



AMATEUR ATHLETIC UNION OF UNITED STATES

Dear Instructors, Coaches, and Athletes,

Greetings! This year promises to be a very exciting year for Georgia AAU. I would like to invite you and your school to participate in the AAU Georgia Qualifier! Here are few reasons to participate:

- ✓ This is a National and Junior Olympic Qualifying Event! Athletes from any part of the U.S may qualify for AAU National Taekwondo Championships and the Junior Olympics at this event. The quality of competition and officiating will be high!
- ✓ Last year saw over **300 Olympic players** from Georgia, South Carolina, North Carolina, Tennessee, Florida, and West Virginia
- ✓ **Point Fighters (NEW TEAM SPARRING)**
- ✓ **BOARD BREAKING COMPITION**
- ✓ **SPECIAL NEEDS DIVISION**
- ✓ **CUSTOM MEDALS!** The top four in each division will receive a large custom medal designed specifically for this event. Medals will be of the highest quality with sewn thru ribbons like in the Olympics.
- ✓ Trophy will be give to the team that has the most participants

The Tae Kwon do competition venue is **Dacula High School**, less than 10 miles from I-85 and 25 minutes from downtown Atlanta, GA. The Taekwondo Headquarters hotel is the Holiday Inn Express in Lawrenceville, GA just 5 miles from the venue. The Holiday Inn is an all suite property located within walking distance of 5 area restaurants. All rooms include refrigerators and microwaves; **complimentary breakfast** is served daily until 9:30 AM. Weekends, Sat. & Sun. breakfast is extended until 10AM. Conveniently located near interstate 85 and Hwy 316, 24 hour On-site guest service agent, complimentary High-speed Internet and business center. For reservations on group rate of \$79.00/night, please call **770.277.8009** and mention the group name "Tae Kwon Do."

You must pre-register for this event! There will be no registration at the door. Registration forms must be received by Sunday, February 24, 2014. You must also be a registered AAU member to compete, coach, or officiate. Coaches and officials must also have attended a coaches/referee seminar. Participants who place first through eighth in this event will qualify to participate at the ***AAU National Championships and the prestigious AAU Junior Olympic Games***. The only true multi-sport weeklong event featuring the nation's most talented athletes vying for medals in twenty sports, including Taekwondo.

For more information please call (770) 237-2121 or e-mail me at bobby@daculafamilysports.com. I look forward to seeing you at the tournament. If you have any questions about the Amateur Athletic Union or this tournament, please don't hesitate to call or email. I look forward to seeing you soon!

Respectfully,

Bobby Stone
Georgia AAU District Director & Clinic Administrator



Georgia AAU 2014

Tae Kwon Do

National Qualifier

Saturday, March 1, 2014



A.A.U. Sanctioned Event

Entry Deadline: Sunday, February 23, 2014

Place: Dacula High School

123 Broad Street

Dacula, GA 30019

Spectator Fee:

\$10.00 3 and under free

Entry Fees:

\$69.00: 1 or 2 events \$10 addt. events

\$30.00: Per team

\$50.00 Per team (Sparring)

\$20.00: Coaches Pass



There will be a **\$25.00** late fee for online registrations entered after

Deadline: February 24 – March 1. Absolutely no registrations will be accepted after March 1st.

Competition Info:

Olympic Sparring (Matted rings and electronic scoring)

Board Breaking****

Point Sparring

Team Sparring ****

Special Needs****

Forms/Team Forms (Bracketed)

THIS EVENT IS ONLINE REGISTRATION ONLY

Online Registration will begin Feb 1st at

For more information: www.aautaekwondo.org or call 770-237-2121

GENERAL INFORMATION

Presented by	AAU Taekwondo & Bobby Stone
Sanctioned by	The Amateur Athletic Union
Schedule	<p>Saturday (Dacula High School Main Gymnasium) Officials meeting 9:00 to 9:30am Black Belt competition 9:30am 10:00 A.M. National Anthem 10:00 A.M. - 12:30 A.M. All Black Belts (All Black Belts report to staging for weigh-in at 9:30am) 12:00-1:30 ALL BREAKING 12:45 A.M. – 3:30 P.M. Boys and girls 5, 6, 7, 8, 9 All colored belts forms & sparring. 3:00 P.M. - 4:00 P.M. Boys and girls 10, 11, 12, 13 All colored belts forms & sparring. 4:00 P.M. – 5:30 P.M. Boys and girls 14, 15, 16, 17 All colored belts forms & sparring. 4:00 P.M. – 5:30 P.M. Men & Women Senior & Executive colored belts forms & sparring.</p>
Entry fee	<p>\$69 for one or two events, \$10 for additional events Athletes may only choose one type of sparring \$30 Per Team (Team Forms) \$50 per team fighting Pre-registration mandatory Registrations must be received by February 23, 2014 There will be a \$25 late fee for online registrations entered Deadline: February 24 – March 1. Absolutely no registrations will be accepted after March 1nd.</p>
Awards	LARGE Custom Medals with sewn thru ribbons 1 st thru 4 th place
Admission fee	<p>\$10 adults Free 3 & under</p>
Eligibility	<p>AAU membership is mandatory, if you are not on the AAU membership roster or if you do not have your membership card, you will be required to join AAU again. This requires a fee of \$12 for youth and \$20 for adults. You can register online at www.aausports.org or www.aautaekwondo.org.</p>
Coach's/Instructors Information	<p>In order to coach at the AAU State Taekwondo Championships, you must take the online Coach's course. Coach's attire will be enforced at this tournament. NO EXCEPTIONS. Warm-up pants and official blue AAU shirt. Coach's shirt can be purchased from Moto</p>

Guidelines for NEW competitions

Board Breaking Guidelines

- Each competitor will be allowed only **TWO** stations per round
- A maximum of 3 attempts per station is allowed
- No forehead breaking, open flames, or bladed props may be used
- No jumping/flying over people will be allowed
- No spacers will be allowed
- No elbow strikes will be allowed
- Competitors use the following board sizes
 - 5-9yo – 12 x 4 x ¾ inch pine
 - 10-14yo – 12 x 7 x ¾ inch pine
 - 15 and up – 12 x 9 x ¾ inch pine
 - No thinner/shaved boards may be used for breaking competition (¾" pine is the standard thickness you will find in the hardware store for shelving)
- Athletes compete in a side-by-side manor (superior technique advances to the next round)
- Athlete technique will be judged based on the following criteria
 - Technique focus, balance, power, and creativity
 - A break performed on the 1st try is superior to a break completed on the 2nd try
 - A 2 board break is superior to a 1 board break, a 3 board break is superior to a 2 board break and so on
 - A break supported on 1 end (speed break) is superior to a break supported on both ends

****Athletes may bring their own wood or purchase boards at the tournament. ** 5-13yo athlete boards are \$2/each
** 15+ are \$3/each****

Team Sparring

- Point Sparring Only
- Teams will be all adult (18-32) or youth (14-17)
- All team members must be advance or black belts
- Teams can be all male, all female, or coed
- Teams consist of 5 members Light, Middle, Heavy, and two of your choice
- Each match will consist of TWO 5 min rounds
 - Round one each team member will fight one minute round vs. the opposing teams same weight class(one min. rounds)
 - Round two will be tag team format. Each team coach can sub any team member in at any point by standing
- Winner will be determined at the end of round two on total point accumulation
- All other rules will remain the same

Special Needs

Please email me directly!

HOTEL INFORMATION- ACCOMMODATIONS:



**AAU Rate of:
\$79.00**

Features

The Holiday Inn is an all suite property located within walking distance of 5 area restaurants. All rooms include refrigerators and microwaves; complimentary breakfast is served daily until 9:30 AM. Weekends, Sat. & Sun. breakfast is extended until 10AM. Conveniently located near interstate 85 and Hwy 316 24 hour On-site guest service agent, complimentary High-speed Internet and business center.

Driving Directions

I-85 NORTH, EXIT 106 TO SR 316. 4TH EXIT TURN RIGHT ON SR 120. HOTEL ON RIGHT JUST PAST BURGER KING. I-85 SOUTH- EXIT 107 LEFT ON SR 120. GO 5 MILES. HOTEL ON RIGHT PAST BURGER KING.

**520 John B. Wilsons Court
Lawrenceville GA 30045**

CHECK LIST

COMPETITORS

- Registration form and fee turned in by deadline. **February 23, 2014**. There will be a \$25.00 late fee for online registrations entered after Deadline: February 24 – March 1.
- 2014 AAU membership card.

COACHS AND INSTRUCTORS

- 2014 AAU membership card
- Official/Coach's application and fee. Turned in by **February 23, 2014** there will be a \$25.00 late fee for online registrations entered after Deadline: February 24 – March 1.
- Mandatory coach uniform (white dobok pants and official AAU blue shirt. Coach's shirt can be purchased at www.mooto.us/).
- Mandatory Online Coach's Course

OFFICIALS

- 2014 AAU Membership card
- Mandatory 2014 Officials Clinic
- Official AAU attire at tournament
- Officials will be provided lunch, refreshments, and stipend

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins.
- BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership

