

Eligibility Requirements for National AAU Taekwondo Championships and AAU Junior Olympic Games Competition

Article I. Requirements

I.A. All participants must be currently registered AAU members.

Article II. Eligibility for the National Championships

II.A. Competition open to:

II.A.1. Male and Female

II.A.2. All Belts

II.A.3. All Ages

II.B. Athletes must have placed 1st through 8th in an individual sparring or forms division in an AAU licensed District or Regional Championship of the current year, or

II.C. Athletes must have placed 1st in an individual sparring or forms Division in the **prior year's** National AAU Taekwondo Championships.

Article III. Eligibility for the AAU Junior Olympic Games

III.A. Competition open to:

III.A.1. Male and Female

III.A.2. Intermediate through Black Belt Divisions only

III.A.3. Ages 5 to 17

III.B. Athletes must have participated in an AAU licensed District or Regional Championship of the current year, or

III.C. Athletes must have placed 1st in any division in the **prior year's** AAU Junior Olympic Games.

Special Needs Division Rule Modifications

Special Needs Competition follows the same rules and equipment requirements as specified in current AAU Taekwondo Handbook with the following modifications.

General Rules and Regulations for Point Style Sparring

Article I. Additional Mandatory Equipment and modifications

I.A. Foot protectors are not required for Category Level 3 (wheel chair)

I.A. Sport Wheel, basketball style with wheelie bar (Category Level 3)

Article II. Additional Categories of Competition

II.A. Besides age, belt and weight, competition shall also be divided by categories.

II.A.1. Level 1: Competitors have limited mobility of arms and/or legs (do not kick above the waist, do not extend arms fully for hand technique) or have a lower level of cognitive skills.

II.A.2. Level 2: Competitors have full mobility of arms and legs (competitor can kick above waist and extend arms fully for hand technique) or have a higher level of cognitive skills.

II.A.3. Level 3: Competitors compete from a wheelchair (Sport Wheel Chair required)

Article III. Points (Valid Scores)

III.A. Level 1: (No Head Contact Allowed) (limited mobility)

III.A.1. One point shall be awarded for any valid **hand** technique executed to the legal body area within 1 inch or light contact and good technique.

III.A.2. Two points shall be awarded for any valid **foot** technique executed to the legal body area within 1 inch or light contact and good technique. Points may be awarded for intent based on the physical limitations of the competitor to raise foot.

III.B. Level 2: (No Head Contact Allowed) (full mobility)

III.B.1. One point shall be awarded for any valid **hand** technique executed to the legal body area with light contact and good technique.

III.B.2. Two points shall be awarded for any valid **foot** technique executed to the legal body area with light contact and good technique.

III.C. Level 3: (Head Contact Allowed) (wheelchair)

III.C.1. One point shall be awarded for any valid **hand** technique executed to the legal head area with light contact and good technique.

III.C.2. Two points shall be awarded for any valid **hand** technique executed to the legal body area with light contact and good technique.

III.C.3. Sport Wheel Chairs are required for sparring.

III.D. For all techniques to be awarded a point or points, the contact must be light or within allowable limits as described above. A majority of the Judges and Referee must also concur that a valid point was indeed scored.