

## Special Needs Division Rules Modifications

Special Needs Competition follows the same rules and equipment requirements as specified in current AAU Taekwondo Handbook with the following modifications.

### General Rules and Regulations for Point Style Sparring

#### Article I. Additional Mandatory Equipment and modifications

- I.A. Foot protectors are not required for Category Level 3 (wheel chair)
- I.A. Sport Wheel, basketball style with wheelie bar (Category Level 3)

#### Article II. Additional Categories of Competition

- II.A. Besides age, belt and weight, competition shall also be divided by categories.
  - II.A.1. **Level 1:** Competitors have limited mobility of arms and/or legs (do not kick above the waist, do not extend arms fully for hand technique) or have a lower level of cognitive skills.
  - II.A.2. **Level 2:** Competitors have full mobility of arms and legs (competitor can kick above waist and extend arms fully for hand technique) or have a higher level of cognitive skills.
  - II.A.3. **Level 3:** Competitors compete from a wheelchair (Sport Wheel Chair required)

#### Article III. Points (Valid Scores)

- III.A. **Level 1: (No Head Contact Allowed) (limited mobility)**
  - III.A.1. One point shall be awarded for any valid **hand** technique executed to the legal body area within 1 inch or light contact and good technique.
  - III.A.2. Two points shall be awarded for any valid **foot** technique executed to the legal body area within 1 inch or light contact and good technique. Points may be awarded for intent based on the physical limitations of the competitor to raise foot.
- III.B. **Level 2: (No Head Contact Allowed) (full mobility)**
  - III.B.1. One point shall be awarded for any valid **hand** technique executed to the legal body area with light contact and good technique.
  - III.B.2. Two points shall be awarded for any valid **foot** technique executed to the legal body area with light contact and good technique.
- III.C. **Level 3: (Head Contact Allowed) (wheelchair)**
  - III.C.1. One point shall be awarded for any valid **hand** technique executed to the legal head area with light contact and good technique.
  - III.C.2. Two points shall be awarded for any valid **hand** technique executed to the legal body area with light contact and good technique.
  - III.C.3. Sport Wheel Chairs are required for sparring.
- III.D. For all techniques to be awarded a point or points, the contact must be light or within allowable limits as described above. A majority of the Judges and Referee must also concur that a valid point was indeed scored.

## General Rules and Regulations for Forms/Patterns Competition

#### Article I. Competition Shall Be Divided By Age, Belt and Gender In General.

- I.A. Competition shall also be divided by categories.
  - I.A.1. **Level 1:** Competitors perform basic skills such as blocking, striking and kicking techniques with direction from an instructor)
  - I.A.2. **Level 2:** Competitors perform patterns with assistance from instructor.
  - I.A.3. **Level 3:** Competitors perform patterns on their own.

#### Article II. Merits

- II.A. Merit will be awarded on the basis of **SPIRIT**, focus, technique, power, rhythm, grace and beauty; listed in order of importance.

#### Article III. Judging Procedure

- III.A. Individual Scored Forms Competition **ONLY**.