

# 2019 TAEKWONDO DIVISION LIST



**AGE DETERMINING DATE:** Athletes shall compete at their age as of **December 31<sup>st</sup>, 2019**.

## BOARD BREAKING:

AGE	GENDER	BELT CLASS	
All	Female & Male	NOV, INT, ADV & BLACK	Open Board Breaking
All	Female & Male	NOV, INT, ADV & BLACK	Repetitive Speed Side Kick
All	Female & Male	NOV, INT, ADV & BLACK	Repetitive Speed Spin Hook
All	Female & Male	NOV, INT, ADV & BLACK	Repetitive Hand Board Breaking

## FORMS (ITF, WTF, TSD & OPEN will all be separate divisions):

AGE	GENDER	BELT CLASS
5	Male	Novice and Intermediate
5	Female	Novice and Intermediate
6–7	Male	Novice, Intermediate, and Advanced
6–7	Female	Novice, Intermediate, and Advanced
8–9	Male	Novice, Intermediate, Advanced, and Blk
8–9	Female	Novice, Intermediate, Advanced, and Blk
10–11	Male	Nov., Int., Adv., Blk 1, Blk 2 & Up
10–11	Female	Nov., Int., Adv., Blk 1, Blk 2 & Up
12–13	Male	Nov., Int., Adv., Blk 1, Blk 2 & Up
12–13	Female	Nov., Int., Adv., Blk 1, Blk 2 & Up
14–15	Male	Nov., Int., Adv., Blk 1, Blk 2 & Up
14–15	Female	Nov., Int., Adv., Blk 1, Blk 2 & Up
16–17	Male	Nov., Int., Adv., Blk 1, Blk 2 & Up
16–17	Female	Nov., Int., Adv., Blk 1, Blk 2 & Up
18–32	Male	Nov., Int., Adv., Blk 1, Blk 2, Blk 3, Blk 4 & Up
18–32	Female	Nov., Int., Adv., Blk 1, Blk 2, Blk 3, Blk 4 & Up
33–42	Male	Nov., Int., Adv., Blk 1, Blk 2, Blk 3, Blk 4 & Up
33–42	Female	Nov., Int., Adv., Blk 1, Blk 2, Blk 3, Blk 4 & Up
43 and up	Male	Nov., Int., Adv., Blk 1, Blk 2, Blk 3, Blk 4 & Up
43 and up	Female	Nov., Int., Adv., Blk 1, Blk 2, Blk 3, Blk 4 & Up

## WEAPONS FORMS:

AGE	GENDER	BELT CLASS	
All	Female & Male	NOV, INT, ADV & BLACK	Traditional Weapons Forms
All	Female & Male	NOV, INT, ADV & BLACK	Creative Weapons Forms

## POINT SPARRING:

AGE	GENDER	CLASS	WEIGHT DIVISIONS
5	Male	Nov. and Int.	45.0 & Under / Over 45.0
5	Female	Nov. and Int.	45.0 & Under / Over 45.0
6–7	Male	Nov., Int., Adv., Blk	Under 45.0 / 45.0–55.9 / Over 55.9
6–7	Female	Nov., Int., Adv., Blk	Under 45.0 / 45.0–55.9 / Over 55.9
8–9	Male	Nov., Int., Adv., Blk	Under 60.0 / 60.0–70.9 / Over 70.9
8–9	Female	Nov., Int., Adv., Blk	Under 60.0 / 60.0–70.9 / Over 70.9
10–11	Male	Nov., Int., Adv., Blk	Under 75.0 / 75.0–85.9 / Over 85.9
10–11	Female	Nov., Int., Adv., Blk	Under 80.0 / 80.0–90.9 / Over 90.9
12–13	Male	Nov., Int., Adv., Blk	Under 100.0 / 100.0–115.9 / Over 115.9
12–13	Female	Nov., Int., Adv., Blk	Under 105.0 / 105.0–120.9 / Over 120.9

14–15	Male	Nov., Int., Adv., Blk	Under 115.0 / 115.0–145.9 / Over 145.9
14–15	Female	Nov., Int., Adv., Blk	Under 110.0 / 110.0–140.9 / Over 140.9
16–17	Male	Nov., Int., Adv., Blk	Under 135.0 / 135.0–165.9 / Over 165.9
16–17	Female	Nov., Int., Adv., Blk	Under 115.0 / 115.0–145.9 / Over 145.9
18–32	Male	Nov., Int., Adv., Blk	Under 125.0 / 125.0–155.9 / 156.0–185.9 / Over 185.9
18–32	Female	Nov., Int., Adv., Blk	Under 110.0 / 110.0–125.9 / 126.0–155.9 / Over 155.9
33–42	Male & Female	Nov., Int., Adv., Blk	Same as 18–32 Male & Female
43 and up	Male & Female	Nov., Int., Adv., Blk	Same as 18–32 Male & Female

### OLYMPIC SPARRING:

AGE	GENDER	BELT CLASSES	WEIGHT DIVISION
5	Male	Nov. and Int.	45.0 & Under / Over 45.0
5	Female	Nov. and Int.	Same as 5 male
6–7	Male	Nov-Int-Adv-Blk	Under 40.1 / 40.1–52.0 / 52.1–65.0 / 65.1–78.0 / 78.1–90.0 / Over 90.0
6–7	Female	Nov-Int-Adv-Blk	same as 6–7 male
8–9	Male	Nov-Int-Adv-Blk	Under 55.1 / 55.1–67.0 / 67.1–80.0 / 80.1–92.0 / 92.1–105 / Over 105.0
8–9	Female	Nov-Int-Adv-Blk	same as 8–9 male
10–11	Male	Nov-Int-Adv-Blk	Under 64.0 / 64.0–77.2 / 77.2–90.0 / 90.1–102.0 / 102.1–115.0 / Over 115.0
10–11	Female	Nov-Int-Adv-Blk	same as 10–11 male
12–14	Male	Nov-Int-Adv	Under 81.7 / 81.7–99.2 / 99.3–116.8 / 116.9–134.5 / Over 134.5
12–14	Female	Nov-Int-Adv	Under 72.9 / 72.9–90.4 / 90.5–103.6 / 103.7–121.3 / Over 121.3
12–14	Male	Blk	Under 72.9 / 72.9–81.6 / 81.7–90.4 / 90.5–99.2 / 99.3–108.0 / 108.1–116.8 / 116.9–125.7 / 125.8–134.5 / 134.6–143.3 / Over 143.3
12–14	Female	Blk	Under 63.9 / 64.0–72.8 / 72.9–81.6 / 81.7–90.4 / 90.5–97.0 / 97.1–103.6 / 103.7–112.4 / 112.5–121.3 / 121.4–130.1 / Over 130.1
15–17	Male	Nov-Int-Adv	Under 105.9 / 105.9–121.3 / 121.4–138.9 / 139.0–160.9 / Over 160.9
15–17	Female	Nov-Int-Adv	Under 97.4 / 97.1–108.0 / 108.1–121.3 / 121.4–138.9 / Over 138.9
15–17	Male	Blk	Under 99.3 / 99.3–105.8 / 105.9–112.4 / 112.5–121.3 / 121.4–130.1 / 130.2–138.9 / 139.0–149.9 / 150.0–160.9 / 161.0–172.0 / Over 172.0
15–17	Female	Blk	Under 92.7 / 92.7–97.0 / 97.1–101.4 / 101.5–108.0 / 108.1–114.6 / 114.7–121.3 / 121.4–130.1 / 130.2–138.9 / 139.0–149.9 / Over 149.9
18–32	Male	Nov-Int-Adv	Under 128.0 / 128.0–149.9 / 150.0–176.4 / Over 176.4.
18–32	Female	Nov-Int-Adv	Under 108.0 / 108.0–125.7 / 125.8–147.7 / Over 147.7
18–32	Male	Blk	Under 119.1 / 119.1–127.9 / 128.0–138.9 / 139.0–149.9 / 150.0–163.1 / 163.2–176.4 / 176.5–191.8 / Over 191.8
18–32	Female	Blk	Under 101.5 / 101.5–108.0 / 108.1–116.8 / 116.9–125.7 / 125.8–136.7 / 136.8–147.7 / 147.8–160.9 / Over 160.9
33 and up	Male & Female	All Belts	Same as 18–32 Male & Female Nov., Int., Adv.
43 and up	Male & Female	All Belts	Same as 18–32 Male & Female Nov., Int., Adv.

### TEAM EVENTS:

AGE	GENDER	BELT CLASSES	TEAM EVENTS
5 – 17 years old	Female & Male	Black Belts Only	Team Forms (3 Members)
18 years old & up	Female & Male	Black Belts Only	Team Forms (3 Members)
5 – 17 years old	Female & Male	All Belts	Demo Teams (3 – 20 Members)
18 years old & up	Female & Male	All Belts	Demo Teams (3 – 20 Members)

The tournament committee reserves the right to further divide **or** combine divisions depending on the number of

competitors registered to compete in each division.

<b><i>SPECIAL NOTES: For all AAU Taekwondo Competitions</i></b>	
<i>Novice Division</i>	<i>White, Yellow, Orange Belts</i>
<i>Intermediate Division</i>	<i>Green, Blue, Purple Belts</i>
<i>Advanced Divisions</i>	<i>Both Red and Brown Belts</i>
<i>Black Belt Divisions</i>	<i>All Black Belts</i>