



This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.

Sanctioned by the Iowa District

All participants must have a current AAU membership!!!

2011
IOWA AAU DISTRICT NATIONAL
and
AAU JUNIOR OLYMPIC QUALIFIER



* FORMS

Certified AAU Taekwondo

* OLYMPIC STYLE SPARRING

Coaches will be

* POINT SPARRING

Officials and

Present at the Tournament

April 9, 2011
Kehl Arena in the Durgin Educational Center
on the campus of Ashford University
400 N. Bluff Blvd. - Clinton, IA 52732



Following the tournament, there will be an after party at the Wild Rose Casino Banquet Hall for anyone who wishes to stay. There will DJ Entertainment, Hors d'oeuvres, Drinks, and a whole lot of FUN!!! Estimated starting time will be 7:00 pm.

ENTRY FEES: \$55.00 (For 1, 2, or ALL events)

AAU Membership # _____

Name: _____ Age: _____ Date of Birth _____

Address (City/State): _____ Phone# _____

Weight: _____ Sex: _____ Rank/Belt: _____

School Name: _____ Instructor: _____

PLEASE CHECK EACH DIVISION COMPETING IN:

Forms _____ Point Sparring _____ Olympic Sparring _____

AAU Membership must be purchased in advance prior to the competition start date. Please visit www.aausports.org and click on the Join AAU button. This event is sanctioned by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership before the competition begins. Memberships may not be purchased on-site the day of the event. Memberships are available online at the AAU website www.aausports.org.

I understand that Tae Kwon Do is a contact sport and that there is risk of injury. I certify that I have membership with AAU and understand that Impact Martial Arts, Ashford University, and their representatives are not responsible for any injuries I/My child may or may not sustain. I hereby certify that I know and understand the rules, policies, and code of conduct for AAU TaeKwonDo. I certify that I have entered myself/child in the correct age and belt grouping and that he/she is qualified to compete according to the specification outlined in the AAU Handbook. I understand he/she is responsible for producing an AAU Membership Card at registration. I understand that he/she is responsible. I understand that he/she may be eliminated from the competition if I have misrepresented any of the above information.

Athlete, Parent or Guardian's Signature if under 18

Early registration deadline is April 2, 2011

Athletes may register the day of the tournament at \$10 additional fee!!

**Mail Entry Forms and Payment to: IMPACT Martial Arts
David Ludemann
1032 9th Ave N
Clinton, IA 52732**

PLEASE Call: 563-357-6518 or 563-357-4142

Spectators \$6 at the Door (6yrs. and under FREE)

Awards: AAU medals for top (4) places in each division. Team trophies awarded to the top (3) schools (Impact Martial Arts will not be eligible). Trophy's awarded to the top Junior (Colored Belt, age 5-17 and Black Belts, age 5-17) and Adult (age 18 and up, both colored belt and black belt combined) in Grand Champion Form Competition.

Schedule of Events:

Registration	7:45 - 9:00 AM
Instructor & Officials Meeting	9:15 AM
Line up of Competitors/National Anthem	9:30 AM
Individual Forms Competition followed by Forms Grand Champion (Black Belts First)	10:00 AM
Olympic Style then Point Sparring (14-17 Black Belts First)	1:00 PM

Rules: Rules will be conducted to AAU Tae Kwon Do Competition Rules for Forms, Point, and Olympic Style Sparring. AAU Rule Books may be downloaded at www.aautaekwondo.org. Instructors are strongly encouraged to review the rules. This is an AAU Sanctioned Tournament.

Uniforms & Equipment: Uniforms – All contestants must wear a clean white Dobok; individual school Uniforms and patches will be permitted for this tournament. Coaches must have AAU coaches shirt on to be allowed on competition floor.

Mandatory Equipment: Point Sparring – All competitors must wear full hand and foot protection (red-foamed dipped / vinyl only), head gear (red, white, blue – any color dipped foam only), chest protector (optional), and a mouth guard. Male competitors must wear a groin cup and supporters for all sparring.

Olympic Style Sparring – All competitors must wear an Olympic style chest protector, head gear (red, white, blue – any color dipped foam only), shin and instep protectors, forearm protectors, and mouth guard. Males must wear a protective cup supporter.

**2800 S. 25th St
Clinton, IA 52732**

Directions to Hotel and Event:

Wild Rose Casino and Resort

777 Wild Rose Drive

Clinton, Iowa 52732

Phone: 563-243-9000

Toll Free: 800-457-9975

Fax: 563-243-4020

Ashford University – Kehl Arena

400 N. Bluff Blvd

Clinton, Iowa 52732

Holiday Inn Express



From Chicago, IL - 148 miles
 From Des Moines, IA - 195 miles
 From Madison, WI - 163 miles
 From Peoria, IL - 116 miles

Host Hotels





Book your reservation now!

800-457-9975

The rooms would consist of doubles with 2 queen beds, OR standard kings, and deluxe kings. We would be able to offer them to your guests, IMPACT Martial Arts block, at \$79.00 @ night + tax; breakfast included with night stay, and they would be available at this rate up to 2 weeks before your event.



CLINTON, IOWA

2800 SOUTH 25TH STREET CLINTON, IOWA 52732

Hotel Front Desk: 1-563-242-9300

Hotel Fax: 1-563-242-9300

The rooms would consist of doubles with 2 queen beds, OR standard single kings. We would be able to offer them to your guests, 2011 Iowa District Taekwondo Championship block, at \$90.00 @ night + tax; breakfast included with night stay, and they would be available at this rate up to 2 weeks before your event.

