



2019-20

AAU Taekwondo National

Cadet Female & Male Teams for Ages: 12-14

12 – 14 FEMALE CADET TEAM MEMBERS



Emily
Rodriquez
-66.0



Nina
Venegas
66.0-72.8



Saniya
Carrillo
72.9-81.6



So'Mora
Knight
81.7-90.4



Sofia
Shumsky
90.5-97.0



No Photo Provided

Kristina
Teachout
97.1-103.6



Sharon
Vera
103.7-112.4



Gianna
Vega
112.5-121.3



No Photo Provided

Cheyenne
Wright
121.4-130.1



Natalia
Hershberger
over 130.1

12 – 14 MALE CADET TEAM MEMBERS



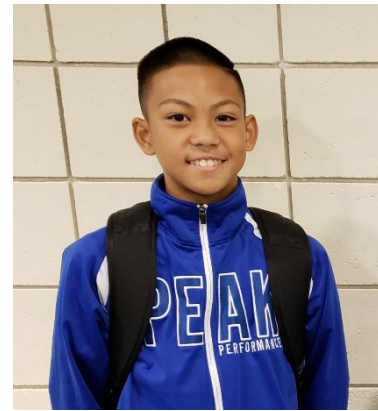
**Martin
Olvera
-72.9**



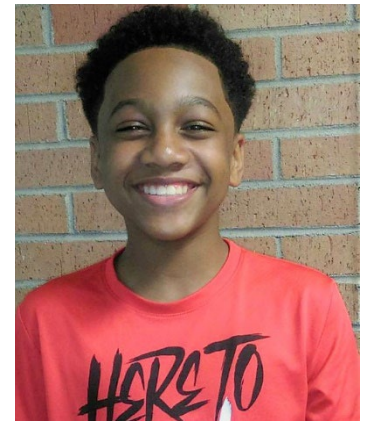
**Kevin
Pereda
72.9-81.6**



**James
Noyes
81.7-90.4**



**Sean
Laloan
90.5-99.2**



**Jaden
Baxter
99.3-108.0**



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**Matthew
Mancuso
108.1-116.8**



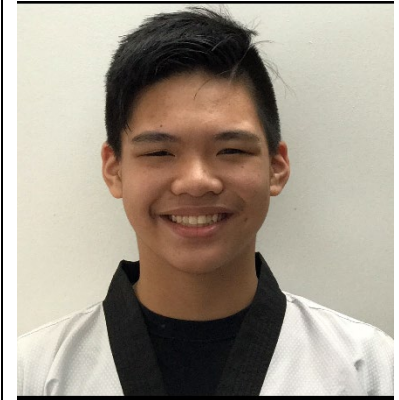
**Bryson
Chen
116.9-125.7**



**Noah
Shanafelt
125.8-134.5**



**Isaac
Robles
134.5-143.3**



**Julian
Basalatan
over 143.3**

2019-20 AAU Taekwondo National Female & Male Cadet Teams

Team Members & Biographies



Martin Olvera

Instructor: Martin Olvera

Location: Duluth, GA

Bio: Hi I'm Martin Olvera I'm a 13-year-old boy who accomplished many great things and hope to accomplish more and better things. I'm currently rank #4 in the U.S and it's still going up. I accomplished a gold medal in AAU 2013 & 2014 and Bronze Medal in 2018. I made AAU team as well in 2018, which I worked really hard for. I want to make the Olympics and get gold representing the U.S, this is my bio and my Olympic dream.

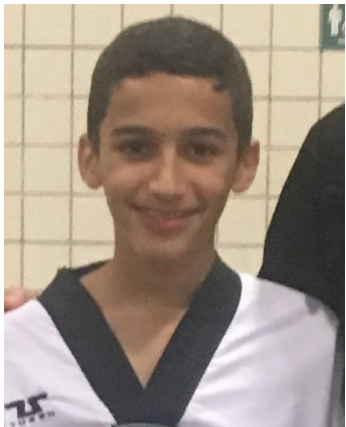


Emily Rodriguez

Instructor:

Location: South Holland, IL

Bio: My name is Emily Rodriguez and I am 12 years old. I started Taekwondo at the age the age of 6. I practice Taekwondo at Xcellent Taekwondo Center in Palos Heights, Illinois under the direction of Master Jeffrey Williams Sr. Currently I play Basketball and Volleyball at Nathan Hale Middle School. I love Taekwondo, my goal is to keep competing at a national level and to become a Olympic Champion.



Kevin Pereda

Instructor: Frank Loureda

Location: Miami, Florida

Bio: I am 13 years old. I have been doing Taekwondo since I was 7 years old. I have enjoyed this sport for a very long time and still have not lost my passion. I have gone to many tournaments where I sometimes lose or sometimes win. These tournaments have helped me get more experience to become a better overall athlete. Things I like doing on my own time when I'm not training or competing are playing soccer, watching movies, and playing video games. My goals are to continue balancing my taekwondo life with my social and academic life. I am also striving to compete among the best of the best in the Olympic level!!!



Nina Venegas

Instructor: Luis Saito

Location: Laredo, TX

Bio: I am Nina Dianne Venegas, a 2nd Dan Black Belt in Taekwondo. I joined Saito Martial Arts since I was 4 years old and have been training hard ever since. I am currently 12 years of age and I'm thankful to God for all that he has allowed me to accomplish. I have never ceased to believe that I can do all things thru God who strengthens me and He has not failed to help me accomplish many Gold Medals in almost all of my competitions. I will continue to do my best for all new challenges to come!

James Noyes



Instructor: Jorge Patt

Location: Bonita Springs, FL

Bio: I am 13 years old and attend Bonita springs charter school. I've been doing taekwondo for eight years. I've placed at AAU nationals three times. I also enjoy video games, fishing and hiking in the woods.

Saniya Carrillo

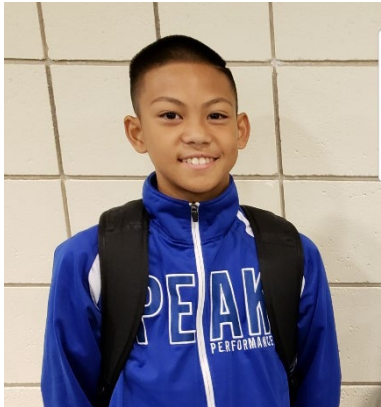


Instructor: John Kinyanjui

Location: Las Vegas, NV

Bio: My name is Saniya Carrillo and I have been doing Taekwondo since I was 6 years old. I train at KJ Taekwondo School in Las Vegas, Nevada. In my spare time I play the violin and am an honor student. I love spending time with my family.

Sean Laloan



Instructor: Just Laloan

Location: Indian Trail, NC

Bio: Enjoys doing Taekwondo, playing basketball and video games.

So'Mora Knight



Instructor: Jermaine James

Location: Cape Coral, Florida

Bio: I am a 14-year-old who is passionate about Taekwondo, I have been practicing traditional Taekwondo for 5 years and competing for 3 years. My goal is to compete in the Olympics. I would like to thank my coach Master Jermaine James, my mom and my Team BBT Family for always pushing me to be my best and achieve this amazing accomplishment.



Jaden Baxter

Instructor: Russell Aupied

Location: Charlotte, NC

Bio: I am a freshman cellist in high school. My favorite subjects are math and science. I have been practicing Taekwondo for over eight years and currently a third degree black belt. I would like to thank my coach Master Russell Aupied for pushing me to strive towards greatness at all times on and off of the mat. Thank you for taking me in and giving me greater opportunities that will assist in reaching my ultimate goal of representing the USA at the Olympics one day.



Sofia Shumsky

Instructor: Charles Ferrone

Location: Monroe, NJ

Bio: My name is Sofia Shumsky and I've been doing taekwondo since I was five. I love this sport and being on this team means so much to me. In my free time, I like to run and hang out with my friends and family.



Matthew Mancuso

Instructor: Andrew Oh

Location: Fresh Meadows, NY

Bio: I am 14 years old. I have been doing taekwondo since I was 4 years old. I like competing and meeting people from all over the country.

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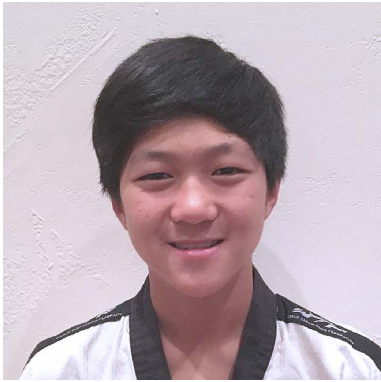
Kristina Teachout

Instructor:

Location:

Bio:

No Photo Provided



Bryson Chen

Instructor: Sang Cha

Location: Coppell, TX

Bio: I like movies, cars, and fitness. I have been fortunate enough to be able to train with Master Sang Cha; Coach Donald Driver; and also have great sparring partners, Kiefer and Aaron, who are fellow national team members.



Sharon Vera

Instructor: Serapio Medina

Location: Indiana

Bio:



Noah Shanafelt

Instructor: Ryan Andrachik

Location: Uiontown, OH

Bio: I'm 14 years old and in the ninth grade. I enjoy hanging around my friends, and i love to be around my family. I love taekwondo and competing in tournaments.



Gianna Vega

Instructor: Luis Pena

Location: Ponce, PR

Bio:

Isaac Robles

Instructor: Yosvany Perez

Location: Aurora, CO

Bio: Being part of taekwondo has really changed and impacted my life. Before I was in taekwondo I had a different mindset on things and didn't have much respect and discipline. I would also walk around with not being confident in myself and would be scared of anybody who bullied me because of me being fat. All of what I have just explained changed once I got into taekwondo, I first thought when I entered that I would be learning how to defend myself do a few classes and that would be it. Master Yosvany has really helped me on becoming on the person I am today, he has really pushed me to be the best version of myself and made me understand that things you want don't just come to you have to work hard for what you want. This has been my experience in taekwondo but I hope to learn and gain more experience in the future.



Julian Basalatan

Instructor: Richard DeGeorge

Location: Freehold, NJ

Bio: Julian is a Freshmen in high school in Freehold NJ. He trains 3-5 time a week in taekwondo. He also plays basketball competitively in school and travel. his last year in Middle School a teacher challenged him to try shot put. He was awarded Rookie of the Year in track & field and medaled 3rd place at the Shore Intermediate ALL-STAR MEET Track & Field League. Julian is also a consistent honor student.



Cheyenne Wright

Instructor: Charles Park

Location: Chesapeake, VA

Bio: 2018-2019 AAU National Team
2018 USA Taekwondo National Cadet Team



No Photo Provided

Natalia Hershberger

Instructor:

Location: Mansfield, OH

Bio: Taekwondo is my passion! I also really enjoy reading, writing and eating (mostly eating).



