# AAU Taekwondo Competition Format January 1, 2025



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#### **AAU Taekwondo Poomsae Competition Format**

# Methods of Competition Objective

AAU Taekwondo Poomsae Competition format is unique to AAU Taekwondo, it is designed to manage the competition effectively and efficiently to ensure fair competition environment for athletes in pursuit of competitive excellence.

As a result, AAU Taekwondo Poomsae Competition format has 3 main purposes:

- 1. To create a format where Preliminaries, Semi-Finals and Finals rounds are equally competitive.
- 2. To ensure Contestants with the highest scores will be given seeding to best match other contestants.
- 3. To formulate an event where time management is a major consideration to best run and organize a Taekwondo Championships.

The methods of competition are:

#### A) Single Elimination Tournament Format

- 1. In the single elimination tournament, a competitor is eliminated from competition after one loss.
- 2. Competitors are matched with opponents randomly or by seeding.
- 3. The order of competition is randomly assigned.
- 4. Competitors will either:
  - Enter the Competition Area together (Chung and Hong), but perform individually, with Chung (blue)
    performing first, followed by Hong (red), each competitor standing on their assigned positions when not
    performing.
  - b. Enter the Competition Area together (Chung and Hong) and perform at the same time.
- 5. Competitors perform forms based on the above format:
  - a. IN the case of a. above Competitors perform one or two forms in each round randomly selected from the Compulsory Poomsae by the Tournament Committee and observed by the Referee Chair(s) or designee in a public meeting prior to the competition.
  - b. In the case of b. above the poomsae will be selected randomly by a computer program at the ring.
- 6. The Referee declares the winner based on the score and both competitors leave the Competition Area together.

#### B) Straight Cut-off Tournament Format

#### I) Cut-off Semi Final

- 1. The single cut-off will have a division with a maximum of 29 contestants.
- 2. Eight (8) contestants with the highest scores advance to the final round.
- 3. Competitors perform one Poomsae in each round randomly selected from the Compulsory Poomsae by the Tournament Committee and observed by the Referee Chair(s) or designee in a public meeting prior to the competition.
- 4. Cut-off system semi-final: When 9 to 29 contestants are participating, competition shall start from semi-final round, Contestants shall perform the one assigned compulsory Poomsae, and 8 of them shall be advanced to final based on their points.
- 5. Eight (8) contestants will be in the final round; each contestant shall perform two Poomsaes.
- 6. When there are 8 or fewer contestants, they will all automatically advance to the final round.
- 7. Competitors are matched with opponents randomly or by seeding.
- 8. Top four contestants shall be awarded prizes based on their points. 1st place is awarded with gold medal, 2nd

place is awarded with silver medal, 3rd and 4th places are awarded with bronze medals.

9. The Referee declares the winner based on the scores.

#### II) Cut-off Preliminaries (Group Cut-off)

- **1. The cut-of**f tournament is a competition format that has a maximum of three rounds, a preliminary, semi-final and final round.
- 2. When there are 30 or more contestants, the preliminary round may be divided into two groups competing on two different courts with different judges. Eight (8) contestants with the highest score from each group shall advance to the semi-final round. Thus, there will be sixteen (16) contestants in the semi-final round.
- 3. The order of the competitors in the preliminary round and semi-final round is randomly determined. The order of competition in the final round will be based on the score in the semi-final round, with the contestant with the lowest score first and the contestant with the highest score performing last.
- 4. In the preliminary round, each contestant performs one assigned Poomsae randomly selected from the Compulsory Poomsae by the Tournament Committee and observed by the Referee Chair(s) or designee in a public meeting prior to the competition. All competitors perform the same form(s). Scores are totaled for each contestant.
- 5. In the semi-final round, each contestant will perform one assigned Poomsae randomly selected from the Compulsory Poomsae (with the form(s) from the preliminary round excluded), and the eight (8) contestants with the highest scores advance to the final round.
- 6. Eight (8) contestants will be in the final round; each contestant shall perform two Poomsaes.
- 7. Competitors are matched with opponents randomly or by seeding.
- 8. Top four contestants shall be awarded prizes based on their points. 1<sup>st</sup> place is awarded with gold medal, 2<sup>nd</sup> place is awarded with silver medal, 3rd and 4th places are awarded with bronze medals.
- 9. The Referee declares the winner based on the scores.

#### C) Combination – Cut-off & Single Elimination

#### I. Combination - Cut-off & Single Elimination Final Round

- 1. The single cut-off will have a division with a maximum of 29 contestants.
- 2. Eight (8) contestants with the highest scores advance to the final round.
- 3. Competitors perform one Poomsae in each round randomly selected from the Compulsory Poomsae by the Tournament Committee and observed by the Referee Chair(s) or designee in a public meeting prior to the competition.
- 4. Cut-off system semi-final: When 9 to 29 contestants are participating, competition shall start from semi-final round, Contestants shall perform the one assigned compulsory Poomsae, and 8 of them shall be advanced to final based on their points.
- 5. When 8 or fewer contestants are participating, the competition shall start from the final round.
- 6. The final round shall be conducted as a single elimination tournament; a competitor is eliminated from the competition after one loss.
- 7. Competitors are matched with opponents randomly or by seeding.
- 8. Each pair of competitors (Chung and Hong) enters the Competition Area together, but performs individually, with Chung (blue) performing first, followed by Hong (red), each competitor standing on their assigned positions when not performing.
- 9. The Referee declares the winner based on the score and both competitors leave the Competition Area together.

#### II. Combination - Group Cut-off & Single Elimination Final Round

- **1. The cut-of**f tournament is a competition format that has a maximum of three rounds, a preliminary, semi-final and final round.
- 2. When there are 30 or more contestants, the preliminary round may be divided into two groups competing on two different courts with different judges. Eight (8) contestants with the highest score from each group shall advance to the semi-final round. Thus, there will be sixteen (16) contestants in the semi-final round.
- 3. The order of the competitors in the preliminary round and semi-final round is randomly determined. The order of competition in the final round will be based on the score in the semi-final round, with the contestant with the lowest score first and the contestant with the highest score performing last.
- 4. In the preliminary round, each contestant performs one assigned Poomsae randomly selected from the Compulsory Poomsae by the Tournament Committee and observed by the Referee Chair(s) or designee in a public meeting prior to the competition. All competitors perform the same form(s). Scores are totaled for each contestant.
- 5. In the semi-final round, each contestant will perform one assigned Poomsae randomly selected from the Compulsory Poomsae (with the form(s) from the preliminary round excluded), and the eight (8) contestants with the highest scores advance to the final round.
- 6. The final round shall be conducted as a single elimination tournament; a competitor is eliminated from competition after one loss.
- 7. Competitors are matched with opponents randomly or by seeding. The order of competition is randomly assigned.
- 8. Each pair of competitors (Chung and Hong) enters the Competition Area together, but performs individually, with Chung (blue) performing first, followed by Hong (red), each competitor standing on their assigned positions when not performing.
- 9 The Referee declares the winner based on the score and both competitors leave the Competition Area together.
- 10. In the case where there are 8 or fewer contestants at the final round is also the first round, and two Compulsory Poomsaes randomly selected forms shall be performed. They will also be randomly matched.
- 11. The top four contestants shall be awarded prizes based on their points.  $1^{st}$  place is awarded with gold medal,  $2^{nd}$  place is awarded with silver medal, 3rd and 4th places are awarded bronze medals.

#### D) AAU Taekwondo Option - 3 Group Cut-off

- 1. When there are more than 90 contestants, the preliminary round may be divided into three groups competing on three different courts with different judges.
- 2. If there are three groups, 8 contestants with the highest score from each group shall advance to the semi-final round. Thus, there will be 24 contestants in the semi-final round.

#### E) Single Elimination & Cut-off Finals

- 1. Contestants shall perform the two assigned compulsory Poomsaes, and the top four contestants / pair/ team shall be awarded prizes based on their points. 1<sup>st</sup> place is awarded with gold medal, 2<sup>nd</sup> place is awarded with silver medals, 3rd and 4th places are awarded with bronze medals.
- 2. When 8 or fewer contestants are participating, competition shall start from the final round.
- F) Single Elimination Tournament Format (The New World Taekwondo Format) In the case of Single Elimination Tournament Format (The New World Taekwondo Format), designated Poomsae shall be randomly selected and shown through the monitor on Field of Play.

#### G) Pair & Team Competition

The Pair & Team competition shall be carried out the same manner as the above rules and regulations.

#### Synopsis Note:

- 1. **Cut-off system** semi-final: When 9 to 29 contestants are participating, competition shall start from semi-final round, Contestants shall perform the one assigned compulsory Poomsae, and 8 of them shall be advanced to final based on their points.
- 2. **Cut-off System.** When there are 8 or fewer contestants, they will all automatically advance to the final round.
- 3. **Combination** (Cut-off & Single Elimination). When there are 8 or fewer contestants participating, competition shall start from the final round.

Please note upon appropriate justification, the Poomsae Referee Director shall have the right to combine or further divide the groups above to ensure the efficiency and effectiveness of the competition

## Competition Format

(Synopsis)

### **Straight Cut-off**

Preliminary			30 or More Contestants	
1 Poomsae			Group 1	Group 2
Semi – Final		9-29	8	8
1 Poomsae				
Final	8 or fewer	8	8	
2 Poomsaes				
Final Round	Top four contestants shall be awarded prizes based on their points. 1st			
	place is awarded with gold medal, 2 <sup>nd</sup> place is awarded with silver			
	medal, 3rd and 4th places are awarded with bronze medals.			

### **Combination**

Cut-off & Single Elimination Final Round

Single Cut-off & Seedings	2 Group Cut-off & Seedings	
9 to 29 athletes (1 Poomsae)  8 Contestants in Final Single Elimination One at a time (2 Poomsaes)	30 athletes or more (1 Poomsae) Preliminary 2 Groups Group 1 8 Contestants to Semi Final Group 2 8 Contestants to Semi Final 16 Contestants (1 Poomsae)  8 Contestants in Final Single Elimination One at a time (2 Poomsaes)	
(2 Poomsaes)	Semi Final  16 Contestants (1 Poomsae)  8 Contestants in Final Single Elimination One at a time	