AAU ELEMENTARY AND MIDDLE SCHOOL CHAMPIONSHIPS



Date: February 1, 2014

Location: Woodside High School

13450 Woodside Lane, Newport News, VA 23608

Tournament fee is only \$25.00

Weigh In Locations:

Chesapeake at Great Bridge HS

and Tallwood HS Virginia Beach

you want a weigh-in site, call Rodney Grainger and they will set it up.

Contact Rodney or Darlene Grainger at (757) 286-7982, vaaauwrestling@aol.com

Weigh-ins will be completed in a singlet. 1 lb. weight allowance will be given.

Proof of age is required at weigh-in. Bring a copy of a current report card, military id, or a birth certificate to weigh-ins. Do not bring the original.

Registration online at d5reg.thepaperlesstourney.com

Online registration closes at 10pm, Thursday, Janurary 30, 2014



Walk-Ins will be accepted the day of the Weighins for an additional \$10.00, but your name will not be added to the shirt.

K - 5th grade, 1-1-1 and Middle School, 2-1-1



Weight Classes:

K-1 weight classes: 35, 40, 45, 50, 55, 60, 65, 70, and Hwt (ALL K-1 WILL medal)

Format:

1st place receive a trophy and a ring and 2nd-6th a custom medal. Awards:

One outstanding wrestler from each division (a total of 4) will be chosen

You must have an AAU card to participate in this tournament. The cards may be purchased online at www.aausports.org Please bring a copy to weigh-ins or have your assigned AAU member number. Athlete cards are \$14 and coaches card are \$18.

Team Fees:

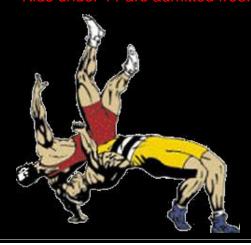
Register your team for the Team Trophy. The fee to register your team is \$20 per team. Team rosters must be turned in at weigh-ins with scorers identified. Team members must be from your club, no Super Star stacking of teams.

Tournament Directors: Rodney Grainger at 757-286-7982 or Darlene Grainger

Coaches Information: Coaches will be admitted for free with current AAU card.

Spectator Admission:

Sportswear and custom Γ-shirts will available for purchase all day long.



Concessions will be available all day long as well.