



2016-17

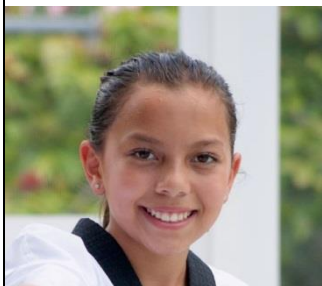
AAU Taekwondo National

Cadet Female & Male Teams for Ages: 12-14

12 – 14 FEMALE CADET TEAM MEMBERS



**Delaney
Campbell**
-63.9



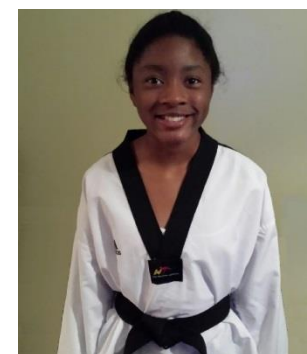
**Sierra
Howard**
64.0-72.8



**Makayla
Greenwood**
72.9-81.6



**Anastasija
Zolotic**
81.7-90.4



**Sabria
Nesmith**
90.5-97.0



**Faith
Dillon**
97.1-103.6



**Grace
Kosloski**
103.7-112.4



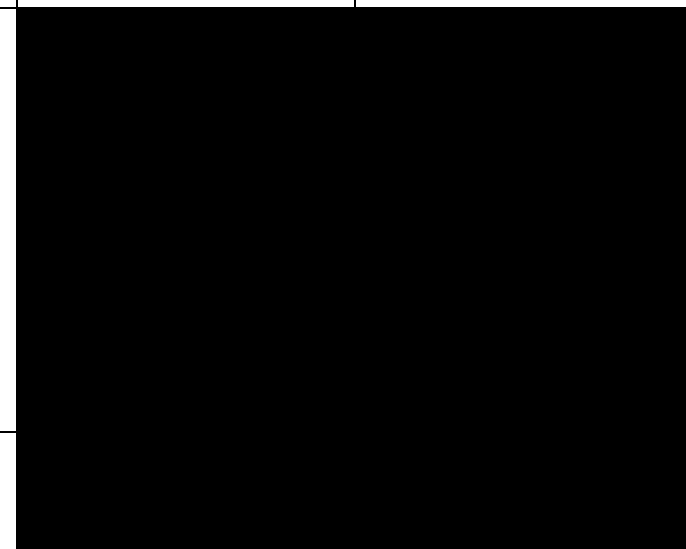
**Natalie
Hershberger**
112.5-121.3



**Alena
Viana**
121.4-130.1



**Skylar
Farrell**
over 130.1



12 – 14 MALE CADET TEAM MEMBERS



**Mario
Ledezma
-72.8**



**Alexander
Stallman
72.9-81.6**



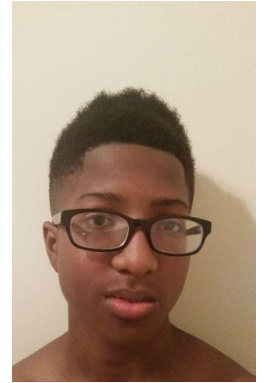
**Gage
Legaspi
81.7-90.4**



**Matthew
Medina
90.5-99.2**



**Igor
De Paula
99.3-108.0**



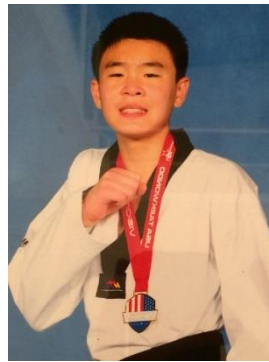
**Dallas
Parker
108.1-116.8**



**Jorge
Santiago
116.9-125.7**



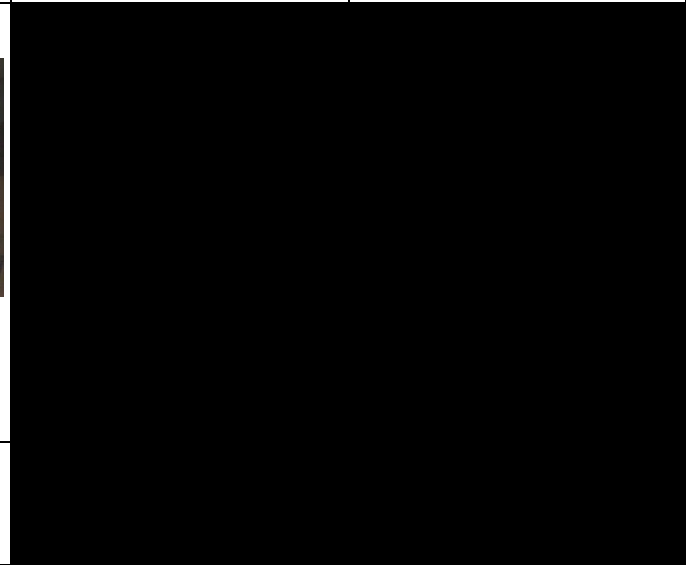
**Eric
Nguyen
125.8-134.5**



**Brian
Lee
134.5-143.3**



**Aldo
Dominguez II
over 143.3**



2016-17 AAU Taekwondo National Female & Male Cadet Teams

Team Members & Biographies



Mario Ledezma

Location: Brownsville, TX

Instructor: Eduardo Rodrigues

Bio: Mario is a self-motivated athlete. He is passionate about taekwondo since the day here started. He is very dedicated and has great respect to taekwondo.

National Experience:
2016 AAU Taekwondo
Medal - Silver



Delaney Campbell

Location: Sachse, TX

Instructor: Dong Lee

Bio: I love playing Pokémon trading card game online and watching anime. My favorite foods are egg rolls and apple juice.

National Experience:
2016 US Open
Medal - Gold
2015 Pan Am Championship
Medal – Gold



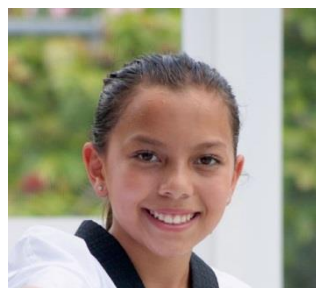
Alexander Stallman

Location: St. Louis, MO

Instructor: George Sloan

Bio: Enjoy competing in Taekwondo with my twin brother Aiden.

National Experience
2016 AAU Taekwondo
Medal – Bronze
2015 AAU Taekwondo
Medal – Bronze



Sierra Howard

Location: Cape Coral, FL

Instructor: Dennis White

Bio: I am a 7th grader at Oasis Middle School in the STEM program. I live with my two dogs, Sanuk and Angel. Besides Taekwondo, I enjoy reading, skim boarding and swimming. I train with T-1 and Master Dennis White in Largo, FL.

National Experience:
2016 AAU Taekwondo
Medal – Silver



Gage Legaspi

Location: Bakersfield, CA

Instructor: Francis Esposito

Bio: I am a 13 year old Athlete from Hans TKD Academy. Loves Taekwondo and play Basketball. I'll be starting freshman High School this incoming school year, I will be attending Stockdale HS in Bakersfield, California. My favorite Taekwondo Athlete is Carlos Navarro from Mexico he is so explosive and powerful, my favorite book is Hunger Games, favorite color is blue, favorite food is Filipino food. My goal is someday to be in Olympic Team and represent Team USA in Taekwondo.

National Experience:

2016 AAU Taekwondo Medal – Gold
2016 AAU California State Qualifier Medal - Gold
2014 Pan Am Open Medal- Bronze



Makayla Greenwood

Location: Schenectady, NY

Instructor: Tim Tocco

Bio: Chasing that Olympic Dream!

National Experience:

2016 German Open Medal – Gold
2016 US Open Medal - Gold
2016 Canadian Open Medal - Gold
2015 AAU Taekwondo Medal – Gold
2015 AAU Team Trials Medal – Open



Matthew Medina

Location: Chicago, IL

Instructor: Serapio Medina

Bio: Taekwondo is a way of life for me. Since I can remember, Taekwondo has been my passion. I enjoy challenging myself at each training and tournaments. I persevere through tough times and keep pushing to my goal to represent USA at the Olympics.

National Experience:

2016 AAU Taekwondo Medal – Silver
2016 Mexico Open Medal – Bronze
2016 Canada Open Medal - Bronze



Anastasija Zolotic

Location: Largo, FL

Instructor: Dennis White

Bio: I am a middle schooler and I love Taekwondo.

National Experience:

2016 AAU Taekwondo Medal – Gold



Igor De Paula

Location: Miami, FL

Instructor: Guillermo Mosquera

Bio: I'm fast and nice guy.

National Experience:

2016 AAU Taekwondo
Medal – Gold



Sabria Nesmith

Location: Haymarket, VA

Instructor: Dennis Kim

Bio: I have been during sparring at US Tigers for 5 years. I enjoy playing basketball and with my family members in my spare time. I have ran on my school track team and decided to run the 1600 meter and 800 meter. As I was recently inducted into the Jr Honors Society for my academic grades from 6th and 7th grade.

National Experience:

2016 AAU Taekwondo
Medal – Silver
2015 AAU Taekwondo
Medal – Bronze
2014 AAU Taekwondo
Medal – Silver



Dallas Parker

Location: Laurel, MD

Instructor: Nigel Chai Chong

Bio: I have been practicing taekwondo since I was six years old. I also enjoy video games, football, math and science. I love to travel and meet new people. My favorite vacation was Hawaii! I love taekwondo!

National Experience:

2016 USAT National
Championship
Medal- Gold
2015 Canada Open
Medal – Silver
2012 AAU Taekwondo
Medal - Gold



Faith Dillon

Location: Las Vegas, NV

Instructor: Arlene Limas

Bio: I live with my Mom, Dad and dog, Kobe. I am in 9TH grade at West Career & Tech Academy in the nursing program. My school has been very supportive of my Taekwondo schedule. I love Taekwondo and have been training since age 5. Every other Friday my Dad and I drive from Las Vegas to Los Angeles to train with 1992 Olympic Gold Medalist, Gergely Salim for two days. We have been making this trip going on 4 years now. I'm really proud and excited to be a two-time member of the AAU & USAT Cadet National Teams. Go USA!

National Experience:

2016 Spanish Open
Medal – Gold
2016 US Open
Medal – Gold
2016 German Open
Medal – Gold
2015 AAU Taekwondo
Medal - Gold



Jorge Santiago

Location: San Juan, PR

Instructor: Jose Colon

Bio: Perseverance

National Experience:

2016 AAU Taekwondo
Medal- Gold



Grace Kosloski

Location: Aurora, CO

Instructor: Arlene Limas

Bio: Grace Kosloski trains with several different schools in Colorado and with Power Kix in Virginia. She is in 8th grade and attends Thunder Ridge Middle School. When given the chance she is willing to travel anywhere anytime or host anyone to travel to him in order to spar. Grace is half Korean and his mom was adopted from South Korea at an early age. He hopes through competing that someday he can be in a position to find and meet any family that she may have in Korea, or around the world.

National Experience:

2016 AAU Taekwondo
Medal- Gold
2016 US Open
Medal- Gold
2013 Canada Open
Medal - Gold
2013 US Open
Medal- Gold



Eric Nguyen

Location: Coppell, TX

Instructor: Sang Cha

Bio: My name is Eric Nguyen! I have been doing taekwondo for five years, and I enjoy it.

National Experience:

2016 AAU Taekwondo
Medal - Silver



Natalie Hershberger

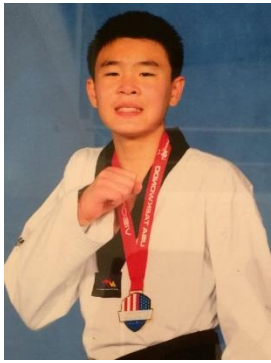
Location: Mansfield, OH

Instructor: Chris Hirschberger

Bio: I feel very fortunate for the opportunities taekwondo gives me. I love the sport and all the people who I'm able to meet. If I'm not training, I love to read, write and hang out with my friends - oh, and I love to eat bacon cheeseburgers!

National Experience:

2016 AAU Taekwondo Sparring
Medal- Gold
2015 US Open
Medals- Gold
2015 Pan Am Open
Medal – Gold
2015 AAU Taekwondo Sparring
Medal – Gold
2014 AAU Taekwondo Sparring
Medal – Gold



Brian Lee

Location: San Ramon, CA

Instructor: Geoffrey Uy

Bio: Proudest moment in taekwondo representing Team USA at the 2nd Cadet World Taekwondo Championships in 2015. Other interests: competitive Judo, and playing various strategy board and video games. Major achievements: 2016 AAU Taekwondo Nationals - Gold 2015 USA Taekwondo National Cadet Team member 2014, 2015, 2016 USA Taekwondo Nationals - Gold.

National Experience:
2016 AAU Taekwondo Medal- Gold



Alena Viana

Location: Las Vegas, NV

Instructor: Apollo Sebastian

Bio: I live in Las Vegas, Nevada and train daily with my sister and personal trainers. I also train many times throughout the year in Texas and California. I enjoy the sport of taekwondo and look forward to success, growth, and fun experiences with each national and international tournament I am blessed to be a part of!

National Experience:
2016 AAU Taekwondo Medal – Gold
2016 Copa Caballeros Por Culiacan Medal – Gold
2015 & 2014 Bi-National Games, Mexico Medal – Gold
2014 AAU Taekwondo Medal – Gold



Aldo Dominguez II

Location: San Gabriel, CA

Instructor: Toby Oliver

Bio: I started Taekwondo at the age of 5. I started competing with Team High Octane at the age of 7. I love that Taekwondo gives me the opportunity to travel. I enjoy meeting competitors from different countries.

National Experience:
2016 AAU Taekwondo Medal- Gold
2015 Costa Rica Open Medal – Gold
2014 Toronto Open Medal – Gold
2014 Costa Rica Open Medal - Gold



Skylar Farrell

Location: Laguna Niguel, CA

Instructor: Jimmy Kim

Bio: I also play on a competitive soccer league. I have three siblings and two pets...a dog named Shadow and a cat named Patch.

National Experience:
2016 AAU Taekwondo Medal- Silver
2013 US Open Medal-Gold