2024 AAU TKD NATIONAL CHAMPIONSHIPS

JUNE 30TH - JULY 6TH

BROWARD COUNTY COUNTY CONVENTION CENTER - FT. LAUDERDALE, FLORIDA



CHECK IN/WEIGH IN DATES & TIMES (HALL B)			
DATE	EVENTS	TIMES	
SUNDAY JUNE 30TH	TRADITIONAL POINT SPARRING CONTINOUS POINT SPARRING PARA POINT SPARRING DEMO TEAM COMPETITON	VIP**(1PM - 2PM) 2PM-5PM	
MONDAY JULY 1ST	WT SPORT POOMSAE FREESTYLE POOMSAE PARASPORT POOMSAE SPORT ITF FORMS BOARD BREAKING WEAPONS FORMS PARA BREAKING	VIP** (8AM-9AM) 9 AM-12 NOON & 1 PM-5 PM	
TUESDAY JULY 2ND	ALL TRADITIONAL FORMS (ITF, WTF, TSD & OPEN) BLACK BELT TRADITIONAL TEAM FORMS MIXED BELT & AGE TRADITIONAL TEAM FORMS PARA FORMS	VIP** (8AM-9AM) 9 AM-12 NOON & 1 PM-5 PM	
	OLYMPIC SPARRING EVENTS		
WEDNESDAY JULY 3RD	KPNP NOT USED: NOVICE & INTERMEDIATE AGES: 5, 6-7 AND 8-9 KPNP BEING USED: NOVICE & INTERMEDIATE AGES: 10-11, 18-32, 33-42, 43-52, 53&UP KPNP BEING USED: BLACK BELT AGES: 18-32	VIP** (8AM-9AM) 9 AM-12 NOON & 1 PM-5 PM	
THURSDAY JULY 4TH	 KPNP NOT USED: ADVANCED AGES: 5, 6-7 AND 8-9 KPNP BEING USED: NOVICE & INTERMEDIATE AGES: 12-14, 15-17 KPNP BEING USED: ADVANCED AGES: 10-11, 12-14, 15-17, 18-32, 33-42, 43-52 AND 53&UP KPNP BEING USED: BLACK BELT AGES: 12-14 	VIP** (8AM-9AM) 9 AM-12 NOON & 1 PM-5 PM	
FRIDAY JULY 5TH	 KPNP BEING USED: BLACK BELT AGES: 5, 6-7, 8-9 10-11, 15-17, 33-42, 43-52 AND 53&UP ALL PARA (ALL RANKS) 	VIP** (8AM-9AM) 9 AM-12 NOON & 1 PM-5 PM	

COMPETITION DATES & TIMES (HALL C)

EVENTS	DATE	TIMES
RADITIONAL POINT SPARRING		
CONTINOUS POINT SPARRING	MONDAY	8AM - EN
ARA POINT SPARRING	JULY 1ST	OAW - LIV
DEMO TEAM COMPETITON		
VT SPORT POOMSAE & FREESTYLE POOMSAE		
ARA SPORT POOMSAE		
SPORT ITF FORMS	TUESDAY	0414
BOARD BREAKING	JULY 2ND	8AM - EN
WEAPONS FORMS	3021 2113	
PARA BREAKING		
ANA DICERCINO		
ALL TRADITIONAL FORMS (ITF, WTF, TSD & OPEN)		
BLACK BELT TRADITIONAL TEAM FORMS	WEDNESDAY	
MIXED BELT & AGE TRADITIONAL TEAM FORMS	JULY 3RD	8AM - EN
PARA FORMS	JULI SKD	
OLYMPIC SPARRING		
KPNP NOT USED: NOVICE & INTERMEDIATE		
 AGES: 5, 6-7 AND 8-9 KPNP BEING USED: NOVICE & INTERMEDIATE 	THURSDAY	
O AGES: 10-11, 18-32, 33-42, 43-52, 539UP		8AM - EN
KPNP BEING USED: BLACK BELT	JULY 4TH	
O AGES: 18-32		
KPNP NOT USED: ADVANCED		
O AGES: 5, 6-7 AND 8-9		8AM - EN
• KPNP BEING USED: NOVICE & INTERMEDIATE	FRIDAY	
O AGES: 12-14, 15-17 KPNP BEING USED: ADVANCED		
O AGES: 10-11, 12-14, 15-17, 18-32, 33-42, 43-52 AND 53&UP	JULY 5TH	
KPNP BEING USED: BLACK BELT		
O AGES: 12-14		
KPNP BEING USED: BLACK BELT	SATURDAY	
O AGES: 5, 6-7, 8-9 10-11, 15-17, 33-42, 43-52 AND 53&UP	JAIONDAI	8AM - EN
ALL PARA (ALL RANKS)	JULY 6TH	-/ \ = I \

- Mote: All competitors must check in/weigh in the day before they are scheduled to compete.
- **VIP CHECK IN WEIGH IN: More information coming soon.