

# NEW JERSEY AAU TAEKWONDO

100 Summerhill Road, Spotswood, NJ 08884  
(732) 254-1214

Dear Instructor,

It is my pleasure to invite you and your students to attend the AAU Taekwondo New Jersey District Championship on April 26<sup>th</sup>, 2014 at the Alumni Gym, Rider University 2083 Lawrenceville Rd., Lawrenceville, NJ 08648. This event serves as a qualifier for the 2014 National Championship in Ft. Lauderdale, Florida. Please refer to our website at [www.aautaekwondo.org](http://www.aautaekwondo.org) for all qualifying criteria and a complete listing of this year's competition rules, equipment requirements and regulations.

## Highlights for This Year!

- **Over 20 Years of Tournament Running Experience**
- **Beautiful Custom Awards for ALL Athletes**
- **KP&P Electronic Hogu for all 10-32 Black Belts Olympic Sparring**

Enclosed you will find a tournament poster to display in your school. In order to streamline the registration process and provide convenience to all participants we ask that everyone register online:

**AAU Membership (mandatory) - [www.aausports.org](http://www.aausports.org)**

**Online Tournament Registration - [www.tourneyreg.net](http://www.tourneyreg.net)**

All currently Certified Officials are requested to officiate and we will provide free lunch and a stipend to those individuals who work the entire event. Your continued support and participation is greatly appreciated. I look forward to seeing you and your students for another memorable experience on April 26<sup>th</sup>, 2014.



Sincerely,

**Kevin Balon**

**Tournament Director**



# NEW JERSEY District Championship

Saturday, April 26<sup>th</sup>, 2014

Rider University Alumni Gym 2083 Lawrenceville Rd., Lawrenceville, NJ 08648

## SCHEDULE OF EVENTS

❖ Please note staging times are approximate. Plan to arrive at least 20 minutes prior to your event.

**8:30am – General Announcements & Judges Meeting**

**9:00am – 10+ BLACK BELTS**

**ALL 10+ Black Belts Forms**

**Ages 10-32 Black Belt KP&P Olympic Sparring**

**Ages 33+ Black Belt Olympic Sparring (Non KP&P)**

**ALL 10+ Black Belt Point Sparring**

**TRADITIONAL FORMS**

**12:00pm – All Colored Belts & All 9& Under Black Belts**

**OLYMPIC SPARRING**

**1:30pm – All Colored Belts & All 9& Under Black Belts**

**POINT SPARRING**

**3:30pm – All Colored Belts & All 9& Under Black Belts**

**TOURNAMENT INFO:** Kevin Balon, Tournament Director - (732) 254-1214/fastkix@comcast.net  
Tournament is hosted by Fastkix Taekwondo & Sanctioned by Amateur Athletic Union.

**COMPETITION AGE:** All athletes shall compete at their age as of 12/31/2014.

**AAU MEMBERSHIP:** All athletes, coaches, officials, & volunteers must be current individual members of the AAU and should be able to present their current AAU membership card upon request.

**EQUIPMENT:** Please refer to the AAU Taekwondo Handbook for the mandatory equipment requirements as well as the respective rules for competition. The handbook is available free online at [www.aautaekwondo.org](http://www.aautaekwondo.org).

**\*\*KP&P ELECTRONIC HOGU FOR ALL 10-32 BLACK BELTS\*\***

**\*\*Need KP&P Foot Socks & WTF Approved Gloves- (See page 6 of packet) \*\***

**ENTRY FEES:** Online registration at [www.tourneyreg.net](http://www.tourneyreg.net)

- Pay by April 7<sup>th</sup> – 1 or 2 Events = \$75.00, 3 Events = \$100.00
- Pay by April 14<sup>th</sup> – 1 or 2 Events = \$85.00, 3 Events = \$110.00
- \*Pay by April 21<sup>st</sup> – 1 or 2 Events = \$95.00, 3 Events = \$120.00

\*Athlete name may not be available to print on the souvenir tee shirts.

**Please mail paperwork and payment to: FASTKIX TAEKWONDO** 100 Summerhill Rd., Suite #2, Spotswood NJ 08884  
There will be no refunds issued for any reason. *Coach's Pass - Must complete a coach's application!* Spectator Admission (PAID AT DOOR) Adults - \$10.00, Children (ages 6-12) - \$5.00

For your convenience, food & refreshments will be available all day @ the lobby Starbucks® & the Rider University cafeteria will be open from **11:30am-1:30pm**.



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Rider University Alumni Gym 2083 Lawrenceville Rd., Lawrenceville, NJ 08648

## COMPETITOR APPLICATION

**Athlete's Information: (PLEASE PRINT CLEARLY!)**

FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_\_

ADDRESS, CITY, STATE, ZIP \_\_\_\_\_

AGE (as of Dec. 31, 2014) \_\_\_\_\_ DATE OF BIRTH \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Male \_\_\_ or Female \_\_\_

MANDATORY  EXACT WEIGHT \_\_\_\_\_ lbs.  AAU MEMBERSHIP #: \_\_\_\_\_

HOME PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_ @ \_\_\_\_\_

TAEKWONDO SCHOOL \_\_\_\_\_ INSTRUCTOR \_\_\_\_\_

Please check your Competition Rank:

NOVICE

INTERMEDIATE

ADVANCED

BLACK

\_\_\_\_ WHITE

\_\_\_\_ GREEN

\_\_\_\_ BROWN

\_\_\_\_ 1<sup>st</sup>

\_\_\_\_ ORANGE

\_\_\_\_ PURPLE

\_\_\_\_ RED

\_\_\_\_ 2<sup>nd</sup>

\_\_\_\_ YELLOW

\_\_\_\_ BLUE

\_\_\_\_ 3<sup>rd</sup>

\_\_\_\_ 4<sup>th</sup> & Up

CHECK EVENT(S): OLYMPIC STYLE SPARRING \_\_\_\_ FORMS \_\_\_\_ POINT SPARRING \_\_\_\_

I registered online at [www.tourneyreg.net](http://www.tourneyreg.net)

**ENTRY FEES: 1 or 2 Events = \$75.00, All 3 Events = \$100.00**

\*\*\*All entry fees are non-refundable - We reserve the right to reject any entry\*\*\*

- Pay by April 7<sup>th</sup> - 1 or 2 Events = \$75.00, 3 Events = \$100.00
- Pay by April 14<sup>th</sup> - 1 or 2 Events = \$85.00, 3 Events = \$110.00
- Pay by April 21<sup>st</sup> - 1 or 2 Events = \$95.00, 3 Events = \$120.00

Checks or Money Orders payable to: Fastkix- 100 Summerhill Rd., Suite 2, Spotswood, NJ 08884



### CARD INFORMATION

# \_\_\_\_\_ Exp. \_\_\_\_ / \_\_\_\_ CID Code: \_\_\_\_\_

Billing Address \_\_\_\_\_ Zip Code \_\_\_\_\_

Card Holder Signature: \_\_\_\_\_

### LIABILITY WAIVER

In consideration of your acceptance of my entry, I do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for damages which I may have or may accrue to me against Fastkix Taekwondo, Kevin Balon, Rider University, Amateur Athletic Union, and all members of the tournament or their respective officers, agents, representatives, successors, and/or assigns and against any competitor for any and all damages which may be sustained by me in connection with my association with, or entry, in the above athletic meet, or which may arise out of traveling to, participating in, and returning from such athletic meet. I understand that Taekwondo is a body contact sport, and I further understand all the contents, rules and general information by which the tournament operates.

\_\_\_\_\_  
ATHLETE'S OR LEGAL GUARDIAN'S (if under 18 years old) SIGNATURE

\_\_\_\_\_  
DATE

# COACHES PASS APPLICATION

PLEASE PRINT CLEARLY!

FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME or CELL PH# (     ) \_\_\_\_\_ E-Mail \_\_\_\_\_ @ \_\_\_\_\_

DATE OF BIRTH \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE \_\_\_\_\_

CURRENT AAU NUMBER (REQUIRED) \_\_\_\_\_

I understand that I must be properly attired according to AAU rules:

**AAU Blue Coach's Shirt, White Uniform Pants or ANY COLOR Warm-Up Pants & Sneakers.**

In order to be on the competition floor I must have completed online certification for the current year's rules and have proof of my certification on hand at the event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

## COACHES PASS FEES:

- Pay by April 7<sup>th</sup> = \$20.00
- Pay by April 14<sup>th</sup> = \$30.00
- Pay by April 21<sup>st</sup> = \$40.00

➡ I registered online at [www.tourneyreg.net](http://www.tourneyreg.net) \_\_\_\_\_

### PAYMENT BY CARD

MC/VISA/DISCOVER# \_\_\_\_\_ Exp. \_\_\_\_/\_\_\_\_

Billing Address \_\_\_\_\_ Zip Code \_\_\_\_\_

3 Digit VCode on back of card \_\_\_\_\_

Cardholder Signature \_\_\_\_\_



# HOTEL RECOMMENDATIONS

**Extended Stay America – (866)538-1349**  
**3450 U.S. 1, Princeton, NJ 08540**

**Hampton Inn – (866)539-4139**  
**4385 U.S. 1, Princeton, NJ 08540**

**Double Tree – (866)925-9753**  
**4355 U.S. 1, Princeton, NJ 08540**

## DIRECTIONS to EVENT

**From the NJ Turnpike:** Take the New Jersey Turnpike South to exit 7A (I-195 West). Follow I-195 West to Exit 60-B for I-295 North toward Princeton. I-295 will become I-95 South. Take Exit 7-A off of I-95 to US Route 206 South (Trenton). Rider is a quarter mile on the right.

**From Route 1 South:** Take the exit for Interstate 95 South (sign says "To Pennsylvania"). Bear right at junction, following signs for I-95 South (Pennsylvania). Take Exit 7A off of I-95 to US Route 206 South (Trenton). Rider is a quarter mile on the right.

**From South Jersey:** From the Garden State Parkway: take Exit 98 (I-195 West). Follow I-195 West to Exit 60-B for I-295 North toward Princeton. I-295 will become I-95 South. Take Exit 7A off of I-95 to US Route 206 South (Trenton). Rider is a quarter mile on the right.

**From I-295 North:** I-295 North, straight over the Delaware River into New Jersey. Take Exit 7-A off of I-95 to US Route 206 South (Trenton). Rider is a quarter mile on the right.

**From the Pennsylvania Turnpike:** Take the Pennsylvania Turnpike East to the main Philadelphia Exit 351 and follow the signs to I-95 North. Continue on I-95 North, straight over the Delaware River into New Jersey. Take Exit 7-A off of I-95 to US Route 206 South (Trenton). Rider is a quarter mile on the right.

## For ALL 10-32 Black Belts doing Olympic Style Sparring

Beginning September 1st, 2013, all AAU TKD tournaments that use PSS (Protect and Scoring System, aka E-Hogu) are using KP&P PSS. (<http://www.mykick.com/kp-p-e-foot-protector.html>)



Size	Male	Female
1	2.5~3.5	4.0~5.5
2	4.0~5.5	6.0~6.5
3	6.0~6.5	7.0~7.5
4	7.0~7.5	8.0~9.5
5	8.0~9.5	10.0~11.0
6	10.0~11.0	11.5~12.5
7	11.5~12.5	11.5~12.5
8	11.5~12.5	13.0~14.0
9	13.0~14.0	

## WTF Approved Hand Gloves for E-Hogu Sparring

([http://dynamicsworld.com/371-11348/ADIDAS\\_WTF\\_HAND\\_PROTECTOR](http://dynamicsworld.com/371-11348/ADIDAS_WTF_HAND_PROTECTOR))

