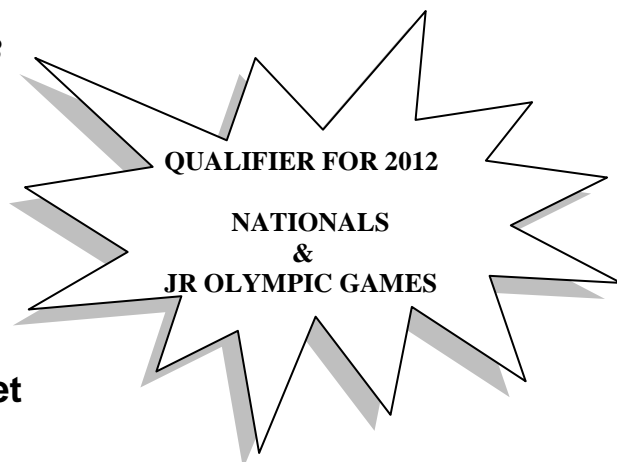


**AAU Middle Atlantic District Qualifier  
Mid Atlantic Tae Kwon Do Championships April 28, 2012**

**Ridley High School (Gymnasium)  
901 Morton Ave  
Folsom, PA 19033**



**Information Sheet**

- DATE:** April 28, 2012
- TIME:** 8:00am – 5:00pm
- LOCATION:** Ridley High School – Folsom PA
- HOST:** Master Aaron Morris and World Class Martial Arts  
610-534-7700 or aaron@wcma-usa.com
- SANCTIONED BY:** **AMATEUR ATHLETIC UNION (AAU)**
- ENTRY DEADLINE:** All applications must be post marked no later than **April, 16 2012**
- ENTRY FEE:** AAU membership IS NOT included as part of the entry fee to this event.  
1 or 2 events \$70; 3 events \$80
- LATE RESITRATIONS:** Registrations post marked after April 16, 2012 will be assessed a \$20 fee NO EXCEPTIONS. No applications will be accepted at the door.  
There will be no refunds issued for any reason whatsoever!
- Coaching Pass:** **\$10 (Proper coaching attire is required)**
- Payment Info:** Checks, Money Orders and Cashier checks should be made payable to:  
**World Class Martial Arts**  
2133 Macdade Blvd  
Holmes, PA 19043
- Spectators Admission:** **All Non-Competitors \$7.00 (children under 4 years free)**

**All officials and coaches who wish to work this event MUST hold current 2012 Coaches/Officials credentials. Those officials who already hold current credentials must still show proof on the day of tournament.**

**All participants and coaches must show current copy of their 2012 AAU card at registration desk on the day of the tournament. Registration must be for the 2012 tournament year.**

**FOR MORE INFORMATION:**

Master Aaron Morris  
610-534-7700  
aaron@wcma-usa.com  
www.wcma-usa.com

# AAU Mid Atlantic Taekwondo Championship – April 28, 2012

## District Qualifier

Ridley High School  
901 Morton Ave  
Folsom, PA 19033

## Information Sheet

It is important that the following forms are completed and returned together:

1. Competitors Application
2. Waiver Form

The local organizing Committee (LOC), along with the AAU has spent many hours planning and preparing for this AAU event. In order to make it a great success, we are asking for your cooperation. It is the responsibility of the parents, coaches, instructors and athletes to insure that the application is in on time and complete. Incomplete applications (missing age, belt, weight etc.) WILL BE REJECTED. When completing the application, be sure to give the correct age, weight and rank as of August 31, 2012. It is your responsibility to insure that your weight matches the weight class listed on your application.

**Age Determination:** Athletes shall compete at their age as of August 31, 2012

**AAU Membership:** All athletes, coaches and officials MUST be individual members of the AAU and be able to **present their membership card at the time of their check-in** or purchase a new one at that time.

**Rules:** AAU Taekwondo Rules as documented in the 2012 AAU Taekwondo Handbook shall apply. All officials must also have in their possession the current handbook that may be obtained at **[www.aautaekwondo.org](http://www.aautaekwondo.org)**

**Uniform Requirements:** All contestants must wear a clean white dobok (uniform)

**Equipment:** Please refer to the proper pages in the AAU Taekwondo Handbook for the mandatory and optional equipment requirements for the Olympic style sparring respectively. No Exceptions!

**Awards:** Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> place finishers

**All participants and coaches must show current copy of their 2012 AAU card at registration desk on the day of the tournament. Registration must be for the 2012 tournament year.**

### FOR MORE INFORMATION:

Aaron Morris  
610-534-7700 ph  
[aaron@wcma-usa.com](mailto:aaron@wcma-usa.com)  
[www.wcma-usa.com](http://www.wcma-usa.com)

# AAU Mid Atlantic Taekwondo Championship – April 28, 2012

## District Qualifier

Ridley High School  
901 Morton Ave  
Folsom, PA 19033

### Individual Competitors Application (PLEASE PRINT CLEARLY)

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY, STATE, ZIP \_\_\_\_\_

PHONE (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ DATE OF BIRTH \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE \_\_\_\_\_

Competition Weight: \_\_\_\_\_  Male  Female

**Belt Rank:**

**Novice**

\_\_\_ White

\_\_\_ Yellow

\_\_\_ Orange

**Intermediate**

\_\_\_ Green

\_\_\_ Blue

\_\_\_ Purple

**Advanced**

\_\_\_ Brown

\_\_\_ Red

**Black/Poom Belt**

\_\_\_ 1<sup>st</sup>

\_\_\_ 2<sup>nd</sup>

\_\_\_ 3<sup>rd</sup>

\_\_\_ 4<sup>th</sup> & above

AAU Association Name: \_\_\_\_\_

AAU # (Required): \_\_\_\_\_

School Name: \_\_\_\_\_ School Phone: \_\_\_\_\_

Head Instructor: \_\_\_\_\_

School Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Check Division(s) you wish to participate in:**

AAU Events:  Forms  Point Sparring  Olympic Sparring

AAU District Qualifier Fees: 1 or 2 Events = \$70 3 Events = \$80

All applications must be post marked no later than **April, 16 2012**

Registrations post marked after April 16, 2012 will be assessed a \$20 fee NO EXCEPTIONS. No applications will be accepted at the door. There will be no refunds issued.

**Applications must include:**

1. Competitors Application
2. Waiver Form

**Payment Info:**

Checks, Money Orders and Cashier checks should be made payable to:  
**World Class Martial Arts**  
2133 Macdade Blvd  
Holmes, PA 19043

# AAU Mid Atlantic Taekwondo Championship – April 28, 2012 District Qualifier

**Ridley High School  
901 Morton Ave  
Folsom, PA 19033**

## **ATHLETIC WAIVER / RELEASE FORM (“AGREEMENT”)**

In consideration of being permitted to participate in any way in any Amateur Athletic Union of the U.S. Inc. activity (“Activity”) I, for myself, my personal representatives, assigns, heirs and next of kin:

**ACKNOWLEDGE**, agree, and represent that I understand the nature of the Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if at anytime I believe conditions to be unsafe, I will immediately discontinue further participation in this activity.

**FULLY UNDERSTAND that: (a) ATHLETIC ACTIVITIES INVOLVE RISK AND DANGER OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH (“RISK”);** (b) these risk and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE “RELEASES” NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COST, AND DAMAGES I incur as a result of my participations or that of the minor in the activity.

**HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE** the Amateur Athletic Union of the U.S. Inc., World Class Martial Arts (WCMA), Ridley School District, Ridley High School, Ridley Community Center, including its representatives, affiliated clubs, regional sports organizations, their respective administrators, directors, agents, coaches, volunteers, officials, and the AAU Association, clubs, coaches, officials, members volunteers, administrators, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the Activity, and any other indemnified and held harmless by the AAU, each considered one of the “RELEASES” herein FROM ALL LIABILITY CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE “RELEASE” OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, NEGLIGENT SECURITY, TRAVEL, AND RECREATIONAL OPERATIONS AND ACTIVITIES; AND I FURTHER AGREE that if, despite the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OR RISK, AND HARMLESS EACH OF THE RELEASES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OR ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

The undersigned have read the above waiver and release, understand that they have given up substantial rights by signing it and sign it voluntarily.

PRINTED NAME OF PARTICIPANT: \_\_\_\_\_

PARTICIPANTS SIGNATURE \_\_\_\_\_ Date \_\_/\_\_/\_\_  
(ONLY IF 18 YEARS OF AGE AND OLDER)

## **MINOR RELEASE**

AND I, THE MINOR'S PARENTS AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF THE ATHLETIC ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEE'S FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE “RELEASEE'S” OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATION AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSE, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS A RESULT OF ANY SUCH CLAIM.

PRINTED NAME OF PARTICIPANT: \_\_\_\_\_

PRINTED NAME OF PARENT/GUARDIAN: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ City, State, Zip \_\_\_\_\_

PHONE: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ DATE: \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE (only if participant is under 18 years of age): \_\_\_\_\_

# AAU Mid Atlantic Taekwondo Championship – April 28, 2012

## District Qualifier

**Ridley High School**  
**901 Morton Ave**  
**Folsom, PA 19033**

### AAU Rules Will Apply

#### Traditional Forms Rules

1. Student must perform traditional at or below their belt level.
2. Uniform must be neat with sleeves below the elbows.
3. Uniform must be white.

#### AAU International Sparring Rules

- 1) Equipment
  - i) AAU approved Chest pad (Hogu)
  - ii) AAU approved Head Gear
  - iii) Groin Protector
  - iv) Forearm pads (cloth & pad only, no plastic)
  - v) Shin & Instep (cloth & pad only, no plastic)
  - vi) Mouth guard
- 2) Optional Equipment  
Protective eyewear, Athletic Tape

**Note:** White cloth athletic tape may be worn to support previously injured appendages as well as to help protect any uninjured areas from becoming injured. Areas allowed to be taped include: fingers, thumb, wrist and toes. This tape may be wrapped no more than two times around the appendage, and cannot be used in such ways to prevent or severely restrict the movement thereof.

Location: Ridley High School Gymnasium                      Date: April 28, 2012  
901 Morton Ave  
Folsom, PA 19033

Entry Fee: 1 or 2 events \$70, 3 events \$80 (**no competitor registrations at the door**)  
Make checks payable to: World Class Martial Arts

Coaches Pass: \$10

Spectator Fee: \$7.00 (Children under 4 years of age are free)

### COACHES MUST HAVE A COACHING PASS AND PROPER ATTIRE TO BE ON COMPETITION FLOOR

### PARTICIPANTS MUST BE IN THE GYM 1 HOUR PRIOR TO THEIR EVENT STAGING TIME

**STAGING TIMES:** (These are approximate times. Please be in venue 30 MINUTES prior to staging time.)

8:30 am    Doors Open  
9:00 am    Officials Meeting  
9:30 am    Forms (Children 5 – 11 yrs.)  
10:30 am    Forms (Teens 12 – 17 yrs.)  
11:30 am    Forms (Adults 18 – 34 & up)  
12:00 am    Olympic Sparring (Children 5-11 yrs.)  
12:30 pm    Olympic Sparring (Teens 12 - 13 yrs.)  
1:30 pm    Olympic Sparring (Teens 14 – 17 yrs.)  
2:30 pm    Olympic Sparring (Adults 18 – 34 yrs. & up)  
3:00 pm    Point Sparring (Children 5 – 11 yrs.)  
3:30 pm    Point Sparring (Teens 12 – 17 yrs.)  
4:00 pm    Point Sparring (Adult 18 – 34 & up)

AAU Mid Atlantic Taekwondo Championship – April 28, 2012  
District Qualifier

Ridley High School  
901 Morton Ave  
Folsom, PA 19033

**COACH'S REGISTRATION FORM**

**\$10 Coach's Floor Fee (Must have AAU coach's card to get on floor)**  
**You must complete 2012 AAU Coach's Clinic online. A valid 2012 Coach's Badge must be shown at the from door.**

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME (\_\_\_\_) \_\_\_\_ - \_\_\_\_ WORK (\_\_\_\_) \_\_\_\_ - \_\_\_\_ EMAIL \_\_\_\_\_ @ \_\_\_\_\_

CURRENT RANK: \_\_\_\_\_

AAU DISTRICT \_\_\_\_\_ AAU NUMBER (required) \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ AGE \_\_\_\_\_

CERTIFICATION CLASS (circle one) AA A B C D E CERTIFICATION # \_\_\_\_\_

**MARTIAL ARTS SCHOOL AFFILIATION**

HEAD INSTRUCTOR \_\_\_\_\_

SCHOOL NAME \_\_\_\_\_ PHONE (\_\_\_\_) \_\_\_\_ - \_\_\_\_

SCHOOL ADDRESS \_\_\_\_\_

I WILL: \_\_\_ OFFICIATE \_\_\_ COACH (Coach's Pass \$10 checks payable to World Class Martial Arts)

I understand that coaches must be properly attired according to AAU rules (Royal Blue AAU Official Coach's Shirt and white dobok pants) in order to be on the competition floor and must have my AAU coach's ID Card.

SIGNATURE \_\_\_\_\_

## **DIRECTIONS:**

### **FROM NORTH NJ TURNPIKE:**

Merge onto I-95 S/New Jersey Turnpike S (Portions toll).  
Keep right to take New Jersey Turnpike S toward Exit 14-14c/Cars/Trucks-Buses (Portions toll).  
Take the RT-168 N exit, EXIT 3, toward Camden/Philadelphia.  
Turn slight right onto S Black Horse Pike/RT-168.  
Super 8 is on the right  
Merge onto I-295 S toward W Whitman Br/Del Mem Br.  
Merge onto I-76 W via EXIT 26 on the left toward I-676/Camden/Philadelphia (Portions toll) (Crossing into Pennsylvania).  
Take the I-95 S/Front St exit, EXIT 351, toward Chester.  
Merge onto I-95 S via the exit on the left toward I-95 S/Int'l Airport.  
Take EXIT 8 toward US-13/Ridley Park.  
Merge onto S Stewart Ave.  
Turn right onto W Chester Pike/US-13.  
If you are on McCormick St and reach Henderson Ave you've gone a little too far  
Take the 3rd left onto N Swarthmore Ave.  
N Swarthmore Ave is just past Lodomus Ave  
If you are on E Chester Pike and reach Bartol Ave you've gone a little too far  
N Swarthmore Ave becomes Morton Ave.  
901 MORTON AVE is on the left.  
Your destination is just past 7th Ave  
If you reach 9th Ave you've gone a little too far

### **FROM SOUTH:**

Keep left to take I-95 N (Portions toll) (Crossing into Delaware).  
Take the I-495 N exit, EXIT 5D, toward Port of Wilm/Philadelphia.  
Merge onto I-495 N.  
Stay straight to go onto I-95 N (Crossing into Pennsylvania).  
Take the I-476 N exit, EXIT 7, toward Plymouth Meeting.  
Take the MacDade Blvd exit, EXIT 1.  
Keep right to take the MacDade Blvd East ramp.  
Merge onto MacDade Blvd.  
Turn left onto Morton Ave.  
Morton Ave is 0.1 miles past Belmont Ave  
Ridley Twp Police Department is on the corner  
If you are on MacDade Blvd and reach Rio Vista Ave you've gone about 0.1 miles too far  
901 MORTON AVE is on the left.  
Your destination is just past 7th Ave  
If you reach 9th Ave you've gone a little too far

## **HOTELS**

Days Inn  
650 Baltimore Pike  
Springfield, PA  
610-544-4700

Rodeway Inn  
675 Baltimore Pike  
Springfield, PA  
610-543-0555

For further assistance with lodging please contact Master Aaron Morris using the contact information below.

Master Aaron Morris  
aaron@wcma-usa.com  
610-534-7700