



2017 AAU Maryland District Taekwondo Championship

Date: Saturday April 1, 2017

Location: 2500 Davis Rd, North Point High School, Waldorf, Maryland

**Entry Fee: \$75 for One Event - \$10 additional for each event over
One event for registrations received by 3/25/17**

Coaches Pass = \$20.00 (1 Free pass for every 3 athletes registered)

Spectator Fee: \$5 per person - Ages 5 & Under are free

Late Fee: \$20 per Application received between 3/26/17 & 3/29/17

Online registration: www.tourneyreg.net

NO DAY OF REGISTRATIONS WILL BE ACCEPTED!

**Mail Registrations to: Glenn Ames - P.O. Box 117, Pomfret, MD 20675
Phone: (301) 502-4181 | E-mail: 7Dragonstkd@gmail.com
Make checks payable to: 7Dragons**

Event Schedule – Athletes should arrive 30 minutes prior to the start of your competition

9:30am – Officials Meeting

10:00am – Olympic Sparring Competition

12:00pm – Special Needs and Creative Forms Competition (Single Elimination Bracketed)

1:00pm – Traditional Forms Competition

3:00pm – Point Sparring Competition

**All competitors must be an AAU member for 2016-2017. Register at: www.aausports.org
Competitors may be required to present a valid AAU membership card at time of staging.**

AAU Taekwondo rules apply to all competition. Rulebook available at: www.aautaekwondo.org

Coaches: All coaches must take the required AAU Taekwondo Online Coaches Certification Course. Coaches must complete the course and bring their certification card with them to all AAU Taekwondo events in order to coach. Coaches Attire is required. NO EXCEPTIONS. Information on this course is available at www.aautaekwondo.org.

Awards: *Championship Medals* awarded to the top 4 places in each division.

Uniforms: All competitors must wear a clean WHITE uniform only.

Patches & screens are permitted. No rolled sleeves or cuffed pants. Black belts are allowed to wear a black V-neck collar or have black trim on the lapels of their uniform.

Equipment:

Point Sparring safety gear is MANDATORY: Foam dipped or vinyl Headgear, Handgear, Footgear and Mouthpiece. A protective groin cup for males is also required. Forearm, shin guards and rib guards are optional. Optional equipment must be worn UNDER the uniform.

Olympic Sparring

All competitors must wear an Olympic style Chest Protector, Headgear, manufactured Shin & Instep protectors, Forearm protectors and Mouthguard. Males are also required to wear groin protection inside of their dobok.

Black Belt Cadets (12-14) and above will be using KP&P electronic scoring. All competitors must use the appropriate KP&P Footgear. Please purchase your socks prior to competition. The Chest Protectors will be provided for electronic scoring only. All remaining gear is the responsibility of the Athlete.

o <http://www.dynamicsworld.com/adidas-kpnp-pss/adi-kpnp-e-foot-protector.html>

Special Needs

For Special Needs Students, please register in TourneyReg as normal and contact Master Ames (7Dragonstk@gmail.com) with the Students name and any special requirements.

Directions

From Northern Virginia:

I-495 (Capital Beltway)/I-95 North to Baltimore across Woodrow Wilson Bridge to Exit 3A MD Route 210 Indian Head

Continue on MD 210 approximately 10 miles to left exit/turn onto MD 228 towards Waldorf

Proceed approximately 3 miles to right turn onto Bunker Hill Road

Proceed approximately 0.12 miles to turn right onto Davis Road

Proceed for 1 mile and location will be on the left

From the North (Baltimore, Frederick, Laurel):

I-495 (Capital Beltway)/I-95 South to Richmond to Exit 3 for MD 210 towards Indian Head

Continue on MD 210 approximately 10 miles to MD 228 – Berry Road

Turn left on MD 228-Berry Road

Proceed approximately 3 miles to right turn onto Bunker Hill Road

Proceed approximately 0.12 miles to turn right onto Davis Road

Proceed for 1 mile and location will be on the left

From the South (Fredericksburg, Richmond):

US 301 north through La Plata

Continue approximately 13 miles on US 301 to MD 228

Proceed approximately 3.6 miles to left turn onto Bunker Hill Road

Proceed approximately 0.12 miles to turn right onto Davis Road

Proceed for 1 mile and location will be on the left

Hotel Information for Tournament

Hampton Inn

3750 Crain Highway
Waldorf, Maryland, USA, 20603
301-632-9600

Courtyard by Marriott

3145 Crain Highway
Waldorf, MD 20603
301-885-3333

Hilton Garden Inn

10385 O'Donnell Place
Waldorf, MD 20603
240-222-0000