

2013 AAU Taekwondo National Championships

Special Needs Division Rules Modifications

Special Needs Competition follows same rules as specified in 2013 AAU Taekwondo Handbook modified as follows:

General Rules and Regulations for Point Style Sparring

Article I.A. Mandatory Equipment

I.A.8. Sport Wheel Chair (Category Level 3)

Article VIII. Age, Belt and Weight Divisions in General

VIII.A.1. Competition shall also be divided by **Category**.

Categories shall be defined as follows:

Level 1: Limited mobility of arms and/or legs (doesn't kick above waist, doesn't extend arms fully for hand technique) or lower cognitive skills.

Level 2: Full mobility of arms and legs (kicks above waist and extends arms fully for hand technique) and higher level of cognitive skills.

Level 3: Wheelchair (Sport Wheel Chair required)

Article XII. Points (Valid Scores)

XII.A. Level 1: (No Head Contact Allowed) (lower mobility)

XII.A.1. **One** point shall be awarded for any valid **hand** executed to the legal body area within **1** inch or light contact and good technique.

XII.A.2. **Two** points shall be awarded for any valid **foot** technique executed to the legal body area within **1** inch or light contact and good technique. Points may be awarded for intent based on physical limitations of competitor to raise foot.

XII.B Level 2: (No Head Contact Allowed) (higher mobility)

XII.B.1. **One** point shall be awarded for any valid **hand** executed to the legal body area with light contact and good technique.

XII.B.2. **Two** points shall be awarded for any valid **foot** technique executed to the legal body area with light contact and good technique.

XII.C Level 3: (Head Contact Allowed) (Wheel-Chair)

XII.C.1. **One** point shall be awarded for any valid **hand** executed to the legal **head** area with light contact and good technique.

XII.C.2. **Two** points shall be awarded for any valid **Hand** technique executed to the legal **body** area with light contact and good technique.

Note: Sport Wheel Chair required for sparring.

For all techniques to be awarded a point or points, the contact must be light or within allowable limits as described above. A majority of the Judges and Referee **must** also concur that a valid point was indeed scored.

General Rules and Regulations for Forms/Patterns Competition

Article I. Competition Shall Be Divided By Age, Belt and Gender In General.

VIII.A.1. Competition shall also be divided by **Category**.

Categories shall be defined as follows:

Level 1: Basic Skills (Perform Blocking, Striking & Kicking Techniques with direction from Instructor)

Level 2: Perform pattern with assistance from instructor.

Level 3: Perform pattern on own.

Article II. Merits

Merit will be awarded on the basis of **SPIRIT**, focus, technique, power, rhythm, grace and beauty; listed in order of importance.

Article III. Judging Procedure

III.A. Individual Scored Forms Competition **ONLY**.