**2024 AAU TKD NATIONAL CHAMPIONSHIPS** 

**JUNE 30TH - JULY 6TH** 

## BROWARD COUNTY COUNTY CONVENTION CENTER - FT. LAUDERDALE, FLORIDA



CHECK IN/WEIGH IN DATES & TIMES (HALL B)		
DATE	EVENTS	TIMES
SUNDAY JUNE 30TH	TRADITIONAL POINT SPARRING CONTINOUS POINT SPARRING PARA POINT SPARRING DEMO TEAM COMPETITON	VIP**(1PM - 2PM) 2PM-5PM
MONDAY JULY 1ST	WT SPORT POOMSAE     FREESTYLE POOMSAE     PARASPORT POOMSAE     SPORT ITF TULS/PATTERNS     BOARD BREAKING     WEAPONS FORMS     PARA BREAKING	VIP** (8AM-9AM) 9 AM-12 NOON & 1 PM-5 PM
TUESDAY JULY 2ND	ALL TRADITIONAL FORMS (ITF, WTF, TSD & OPEN)     BLACK BELT TRADITIONAL TEAM FORMS     MIXED BELT & AGE TRADITIONAL TEAM FORMS     PARA FORMS	VIP** (8AM-9AM) 9 AM-12 NOON & 1 PM-5 PM
	OLYMPIC SPARRING EVENTS	
WEDNESDAY JULY 3RD	KPNP NOT USED: NOVICE & INTERMEDIATE     AGES: 5, 6-7 AND 8-9      KPNP BEING USED: NOVICE & INTERMEDIATE     AGES: 10-11, 18-32, 33-42, 43-52, 53&UP      KPNP BEING USED: BLACK BELT     AGES: 18-32	VIP** (8AM-9AM) 9 AM-12 NOON & 1 PM-5 PM
THURSDAY JULY 4TH	<ul> <li>KPNP NOT USED: ADVANCED</li> <li>AGES: 5, 6-7 AND 8-9</li> <li>KPNP BEING USED: NOVICE &amp; INTERMEDIATE</li> <li>AGES: 12-14, 15-17</li> <li>KPNP BEING USED: ADVANCED</li> <li>AGES: 10-11, 12-14, 15-17, 18-32, 33-42, 43-52 AND 539UP</li> <li>KPNP BEING USED: BLACK BELT</li> <li>AGES: 12-14</li> </ul>	VIP** (8AM-9AM) 9 AM-12 NOON & 1 PM-5 PM
FRIDAY JULY 5TH	KPNP BEING USED: BLACK BELT     AGES: 5, 6-7, 8-9 10-11, 15-17, 33-42, 43-52 AND     53&UP     ALL PARA (ALL RANKS)	VIP** (8AM-9AM) 9 AM-12 NOON & 1 PM-5 PM

## **COMPETITION DATES & TIMES (HALL C)**

EVENTS	DATE	TIMES		
TRADITIONAL POINT SPARRING CONTINOUS POINT SPARRING PARA POINT SPARRING DEMO TEAM COMPETITON	MONDAY JULY 1ST	8AM - END		
WT SPORT POOMSAE & FREESTYLE POOMSAE PARA SPORT POOMSAE SPORT ITF TULS/PATTERNS BOARD BREAKING WEAPONS FORMS PARA BREAKING	TUESDAY JULY 2ND	8AM - END		
ALL TRADITIONAL FORMS (ITF, WTF, TSD & OPEN) BLACK BELT TRADITIONAL TEAM FORMS MIXED BELT & AGE TRADITIONAL TEAM FORMS PARA FORMS	WEDNESDAY JULY 3RD	8AM - END		
OLYMPIC SPARRING				
<ul> <li>KPNP NOT USED: NOVICE &amp; INTERMEDIATE         <ul> <li>AGES: 5, 6-7 AND 8-9</li> </ul> </li> <li>KPNP BEING USED: NOVICE &amp; INTERMEDIATE         <ul> <li>AGES: 10-11, 18-32, 33-42, 43-52, 53&amp;UP</li> </ul> </li> <li>KPNP BEING USED: BLACK BELT         <ul> <li>AGES: 18-32</li> </ul> </li> </ul>	THURSDAY JULY 4TH	8AM - END		
<ul> <li>KPNP NOT USED: ADVANCED</li> <li>AGES: 5, 6-7 AND 8-9</li> <li>KPNP BEING USED: NOVICE &amp; INTERMEDIATE</li> <li>AGES: 12-14, 15-17</li> <li>KPNP BEING USED: ADVANCED</li> <li>AGES: 10-11, 12-14, 15-17, 18-32, 33-42, 43-52 AND 53&amp;UP</li> <li>KPNP BEING USED: BLACK BELT</li> <li>AGES: 12-14</li> </ul>	FRIDAY JULY 5TH	8AM - END		
<ul> <li>KPNP BEING USED: BLACK BELT</li> <li>AGES: 5, 6-7, 8-9 10-11, 15-17, 33-42, 43-52 AND 53&amp;UP</li> <li>ALL PARA (ALL RANKS)</li> </ul>	SATURDAY JULY 6TH	8AM - END		

- Location for Check in/Weigh in & Competition: Broward County/Greater Fort Lauderdale Convention Center 1950 Eisenhower Bivd, Ft. Lauderdale, FL
- NOTE: All competitors must check in/weigh in the day before they are scheduled to compete.
- \*\*VIP CHECK IN WEIGH IN: More information coming soon.