



**HyVee Hall
Des Moines, Iowa
APRIL 4 & 5, 2015**

...where the path begins

**Freshman/Sophomore
AAU National Duals**

WHO WILL BE THE 2015 #1 Freshman/Sophomore Team in the Nation?

In 2014, The Iowa Black Captured Their 2nd Straight Championship. Can The Iowa Black Team Survive The 2015 Challenge? Start Planning Now To Bring Your AAU District/State All-Star Team To This Outstanding Tournament.

WHEN: April 3,4,and 5, 2015
Weigh-ins:
Friday April 3, 2015
5:00 TO 8:00 PM at Simpson College
701 North C Street
Indianola, IA 50125

WHERE: April 4th and 5th - HyVee Hall, Des Moines, Iowa

WHO: Members Of Any Wrestling Organization Currently Enrolled as Freshman and Sophomore in 2015.
AAU Card And Copy Of Birth Certificate Required At Weigh-ins.
AAU CARDS CAN BE PURCHASED ON LINE AT www.aausports.org FOR \$14.00.
TEAMS WILL BE ALLOWED UP TO 3 WRESTLERS FROM ADJOINING AAU DISTRICT.
Please contact Karen Wilson at kwilson424@yahoo.com for approval of any wrestlers in this category to make sure they meet the guidelines. All out of AAU District wrestlers must be approved.

FORMAT: Folkstyle, All Matches 2-2-2 minutes periods.
Pool wrestling followed by team championship brackets.

AWARDS: AAU Championship medals for teams and individuals.
Team Trophies/Plaques for 1st through 8th place plus consolation bracket champions.

TEAMS: 15 Weights, 5 Alternates, 3 Coaches, and 2 Workers.

WGTS: 98, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, Hwt. (2 lb. NFHS Growth Allowance).

COST \$800.00/Team (1ST 48 Teams with intent to participate filed & deposit of \$200.00/Team Received by February 15, 2015/Balance due March 15, 2015.)
\$100.00 Late fee for any additional teams or deposits received after February 15th or balance payments made after March 15, 2015

OFFICIALS: HS Certified Officials Only

DAILY ADMISSION \$15.00, 2 DAY PASS \$25.00 ADULTS/ \$15.00 KIDS (Age 5-16)/Under 5 Free

MORE INFORMATION: CONTACT Ron Peterson AT 515-249-3586 OR E-MAIL AT: ron.peterson@kcsd.k12.ia.us

Hotel Information: Rooms are blocked under "AAU MIDDLE SCHOOL DUALS"
At the following Wrestling Friendly Host:
HOLIDAY INN/AIRPORT
6111 FLEUR DR, DES MOINES, IOWA
515 287 2400
1 800 248 4013
See additional attachment for more choices.

*****MAKE YOUR RESERVATIONS PRIOR TO 2/15/2015*****

HOSTED BY: IOWA AAU WRESTLING

Freshman/Sophomore AAU National Duals

APRIL 4 and 5, 2015

HyVee Hall B & C

Des Moines, IOWA

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

GENERAL INFORMATION

WEIGH IN: Friday April 3, 2015 5 – 8 PM Simpson College, 701 N. C Street, Indianola, Iowa 50125

All competitors have until the close of weigh-ins to make weight. **MUST MAKE SCRATCH WEIGHT(Plus 2 lbs. NFHS Growth Allowance.)**

All competitors must wear a singlet to weigh-ins.

COMPETITION: All Teams will be seeded in team pools based on past finish by team. First time teams will be randomly seeded. (Size of pools will be subject to adjustment based on total number of teams entered.) After pool wrestling, teams will be seeded into preliminary brackets based on pool performance and then on point differential seeding. Based on the number of teams entered teams will then move to either championship or consolation brackets. Every effort will be made to make sure all alternates get as many exhibition matches as possible.

AWARDS: Top 8 teams will receive team awards. Consolation bracket champions will also receive team awards. National Championship individual medals will be awarded to team members and individuals.

INDIVIDUAL MEDAL CRITERIA: Minimum of 6 matches wrestled: No Losses—Gold, 1 Loss—Silver, 2 Losses—Bronze, 3 Losses--Copper

ELIGIBILITY: Members Of Any Wrestling Organization Currently Enrolled as Freshman and Sophomore in 2015. Coaches please make sure you have the following information available for your team members at weigh ins.

- Current AAU Card (Available online at: www.aausports.org)
- Copy of Birth Records
- Copy of Report Card or School Grade Certification (On School Letterhead)
- Email approval of out of AAU District/State Team Members

ONLY 3 TEAM MEMBERS CAN BE FROM ADJOINING DISTRICT (ASSOCIATION)

All teams must meet AAU National guidelines as stated in the AAU National Code as well as meet both the grade and age requirements for this championship. Your 3 athletes from outside your AAU district must reside in an adjoining district.

Here are the Code Guidelines:

4.3 Membership and Residency.

4.3.1 Adult members will not be bound by residence requirements.

4.3.2 Youth members must register in the District of their bona fide residency, except as follows:

4.3.2.1 A youth member who resides in the county of one District that adjoins a county of another District and who attends a school located in the adjoining county will have the option of registering in either District.

4.3.2.2 A youth member subject to a written joint legal custody arrangement whose custodians reside in different Districts shall have the option of registering in either District.

4.3.2.3 A bona fide student at an educational institution may be considered a resident of the District in which the institution is located.

4.3.3 Persons living outside the U.S. may register in the closest District or with the District where the competition they are first participating in will take place. The respective National Sports Committee rules shall govern their participation in AAU competitions.

BYLAW 6. ELIGIBILITY

6.1 A youth member may elect to participate in his or her District of bona fide residence or a District that geographically adjoins that District. Exception: In team sports a maximum of three (3) members may participate with a team in an adjoining District. [Team sports include baseball, basketball, field hockey, hockey, soccer, softball, wrestling and volleyball.]



All young men must register with Selective Service to stay eligible for student loans, good jobs, and more.
Make sure he knows. sss.gov

QUESTIONS: CALL Ron Peterson at 515-249-3586 or E-MAIL ron.peterson@kcsd.k12.ia.us

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AAU National Duals***

APRIL 4 and 5, 2015

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Des Moines, Iowa

TEAM ENTRY FORM

**ENTRY FEE: \$800.00 IF DEPOSIT RECEIVED BY FEBRUARY 15, 2015
(\$200.00 DEPOSIT WILL GUARANTEE A SPOT FOR YOUR TEAM)
BALANCE DUE BY MARCH 15, 2015 or ADD \$100.00 LATE FEE.**

MAIL YOUR INFO NOW TO RESERVE A SPOT

TEAM NAME _____

AAU DISTRICT or STATE _____

CONTACT _____ **PHONE** _____

E-MAIL _____ **FAX** _____

ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

MAIL TO: AAU Freshman/Sophomore National Duals
% Ron Peterson
1500 W. 6th Avenue
INDIANOLA, IA 50125

MAKE CHECKS PAYABLE TO: AAU Freshman/ Sophomore National Duals
Coaches: You must have an AAU Coaching Card and Certification to coach matside.