

If the representative of the club to which an athlete is attached signs a release form permitting an immediate transfer. (Athletes released under this provision are subject to National Championship eligibility restrictions as adopted by National Sport Committees.) [Added 10/07]

When the transfer is for the purpose of competing with a team which has qualified for a National Championship as provided by National Sport Committee rules.

If the Registrar determines that the transfer is due to events outside the control of the athlete or that the transfer serves the best interest of the AAU.

Appendix A – Hand Signals

(Bracketed Forms & Sparring) Calling the Competitors Into the Ring (Sparring competitors enter the ring with headgear under the left arm)

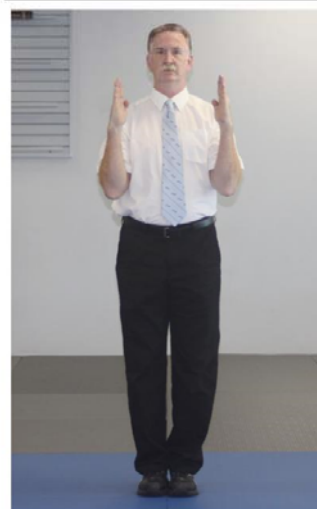


Chung

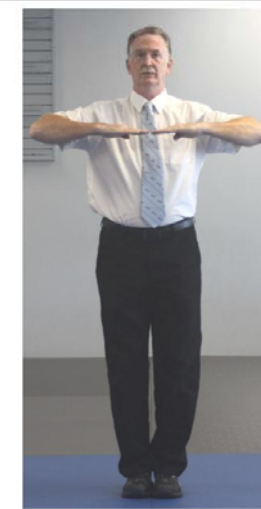


Hong

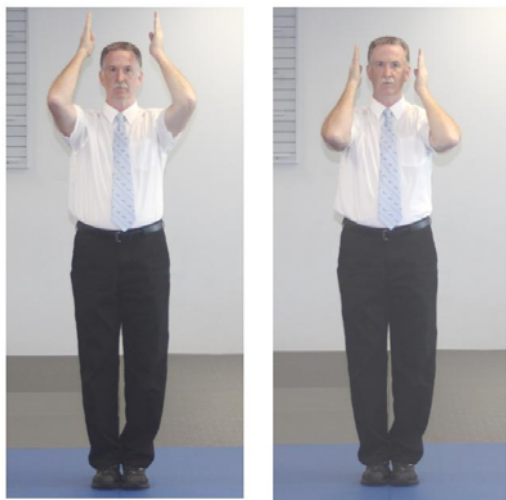
(Bracketed Forms & Sparring) Bowing in the Competitors



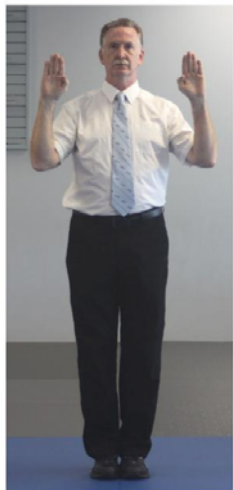
Char-yeot



Kyeung-Rye

(Sparring) Headgear On (Non Verbal–Hand Signal Only)**Inspection of Competitors**

After putting on the headgear, the sparring competitors are inspected beginning with Chung (blue), then Hong (red)

(Bracketed Forms) Face Forward

After bowing in, forms competitors are instructed to face forward (shown) and position themselves on the mat.

The referee will then verbally announce Joon-bi and Shi-jak to begin each round after stepping from the ring .

When both competitors have completed their form, the referee will announce “Paro” and re-enter the ring.

(Sparring) Ready Position Each Round

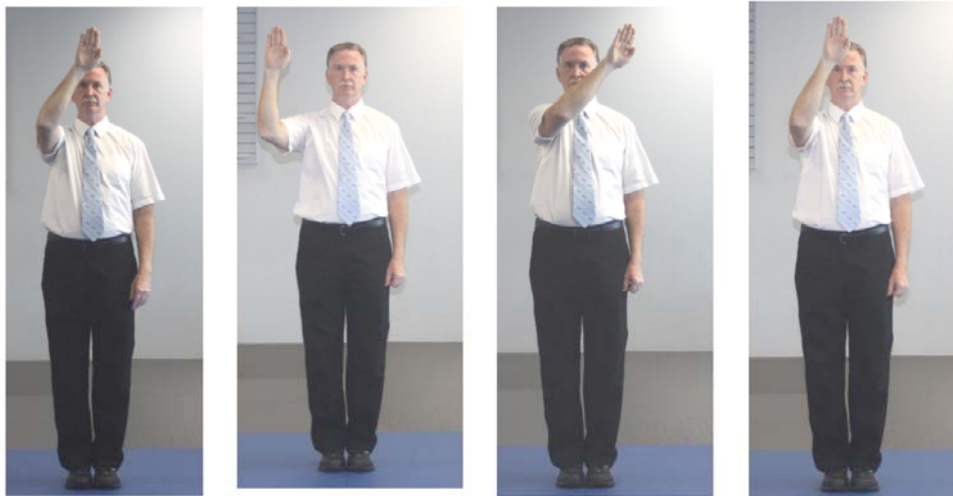
Joon-bi

**(Sparring) Begin Each Round**

Shi-Jak



(Sparring) Waving off a Point



(Sparring) Stopping the Match



Shi-gan
Non-Injury time

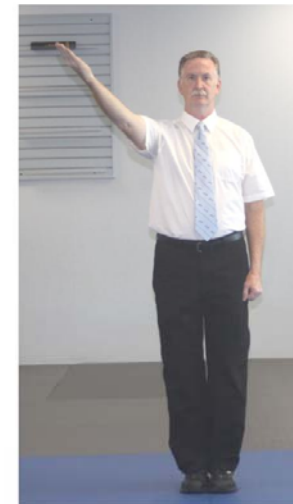


Kye-shi
Injury time
(1 minute clock)

(Bracketed Forms & Sparring) Awarding the Win to Blue



Chung
Sung



(Bracketed Forms & Sparring) Awarding the Win to Red



Hong
Sung

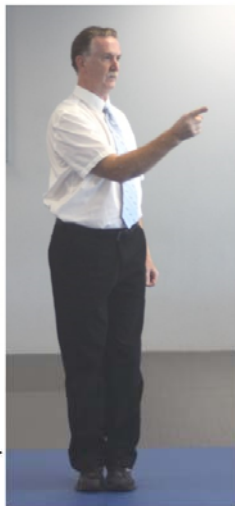


(Olympic Sparring) Adding Point(s)



Feet face forward. Torso twists to point to competitor

← Chung



→ Hong

→ Il Jeom



← Ee Jeom



→ Sam Jeom



← Sa Jeom



(Sparring) Half-Point Penalty



Chung



Kyong-go



Hong



Kyong-go



(Sparring) Full Point Penalty



Chung



Gam-jeom



Hong



Gam-jeom



(Olympic Sparring) Eight Count
Examples of hand position throughout count



Ha-nah (1)



Da-sot (5)

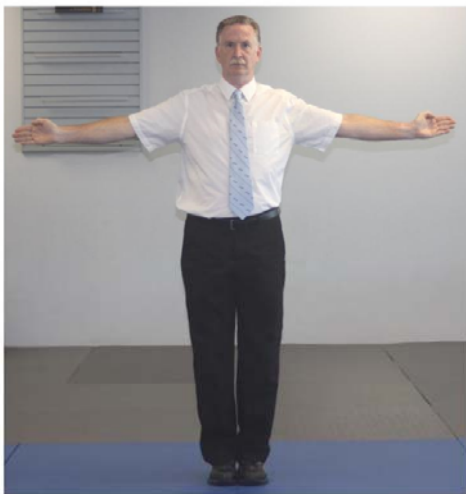
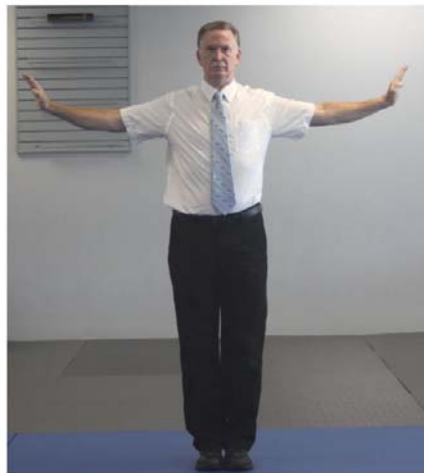


Ya-sot (6)



(Olympic Sparring) Conference of Officials

This is done in Olympic sparring when the scoring of a head kick comes into question by a coach, judge, or referee.

**(Sparring) Sending Competitors to Their Coaches Between Rounds****(Sparring) Stopping the Competition**

Kal-yeo
Breaks the competitors during a match

Keu-man
Breaks the competitors when the clock runs out for the round.

Both commands use the same hand signal and foot movements. The left foot steps out in a front stance, then the back foot slides forward into a walking stance.

(Sparring) Starting the Competition Following Kal-yeo

Kye-sok
The Kye-sok command is used to restart the competitors after they have been stopped for penalties, points, injury, etc.

The left foot steps out into a front stance, then pulls back into a walking stance.

(Sparring) Ending the Match

1.



Keu-man

2.



Chung

Hong

(Sparring) Ending the Match (cont)

3.



4.



Char-yeot

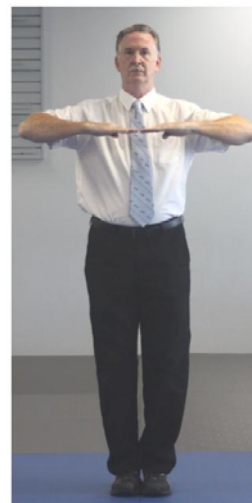
Kyung-Re

5.



(Sparring) Ending the Match (cont)**(Bracketed Forms & Sparring) Awarding Win to Blue**

6.

Chung
Sung**(Bracketed Forms & Sparring) Awarding Win to Red**Hong
Sung**(Point Sparring) Calling for Points****Judges Call**

When this call is made, the judges will indicate their score of one by raising either their red or blue flag. If their score is for two points, they will raise their other hand showing two fingers.

If only 3 officials, the referee will raise their right or left hand over either the red or blue competitor to indicate one point or two fingers to indicate two points.

(Bracketed Forms) Calling for Winner of Round**Judges Call**

When this call is made, the judges will indicate their choice of the winner by raising either their red or blue flag.

The referee will then lower both hands to his/her side and follow the procedure to award the win to either the red or blue competitor.

(Point Sparring) Awarding Points



Chung



Il Jeom



Ee Jeom



Hong



Il Jeom



Ee Jeom

**Appendix B
AAU Taekwondo Protest Form**



Athlete Name: _____ Division _____

Coach Name: _____ Ring # _____ Date _____

Describe what has happened to make you file this protest and what action(s) you think need to be taken to correct the situation:

Team Leader _____
 Referee _____
 Corner 1 _____
 Corner 2 _____
 Corner 3 _____
 Corner 4 _____

Reason for Arbitration Decision:

Was protest upheld? Yes No

Arbitration Member(s)

