

2020 AAU West Coast Record Breakers / 2020 AAU LFM National Powerlifting

Phoenix, AZ – February 1, 2020

AAU WEST COAST RECORD BREAKERS

Name	Hometown	Act Wt	Class	Best Squat	Best Bench	Best Dead	Rdead	Curl	Total
F MICHELL BICKLER	PHX, AZ	31	132 132 RP	57.5	47.5	67.5			172.5
F LYNETTE WRIGHT	PHX, AZ	42	165 165 RMP 40-44	65	42.5	110			217.5
F VANESSA TEMPLEMAN	PHX, AZ	38	267.7 OPEN RPP SM 35-39		62.5	102.5			165
M TRAVIS BARCZAK	TUCSON, AZ	9	57.7 66 RP 8-9	10	9.5	35			54.5
M JAMES PRITCHETT	AVONDALE, AZ	9	148 148 RP 8-9	52.5	30	80*	82.5*		162.5*
M ETHAN YOUNGER	PHX, AZ	22	176 181 RP JUNIOR	87.5	82.5	122.5			292.5
M JACOB ELSTON	PHX, AZ	29	179.6 181 RP	145	135	250			530
M ROB ANDERSON	GLENDALE, AZ	33	198 198 RP	180	110	210			500
M KEN SWENSON	YUBA CITY, CA	57	268 275 RP LM	82.5	77.5	105			265
M KEN SWENSON			275 R LM B		77.5				77.5
M KEN SWENSON			275 R LM D			105			105
M KEN SWENSON			275 R LM PP		77.5	105			182.5
M KEN SWENSON			275 CURL					40	40
M HARRISON BERNSTEIN	SCOTTSDALE, AZ	178.8	181 RM PP 40-44		130	192.5			322.5
M MIKE MEADOWS	BULLHEAD CITY, AZ	180.5	181 R OPEN B		122.5				122.5
M DAVID PACHECO	BULLHEAD CITY, AZ	240.8	242 R OPEN B		130				130
M JACK FOUTZ	PHX, AZ	177.1	181 R JUNIOR D			182.5			182.5

AAU LAW/FIRE/MILITARY NATIONALS (LFM DIVISIONS)

M KEN SWENSON	YUBA CITY, CA	268.5	275 R P M 55-59	82.5	77.5	105			265
M HAL PITTMAN	SCOTTSDALE, AZ	234.8	242 R B M 55-59		142.5*				142.5*
M HAL PITTMAN			242 E B M 55-59		142.5*				142.5*

*INDICATES AMERICAN RECORD