



*2012 North Eastern NC  
Championship  
March 10, 2012*



**AAU Sanctioned Event**

**Place: PAL Gymnasium (Old ECMS)**  
**100 N Road Street**  
**Elizabeth City, NC 27909**

**Competition Info:** Olympic Sparring, Forms

\*Special Non-Qualifier Division and Physically Challenged Competitors (Contact Master Cann for Arrangement)

For more information, please contact event directors:

Master Missy Cann @252-447-1875 or Donald Tinsley @252-207-7793  
coastalcombat@live.com

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site [www.ausports.org](http://www.ausports.org) to obtain their membership.

Register Online at

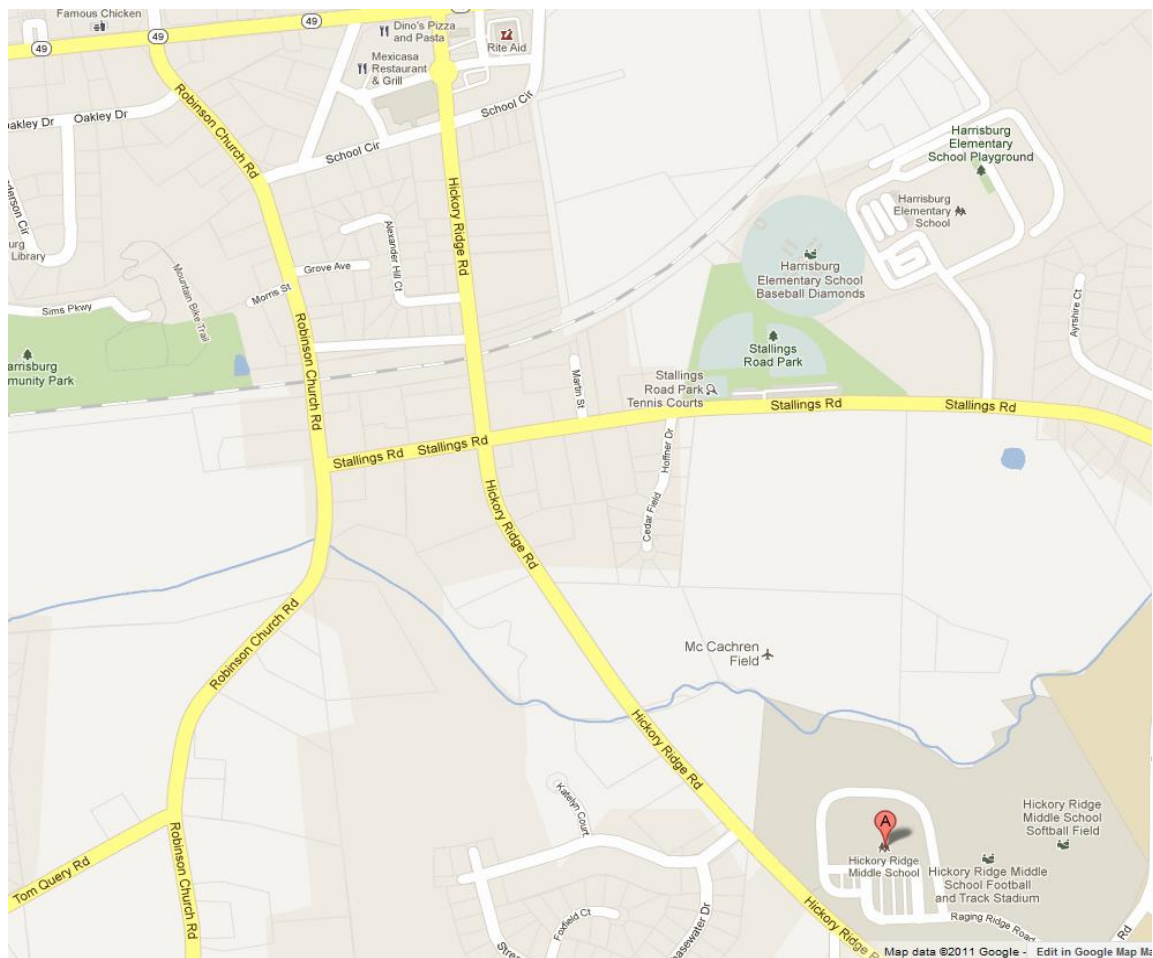
[www.ncmartialarts.webs.com/aautaekwondotournament.htm](http://www.ncmartialarts.webs.com/aautaekwondotournament.htm)

<b>Presented by</b>	<b>AAU Taekwondo, Taekwondo Institute, Master Missy Cann &amp; Donald Tinsley</b>
<b>Sanctioned by</b>	<b>The Amateur Athletic Union</b>
<b>AAU Official Clinic/Seminar Schedule &amp; Location</b>	<b>Friday March 9, 2012 Contact Master Cann for specific information concerning times.</b>
<b>Tournament Event Schedule</b>	<b>Saturday (PAL Gym, 100 N Road St, Elizabeth City, NC 27909) 8:00am – 9:00am Check-in, 9:00am - 9:30am Officials meeting, 9:30am Open Ceremony National Anthem, 10:00am * Special Non- Qualifier Division and Physically Challenged Competitors, 10:30am – 12:00am Black Belts &amp; Colored Belt Forms, 12:00pm Officials Lunch Break 12:30:00pm – 2:00pm Black Belts Sparring 2:00pm – 4:00pm All Colored Belts Sparring All Belts Point Sparring 4:00pm – 6:00pm ** Approximate time, the events will depend on participants &amp; subject to change **</b>
<b>Entry Fee</b>	\$40 for one event or \$60 for two events Pre-registration mandatory Registrations must be received by March 1st. There will be a \$20 late fee for online registrations entered deadline: March 1 <sup>st</sup> – 5th. Admission fee: \$5 age 3 & under Free
<b>Awards</b>	AAU medals will be rewarded for 1st, 2nd, 3rd, and 4th place
<b>Eligibility</b>	<b>AAU membership is mandatory, if you are not on the AAU membership roster or if you do not have your membership card, you will be required to join AAU again. This requires a fee of \$12 for youth and \$20 for adults. You can register online at <a href="http://www.aausports.org">www.aausports.org</a> or <a href="http://www.aautaekwondo.org">www.aautaekwondo.org</a></b>
<b>Coach's/Instructors Information</b>	<b>In order to coach at the AAU State Taekwondo Championships, you must take the online Coach's course. Coach's attire will be enforced at this tournament. NO EXCEPTIONS. Warm-up pants and official blue AAU shirt. Coach's shirt can be purchased at tournament.</b>

## Direction and Map for PAL Gymnasium

100 N Road St, Elizabeth City, NC 27909

1. Use Interstates Highway 64 E
2. Take 17 North directly to Elizabeth City
3. Take the Elizabeth City Exit
4. Drive straight approximately 6 miles towards downtown historic Elizabeth City Waterfront
5. Turn right onto Elizabeth Street
6. Turn left onto Road Street
7. Take the 1st right into the PAL Gym Side Parking Lot of the Old Elizabeth City Middle School
8. Parking is available here or directly through the gate
9. Proceed to the double doors marked entrance



HOTEL	ADDRESS & PHONE NUMBER	Hotel Services & Amenities	RATE	Distance to Competition Venue	
<b>Hampton Inn</b>	402 Halstead Blvd, Elizabeth City, NC 252-3331800	Wireless Internet, Breakfast, Fitness Center	\$129 Plus Tax	3.4 miles about 8 minutes	
Fairfield Inn	1640 City Center Blvd Elizabeth City, NC 252-333-1003	Heated pool, breakfast, wireless	\$109 Plus Tax	3.3 miles about 8 minutes	
Holiday Inn	306 S Hughs Blvd Elizabeth City, NC 252-338-8900		\$94 Plus Tax	3 miles about 5 minutes	

# CHECK LIST

## COMPETITORS

- Registration form and fee turned in by deadline, March 5th, 2012
- 2012 AAU membership card.

## COACHES AND INSTRUCTORS

- 2012 AAU membership card
- Official/Coach's application and fee. Turned in by May 2nd, 2012
- Mandatory coach uniform (dobok pants or warm up pants and official AAU blue shirt. Coach's shirt can be purchased at competition

## OFFICIALS

- 2012 AAU Membership card
- Mandatory 2012 Officials Clinic
- Official AAU attire at tournament (White shirts & black pants)
- Officials will be provided traditional Korean lunch, refreshments, and stipend

**2012NE NC AAU Taekwondo Championship Athlete Registration Form:**

REQUIRED INFORMATION – COMPLETE ALL FIELDS PRIOR TO SUBMISSION

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<b>Athlete's First Name MI Last Name</b>		<b>2012 AAU Number</b>	
		/ / /	LB
<b>Gender</b>	<b>Competition Age:</b>	<b>Date of birth</b>	<b>Weight</b>

- Rank – Check Only One  
 NOVICE (white, yellow, orange)  
 INTERMEDIATE (green, purple, blue)  
 ADVANCED (red, brown)  
 BLACK DAN

**Events – select all that apply (only one sparring division allowed)**  
**Athlete Fees:** \$40 for 1 or \$50 for 2  
 FORMS  
 OLYMPIC SPARRING

PERSONAL INFORMATION – COMPLETE ALL AREAS

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Club/Home Street Address (Apt/Building/Unit) – Do Not Abbreviate

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City State Zip Code

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( ) - ( ) -  
Home Phone Number Cell Phone Number E-Mail Address

**Instructor's Name** \_\_\_\_\_ **Club Phone Number** \_\_\_\_\_

**Waiver & Release of Liability:**  
DISCLAIMER: NC AAU TAEKWONDOASSOCIATION IS NOT RESPONSIBLE FOR ANY INJURY (OR LOSS OF PROPERTY) TO ANY PERSON WHILE PRACTICING, COMPETING, OR IN ANY WAY PARTICIPATING THE NC AAU MARTIAL ARTS TOURNAMENT FOR ANY REASON WHATSOEVER, INCLUDING ORDINARY NEGLIGENCE ON THE PART OF NC AAU TAEKWONDO, THEIR OWNERS, OFFICERS, AGENTS, OR EMPLOYEES.

**Participant Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_

**Guardian's Signature (if Participant under the age of 18):** \_\_\_\_\_ **Date** \_\_\_\_\_

Mail Applications to: Master Missy Cann – 101 Ski Court, Havelock, NC 28532

- FOR OFFICIAL USE ONLY**  
Ⓢ ENTRY FORM COMPLETED  
Ⓢ CORRECT FEE PAID  
Ⓢ SIGNED WAVIER