



2013-2014

AAU Taekwondo National

Cadet Female & Male Teams for Ages: 12-14

12-14 MALE CADET TEAM MEMBERS

				
<p><b>Jorge Gomez, Jr.</b> -72.9</p>	<p><b>Joshua Kosloski</b> 72.9-81.6</p>	<p><b>Vacant</b> 81.7-90.4</p>	<p><b>Miguell Lorenzo Sanchez</b> 90.5-99.2</p>	<p><b>Cameron Stephenson</b> 99.3-108.0</p>
				
<p><b>Juan Pablo Alvarado</b> 108.1-116.8</p>	<p><b>Gabriel Rosa</b> 116.9-125.7</p>	<p><b>Vacant</b> 125.8-134.5</p>	<p><b>Vacant</b> 134.6-143.3</p>	<p><b>Marlon Nunez</b> Over 143.3</p>

## 12-14 FEMALE CADET TEAM MEMBERS

				
<p style="text-align: center;"><b>Shaula Gomez -66</b></p>	<p style="text-align: center;"><b>Tiara Antommarchi 66.0-72.8</b></p>	<p style="text-align: center;"><b>Ana Paula Aguilera 72.9-81.6</b></p>	<p style="text-align: center;"><b>Danielle Wassell 81.7-90.4</b></p>	<p style="text-align: center;"><b>Isabella Hrunka 90.5-97.0</b></p>
				
<p style="text-align: center;"><b>Natalie Loureda 97.1-103.6</b></p>	<p style="text-align: center;"><b>Morgan Workinger 103.7-112.4</b></p>	<p style="text-align: center;"><b>Gabriela Rentas 112.5-121.3</b></p>	<p style="text-align: center;"><b>Becka Butler 121.4-130.1</b></p>	<p style="text-align: center;"><b>Vacant  Over 130.1</b></p>

**2013-2014 AAU Taekwondo National Female & Male Cadet Teams  
Team Members & Biographies on Following Pages**



## Jorge Gomez, Jr.

**Location:** Plano, TX

**Instructor:** Mike Song

**Bio:** I am 13 years old from Texas.

### National Experience:

- 2013 AAU National Championship – Bronze
- 2012 District Championship – Gold
- 2013 US Open – Silver
- 2011 US Open – Gold
- 2011 Pan Am Open - Gold



## Shaula Gomez

**Location:** Mission, TX

**Instructor:** Mike Song

**Bio:** I am 11 years old from Texas.

### National Experience:

- 2013 AAU National Championship – Silver
- 2013 Canada Open – Silver
- 2012 AAU National Championship - Gold



## Joshua Kosloski

**Location:** Aurora, CO

**Instructor:** Komiljon Latipov

**Bio:** He is supported by and trains with several different schools in Aurora, Colorado; he is in 8th grade and attends Thunder Ridge Middle School. He loves to spar and if given the chance is willing to travel anywhere anytime or host anyone to travel to him in Aurora, Colorado to spar; he trains to be an Olympian. Joshua is half Korean and his mom was adopted from South Korea at an early age. He hopes through competing that someday he can be in a position to find and meet any family that he may have in Korea, or around the world.

### National Experience:

- 2013 Canada Open – Gold
- 2013 US Open – Gold
- 2012 AAU National Championship – Gold
- 2012 US Open - Silver



## Tiara Antommarchi

**Location:** Plano, TX

**Instructor:** Greg Tubbs

**Bio:** I've been in Taekwondo for two years.

### National Experience - Medals:

- 2013 AAU National Championship - Gold



## Miguell Lorenzo Sanchez

**Location:** Camden, DE

**Instructor:** Thomas Jenkins

**Bio:** I started taekwondo when I was 4 years old. My mom and dad said that it was for focus, direction, and discipline. These were the traits that I have learned over the years. I started Olympic sparring as a trial about 3 or 4 years ago, and really liked it. I trained a lot and fought in different states and was lucky enough to win numerous times. But I didn't always win, losing was also a big part of making me better. I have a new desire and passion for Olympic sparring and hopefully I will be able to make the team.

**National Experience:**

- 2013 AAU National Championship – Bronze
- 2012 AAU National Championship – Silver
- 2012 Toronto Open – Gold



## Ana Paula Aguilera

**Location:** Rancho Viejo, TX

**Instructor:** Estuardo Teran

**Bio:** I am crazy, fun, love to eat and sleep TKD!

**National Experience:**

- 2013 US Open - Silver



## Cameron Stephenson

**Location:** Minneola, FL

**Instructor:** Ryon Frederick

**Bio:** Practicing Martial Arts since the age of 4. Currently in the 8<sup>th</sup> grade. My whole family is in the Martial Arts.

**National Experience:**

- 2013 AAU National Championship - Bronze



## Danielle Wassell

**Location:** New Caney, TX

**Instructor:** Seok Woo Kim

**Bio:** I live in New Caney, TX and attend school at the Woodlands Christian Academy, I am a member of the Junior National Honor Society and I really like school - crazy I know! I like reading, drawing, and spending time with my family. I like country, Christian pop, and pop & rock music. I have enjoyed training and competing both in the US and internationally, and have dreams of one day being an Olympian.

**National Experience:**

- 2013 AAU National Championship – Gold
- 2013 Canada Open – Gold
- 2012 AAU National Championship – Gold
- 2012 Pan Am Open - Gold



## Juan Pablo Alvarado

**Location:** Brownsville, TX

**Instructor:** Estuardo Teran

**Bio:** My name is Juan Pablo Alvarado but most people call JP or Canelo. I am 12 years old and the oldest of three children. I have twin brothers, Joaquin and Patricio which are 5 years old and also practice taekwondo. I always strive to do my best in everything that I do because I know I am their role model. I am an honor roll student and last year I was top 3 in my class. Besides taekwondo I am also involved in cross country, basketball, track, and crossfit but taekwondo is my life. I know without my parents, family, and coaches support none of this would be possible that is why I would like to give them a special thanks.

### National Experience:

- 2013 AAU National Championship – Silver
- 2013 Canada Open – Silver
- 2012 AAU National Championship – Gold
- 2012 AAU Junior Olympic Games – Gold
- 2011 AAU National Championship – Gold
- 2011 USAT Pan Am Open Championship - Gold



## Isabella Hrunka

**Location:** Fort Myers, FL

**Instructor:** Toby Oliver

**Bio:** I am currently in 8th grade and I attend Southwest Florida Christian Academy. I train at WCT under Master Toby Oliver. I began Tae-Kwon-Do at the age of six. I have competed all over the USA, as well as Canada, Central America, and Europe. I have competed in multiple international tournaments; including, US Open, Toronto Open, Costa Rica Open, Belgium Open, and Spanish Open.

### National Experience:

- 2013 US Open – Bronze
- 2013 Spanish Open – Bronze
- 2012 Costa Rica Open – Gold
- 2011 US Open – Bronze
- 2011 Toronto Open - Bronze



## Gabriel Rosa

**Location:** Fort Myers, FL

**Instructor:** Toby Oliver

**Bio:** I'm 13 years old, very quiet and funny. I like to make friends and I love sports, I've done taekwondo for the past 6 years! My favorite quote is, "Success isn't given it's earned. On the track, on the field, in the gym. With blood, sweat and the occasional tear."

### National Experience:

- 2013 AAU National Championship – Bronze
- 2013 USAT – Bronze



## Natalie Loureda

**Location:** Miami, FL

**Instructor:** Frank Loureda

**Bio:** I've been training since the age of three. I have been an AAU and USTA team member for the past three years.

### National Experience:

- 2013 AAU National Championship - Gold



## Marlon Nunez

**Location:** Fort Myers, FL

**Instructor:** Geoffrey Racketbrandt

**Bio:** I have been training at Taekwondo United for 8 years and I love Taekwondo. I have competed in the Olympic Style for the past 7 years. I have been a Florida Cadet Team member as well as a 2012 AAU Cadet Team member. I am dedicated and committed to achieving my goals. I am thankful to AAU for presenting me with great opportunities.

### National Experience:

- 2013 AAU National Championship – Gold
- 2012 Canada Open - Silver



## Morgan Workinger

**Location:** Caledonia, IL

**Instructor:** Rikki Valle

**Bio:** I trained at a traditional Tae Kwon Do school for a little over 4 years. I have recently switched to a sport Tae Kwon Do team so that I can learn the things I need to be successful in competition. I loved my original school, but my parents and I felt that they may have taken me as far as they could. I have dreams of going on to be competitive in national as well as international competitions.

### National Experience:

- 2013 AAU National Championship - Bronze



## Gabriela Rentas

**Location:** Ponce, PR

**Instructor:** Luis Pena

**Bio:** I am from Puerto Rico and my coach is Master Luis Pena. I like sports but I love Taekwondo.

### National Experience:

- 2013 AAU National Championship – Gold
- 2013 Puerto Rico Cadet Nationals – Gold
- 2012 Canada Open – Silver
- 2011 AAU National Championship – Gold
- 2010 AAU National Championship - Gold

## Becka Butler

**Location:** Tomball, TX

**Instructor:** David Lieder



### **National Experience:**

- 2013 AAU National Championship – Bronze
- 2012 AAU National Championship – Gold
- 2011 AAU National Championship - Bronze

**Bio:** My name is Becka Butler. I have been training in TKD for three years now. I have competed in over 20 tournaments and love to spar. My first year competing at Nationals, I was a yellow belt and took a bronze. In 2012 I competed as an advanced blue belt and won gold. I also placed second in sparring at the Junior Olympics. This year I took bronze again at Nationals. I enjoy training and love to see growth in my sparring abilities.