



2013-14

AAU Taekwondo National

Junior Female & Male Teams for Ages: 15-17

15 – 17 MALE JUNIOR TEAM MEMBERS



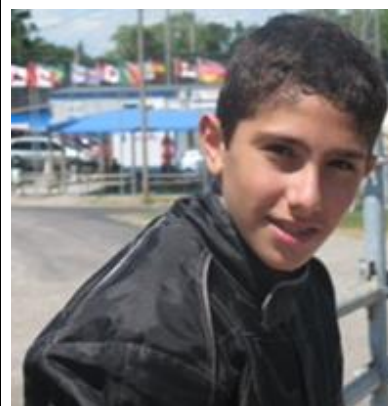
**Torin
Teaster**
99.2



**Jarol
Larrondo**
99.3- 105.8



**Charles
Buset**
105.9-112.4



**George
Elchemali**
112.5-121.3



**Benjamin
Snow**
121.4-130.1

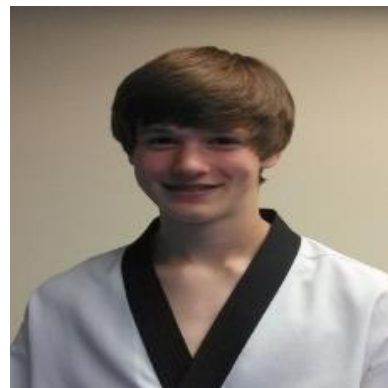
No Photo Provided



**Dylan
Dsa**
130.2-138.9



**Connor
Wilson**
139.0-149.9



**Jacob
Rigoli**
150.0-160.9



**Jonathan
Healy**
161.0-172.0



**Brandon
Ivey**
172.1-999.0

15 – 17 FEMALE JUNIOR TEAM MEMBERS

				
<p style="text-align: center;">Sophia Greco 92.6</p>	<p style="text-align: center;">Mariana Prado 92.7- 97.0</p>	<p style="text-align: center;">Michelle Gonciarz 97.1-101.4</p>	<p style="text-align: center;">Madison Giddens 101.5- 108.0</p>	<p style="text-align: center;">Rachel Walsh 108.1-114.6</p>
		<p style="text-align: center;">No Photo Provided</p> 		
<p style="text-align: center;">Ashley Warner 114.7-121.3</p>	<p style="text-align: center;">Cassandre Tubbs 121.4-130.1</p>	<p style="text-align: center;">Kendall Yount 130.2-138.9</p>	<p style="text-align: center;">Valerie Loureda 139.0-149.9</p>	<p style="text-align: center;">Crystal Weekes 150.0-999.0</p>

**2013-14 AAU Taekwondo National Female & Male Junior Teams
Team Members & Biographies on Following Pages**



Torin Teaster

Location: Savannah, GA

Instructor: Brad Carter

Bio: In my spare time I like playing basketball and working out. My favorite food is steak. My favorite movie is "The Blind Side". I share a birthday with my Grandmother (Gam), Carrie Underwood and Chuck Norris.

National Experience:

- 2013 AAU National Championship – Gold
- 2013 US Open – Bronze
- 2012 Puerto Rico Intl Championship – Gold
- 2012 Costa Rica Open – Bronze
- 2012 USTA Open – Bronze
- 2012 US Open – Bronze



Sophia Greco

Location: Schenectady, NY

Instructor: Timothy Tocco

Bio: I am 15 and have been training since I was 4. I also love to ski and play soccer.

National Experience:

- None Provided



Jarol Larrondo

Location: Miami, FL

Instructor: Daniel Espinosa

Bio: I was born in Cuba. I like to listen to music before and after training because it helps me to relax. I like to read when I'm bored and love to cook food.

National Experience:

- 2009 AAU National Championship - Gold



Mariana Prado

Location: Pasadena, TX

Instructor: Aldo Prado

Bio: Mariana Prado: 14 years old, Sophomore at Pasadena Early College High School, Ranked #1/ out of 700 in the 2016 class, GPA 5.3, Taking College Class at San Jacinto College, President of the National Honor Society in 2011, Works at 91 TKD as a taekwondo instructor, Bilingual (Spanish and English), Loves reading, Favorite food is Mexican and Italian, Loves cooking, Plays violin in the orchestra.

National Experience - Medals:

- 2013 AAU National Championship – Silver
- 2012 AAU Junior Olympic Games – Gold
- 2010 AAU National Championship - Bronze



Charles Buset

Location: Henderson, NV

Instructor: Arlene Limas

Bio: I am also a 1st Dan black belt in Shotokan Karate and was 2012 National Team member.

National Experience:

- 2013 AAU National Championship – Gold
- 2012 AAU National Championship - Bronze



Michelle Gonciarz

Location: Draper, UT

Instructor: Jacek Gonciarz

Bio: I am 15 years old. I attend Juan Diego Catholic High School in Draper, UT. I am also on the track team at my school. I like paddle boarding and sailing.

National Experience:

- 2013 AAU National Championship - Gold



George Elchemali

Location: Roseville, CA

Instructor: Fouad Elchemali

Bio: *Not Provided*

National Experience:

- 2013 AAU National Championship - Bronze



Madison Giddens

Location: Coppell, TX

Instructor: Sang Cha

Bio: I'm a high school sophomore who loves sushi, running, photography, and travel. I plan to compete in TKD at the collegiate level and beyond as I pursue a career in Sports Medicine. My dream is to represent the USA at the 2016 Olympics.

National Experience:

- 2013 AAU National Championship – Bronze
- 2013 Canada Open - Silver



Benjamin Snow

Location: Nokesville, VA

Instructor: Scott Snow

Bio: National Society of high school scholars Soloist Loves to train Favorite quote: Psalms 144:1 Blessed be the Lord my strength, which teacheth my hands to war and my fingers to fight.

National Experience:

- 2011 AAU National Championship – Silver
- 2011 Toronto Open - Gold



Rachel Walsh

Location: Roswell, GA

Instructor: Brad Carter

Bio: Rachel Walsh Belt Rank: Black belt Competition Class: Female 15-17 Black Belt light weight Association: AAU Taekwondo, USA Taekwondo Home: Roswell, GA Birth Year: 1998 lb. Birthplace: Itasca, IL. Current School and Grade: Sophomore Centennial High School Activities/Awards: Honor Roll, Tag advance student, JV Volleyball, Varsity Track.

National Experience:

- 2012 US Open – Bronze
- 2012 AAU National Championship – Gold



Dylan Dsa

Location: *Not Provided*

Instructor: *Not Provided*

Bio: *Not Provided*

National Experience: *None Provided*



Ashley Warner

Location: Charles Town, WV

Instructor: Terrence Warner

Bio: I am a Junior at Washington High School in West Virginia. I love Tae Kwon do and run the 300M Hurdles during track season. I have 7 brothers and sisters, one is competing with me at team trials and my younger brother was a member of the 2012 Cadette team. I enjoy going on runs with my sister and brother when we are not training. I also love to teach my little sister Amani who is five years old some Tae Kwon Do.

National Experience:

- 2013 AAU National Championship – Silver
- 2012 Canada Open – Gold
- 2011 Canada Open – Gold
- 2010 Canada Open – Gold
- 2010 US Open – Bronze
- 2010 AAU Junior Olympic Games - Gold



Connor Wilson

Location: Coppell, TX

Instructor: Sang Cha

Bio: I am a Junior at Coppell High School in Coppell, TX. I enjoy basketball, electronic games and hanging with my friends. Training for Taekwondo takes place at NTA Taekwondo under the direction of Master Sang Cha. I am a member of the National Honor Society, and the Young Men's Service League of Coppell. Taekwondo is my passion.

National Experience:

- 2013 AAU National Championship - Bronze



Cassandre Tubbs

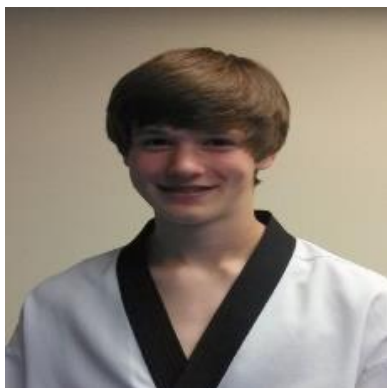
Location: Plano, TX

Instructor: Greg Tubbs

Bio: 14 years old. Started Taekwondo at age 3. Enjoys Crossfit with her brother Daren. Loves animals

National Experience:

- 2013 Canada Open – Gold
- 2012 Canada Open - Silver



Jason Rigoli

Location: Essex Junction, VT

Instructor: Gordon White

Bio: I began taekwondo at age four, joining my older brother in the dojang. I loved to spar and began competing at age 8. I competed in my first AAU national competition in July 2010, and have competed in nationals for the last four years. I was the heavy weight Cadet AAU team member for 2013 and competed in the German Open. I also had the opportunity to travel to Korea with my team and train with a high school team. I feel this trip has helped me connect with taekwondo's roots.

National Experience:

- 2012 AAU National Championship – Bronze
- 2011 AAU National Championship – Bronze



Kendall Yount

Location: *Not Provided*

Instructor: *Not Provided*

Bio: *Not Provided*

National Experience: *None Provided*



Jonathan Healy

Location: Spring, TX

Instructor: Gianni Giambi

Bio: High School Junior. Homeschooled. Earning college credits while homeschooling. Hobbies include woodcarving, reading, and playing video games. Has earned an international award for woodcarving. Member of the 2013 Texas State Team.

National Experience:

- 2013 AAU National Championship - Silver



Valerie Loureda

Location: Miami, FL

Instructor: Frank Loureda

Bio: I've been training since the age of three. My father Grandmaster Frank Loureda is my father and coach. Every day, I train numerous hours to become better and pursue my dream to become an Olympian.

National Experience:

- 2013 Spanish Open - Bronze



Brandon Ivey

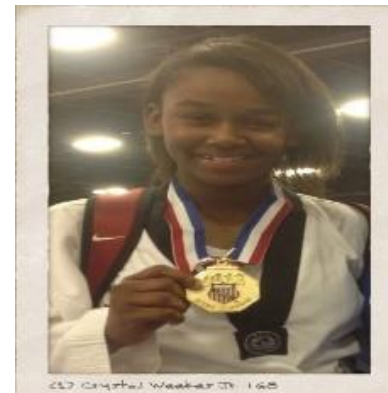
Location: Ashburn, WV

Instructor: Dennis Kim

Bio: I am a Jr attending Briar Woods H.S. in Ashburn VA. I have been studying taekwondo for over 8 years. I am the Jr. class Treasurer at my HS and I enjoy making short films.

National Experience:

- 2013 AAU National Championship - Gold
- 2013 US Open - Gold
- 2013 Canada Open - Gold



Crystal Weekes

Location: Guayama, PR

Instructor: Luis Pena

Bio: Bronze Medal World Jr Championships Egypt Puerto Rico Current National Champ

National Experience:

- 2013 AAU National Championship - Gold
- 2012 World Jr. Championship, Egypt - Bronze
- 2012 Puerto Rico Jr. National Championship - Gold
- 2011 Costa Rica Open - Gold