

## **AAU Taekwondo National**

## Female & Male Point Sparring Teams for Ages: 12-17

#### 12 – 17 FEMALE POINT SPARRING TEAM MEMBERS











12-13 Sofia Shumsky -104.9

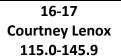
12-13 Mallory Shea 105.0-120.9

12-13 Ginger Hayden 121.0-999.0

14-15 Jiya Narwal -109.9

14-15
Isabella Carrandi Betancor
110.0-140.9







16-17 Gabrielle Anderson 146.0-999.0



**Team Members & Biographies On Following Pages** 

# NO PHOTO PROVIDED



National Experience: 2018 AAU Taekwondo Medal - Gold

#### **Colin Hallmark**

**Location:** Arnold, MD **Instructor:** Tommy Lee

Bio: N/A

# NO PHOTO PROVIDED



National Experience: 2018 AAU Taekwondo Medal – Gold

### **Sofia Shumsky**

Location: Monroe, NJ

**Instructor:** Charles Ferrone

Bio: N/A

# NO PHOTO PROVIDED



**National Experience:** 2018 AAU Taekwondo Medal - Gold

## **Christopher Williams**

**Location:** Annapolis, MD **Instructor:** Tommy Lee

Bio: N/A

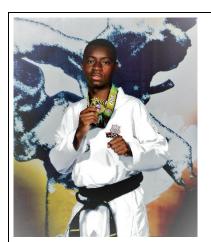


National Experience - Medals: 2018 AAU Taekwondo Medal - Gold

## **Mallory Shea**

**Location:** Edgewater, MD **Instructor:** Tommy Lee

**Bio:** I have been doing Tae Kwon Do for 7 years and this is my second year on the National Point Sparring Team. I am very passionate about Tae Kwon Do and enjoy training as hard as I can to be the best athlete possible. In my spare time, I enjoy sailing and photography.



National Experience: 2018 AAU Taekwondo Medal - Gold

#### **Lucas Beach**

Location: Bryans Road, MD

**Instructor:** Jeremy Gray

**Bio:** I am the 2018 and 2017 AAU Taekwondo National Gold Medalist in point sparring. 2018,17 and 16 MD State AAU Taekwondo point sparring Gold Medalist. As well as many other competitions and state titles over the past few years, I study martial arts at Southern Maryland Martial Arts and Fitness located in Bryans Road Md. under Master Jeremy Gray owner and Grand Master Michael Norwood.



**National Experience:** 2018 AAU Taekwondo Medal - Gold

### **Ginger Hayden**

**Location:** Newburg, MD

**Instructor:** Glenn Ames

**Bio**: I love teaching Taekwondo at our Warrior class. I volunteer at our local Church camp helping with the horses. I enjoy playing Basketball, Volleyball, swimming,

and doing the long jump.



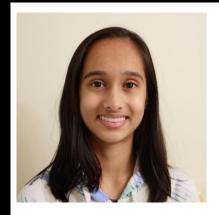
National Experience: 2018 AAU Taekwondo Medal - Gold

#### **Evan Pague**

Location: Baltimore, MD

Instructor: Richard Hammond

**Bio:** I started my Taekwondo journey shortly after my eighth birthday. It was clear from the start that I had found my passion. I participated in my first tournament in 2014 as a brown belt and discovered my love of competition. The following year as a red belt I won my first Point Sparring National Championship. In 2016 I earned my first Dan and won my Point second Sparring National Championship. My passion for Taekwondo has also transferred to my first job as a student counselor and at Baltimore Elite Martial Arts Academy.



National Experience: 2018 AAU Taekwondo Medal - Gold

### **Jiya Narwal**

Location: Monroe, NJ

**Instructor:** Charles Ferrone

**Bio**: 1<sup>st</sup> Degree Black Belt.



National Experience: 2018 AAU Taekwondo Medal - Gold

#### **Lorenzo Ezekiel Buenaventura**

**Location:** Katy, TX

Instructor: Joseph Santarose

Bio: My name is Kiel and I'm an 8th grader at Katy Junior High. I've started Taekwondo when I was 6 years old. I love reading and playing with my

little brothers.



National Experience: 2018 AAU Taekwondo Medal - Gold

#### Isabella Carrandi Betancor

Location: Miami, FL

**Instructor:** Frank Loureda

**Bio:** AAU National Championship Medalist 2012, 2013, 2014, 2015, 2016, 2017 & 2018. Currently I am a 3rd Dan Kukkiwon certified black belt, I compete in Poomsae, Olympic Sparring and a National Team Member of the AAU Point Sparring team 2017, 2018-2019.

## NO PHOTO PROVIDED



National Experience: 2018 AAU Taekwondo Medal - Gold

#### **Maguire Ballard**

Location: Riva, MD

**Instructor:** Tommy Lee

**Bio:** My name is Maguire Ballard. I have been competing on the East Coast Martial Arts AAU team since 2010 and it goes without saying taekwondo/competition is my passion. I will be a junior this coming year at South River High School in Edgewater, Maryland and look forward to furthering my academic and athletic abilities as the season progresses.



National Experience: 2018 AAU Taekwondo Medal - Gold

### **Courtney Lenox**

Location: Annapolis, MD

**Instructor:** Tommy Lee

Bio: I am 16 years old and have been training at East Coast Martial Arts since I was 7.5 under Master Felix Garcia and Master Tommy Lee. Current belt rank is Third Degree. I have been to 8 AAU TKD National Competitions and have won Gold in Point Sparring each year. It is my passion! Outside of MA, I am a International straight Α Baccalaureate student in the 11th grade. I also enjoy volunteering at the Lighthouse Shelter as well as other cause based organizations. I am really looking forward to working out with the rest of the AAU National Point Sparring team - congrats to all who made it this year!



**National Experience:** 2018 AAU Taekwondo Medal - Gold

#### **Mark Kline**

Location: Gaithersburg, MD

**Instructor:** Susan Kline

Bio: 2018 AAU National Champion, GOLD Point-Sparring, 2017 AAU National Champion, Bronze Point-Sparring, 2016 AAU National Champion, Silver Point-Sparring, 2013 AAU Junior Olympics, GOLD Black Belt Team Forms, GOLD Point-Sparring; Bronze Forms, 2012 AAU Junior Olympics, GOLD Black Belt Forms, GOLD Point-Sparring and GOLD Olympic Sparring, 2012 Joel Ferrell Award for AAU Junior Outstanding Olympics, Athlete 2011 AAU Junior Olympics Silver Medalist, Black Belt Forms and Olympic Sparring 2010 AAU Junior Olympics Bronze Medalist.



National Experience: 2018 AAU Taekwondo Medal - Gold

#### **Gabrielle Anderson**

**Location:** La Plata, MD **Instructor:** Jeremy Gray

**Bio:** I have been practicing TKD for 6 years and is a State Champion in MD, VA, NJ, NC and PA. I have also been a National Champion for 6 yrs. I am working as an instructor at my TKD school and is always looking for more opportunities to learn so I will have more to share with my students.



**National Experience:** 2018 AAU Taekwondo Medal – Gold

### **Devin Reppert**

**Location:** Phillipsburg, NJ

**Instructor:** Cheryl Fuhrmann

**Bio:** 3rd degree black belt at US Family Martial Arts Phillipsburg, NJ. 2018 AAU National Team Member (Point) Junior at Phillipsburg High School in Phillipsburg, NJ. Phillipsburg High School Varsity Football and Lacrosse.

