor World Championships, and Junior Olympic Games

NR = National Record for the country represented other than USA..

OPEN = Record for anyone age 24-34 and anyone else (conforming to the Standard Weights in the OPEN Class).

OPEN Unl = OPEN Unlimited age weight/age record for either males or females of all ages and weight classes.

Note: Current reps event records have a 60-second time limit (except pullups and pushups--unlimited continuous duration). Previous records of 90-sec time limit are archived into a separate record list.

AAU FOS WORLD CHAMPIONSHIPS RESULTS, Laughlin NV, Sept 28-30, 2018

Name	State	Division	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	Record Classification	Location	Date	AR	WR	NR
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Legend:

b Units:

in = inches

ft = feet

lb = pounds

sec = seconds

rep/kg = number of reps/barbell weight (kg)

Farmer's Walk: sec/lb = time (sec)/weight of each handle (lb)

Tire Toss (16 lb) (16 lb): ft/lb = distance thrown (ft)/tire weight (lb)

Farmer's Walk: ft/lb = distance traveled (ft)/weight of each handle (lb)

Bench Presses for Reps & Deadlift for Reps: reps/kg = number of reps/barbell weight (kg)

SW+20% = 20% above Standard Weight

For Farmer's Walk, Tire Flip, and Atlas Stones, e.g., SW+3C = 3 Standard Weight Classes above Standard Weight.

For Yoke Walk, Sled Pull, Sled Push, Wheelbarrow, and Zercher's Carry, e.g., SW+200 lb = 200 lb above Standard Weight.

TA=Turnaround

HW=Heavy Weight standard for 242, 275, 308, & 309 weight classes ("Unlimited" weight record category)