

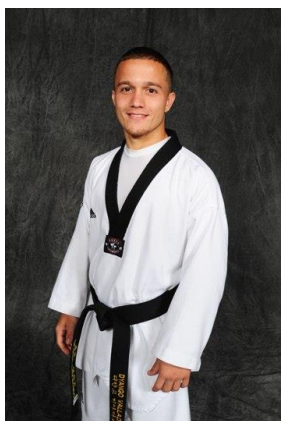


2010

# AAU Taekwondo National

## Senior Male & Female Teams for Ages: 18-32

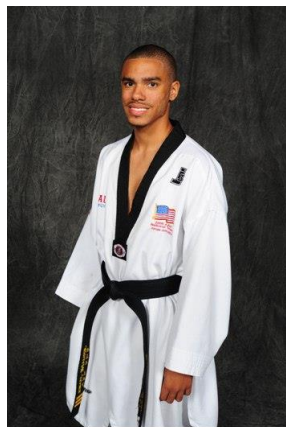
### 18-32 MALE SENIOR TEAM MEMBERS



**Dyango  
Valladares  
Fin**



**Kevin  
Gomogda  
Fly**



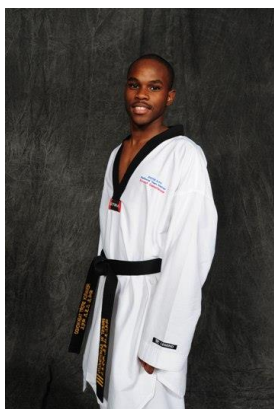
**Jermaine  
Jones  
Bantam**



**Dorian  
Alexander  
Feather**



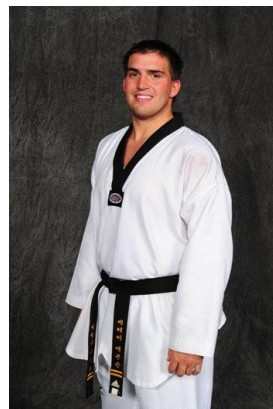
**Vladimir  
Sokolov  
Light**



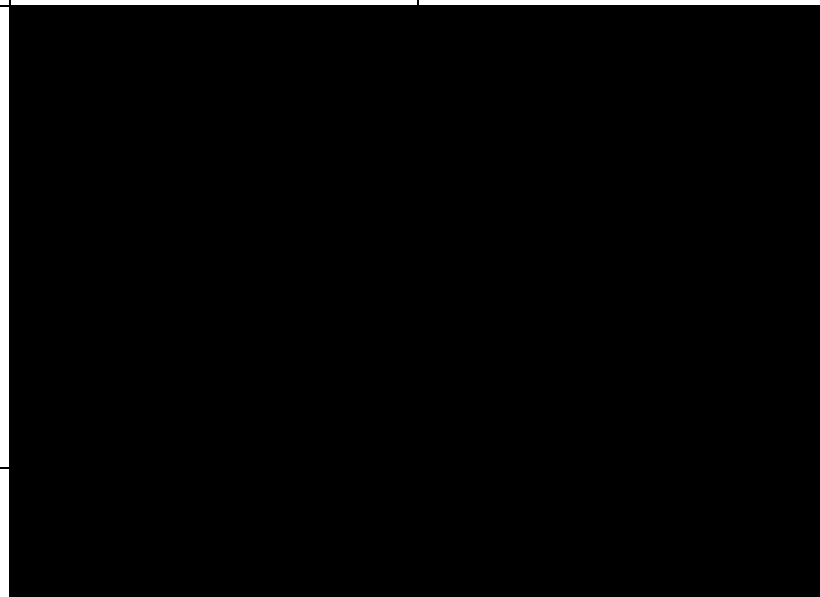
**Ernest  
Samotshozo  
Welter**



**Joseph  
Gjonaj  
Middle**



**Jeremy  
Evans  
Heavy**



## 18-32 FEMALE SENIOR TEAM MEMBERS



**Glorizel  
Pacheco-Diaz  
Fin**



**Andreea  
Kovacs  
Fly**



**Shaina  
Krause  
Bantam**

No Photo Provided



**Emilia  
Morrow  
Feather**



**Audrey  
Su  
Light**



**Kayla  
Caracciola-Clayton  
Welter**

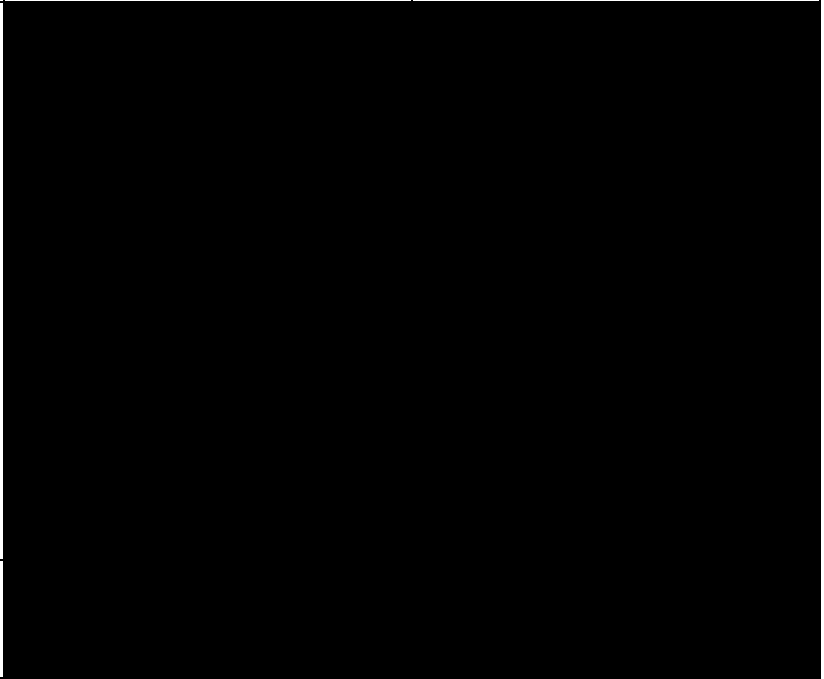


**Darcy  
Kimmich  
Middle**

No Photo Provided



**Maia  
Eubanks  
Heavy**





## Dyango Vallandares

**Location:** Port St. Lucie, FL

**Instructor:** Ginger Palhof

**Bio:** *Not Provided*

### National Experience:

- 2009 AAU Nationals – Gold
- 2008 AAU Nationals - Bronze
- 2006 AAU Nationals - Gold



## Glorizel Pacheco-Diaz

**Location:** *Not Provided*

**Instructor:** *Not Provided*

**Bio:** *Not Provided*

### National Experience:

- 2009 AAU Nationals – Gold
- 2008 AAU Nationals – Gold



## Kevin Gomogda

**Location:** Tampa, FL

**Instructor:** Alvin Gomogda & Ryon Frederick

**Bio:** I am currently a junior at Gaither High School. I listen to any kind of music that sounds good. I play other sports like soccer, basketball, etc. I would like to thank all my teammates, coaches, and instructors as well as my family. If wasn't for their support, I wouldn't be where I am today.

### National Experience:

- 2007 Puerto Rico – Silver
- 2006 AAU Nationals – Silver
- 2004 AAU Nationals - Bronze



## Andreea Kovacs

**Location:** Conroe, TX

**Instructor:** Rick Westcott

**Bio:** *Not Provided*

### National Experience:

- 2008 AAU Nationals – Gold
- 2008 AAU National Women's Team Captain
- 2007 AAU Nationals – Gold
- 2007 AAU National Women's Team Captain



## Jermaine Jones

**Location:** Cape Coral, FL

**Instructor:** Peter Bardatsos & Toby Oliver

**Bio:** I am a junior at Edison College in Ft. Meyers, FL planning to major in Forensic Science and pre-law. Whenever I'm not training or traveling, I like to hang out with my friends and "chill". I want to thank my mom and my coaches for their constant support.

### National Experience:

- 2008 AAU Nationals – Silver
- 2007 AAU Nationals – Silver
- 2006 AAU Nationals – Silver
- 2005 AAU Nationals - Bronze



## Shaina Krause

**Location:** Fairfax Station, VA

**Instructor:** Quyen V. Phan Le

**Bio:** *Not Provided*

### National Experience:

- 2009 AAU Nationals – Gold
- 2006 AAU Nationals – Silver
- 2005 AAU Junior Olympic Games – Gold
- 2004 AAU Junior Olympic Games - Silver



## Dorian Alexander

**Location:** Brooklyn, NY

**Instructor:** Whang

**Bio:** Born in Trinidad & Tabago where I learned Taekwondo.

### National Experience:

- 2009 AAU Nationals – Silver

No Photo Provided



**National Experience:** *None Provided*

## Emilia Morrow

**Location:** *Not Provided*

**Instructor:** *Not Provided*

**Bio:** *Not Provided*



## Vladimir Sokolov

**Location:** Las Vega, NV

**Instructor:** Terry Blackburn

**Bio:** Russian born in Vladivostok, Russia. USA National 'B' Team. Love traveling and meeting new people. Love fighting around the world against the best athletes.

### National Experience:

- 2009 AAU Nationals - Bronze



## Audrey Su

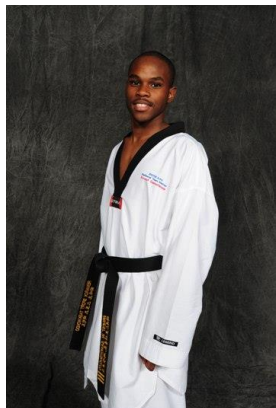
**Location:** Garland, TX

**Instructor:** Richard Min

**Bio:** I am a junior at the University of Texas at Austin, majoring in Marketing and Pre-dentistry. I have a twin sister, older sister, and younger sister, all of whom compete in Taekwondo. I love traveling. In the spring, I will be studying abroad for 6 months in Europe as an exchange student at the University of Economics in Prague, Czech Republic. In my free time I like eating good food, taking naps, and hanging out with my amazing friends/tkd family.

### National Experience:

- 2008 AAU National Team Member
- 2007 AAU Nationals – Gold
- 2007 AAU National Team Member
- 2006 AAU Nationals - Gold



## Ernest Samotshozo

**Location:** Fairfax, VA

**Instructor:** Patrice Remarck

**Bio:** I am a freshman at Howard University majoring in Architecture.

### National Experience:

- 2008 AAU Nationals - Gold
- 2007 AAU Nationals - Gold



## Kayla Caracciola-Clayton

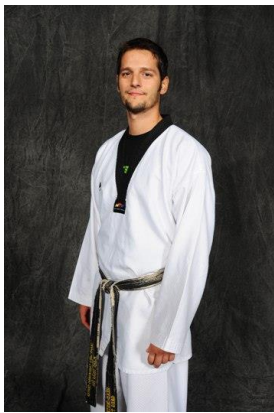
**Location:** Orlando, FL

**Instructor:** Ryon Frederick

**Bio:** I am 17 years old and a senior at Timber Creek High School. My favorite thing to do before competition is to listen to my ipod. When I'm not doing Taekwondo I like to hang out with friends.

### National Experience:

- 2009 AAU Nationals – Gold
- 2008 AAU Nationals - Silver



## Joseph Gjonaj

**Location:** Plano, TX

**Instructor:** Greg Tubbs

**Bio:** *Not Provided*

### National Experience:

- 2009 AAU Nationals – Bronze
- 2008 AAU Nationals – Bronze
- 2006 AAU Nationals - Bronze



## Darcy Kimmich

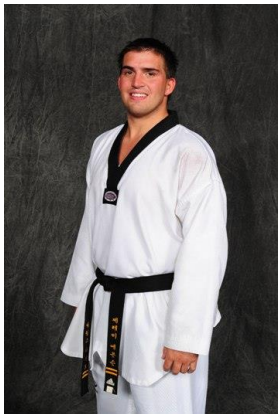
**Location:** Denver, CO

**Instructor:** George Martinez

**Bio:** Fluent in French. When not training, Darcy enjoys chilling with family, horseback riding, international travel and reading.....eats bananas and bagels ("B&B") before a competition... favorite country visited for competition is Greece. Her favorite quote, by Muhammed Ali, is "I'm so fast I hit the light switch and was in bed before it was dark."

### National Experience:

- 2009 AAU Nationals – Bronze
- 2008 US Open – Silver
- 2004 USAT Senior Nationals – Gold
- 2000 Korean Open - Bronze



## Jeremy Evans

**Location:** Grimes, IA

**Instructor:** Scott Phelps

**Bio:** I am in my last year of Law School at Drake University. I got my under-graduate degree at the University of Iowa in Engineering. I have been doing Taekwondo all of my life and implement it into every aspect of my life. I began Tae kwon do after watching the movies Blood Sport and Best of the Best. I also wrestled in college, but quite after my sophomore year in order to focus on Tae kwon do. I like to take it easy and just hang out with friends watching College and Pro Football.

### National Experience:

- 2009 AAU Nationals – Bronze
- 2008 Collegiate Nationals – Silver
- 2005 Collegiate Nationals – Gold
- 2001 Collegiate Nationals - Gold

No Photo Provided



## Maia Eubanks

**Location:** *Not Provided*

**Instructor:** *Not Provided*

**Bio:** *Not Provided*

**National Experience:** *None Provided*