



# 2020 AAU YOUTH & ADULT TAEKWONDO VIRTUAL NATIONAL CHAMPIONSHIP

**OCTOBER 24, 2020**

**LIVE VIA ZOOM**

## INFORMATION SHEET

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### ENTRY FEES:

# of Events	Early Registration September 9 <sup>th</sup> – 30 <sup>th</sup>	Regular Registration October 1 <sup>st</sup> – 7 <sup>th</sup>	Late Registration October 8 <sup>th</sup> – 12 <sup>th</sup>
1 Individual Event	\$65	\$75	\$85
Each Additional Event	\$15	\$15	\$15
Team Form & Demo Teams	\$75	\$85	\$95

All officials (currently certified) who wish to work the National Championship **MUST** be individual members of AAU and attend the national clinic.

All applications must be processed through our ONLINE REGISTRATION SYSTEM located at <http://www.aautaekwondo.org> AND completed no **later than October 12<sup>th</sup> at 11:59 PM Eastern Standard Time (EST)**.

### PAYMENT/ REGISTRATION INFO:

Until your registration fee is actually paid; the individual athlete **IS NOT REGISTERED** to participate. Regardless of when you actually begin the registration process, you must complete the transaction by the aforementioned deadline date(s) or late fees/disqualification will apply.

When completing your application, be sure to give the correct rank **as of the date(s) of competition**.

### AGE DETERMINING DATE:

Athletes shall be placed in the appropriate AGE category based on their age as of **December 31, 2020** (AAU Taekwondo's Age Determining Date).

### AAU MEMBERSHIP:

All athletes, coaches, and officials **MUST** be individual members of the AAU and be prepared to present their membership card at the time of their check-in.

### ELIGIBILITY:

OPEN NATIONALS – All AAU Members are welcome to compete.

### RULES:

The AAU Taekwondo Rules, as posted on the AAU Taekwondo Web Site, shall govern this event. All officials and coaches participating in the National Championship must have completed the 2020 AAU Certification process and be duly certified to perform same by the AAU Taekwondo Committee. All officials must also have in their possession the current rulebook. You may download these rules FREE at [www.aautaekwondo.org](http://www.aautaekwondo.org).

### AWARDS:

National AAU Championship medals will be awarded to the top four (4) places in each division. All athletes participating will receive a National Championship t-shirt. Please note that your medal(s) and national shirts will be mailed to your prospective school/club if they are a host site or will be mailed individually to you.

**GRAND CHAMPION:** Each age group will also have a grand champion. Grand champion will receive a grand champion jacket made just for this year's nationals from our national sponsor

Grand Champion Age Groups	
5 Female & Male	14 – 15 Female & Male
6 – 7 Female & Male	16 – 17 Female & Male
8 – 9 Female & Male	18 – 32 Female & Male
10 – 11 Female & Male	33 – 42 Female & Male
12 – 13 Female & Male	43+ Female & Male

**POINT SYSTEM:**

Gold (with competitors)	7 Points
Uncontested Gold	5 Points
Silver	3 Points
Bronze	1 Point
Tie Breaker: <ul style="list-style-type: none"><li>- Who faced more competitors in total.</li></ul>	
If still tied: <ul style="list-style-type: none"><li>- Who registered for more events.</li></ul>	
If still tied: <ul style="list-style-type: none"><li>- Who broke higher # of boards.</li></ul>	

**CLUB AWARDS:** Top 20 Clubs with the most entries – will receive a customized banner to hang in their school.

**HOST SITE:** Your School/Club can be a host site by having 10 or more registered athletes.

**VENUE:** **Athletes may compete from their home or their home dojang. All divisions will be aired LIVE on Facebook and zoom in the normal bracketed format.**

**SPECTATORS:** FREE!! All matches will be live on Facebook and YouTube.

**HOW WILL IT WORK:**

- Brackets will be posted at least one day prior and athletes will receive their staging time along with password report on Zoom and enter holding.
- Athletes must report to the waiting room ON TIME or may be disqualified.
- The referee will announce the start of the division and the first match will be called.
- Only the two athletes who are competing at in the current match will be on the live feed.
- At the end of the match the judges will be polled, and the winner will be announced and advanced in the bracket.
- Standard Brazilian Repechage

# VIRTUAL NATIONALS EVENT OVERVIEW

LIVE VIA ZOOM - SATURDAY, OCTOBER 24<sup>TH</sup>

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## **Individual Recognized Sport Poomsae**

- Poomsae will be announced the week prior.
- Poomsae selection will be released on 10/11.
- Video Submission are Due 10/12-10/15.
- Prelims will take place on 10/17 & and the live finals will take place on 10/24.

## **ALL Special Needs Divisions:**

- All special needs board breaking divisions

## **Board Breaking: Repetitive Spin Hook**

- Single break format
- Allowed technique is spinning hook kick
- One board per strike

## **Board Breaking: Repetitive Side Kick**

- Single break format
- Allowed technique is side kick
- One board per strike

## **Board Breaking: Repetitive Hand Technique**

- Single break format
- Allowed technique is hammer fist, palm, knife or fist (punch)
- One board per strike

## **Board Breaking Rules**

Boards must be purchased at the host site or from our National Sponsor AAMA by visiting website [www.aamasupply.com](http://www.aamasupply.com). AAU rules will determine the size of the boards that will be used for each division. Each competitor will have ten boards. The competition is determined by who can break all their boards in the least amount of time. (10 Boards for foot techniques and 15 for hand techniques) First place will be decided by the fastest time, second place by the second fastest time, and so on. Each competitor will have a maximum of thirty seconds to break all their boards.

- There can be up to two stations in front of the competitor (five boards each). The competitor may use one or both legs to break the boards, but must break one board at a time. In other words, the competitor cannot try to break two boards at the same time.

In the event of a tie for first or second place, the winner will be decided first by which one has the fewer number of unbroken boards. If there is still a tie, then the winner will be decided by the judges based on which competitor they determine had better balance and poise before, during and after the techniques.

## **Special Needs Forms**

- All special needs forms divisions shall use numeric scoring method

## **Traditional Forms: ITF**

- Brazilian Repechage Format
- Allowed patterns are defined within pg. 54 of AAU Taekwondo Handbook under ITF forms
- This event will be offered for all ages
- This event will be offered for all belt levels
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

# VIRTUAL NATIONALS EVENT OVERVIEW CONTINUED

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## **Traditional Forms: WT**

- Brazilian Repechage Format
- Allowed patterns are defined within pg. 54 of AAU Taekwondo Handbook under WT forms
- This event will be offered for all ages
- This event will be offered for all belt levels
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

## **Traditional Forms: TSD**

- Brazilian Repechage Format
- Allowed patterns are defined within pg. 54 of AAU Taekwondo Handbook under TSD forms
- This event will be offered for all ages
- This event will be offered for all belt levels
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

## **Traditional Forms: Open Traditional**

- Brazilian Repechage Format
- ITF, WT & TSD patterns will be allowed to compete together
- Allowed patterns are defined within pg. 54 of AAU Taekwondo Handbook
- This event will be offered for all ages
- This event will be offered for all belt levels
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

## **Creative Forms**

- Brazilian Repechage Format
- Creative division shall allow forms to include contemporary martial arts techniques
- These may be added to a traditional form, or the form may be devised in its entirety by the competitor
- A form in the Creative Forms Event must include the majority of techniques which originate from martial arts (gymnastic type motions allowed, but form must remain primarily martial arts based)
- Spinning kicks, jump spinning kicks, flying kicks, multiple kicks, splits are allowed
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, Technique & Creativity
- 90 second time limit

## **Black Belt Team Forms**

- Brazilian Repechage Format
- All traditional forms accepted (ITF, WT, TSD)
- All Black Belt team forms divisions shall consist of 3-person teams
- Teams may be all male, all female or mixed
- Age groups include - Under 18yo and 18 & over

## **Weapons Forms: Traditional**

- Brazilian Repechage Format
- No live blades will be allowed
- Minimum one hand must remain in contact with the weapon at all times
- Inverted aerial maneuvers are not allowed
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

## **Weapons Forms: Creative**

- Brazilian Repechage Format
- No live blades will be allowed
- Weapon releases are allowed in creative division
- Inverted aerial maneuvers are allowed in creative division
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, Technique & Creativity