

General Rules and Regulations for Team Form Competition

Article I. Competition Rules

I.A. Competition must be conducted according to the respective rules of individual competition. **Forms CANNOT be altered OR modified.**

Article II. Team Make-Up

- II.A.** All team members must be Black Belts.
- II.B.** Teams shall consist of three members.
- II.C.** An individual may compete on only one team.

Article III. Age & Gender Divisions

- III.A.** Competitors will be grouped according to the following table:
 - III.A.1.** 5 to 17 year olds
 - III.A.2.** 18 year olds and up
- III.B.** Teams may consist of all female, all male, or a combination of females and males. Competitors must compete within their own age group.

Article IV. Determination of Winning Team

A team score will be awarded based on all criteria used in judging individual forms competition as well as the presentation of the team as a unit.

Article V. Criteria for Form Selection

Black Belt teams may perform any pattern up to the level (rank) of the senior ranking member of that team.

Article VI. Team Bracketed Forms

Procedure is identical to single competitor bracket forms with the exception that both teams will not perform their pattern simultaneously. After bow-in, *Hong* team exits the ring. *Chung* team will then perform their pattern. Once *Chung* team has completed their pattern and exited the ring, *Hong* team will reenter and perform their pattern. Referee will then follow the same procedure for bowing out and declaration of winner.

Eligibility Requirements for National AAU Taekwondo Championships and AAU Junior Olympic Games Competition

Article I. Requirements

All participants must be currently registered AAU members.

Article II. Eligibility for the National Championships

II.A. Competition open to:

- II.A.1.** Male and Female
- II.A.2.** All Belts
- II.A.3.** All Ages

- II.B.** Athletes must have placed 1st through 8th in an individual sparring or forms division in an AAU sanctioned District or Regional Championship of the current year, or
- II.C.** Athletes must have placed 1st in an individual sparring or forms Division in the **prior year's** National AAU Taekwondo Championships.

Article III. Eligibility for the AAU Junior Olympic Games

III.A. Competition open to:

- III.A.1.** Male and Female
- III.A.2.** Brown/Red and Black Belt Divisions only
- III.A.3.** Ages 6 to 17

- III.B.** Athletes must have placed 1st through 8th in an individual sparring or forms division in an AAU sanctioned District or Regional Championship of the current year, or
- III.C.** Athletes must have placed 1st in an individual sparring or forms division in the **prior year's** AAU Junior Olympic Games.

You must participate at a qualifying event. No athlete can be placed 1st through 8th without actual participation at a qualifying event.