



2019 NATIONAL AAU YOUTH & ADULT TAEKWONDO CHAMPIONSHIP

June 30 – July 6, 2019

**Fort Lauderdale Convention Center
Fort Lauderdale, FL**

INFORMATION SHEET

ATHLETE ARRIVAL: Please consult the Schedule of Events to determine which day you **MUST** arrive. Check-in/weigh-ins have been scheduled over several days to ensure that your stay is as convenient as possible.

EVENT DATES: Sunday through Saturday—June 30 – July 6, 2019

ENTRY FEES:

# of Events	Early Registration April 22 nd – May 23 rd	Regular Registration May 24 th – June 6 th	Late Registration June 7 th – June 13 th
1 Individual Event	\$135	\$160	\$235
Each Additional Event	\$25	\$25	\$25
Team Form	\$150	\$175	\$250

CREDENTIAL FEES: National AAU Official's and Coaches Fee Schedule will be as follows:

	Via Online Registration
Coaches Credentials	\$100.00
Official's Refresher & Credentials	FREE!

If you plan to coach at all during this event, you must register and pay for a coach's credentials.

Please Note: In order to coach this event, you must have been previously certified (in 2019 competition year) through our online certification course and be able to prove it! **This course may be accessed through our web site aautaekwondo.org. On home page, click on COACHES CERTIFICATION.**

All officials who wish to work the National Championship **MUST** be individual members of AAU and attend the national clinic.

All applications must be processed through our ONLINE REGISTRATION SYSTEM located at <http://www.aautaekwondo.org> AND **completed no later than Thursday, June 13th, 2019 at 11:59 PM Eastern Standard Time (EST).**

**PAYMENT/
REGISTRATION
INFO:**

Until your registration fee is actually paid; the individual athlete or coach **IS NOT REGISTERED** to participate. **All incomplete or unfinished registrations will be purged from the system on Thursday, June 13th at 11:59 PM Eastern Standard Time (EST),** the last day for Late Registrations. Regardless of when you actually begin the registration process, you must complete the transaction by the aforementioned deadline dates or late fees/disqualification will apply.

When completing your application, be sure to give the correct weight, and rank **as of the date(s) of competition**. It is your responsibility to insure that your weight matches the weight class you listed on your application--failure to make weight may result in your disqualification from sparring!

IF corrections to your application ARE accepted at check-in, a \$40 Change Order Fee will be assessed—CASH ONLY!

AGE DETERMINING DATE:

Athletes shall be placed in the appropriate AGE category based on their age as of **December 31, 2019** (AAU Taekwondo's Age Determining Date). Cadet and Junior athletes MAY be required to show a **copy** of their birth certificate or passport at check-in. Please be sure to bring yours in order to avoid a potential disqualification.

AAU TEAMS

FOR OUR OLYMPIC SPARRING COMPETITORS: The Pre-Cadet (10-11) Teams shall be established at the National Championship by virtue of capturing the 1st Place Gold Medal in single elimination competition.

Pre-Cadet Team Members will be invited to train and travel with the National Teams at their own expense.

The top four finishers in the Cadet (12-14), Junior (15-17) and Senior (18-32) Black Belt divisions will be invited to Team Trials in August along with the current member of that team to compete under international rules (regarding a kick to the head) for the Team Member slot.

For those Black Belts competing in the Olympic Sparring Divisions, everyone must compete in the age category befitting their age according to our Age Determining Date. Fourteen year olds must compete as 12-14 year olds at the National Championship AND if you place in the top, four spots you will be invited to the 12-14-year-old Cadet Team Trials. Should you turn 15 in 2019 you will be invited to travel with the Junior Team at that time

FOR OUR POINT SPARRING COMPETITORS: All Point Sparring Teams shall be Determined at the National Championship by virtue of capturing the 1st Place Gold Medal in single elimination competition.

AAU MEMBERSHIP:

All athletes, coaches, and officials MUST be individual members of the AAU and be prepared to present their membership card at the time of their check-in.

ELIGIBILITY:

Qualification to the National AAU Taekwondo Championship must be determined by actual competition. Qualification may only be determined through:

- a) District Championship
- b) Regional Championship
- c) National Championship

District & Regional Championships
These events may qualify the top eight (8) athletes from each appropriate age and division category to participate at the National Championship.

RULES:

The AAU Taekwondo Rules, as posted on the AAU Taekwondo Web Site, shall govern this event. All officials and coaches participating in the National Championship must have completed the 2019 AAU Certification process and be duly certified to perform same by the AAU Taekwondo Committee. All officials must also have in their possession the current rulebook. You may download these rules FREE at www.aautaekwondo.org.

UNIFORM REQUIREMENTS:

All contestants must wear a clean **white** dobok only. **See AAU Taekwondo Rulebook.**

EQUIPMENT REQUIREMENTS:

Please refer to the proper pages in the 2019 AAU Taekwondo Rulebook for the mandatory and optional equipment requirements for point sparring and Olympic style sparring respectively. No exceptions!

SPECTATOR TICKETS:

Will be available at the Greater Fort Lauderdale Broward County Convention Center.

Ticket Type		In Advance	At the Door
Adult Tickets (12 and Older)	One Day Pass	\$15	\$18
	All Event Pass	\$60	\$70
Youth Ticket (5-11)	One Day Pass	\$6	\$13
	All Event Pass	\$40	\$50
Under 5	One Day Pass or All Event Pass	FREE!	FREE!

AWARDS:

National AAU Championship medals will be awarded to the top four (4) places in each division.

HOTELS:

The AAU Taekwondo Committee appreciates all traveling parties booking with the designated **“Official Hotels”**. **See separate listing of all Official Hotels.**

COMPETITION VENUE:

Fort Lauderdale Convention Center
1950 Eisenhower Blvd.
Fort Lauderdale, FL 33316
www.ftlauderdalecc.com

PSS SYSTEM:

The KPnP PSS System will be used in Olympic Style all advanced belts 10 & Up and Black Belt divisions. All competitor’s must provide their own sensor socks. All socks must be current version. To purchase the most current socks, please visit www.mykick.com.

EVENT OVERVIEW FOR 2019!

Monday, July 1st

ALL Point Sparring:

- Single Elimination Format
- All age & belt divisions will compete point sparring on Monday July 1
- National Team (black belt cadet, junior & senior) selection shall be decided by gold medal winners

ALL Special Needs Divisions:

- All special needs sparring divisions shall compete on Monday July 1

Tuesday, July 2nd

Traditional Forms: ITF

- Brazilian Repechage Format
- Allowed patterns are defined within pg 54 of AAU Taekwondo Handbook under ITF forms
- This event will be offered for all ages
- This event will be offered for all belt levels
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

Traditional Forms: WT

- Brazilian Repechage Format
- Allowed patterns are defined within pg 54 of AAU Taekwondo Handbook under WT forms
- This event will be offered for all ages
- This event will be offered for all belt levels
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

Traditional Forms: TSD

- Brazilian Repechage Format
- Allowed patterns are defined within pg 54 of AAU Taekwondo Handbook under TSD forms
- This event will be offered for all ages
- This event will be offered for all belt levels
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

Traditional Forms: Open Traditional

- Brazilian Repechage Format
- ITF, WT & TSD patterns will be allowed to compete together
- Allowed patterns are defined within pg 54 of AAU Taekwondo Handbook
- This event will be offered for all ages
- This event will be offered for all belt levels
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

Special Needs Forms

- All special needs forms divisions shall take place on Tuesday July 2nd
- Numeric scoring method used

Black Belt Team Forms

- All Black Belt team forms divisions shall take place on Tuesday July 2nd
- Brazilian Repechage Format

- All traditional forms accepted (ITF, WT, TSD)

Tuesday, July 2nd continued

Weapons Forms: Traditional

- Brazilian Repechage Format
- No live blades will be allowed
- Minimum one hand must remain in contact with the weapon at all times
- Ground rolls are allowed
- Inverted aerial maneuvers are not allowed
- Weapons are subject to inspection by Chief Referee and may be prohibited if deemed unsafe
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique
-

Weapons Forms: Creative

- Brazilian Repechage Format
- No live blades will be allowed
- Weapon releases are allowed in creative division
- Inverted aerial maneuvers are allowed in creative division
- Weapons are subject to inspection by Chief Referee and may be prohibited if deemed unsafe
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, Technique & Creativity

Wednesday July 3rd

ALL Special Needs Divisions:

- All special needs board breaking divisions shall compete on Wednesday July 3

Board Breaking: Open Breaking

- Brazilian Repechage Format
- Athletes compete in a side-by-side manor (superior technique advances to the next round)
- 90 seconds maximum setup/break time allowed per competitor
- Maximum of 10 boards utilized is allowed per competitor, per round of competition
- No forehead breaking, open flames, or bladed props may be used
- No jumping/flying over people will be allowed
- No spacers will be allowed
- No direct elbow strikes will be allowed
- Athlete technique will be judged based on the following criteria
 - Technique, focus, balance, power, and creativity
 - For two competitors executing the same technique as part of competition:
 - A break performed on the 1st try is superior to a break completed on the 2nd try
 - A two board break is superior to a one board break; a three board break is superior to a two board break
 - A break supported on one end (speed break) is superior to a break supported on both ends (for same number of boards)

Board Breaking: Repetitive Spin Hook

- Single break format
- Allowed technique is spinning hook kick
- Maximum number of boards broken within 20 seconds wins

- One board per strike

Wednesday July 3rd continued

Board Breaking: Repetitive Side Kick

- Single break format
- Allowed technique is side kick
- Maximum number of boards broken within 20 seconds wins
- One board per strike

Board Breaking: Repetitive Hand Technique

- Single break format
- Allowed technique is hammer fist, palm, knife or fist (punch)
- Maximum number of boards broken within 20 seconds wins
- One board per strike

Demo Team Competition

- Three to twenty member teams (any rank)
- All members & volunteers must be current AAU members
- Four-minute demonstration time limit
- All technical Taekwondo skills are graded for execution, presentation and difficulty
- Teams are granted freedom to add creativity to their demonstration, however synchronization may or may not be part of the team demonstration
- All props are subject to inspection of Chief Referee, and may be prohibited if deemed unsafe

National Dan Testing (3rd Dan & higher)

On the evening of Wednesday July 3rd from 5 to 8pm, a National AAU Taekwondo Dan testing will be held for 3rd Dan and higher ranks. This prestigious opportunity is offered to all AAU Taekwondo members, the testing will allow for testing in any accepted style (ITF, WT, TSD). A requirements outline and fee sheet is available separate from this packet on www.aautaekwondo.org

Thursday July 4th

Olympic Sparring Competition

- 12 – 14 Black Belt competition (KPnP)
- 15 – 17 Black Belt competition (KPnP)

Friday July 5th

Olympic Sparring Competition

- 12 – 14 Advanced competition (KPnP)
- 15 – 17 Advanced competition (KPnP)
- 18 – 32 Advanced competition (KPnP)
- 18 & older Black Belt competition (KPnP)
- 5-11 Black Belt competition (KPnP)
 - 10-11yr old Black Belt team selection based on gold medal winners Friday July 5th

Saturday July 6th

Olympic Sparring Competition

- 5 – 11 Novice, Intermediate & Advanced competition
 - 10 – 11yr Advanced will use KPnP
- 12 – 14 Novice & Intermediate competition
- 15 – 17 Novice & Intermediate competition
- 18 – 32 Novice & Intermediate competition
- 33 & older Novice, Intermediate & Advanced competition
 - 33yo & older Advanced competition (KPnP)