



2016 AAU WESTERN GRAND NATIONALS

DIVISION IS DETERMINED BY AGE ON JUNE 30, 2016

Division	Tot	Bantam	Midget	Novice	Schoolboy	Cadet	Elite	Senior	Masters
Birth Dates	06/30/2009 01/01/2014	06/30/2007 06/29/2009	06/30/2005 06/29/2007	06/30/2003 06/29/2005	06/30/2001 06/29/2003	06/30/1999 06/29/2001	06/30/1997* 06/29/1999	06/30/1987 06/29/1997	06/30/1946 06/29/1987
# of Weights	(6)	(11)	(15)	(15)	(18)	(17)	(15)	(10)	(11)
	35	40	50	60	70	84	98	125	125
	40	45	55	65	75	91	106	133	133
	45	50	60	70	80	98	113	141	141
	50	55	65	75	85	106	120	149	149
	55	60	70	80	90	113	126	157	157
	hwt	65	75	85	95	120	132	165	165
	(75 max)	70	80	90	100	126	138	174	174
		75	85	95	105	132	145	185	185
		80	90	100	110	138	152	197	197
		90	95	105	115	145	160	hwt	215
		hwt	103	112	120	152	170		hwt
		(125 max)	112	120	125	160	182		
			120	130	130	170	195		
			130	140	140	182	220		
			hwt	hwt	150	195	285		
			(175 max)	(205 max)	160	220			
					180	285			
					hwt				
					(260 max)				

***1997 Elite – Still in High School or Graduating Senior / must provide proof**