



# NEW JERSEY AAU 2024 STATE CHAMPIONSHIP NEW VENUE!

TEANECK ARMORY  
1799 Teaneck Rd. Teaneck, NJ 07666

SATURDAY, MAY 11



Beautiful  
Custom  
Medals!

2024 AAU  
National  
Qualifier!

Daedo Gen 2  
For ALL Ages  
Intermediate  
Ranks & Up!

Register Today!  
[Tourneyreg.net](http://Tourneyreg.net)



Hosted By:  
Master Andrew Trento  
(201) 203-0773  
[NJAAUTKD@gmail.com](mailto:NJAAUTKD@gmail.com)

This event is licensed by the Amateur Athletic Union of the U.S., Inc. All Participants must have a current AAU Membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete Membership must be obtained before the competition begins except where the event operator has a laptop available with internet connection. Be prepared: Adult and Non Adult memberships are no longer instant and cannot be applied for at vent. Please allow for 10 days for membership to be processed. Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership



**Saturday, May 11<sup>th</sup>, 2024**

Held at Teaneck Armory  
1799 Teaneck Rd., Teaneck, NJ 07666

**TOURNAMENT INFO:** Andrew Trento, Tournament Director- (201) 203-0773/njaautkd@gmail.com  
*Tournament is hosted by Trento's Martial Arts and Fitness Center & Licensed by Amateur Athletic Union.*

**COMPETITION AGE:** All athletes shall compete at their age as of **December 31, 2024.**

**AAU MEMBERSHIP:** All athletes, coaches, officials, & volunteers must be current individual members of the AAU and should be able to present their current AAU membership card on request.

**EQUIPMENT:** Please refer to the AAU Taekwondo Handbook for the mandatory equipment requirements as well as the respective rules for competition. The handbook is available online at [www.aautaekwondo.org](http://www.aautaekwondo.org).

**REGISTRATION & ENTRY FEES:** Register online at

[www.TOURNEYREG.net](http://www.TOURNEYREG.net)

**Athletes: (Before April 1<sup>st</sup>) One event - \$99.00, \$20 each additional event.**  
**(Before May 1<sup>st</sup>) One event- \$109, \$20 each additional event.**  
**(Before May 8<sup>th</sup>) One event- \$129, \$20 each additional event.**

**All Coach's Pass: \$50.00**

**Spectator Admission: \$15 (PAID AT DOOR) Children ages 4 & under are free**

*\*\*There will be no refunds issued for any reason\*\**

*\*\*\*No smoking, food or drinks are permitted inside the facility\*\*\**



## DIRECTIONS to EVENT

**Held at: Teaneck Armory, 1766 Teaneck Rd., Teaneck, NJ 07666**

**From the George Washington Bridge:** Take Route 4 West to Teaneck Road exit (about 3 miles from G.W. Bridge).

Make right off exit and travel north (towards Bergenfield) for 1.4 miles. The Teaneck Armory sits back on the right side of the road at the intersection of Teaneck Road and Liberty.

**Garden State Parkway (from the south):** Take Garden State Parkway North to Exit 161. Take Route 4 East to Teaneck Road (Bergenfield) and follow from “Make right” above.

**Garden State Parkway (from the north):** Take Garden State Parkway South to Exit 163, to Route 17 South. Take Route 17 for 2 miles to Route 4 East. Take Route 4 East to Teaneck Road (Bergenfield) and follow from “Make right” above under G.W. Bridge directions.

**From Route 80 West:** Travel East on Route 80 to Exit 70. Take 70B and follow signs toward Teaneck; pass the Marriott and turn right at the second light onto Teaneck Road. Travel north on Teaneck Road for approximately 3 to 4 miles (1.4 miles north of Route 4).

**From the New Jersey Turnpike:** NJ Turnpike to Exit 18E and follow signs to the G.W. Bridge. Exit at Teaneck/Leonora Exit and follow signs to Teaneck and follow from “pass the Marriott” above.

## TOURNAMENT HOTELS

### **Teaneck Marriott at Glenpointe**

100 Frank W Burr Blvd  
Teaneck, NJ 07666

### **Home Suites by Hilton Teaneck Glenpointe**

1 Glenwood Ave, Suite A  
Teaneck, NJ 07666

### **Hampton Inn & Suites Teaneck Glenpointe**

1 Glenpointe Ave, Suite B  
Teaneck, NJ 07666





# TOURNAMENT SCHEDULE

## Saturday, May 11<sup>th</sup>

*Please note staging times are approximate.*

*Plan to arrive at least 15 minutes prior to your event. All events will be staged in age order.*

- 7:30 am – OFFICIALS MEETING [AAU Official Polo shirts mandatory for this event]
- 8:00 am – Opening Ceremony and National Anthem
- 8:15 am – FORMS [WT, ITF, TSD/MDK, Special Needs & OPEN] all ages/all ranks
- 9:30 am – POINT SPARRING - all ages/all ranks
- 10:00 am BOARD BREAKING All ages/all ranks  
\*\*\*Note: boards must be purchased at the event
- 10:30 am SPEED KICKING COMPETITION All ages/all ranks
- 11:00 am –OLYMPIC SPARRING FOR  
Ages 9 & Under ALL ranks (non e-hogu) AND  
Ages 10-17 Novice (Daedo Gen 2 socks)
- 1:00 pm – OLYMPIC SPARRING FOR  
Ages 10-17 Intermediate (Daedo Gen 2 socks)  
Ages 10-14 Advanced (Daedo Gen 2 socks)  
Ages 10-14 Black belts (Daedo Gen 2 socks)
- 2:00 pm –OLYMPIC SPARRING FOR  
Ages 15-17 Advanced & Black Belts ages (Daedo Gen 2 socks)  
Ages 18-32 Novice (Daedo Gen 2 socks)  
Ages 33+ Novice, Intermediate & Advanced (Daedo Gen 2 socks)
- 4:00 pm – OLYMPIC SPARRING  
Ages 18-32 Intermediate (Daedo Gen 2 socks)  
Ages 18-32 Advanced and Black Belts (Daedo Gen 2 socks)  
Ages 33+ Black Belts (Daedo Gen 2 socks)

*The tournament committee reserves the right to further divide or combine divisions depending on the number of competitors registered to compete in each division.*

**PLEASE NOTE: There are no weigh-ins for Olympic Sparring competitors. Coaches may question weights in staging prior to the division being sent to a ring to allow the tournament staff time to make any needed adjustments to divisions. Once the division is at the ring there will be no re-bracketing.**

**DAEDO GEN 2 SOCKS REQUIRED FOR ALL 10-32 ADVANCED AND BLACK BELTS!**



# OLYMPIC SPARRING REPORT TIMES

AGE	RANK	REPORT TIME	HOGU
9 & UNDER	ALL RANKS	11:00 AM	Non E-Hogu
10-14	Novice	11:00 pm	Daedo
10-14	Intermediate	1:00 pm	Daedo
10-14	Advanced	1:00 pm	Daedo
10-14	Black	1:00 am	Daedo
15-17	Novice	11:00 pm	Daedo
15-17	Intermediate	1:00 pm	Daedo
15-17	Advanced	2:00 pm	Daedo
15-17	Black	2:00 pm	Daedo
18-32	Novice	2:00 pm	Daedo
18-32	Intermediate	4:00 pm	Daedo
18-32	Advanced	4:00 pm	Daedo
18-32	Black	4:00 pm	Daedo
33+	Novice	2:00 pm	Daedo
33+	Intermediate	2:00 pm	Daedo
33+	Advanced	2:00 pm	Daedo
33+	Black	4:00 pm	Daedo

**PLEASE NOTE: There are no weigh-ins for Olympic Sparring competitors. Coaches may question weights in staging prior to the division being sent to a ring to allow the tournament staff time to make any needed adjustments to divisions. Once the division is at the ring there will be no re-bracketing.**

**DAEDO GEN 2 SOCKS REQUIRED FOR ALL RANKS 10 YEARS OLD AND UP!!!!**



# BOARD BREAKING COMPETITION RULES

- Boards must be purchased at [tourneyreg.net](http://tourneyreg.net) or at the event. To ensure fair competition, competitors may not bring own boards. All boards are subject to inspection.
- Maximum 10 boards total allowed per competitor per round.
- 90 second maximum setup/break time allowed per competitor
- Competitors must have their own holder(s) to hold their boards. Competitors may have multiple breaking station. Any special breaking apparatus must be supplied by each competitor. **(ALL HOLDERS on the competition floor must be registered AAU members. No exceptions)**
- No forehead breaking, open flames, blades or human obstacles may be used
- For multiple board techniques, if competitor fails to break all boards, they may reset to the original number of boards, but that attempt will count as a failed attempt for scoring
- Athletes will be judges on technique, focus, balance, power and creativity. For two competitors executing the same technique, a break performed on the 1<sup>st</sup> try is superior to a break completed on the 2<sup>nd</sup> or subsequent try. A two board break is superior to a one board break; a 3 board break is superior to a two board break, etc. A speed break supported on one end is superior to a break supported on both ends (for the same # of boards)
- Single elimination



# SPEED KICKING COMPETITION RULES

- Holder will use a kicking paddle/target that will be held at athletes belt level.
- Maximum 30 seconds per competitor per round.
- Athlete will choose to use single leg or both legs to kick paddle/target as fast as they could to attain the highest number of kicks in their 30 second time.
- An official will be assigned to count the number of kicks of athlete. If foot does not touch paddle or good kick executed, the kick will NOT count toward the cumulative number.
- Athletes are allowed to use single leg and/or change the leg they use during their 30 second time.
- All athletes will have only ONE chance to get the highest score and NO starting over for any reason.
- Athletes with the highest number of kicks in the division will be the winner of the competition.
- Medals will be awarded for first, second, and third place competitors ONLY.



# 2024 NEW JERSEY DISTRICT CHAMPIONSHIP



**Saturday, May 11<sup>th</sup>, 2024**

**Held at Teaneck Armory, 1766 Teaneck Rd., Teaneck, NJ 07666**

Dear Masters, Instructors and School Owners,

I am pleased to invite you and your students to the 2024 New Jersey AAU State Championship. We're excited to announce that this year we will be at a NEW VENUE at the Teaneck Armory in Teaneck, NJ! This new facility will be able to host our ten rings and have comfortable room for seating for our spectators! We will also have the following changes to our events: we will be adding Power foot, Power hand, repetitive hand, repetitive side kick, and repetitive spin hook board breaking divisions, as seen at nationals! We will also be adding a BRAND NEW event called Speed Kicking Competition for all ranks/ages! Daedo Gen 2 will be used for all intermediate, advanced, and black belts ages 10 and up. Enclosed is our information packet, including our updated schedule of events, although may be subject to change as we get closer to the event. You may also visit [www.aautaekwondo.org](http://www.aautaekwondo.org) for a complete listing of our current competition rules and regulations.

The New Jersey AAU State Championship serves as a qualifier for this year's AAU Taekwondo National Championship held in Fort Lauderdale, FL. All participants at this year's event will qualify for AAU Taekwondo Nationals. We'll be running ten competition rings and offering beautiful custom medals for the top 4 athletes in each division. Our event offers your students a chance to test their skills while gaining valuable experience.

Historically this event brought in over 500 athletes attending in the past and we have taken every measure to continue running a smooth-running event! Please make sure you provide adequate certified coaches for your athletes since there will be no coach's holds for any matches except for finals. Athletes are required to register and compete at their highest rank achieved. Also, if an athlete is caught wearing (and registering) for a division lower than their current rank, it will be dealt with immediately and severely, so please review our rules of competition prior to the event.

Registration is open at [www.tourneyreg.net](http://www.tourneyreg.net). Please feel free to contact us directly if you have any questions at (201) 203-0773 or [njaautkd@gmail.com](mailto:njaautkd@gmail.com).

Thank you, and I look forward to seeing you and your students at our event this year!

Yours in service,

Master Andrew Trento

New Jersey AAU District Director