

SPECIAL NEEDS INFORMATION

*AAU Taekwondo
National Championship
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FORMS/ PATTERNS

Check-In: Thursday, July 6

Compete: Friday, July 7

- Besides age, belt and gender, competition shall also be divided by the following categories.
- **Level 1:** Competitors perform basic skills such as blocking, striking and kicking techniques with direction from an instructor.
- **Level 2:** Competitors perform patterns with assistance from instructor.
- **Level 3:** Competitors perform patterns on their own.

POINT SPARRING

Check-In: Friday, July 7

Compete: Saturday, July 8

- Besides age, belt and weight, competition shall also be divided by the following categories.
- **Level 1:** Competitors have limited mobility of arms and/or legs (do not kick above the waist, do not extend arms fully for hand technique) or have a lower level of cognitive skills.
- **Level 2:** Competitors have full mobility of arms and legs (can kick above waist and extend arms fully for hand technique) or have a higher level of cognitive skills.
- **Level 3:** Competitors compete from a wheelchair (Sport Wheel Chair required).

Please visit the 2017 AAU Taekwondo Handbook at aautaekwondo.org for more information about equipment and scoring.