

2011 Maryland AAU Taekwondo Championship

Saturday April 23, 2011
Capital Clubhouse - Waldorf, Maryland



*Officials Meeting- 9:30am
Competition Begins -10:00am
Tournament entry fees:
\$65 for 1 or 2 events
\$75 for 3 events*

**Online Registration:
www.tourneyreg.net**

- * Forms
- * Point Sparring
- * Olympic Sparring

- * Championship Trophies Awarded!
- * Sanctioned by Maryland AAU
- * Electronic Scoring by Matchtool
- * Matted Rings
- * Coaches Pass – Free!
- * *Spectators – Only \$5*
- * A current 2011 AAU membership card is mandatory for Athletes, Coaches, and Officials



***This is a qualifying event for the
2011 AAU Junior Olympic Games &
AAU Nationals***

***Mail Applications to: Southern
Maryland Martial Arts
P.O. Box 959 - Bryans Road, MD 20616
Mr. Scott Fiorillo (301) 934-3699
smtkd@yahoo.com***

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

2011 AAU Maryland District **Taekwondo Championship**

Date: Saturday April 23, 2011

Location: Capital Clubhouse - 3033 Marketplace - Waldorf, MD 20603

Entry Fee: \$65 for 1 or 2 events - \$75 for 3 events for registrations received by 4/20/11

Late Fee: \$20 per Application received between 4/21/11 & 4/22/11

Online registration: www.tourneyreg.net
NO DAY OF REGISTRATIONS WILL BE ACCEPTED!

Mail Registrations to: Southern Maryland Martial Arts
P.O. Box 959
Bryans Road, MD 20616 Phone - (301) 934-3699
E-mail: smtkd@yahoo.com Make checks payable to: "SFMA"

Event Schedule – Athletes should arrive 30 minutes prior to the start of your competition

9:30am – Officials Meeting

10:00am – Olympic sparring competition

1:00pm – Forms competition

3:00pm – Point sparring competition

Spectator Fee: \$5 per person - Ages 5 & Under are free

All competitors must be an AAU member for 2010-2011. Register at: www.aausports.org
Competitors may be required to present a valid AAU membership card at the time of staging.

AAU Taekwondo rules apply to all competition. Rulebook available at: www.aautaekwondo.org

Coaches: All coaches must take the required AAU Taekwondo Online Coaches Certification Course. Coaches must complete the course and bring their certification card with them to all AAU Taekwondo events in order to coach. **NO EXCEPTIONS.** Information on this course is available at www.aautaekwondo.org.

Awards: *Championship Trophies* awarded to the top 4 places in each division.

Uniforms: All competitors must wear a clean WHITE uniform only. Patches & screens are permitted. No rolled sleeves or cuffed pants. Black belts are allowed to wear a black V-neck collar, or have black trim on the lapels of their uniform.

Equipment: Point Sparring safety gear is **MANDATORY:** Foam dipped or vinyl Headgear, Handgear, Footgear and mouthpiece. A protective groin cup for males is also required. Forearm, shin guards and rib guards are optional. Optional equipment must be worn **UNDER** the uniform.

Olympic Sparring All competitors must wear an Olympic style chest protector, headgear, manufactured shin & instep protectors, forearm protectors and mouthguard. Males are also required

to wear groin protection inside of their dobok.

Directions

From Northern Virginia:

I-495 (Capital Beltway)/I-95 North to Baltimore across Woodrow Wilson Bridge to Exit 3A MD Route 210 Indian Head

Continue on MD 210 approximately 10 miles to left exit/turn onto MD 228 toward Waldorf

Proceed approximately 7 miles to right turn onto Western Parkway (at Wawa)

Take first left into Waldorf Marketplace

Proceed behind A.C. Moore to Capital Clubhouse

From the North (Baltimore, Frederick, Laurel):

I-495 (Capital Beltway)/I-95 South to Richmond to Exit 7A-MD Route 5 toward Waldorf

Continue on MD 5/US 301 approximately 15 miles

Turn right on MD 228-Berry Road (approx. one mile past Acton Lane)

Turn left at first light into Waldorf Marketplace

Proceed behind Office Depot; follow service road to Capital Clubhouse parking lot.

From the South (Fredericksburg, Richmond):

US 301 north through La Plata

Continue approximately 12 miles to left turn onto Plaza Drive

Turn right at light onto Western Parkway

Take first right at light into Waldorf Marketplace

Proceed behind A.C. Moore to Capital Clubhouse

Hotel Information for Tournament

Hampton Inn Hotel - 3750 Crain Highway
Waldorf, Maryland, USA, 20603
301-632-9600

Marriott Courtyard - 3145 Crain Highway
Waldorf, MD 20603
301-885-3333

2011 Maryland AAU TaeKwonDo Championship Official's Application

PLEASE PRINT CLEARLY!

First NAME _____ Last NAME _____

HOME PH# _____ E-Mail _____

DATE OF BIRTH ____ / ____ / ____ AGE ____ BELT RANK: _____

AAU DISTRICT NAME _____

CURRENT AAU NUMBER (REQUIRED) _____

CERTIFICATION CLASS: (circle one) AA A B C D E

CERTIFICATION NUMBER _____
(Certification class & number is located online at aautaekwondo.org)

LAST CERTIFICATION CLINIC ATTENDED:

Date ____ / ____ / ____ Location _____ Instructor _____

Taekwondo School Affiliation:

Chief Instructor _____ School Name _____

Coaches Application

First NAME _____ Last NAME _____

CERTIFICATION NUMBER _____

In order to be on the competition floor, proof of 2010 AAU Coaches online certification must be displayed at check-in.

I understand that I must be properly attired according to AAU rules:
Coaches – AAU Coaches Shirt, Uniform or Warm-Up Pants & Sneakers.

Taekwondo School Affiliation:

Chief Instructor _____ School Name _____

Signature: _____