

# **AAU Taekwondo National**

# Female & Male Point Sparring Teams for Ages: 12-17

### 12 – 17 FEMALE POINT SPARRING TEAM MEMBERS











12-13 Isabella Carrandi-Betancor -104.9

12-13 Mallory Shea 105.0-120.9

12-13 Ginger Hayden 121.0-999.0

14-15 Mollie Miller -109.9

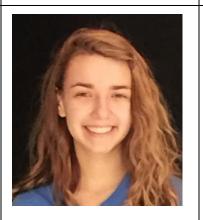
14-15 Miranda Pires 110.0-140.9







16-17 Katherine Schiereck -114.9



16-17 Courtney Lenox 115.0-145.9



16-17 Gabrielle Anderson 146.0-999.0



**Team Members & Biographies On Following Pages** 

# NO PHOTO PROVIDED



National Experience: 2017 AAU Taekwondo Medal - Gold

#### **Connor Stockett**

Location: Annapolis, MD

**Instructor:** Tommy Lee

**Bio:** Not Provided



National Experience: 2017 AAU Taekwondo Medal - Gold

# Isabella Carrandi-Betancor

Location: Miami, FL

**Instructor:** Frank Loureda

**Bio:** AAU National Championship Medalist 2012, 2013, 2014, 2015, 2016 & 2017, Pan American Taekwondo Youth Open 2015 Bronze Medalist, USCDKA National Championship 2012, 2013, 2014, 2015 2016, & 2017, USCDKA, Grand Champion at the Night of Champions 2015, 2016 & 2017 National Championship. Currently I am a 3rd Dan Kukkiwon certified black belt, I compete in Poomsae, Olympic Sparring and Point Sparring, and I am a student of Grand Master Francisco Loureda Academy since 2011.



National Experience: 2017 AAU Taekwondo Medal - Gold

#### **Raelan Torres**

**Location:** Thornton, CO **Instructor:** Joseph Seo

**Bio:** 13 years old male from Seo's Martial Art in Arvada, Colorado. Won several championships in Colorado. Student of

Grand Master J. Seo.



National Experience - Medals: 2017 AAU Taekwondo Medal - Gold

# **Mallory Shea**

**Location:** Edgewater, MD **Instructor:** Tommy Lee

**Bio:** Mallory Shea has been competing in TKD since she was 7 years old. She enjoys drawing, being upside down and hanging out with her friends. She is in the Visual Arts Program at school and is excited to be a part of the National Point Sparring Team.



**National Experience:** 2017 AAU Taekwondo Medal - Gold

#### **Nicholas Torres**

Location: Thornton, CO **Instructor:** Joseph Seo

Bio: I'm a 15-year-old student attending Legacy High School. I currently swim for my high school, and am in the highest program that my school offers, the Legacy 2000 program. I am a student who studies under Grand Master J. Seo at Seo's Martial Art in Arvada, CO. I have trained for the last 9 years.



**National Experience:** 2017 AAU Taekwondo Medal - Gold

### **Ginger Hayden**

Location: Cobb Island, MD

**Instructor:** Glenn Ames

I love hunting, fishing, Bio: camping, swimming, basketball, volleyball, wolves, riding horses and photography. I want to study engineering and travel the world. I spend my free time teaching Taekwondo to children with special needs. My brother Ridge is not only my role model but her biggest supporter on and off the mat. Ginger's favorite quote is "Put on the full Armour of GOD. So that you can take your stand against the devil's schemes." Ephesians 6:11



**National Experience:** 2017 AAU Taekwondo Medal - Gold

#### Adam Buratowski

Location: New Market, MD **Instructor:** Susan Kline

Bio: I am a freshman in high school and have been training in TangSooDo at HiYa! Karate since the age of 7. I have participated in the Junior Olympics in 2012 & 2015 and in Nationals 2014, 2015, 2016 and 2017. I am also a member of Demonstration Team for my dojo and enjoy assisting the instructors for the vounger classes. In my spare time I enjoy playing a variety of sports with my friends.

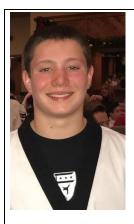


**National Experience:** 2017 AAU Taekwondo Medal - Gold

#### Mollie Miller

Location: Stafford, VA **Instructor:** Arlene Limas

Bio: I have competed in Taekwondo for 3 years now. I started in point sparring and this was my first year competing in olympic sparring at AAU Nationals. I enjoy Taekwondo very much. When I am not at practice, I love to dance.



**National Experience:** 2017 AAU Taekwondo Medal - Gold

# **Devin Reppert**

Location: Phillipsburg, NJ

**Instructor:** Kurt Fuhrmann

Bio: Sophomore at Phillipsburg High School playing on Varsity Football and Lacrosse Teams. 3rd degree black belt at US Family Martial Arts. 2014 AAU Taekwondo National Team Member.



**National Experience:** 2017 AAU Taekwondo Medal - Gold

#### **Miranda Pires**

Location: Mount Airy, MD

**Instructor:** Derek Watson

**Bio:** Miranda has been training with Master Derek Watson at Martial Arts Strive Germantown, MD for the past 9 years. She is a freshman at Saint John's Catholic Prep High School, where she is a member of the cheerleading team. In addition to taekwondo. Miranda competed in trampoline and tumbling.

**National Experience:** 2017 AAU Taekwondo Medal - Gold

### **Nikolas Ashcraft**

Location: Perry Hall, MD

Instructor: Rick Hammond

Bio: Taekwondo has been my passion for many years. In addition to point-sparring competition, I assist in coaching my tournament teammates, participate on the demo team and I am an Assistant Instructor on the Special Winning Attitude Team (SWAT). I also enjoy playing the drums, guitar and learning the bass guitar.



**National Experience:** 2017 AAU Taekwondo Medal - Gold

#### **Kendal Bettis**

Location: Avon, IN

**Instructor:** Duncan Williams

Bio: My Name is Kendal Bettis. I am a freshman at Avon High School in Avon, Indiana. I am a 2nd degree Black Belt and a Junior Instructor at The North Indy Taekwondo Club in Indianapolis, Indiana. I have trained for 6.5 years under Grandmaster Duncan Williams. I also enjoy skateboarding, doing Special Effects Makeup, and working with/helping others.



National Experience: 2017 AAU Taekwondo Medal - Gold

#### **Joshua Wishnow**

**Location:** Edgewater, MD **Instructor:** Tommy Lee

**Bio:** I am 17 years old and am currently a senior at South River High School in Maryland. After graduation I look forward to continuing my education at a University on the East Coast. Until then I will continue teaching Tae Kwon Do and competing on the AAU team at East Coast Martial Arts.



**National Experience:** 2017 AAU Taekwondo Medal - Gold

#### **Katherine Schiereck**

**Location:** Pittstown, NJ

Instructor: Cheryl Fuhrmann

Bio: I'm a junior attending the Computer Science and Software Engineering Academy. I am a 3rd degree Black Belt and started Taekwondo at US Family Martial Arts when I was three years old. My biggest achievements include 18 National winning Championship Titles and receiving the AAU Joel Ferrell Award when I was nine. My favorite aspect about the martial arts is the discipline, values, confidence and perseverance that it has taught me. I also love to draw, run track, snowboard and play soccer.



National Experience: 2017 AAU Taekwondo Medal - Gold

### **Gabrielle Anderson**

Location: La Plata, MD

**Instructor:** Jeremy Gray

**Bio:** Not Provided



National Experience: 2017 AAU Taekwondo Medal - Gold

# **Courtney Lenox**

Location: Annapolis, MD

**Instructor:** Tommy Lee

Bio: I am 16 years old and have been training at East Coast Martial Arts since I was 7.5 under Master Felix Garcia and Master Tommy Lee. Current belt rank is Third Degree. She has been to 7 AAU TKD National Competitions and has won Gold in Point Sparring each year. It is her passion! Outside of MA, she is a straight Α International Baccalaureate student in 10th grade. Also enjoys volunteering with the Theatre Tech team as well as other cause based organizations.