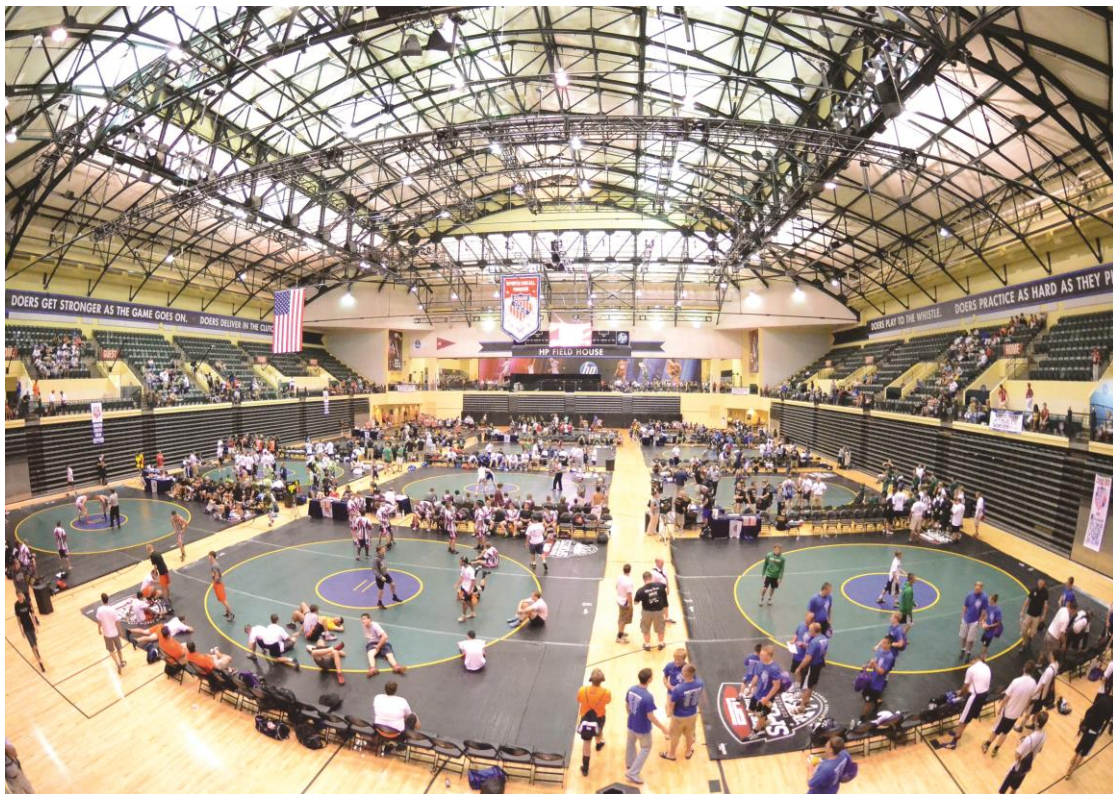


# 2018 AAU WRESTLING SCHOLASTIC DUALS



**JUNE 23<sup>rd</sup> – JUNE 28<sup>th</sup>, 2018**

# **\*2018 IMPORTANT INFO\***

## **State High School Weight Certification Sheets have replaced Report Cards**

The 2018 AAU Scholastic Duals will use State High School Weight Certification Sheets to determine a Wrestler's certified weight as well as what school they attended in the 2017 – 2018 school year.

## **Weight Classes for the 2018 AAU Wrestling Scholastic Duals**

<b>Weight Classes</b>													
106	113	120	126	132	138	145	152	160	170	182	195	220	HWT
* A five (5) pound weight allowance is provided. No athlete may wrestle below his current High School Certification weight.													
** Athletes may only wrestle one weight class above the class they weighed in at.													

## **QUALIFIERS**

In order to advance to a National Dual Championship, your team must participate in your **AAU District Qualifier**. Please contact your District Sports Director to find out if there is an **AAU District Qualifier** in your District. If your District is not conducting an **AAU District Qualifier**, your team can advance directly to the National Dual Championship.

## **TEAM CRITERIA**

### **DISTRICT ALL-STAR/DEVELOPMENTAL DIVISIONS**

**District All-Star & Developmental Divisions:** These groups may have up to three wrestlers from an adjoining AAU District on their team. For a table that lists each AAU district and the AAU districts that are adjoining, please see page 8.

### **DEVELOPMENTAL DIVISION (detailed descriptions on page 5)**

**Developmental Division Team:** This group is made up of athletes from various high schools within a particular AAU District that **did not place at the state tournament**. A copy of a weight certification sheet for each athlete must be provided to determine proof of eligibility. **Graduated 6<sup>th</sup>, 7<sup>th</sup>, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility). If you have several athletes from the same school, you may use one sheet of paper for all of them.

### **PREP SCHOOLS (detailed descriptions on page 5)**

Prep Schools will be in Community Division I with no fifth (5<sup>th</sup>) year seniors allowed on the team. Larger school division based on 2017 – 2018 enrollment and 2017 Scholastic Duals Final 8. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2017-2018 school year.

## **EXTRA ALTERNATES**

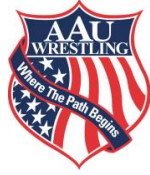
\*\*If you wish to exceed the 17 athlete roster limit you may do so by adding Extra Alternates. Extra Alternates will be designated on the roster as EXT. They **CANNOT** be substituted into your lineup at anytime! These athletes may only compete in exhibition matches!!!

\*\*You may add Extra Alternates to your roster via the Online Registration system.

\*\*Extra Alternate fee = \$50 per athlete

## **RECRUITMENT USB**

The recruitment USB will be created using the information provided when each athlete is added to the roster. Please be sure to fill out all information for each athlete so that it can be distributed to the college coaches.



## **\*\*\*ONLINE REGISTRATION INSTRUCTIONS\*\*\***

### **ONLINE REGISTRATION – [CLICK HERE](#)**

The 2018 AAU Wrestling Scholastic Duals will be using an online registration system ONLY! This system is extremely easy to use. Below are some instructions and helpful hints on how to register your team:

1. To register your team(s), please visit [www.aauwrestling.net](http://www.aauwrestling.net) and click on the **ONLINE REGISTRATION** icon under the Scholastic Duals event information.
2. **Step 1:** Log In/Register (Create an Account) – **The person registering the team must create a username and password. This is not your AAU membership or club number.** A confirmation email will be sent to confirm your information and activate your account. Once your account is activated you can begin to register your team. If you had an account in 2017, you can log in with that username/password to update the team(s) for the 2018 event.
3. **Step 2:** Enter Team Information – Add your team information. You can use the same username and password for each team. Community Division 2 size teams that would like to compete in Division 1 must declare your division here.
4. **Step 3:** Enter Athletes to Roster – Not to exceed seventeen (17) athletes. 14 weight classes and 3 alternates make up the roster. **IMPORTANT:** You MUST have each Athlete's 2018 AAU Athlete Membership card prior to entering your athletes!
  - a. **Extra Alternates** may be added at this time (\$50 per athlete). These athletes cannot be substituted into your lineup at any time! They are designated on the roster as EXT.
  - b. When entering your athletes, you will need the following information:

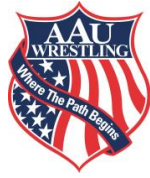
i. AAU Membership ID	v. Weight Class	xi. SAT/ACT Score
ii. Zip Code	vi. Certified Weight	xii. High School Coaches Name
iii. Contact Phone Number	vii. Email Address	xiii. Wrestling/Personal Achievements
iv. T-shirt Size	viii. High School	
	ix. Current Year in School	
	x. GPA	
5. **Step 4:** Enter Head Coach, Assistant Coach, Alternate Coach and Table Worker – Maximum of four [4] non-athletes [Head Coach, Assistant Coach, Alternate Coach and Table Worker] per team. **IMPORTANT:** You MUST have a 2018 AAU Non-Athlete Membership prior to entering your coaches and table workers.
6. **Step 5:** Complete Remaining Forms – It is **MANDATORY** to upload a **weight certification sheet** for each athlete. A copy of the school's weight certification sheet must be provided to be eligible to compete. If a 7<sup>th</sup> or 8<sup>th</sup> grader is to be used in competition, the Principal or AD must also indicate on school stationery that their state allows those younger grades to compete at the high school varsity level.
7. **Step 6:** Hotel & Contact Info. – To ensure the safety of our participants, please enter the contact information for the Onsite Team Coordinator during the event as well as the hotel information for your team.
8. **Step 7:** Check Out – This is where you pay your tournament entry fee. You can pay for the tournament with a credit card or debit card (VISA, MasterCard, Discover, or American Express). Once this process is completed, you will receive an email confirmation verifying your payment. We recommend printing and saving this email for your own records.

**Verify your team is registered in your desired division.**

**THERE WILL BE NO DIVISION CHANGES AT THE ON-SITE REGISTRATION/WEIGH-INS**

If you experience any problems or have questions about your Online Registration, please contact:

Chris Fox  
407-828-3262  
[cfox@ausports.org](mailto:cfox@ausports.org)



## Tournament Information

**DATES:** June 23<sup>rd</sup> – June 28<sup>th</sup>, 2018

**District All-Star & Developmental Division Registration/Weigh Ins/Meetings:**

\*Weigh-ins – Saturday, June 23<sup>rd</sup>, 2018 (Time 10:00AM – 2:00PM)

\*Tableworkers Meeting – Saturday, June 23<sup>rd</sup>, 2018 (5:00 PM)

\*Coaches Meeting – Saturday, June 23<sup>rd</sup>, 2018 (5:00 PM)

\*Competition Days – Sunday, June 24<sup>th</sup> – Wednesday, June 27<sup>th</sup>, 2018

**Community Division 1 & 2 Registration/Weigh Ins/Meetings:**

\*Weigh-ins – Sunday, June 24<sup>th</sup>, 2018 (Time 10:00AM – 2:00PM)

\*Tableworkers Meeting – Sunday, June 24<sup>th</sup>, 2018 (5:00 PM)

\*Coaches Meeting – Sunday, June 24<sup>th</sup>, 2018 (5:00 PM)

\*Competition Days – Monday, June 25<sup>th</sup> – Thursday, June 28<sup>th</sup>, 2018

Please be aware there is a strong likelihood that you will wrestle more than five (5) matches in one day.

**SITES:** ESPN Wide World of Sports Complex

**ENTRY FEE:** **\$1000.00 per Team (ALL DIVISIONS)**  
**\$50.00 per Extra Alternate (ALL DIVISIONS)**  
**(NON-REFUNDABLE) NO PERSONAL CHECKS**

**ENTRY DEADLINE:** All entries **MUST BE RECEIVED BY MONDAY, MAY 28<sup>th</sup>, 2018**  
Once you enter as a team online and we process your entry, your team's name will be posted at [www.aauwrestling.net](http://www.aauwrestling.net).

**MEMBERSHIP:** All team members, coaches, and table workers must hold current AAU membership cards. Membership cards must be purchased online at [www.aausports.org](http://www.aausports.org). Memberships **WILL NOT** be sold at on-site registration. Individual athlete cards are \$14.00 each and non-athletes (coaches, table workers, etc.) are \$16.00 each.

**COACHES EDUCATION:** The AAU National Office is happy to announce to its members, FREE Coaches' Education for all **AAU Non-Athletes**. This exciting program is available for all AAU Non-Athletes that will be coaching, and will be administered by **Positive Coaching Alliance (PCA)**. Please visit [www.aausports.org](http://www.aausports.org) and click on JOIN NOW in order to enter and take the AAU/PCA coaches educational course.

**WEIGH-INS & REGISTRATION:** Each team will weigh-in first and then register. Weigh-ins will take place on Saturday, June 23<sup>rd</sup>, 2018 for the District All-Star & Developmental teams, and on Sunday, June 24<sup>th</sup>, 2018 for the Community DI & DII teams at ESPN Wide World of Sports Complex (Weigh-in and Registration Times 10:00AM – 2:00PM). **WEIGH-INS WILL BE DONE WITH EACH ATHLETE WEARING A SINGLET.** After each team has weighed-in, the athletes may depart. The Head Coach must stay to register the team. Registration will take place at ESPN Wide World of Sports Complex at *Walt Disney World®* Resort.

**Weigh-in order will be determined by the order teams paid their Entry Fees.** Each team will be given a weigh in time and must report for weigh ins at that given time.

**ATHLETES WILL NOT BE ALLOWED TO CHANGE WEIGHT CLASSES AS A RESULT OF A SECOND WEIGH-IN. THE WEIGHT CLASS IN WHICH A WRESTLER CERTIFIES IN; ON JUNE 23<sup>rd</sup> (DISTRICT/ALL-STAR & DEVELOPMENTAL DIVISIONS) OR JUNE 24<sup>TH</sup> (COMMUNITY) IS THE LOWEST HE OR SHE CAN GO. ALL WRESTLERS ARE LIMITED TO WEIGHING IN ON ONE TEAM AND IN ONE DIVISION. A WRESTLER CANNOT WRESTLE BELOW HIGH SCHOOL CERTIFIED WEIGHT.**

LATE WEIGH-INS MUST BE REQUESTED/APPLIED FOR ONE (1) WEEK PRIOR TO WEIGH-INS. PLEASE EMAIL [CFOX@AAUSPORTS.ORG](mailto:CFOX@AAUSPORTS.ORG) FOR THE LATE WEIGH-IN FORM.

**PARKING:**

Parking is complimentary at the ESPN Wide World of Sports Complex at *Walt Disney World*® Resort.

**CREDENTIAL INFORMATION:**

Please note, that the credentials issued to athletes and coaches are ATS tickets. These tickets are required at the turnstiles to gain access to ESPN Wide World of Sports Complex at *Walt Disney World*® Resort. If an athlete or coach loses their credential, a replacement will be issued at the cost of a General Admission Ticket for the remainder of the event.

**RULES:**

Rules will be according to the National High School Rulebook. Two piece singlets are acceptable.

The weights are high school weights: 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, HWT (max 285), with a 5-pound weight allowance provided. **NO ATHLETE MAY COMPETE BELOW HIS 2017-2018 HIGH SCHOOL CERTIFICATION WEIGHT.**

A team shall consist of up to: 3 coaches, 14 wrestlers, 3 alternates and one table worker.

**EACH TEAM WILL BE RESPONSIBLE TO PROVIDE ONE TIMER OR ONE SCORER (TABLE WORKER) FOR EACH OF THEIR TEAM'S DUAL MEETS. FAILURE TO DO SO MAY RESULT IN A FORFEIT.**

For competition in the final pools, if two teams have wrestled one another earlier in the tournament, the team that lost the dual may decide not to wrestle the match again without penalty. To exercise this right, the head table must be informed of a team's intention not to wrestle when the final schedule is posted.

**District/All Star Team:** This group is made up of athletes attending various high schools within a particular AAU District in the 2017 – 2018 school year. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster. Any incoming athletes from a Non-Adjoining AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **A copy of a weight certification sheet for each athlete must be provided to determine proof of eligibility. Graduated 6<sup>th</sup>, 7<sup>th</sup>, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility). Please see the table on page 9 for the adjoining AAU districts to each AAU district.

**Developmental Division Team:** This group is made up of athletes attending various high schools within a particular AAU District in the 2017 – 2018 school year that **did not place at state tournaments.** No more than 3 wrestlers from an adjoining AAU district are allowed on a roster. Any incoming athletes from a Non-Adjoining AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **A copy of a weight certification sheet for each athlete must be provided to determine proof of eligibility. Graduated 6<sup>th</sup>, 7<sup>th</sup>, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility). Please see the table on page 9 for the adjoining AAU districts to each AAU district.

**Community Division 1:** Larger school division based on 2017 – 2018 enrollment and 2017 Scholastic Duals Final 8. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2017-2018 school year. Any athletes incoming to your school must show proof they are registered with the school and that must be verified by School Principal or AD. Community Teams not meeting these criteria will be moved into the District Division. **A copy of a weight certification sheet for each athlete must be provided to determine proof of eligibility. Graduated 6<sup>th</sup>, 7<sup>th</sup>, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility).

**Community Division 2:** Division 2 will be determined from the lowest 50% enrollments of the teams entered in the COMMUNITY division. If a team wishes to compete in division 1 and **not** be considered for division 2 then they must indicate so on the online registration form. No more than

three (3) wrestlers may come from other schools that make up this team and all must reside in the same or an adjoining AAU District in the 2017-2018 school year. Any athletes incoming to your school must show proof they are registered with the school and that must be verified by School Principal or AD. Community Teams not meeting these criteria will be moved into the District Division. **A copy of a weight certification sheet for each athlete must be provided to determine proof of eligibility. Graduated 6<sup>th</sup>, 7<sup>th</sup>, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility).

To be eligible for this event, each team member must have been eligible for his or her 2017-2018 High School season. Any team member found to be ineligible under the division rules above will be removed from all team competition, and allowed to wrestle exhibition only.

#### **POOL PLAY – TEAM/TIE BREAKER [criteria is among those tied]**

1. Head to Head competition
2. The team who has been penalized the least for flagrant or unsportsmanlike conduct
3. The team having won the greatest number of victories
4. The team having the greater number of falls
5. The team having the greater number of technical falls
6. The team having the greater number of major decisions
7. The team having the least number of defeats
8. The team having the greater number of offensive points scored among those tied
9. The team having the least number of defensive points scored among those tied
10. The team having the fastest fall

#### **\*3-way tie**

\*If at any point in the above criteria you are able to determine either a first or third position and the other two teams are still tied at this criteria, then the match between these two tied teams will determine placement. If the teams are not tied at this point, they will be placed accordingly.

#### **Example – Placement [without tied points]**

**Team 1 – 89 / 3<sup>rd</sup> place**  
**Team 2 – 93 / 1<sup>st</sup> place**  
**Team 3 – 90 / 2<sup>nd</sup> place**

#### **Example – Placement [with tied points]**

**Team 1 – 90 points / 3<sup>rd</sup> place**  
**Team 2 – 93 points / 2<sup>nd</sup> place**  
**Team 3 – 93 points / 1<sup>st</sup> place**  
**[team 3 beat team 2]**

#### **\*4 or more**

\*If at any point in the above criteria, you are able to determine either a first or last position among those tied, then placement will be made for that position. If the other teams are still tied at this criteria, then you will use the same method to determine the next placement. If the last two teams are still tied at this point, then the match between these two tied teams will determine their placement. If at any point in the criteria, teams are not tied, they will be placed accordingly.

#### **Example – placement [without tied points]**

**Team 1 – 89 / 3<sup>rd</sup> place**  
**Team 2 – 93 / 1<sup>st</sup> place**  
**Team 3 – 90 / 2<sup>nd</sup> place**  
**Team 4 – 88 / 4<sup>th</sup> place**

#### **Example – Placement [with tied points]**

**Team 1 – 90 points / 3<sup>rd</sup> place**  
**Team 2 – 93 points / 2<sup>nd</sup> place**  
**Team 3 – 93 points / 1<sup>st</sup> place**  
**Team 4 – 87 points / 4<sup>th</sup> place**  
**[team 3 beat team 2]**

**\*\*\*IN DUAL MEET COMPETITION, DUAL TEAM TIE BREAKERS CAN BE FOUND IN THE 2017-2018 NFHS RULE BOOK.**

#### **MEDALS AND AWARDS:**

The top eight teams in each division will each receive a trophy. Individually, there will be awards given for the Outstanding Wrestler, Most Pins, and Sportsmanship in all divisions. Wrestlers who had outstanding performances will receive championship medals using the following formula:

1. Any undefeated wrestler, with at least six matches wrestled – GOLD
2. Any wrestler with no more than one loss, with at least six matches wrestled – SILVER
3. Any wrestler with no more than two losses, with at least six matches wrestled – BRONZE
4. Any wrestler with no more than three losses, with at least six matches wrestled – COPPER

In all dual meets, a team must wrestle at least 80% of their roster OR each athlete that doesn't wrestle will receive a loss to their record.

**BOUTS:** All bouts will be 2-2-2 minutes in length.

**SPECTATOR:** Spectator admission is required for all events at *ESPN Wide World of Sports®* Complex.

**ADMISSION:** Admission Ticket prices are as follows:  
General Admission: Adult – \$18.50 Child – \$13.50  
Length of Event: Adult – \$74.00 Child – \$54.00

Daily Admission & Length of Event passes will be sold at the Box Office upon arrival at the ESPN Wide World of Sports Complex at *Walt Disney World®* Resort. All *Walt Disney World®* ticket prices are subject to change without notice. (Updated 1/10/2018).

**TRANSPORTATION:** Teams are responsible for their own transportation to and from the ESPN Wide World of Sports Complex at *Walt Disney World®* Resort

**COLLEGE COACHES:** **THIS WILL BE THE 13<sup>th</sup> SUMMER WE ARE EXTENDING AN OPEN INVITATION TO COLLEGE COACHES FROM ALL ACROSS AMERICA TO JOIN US FOR THIS OUTSTANDING EVENT. EACH COLLEGE COACH THAT ATTENDS WILL RECEIVE AN ATHLETE INFORMATION USB ON EVERY ATHLETE IN THE TOURNAMENT.**

**HOUSING:** AAU has selected Official Housing properties for the 2018 Scholastic Duals to help streamline your travel management efforts and provide competitive rates and amenities for you while in the Orlando area.

Hotel and apartment style accommodations are available and guests can book online, [CLICK HERE](#)

For Disney Hotels please [CLICK HERE](#) or for multiple rooms please call (407) 939-4686

Please also refer to the flyer at the end of this entry packet.

**THEME PARK** Discounted theme park tickets are available by visiting the site below. (Event code will be emailed to you once team is registered for the event.)

**TICKETS:** [Theme Park Tickets](#)

**CAR AND VAN RENTALS:** MAGNA AUTO RENTALS, INC. [magnaautorentals.com](http://magnaautorentals.com)  
[magnaautorentals@cfl.rr.com](mailto:magnaautorentals@cfl.rr.com)  
Discounts with Personalized Service Call: 321-269-6851  
Use Code: AAU-Disney

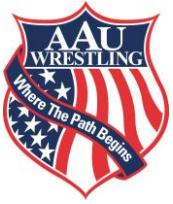
**FOR MORE INFO:** **Chris Fox**  
**407-828-3262**  
[cfox@ausports.org](mailto:cfox@ausports.org)

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins.
- BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU website [www.ausports.org](http://www.ausports.org) to obtain their membership

## AAU Districts & Adjoining AAU Districts

<b>Adirondack</b> – Adjoining: Connecticut, Middle Atlantic, New England, Metropolitan (NY), Niagara	<b>Alaska</b> – Adjoining: None
<b>Arizona</b> – Adjoining: Colorado, New Mexico, Pacific Southwest, Pacific, Southern Pacific, Utah	<b>Arkansas</b> – Adjoining: Southeastern, Southern, Southwestern, Oklahoma, Missouri Valley, Ozark
<b>Central</b> – Adjoining: Wisconsin, Iowa, Ozark, Kentucky, Indiana	<b>Central California</b> – Adjoining: Pacific, Southern Pacific
<b>Colorado</b> – Adjoining: Wyoming, Nebraska, Missouri Valley, Oklahoma, New Mexico, Arizona, Utah	<b>Connecticut</b> – Adirondack, New England, Metropolitan (NY)
<b>Florida</b> – Adjoining: Florida Gold Coast, Georgia, Southeastern	<b>Florida Gold Coast</b> – Adjoining: Florida
<b>Georgia</b> – Adjoining: Florida, North Carolina, Southeastern, South Carolina	<b>Gulf</b> – Adjoining: Southern, Southwestern, South Texas
<b>Hawaiian</b> – Adjoining: None	<b>Indiana</b> – Adjoining: Central, Kentucky, Michigan, Ohio
<b>Inland Empire</b> – Adjoining: Pacific Northwest, Pacific, Oregon, Utah, Wyoming, Montana	<b>Iowa</b> – Adjoining: Minnesota, South Dakota, Wisconsin, Missouri Valley, Nebraska, Ozark, Central
<b>Kentucky</b> – Adjoining: Central, Indiana, Ohio, Ozark, Southeastern, Virginia, West Virginia	<b>Lake Erie</b> – Adjoining: Ohio, Western Pennsylvania
<b>Maryland</b> – Adjoining: Potomac Valley, Virginia, West Virginia, Western Pennsylvania, Middle Atlantic	<b>Michigan</b> – Adjoining: Indiana, Ohio, Wisconsin,
<b>Middle Atlantic</b> – Adjoining: Adirondack, New Jersey, Metropolitan (NY), Niagara, Western Pennsylvania, Maryland	<b>Minnesota</b> – Adjoining: Iowa, North Dakota, South Dakota, Wisconsin
<b>Missouri Valley</b> – Adjoining: Iowa, Nebraska, Colorado, Oklahoma, Arkansas, Ozark	<b>Montana</b> – Adjoining: Inland Empire, North Dakota, South Dakota, Wyoming
<b>Nebraska</b> – Adjoining: South Dakota, Wyoming, Colorado, Missouri Valley, Iowa	<b>New England</b> – Adjoining: Adirondack, Connecticut
<b>New Jersey</b> – Adjoining: Middle Atlantic, Metropolitan (NY)	<b>New Mexico</b> – Adjoining: Colorado, Utah, Arizona, West Texas, South Texas, Oklahoma
<b>New York Metropolitan</b> – Adjoining: Adirondack, Connecticut, Middle Atlantic, New Jersey	<b>Niagara</b> – Adjoining: Adirondack, Middle Atlantic, Western Pennsylvania
<b>North Carolina</b> – Adjoining: Georgia, South Carolina, Southeastern, Virginia	<b>North Dakota</b> – Adjoining: Minnesota, Montana, South Dakota
<b>Ohio</b> – Adjoining: Indiana, Lake Erie, Michigan, Kentucky, West Virginia, Western Pennsylvania	<b>Oklahoma</b> – Adjoining: Missouri Valley, Colorado, New Mexico, West Texas, Southwestern, Arkansas
<b>Oregon</b> – Adjoining: Inland Empire, Pacific, Pacific Northwest	<b>Ozark</b> – Adjoining: Arkansas, Central, Kentucky, Iowa, Missouri Valley, Southeastern
<b>Pacific</b> – Adjoining: Central California, Inland Empire, Oregon, Southern Pacific, Arizona, Utah	<b>Pacific Northwest</b> – Adjoining: Inland Empire, Oregon
<b>Pacific Southwest</b> – Adjoining: Arizona, Southern Pacific	<b>Potomac Valley</b> – Adjoining: Maryland, Virginia
<b>Puerto Rico</b> – Adjoining: None	<b>South Carolina</b> – Adjoining: Georgia, North Carolina
<b>South Dakota</b> – Adjoining: Iowa, Minnesota, Montana, Nebraska, North Dakota, Wyoming	<b>South Texas</b> – Adjoining: Gulf, Southwest, New Mexico, West Texas
<b>Southeastern</b> – Adjoining: Kentucky, Virginia, North Carolina, Georgia, Southern, Arkansas, Ozark	<b>Southern</b> – Adjoining: Southeastern, Arkansas, Gulf, Southwestern
<b>Southern Pacific</b> – Adjoining: Arizona, Central California, Pacific, Pacific Southwest	<b>Southwestern</b> – Adjoining: Oklahoma, Arkansas, Southern, Gulf, South Texas, West Texas
<b>Utah</b> – Adjoining: Inland Empire, Wyoming, Colorado, New Mexico, Arizona, Pacific	<b>Virginia</b> – Adjoining: Potomac Valley, West Virginia, Kentucky, Southeastern, North Carolina
<b>Western Pennsylvania</b> – Adjoining: Middle Atlantic, Niagara, Maryland, West Virginia, Ohio, Lake Erie	<b>West Texas</b> – Adjoining: Oklahoma, New Mexico, South Texas, Southwestern
<b>West Virginia</b> – Adjoining: Maryland, Western Pennsylvania, Ohio, Kentucky, Virginia	<b>Wisconsin</b> – Adjoining: Michigan, Minnesota, Iowa, Central
<b>Wyoming</b> – Adjoining: Montana, South Dakota, Nebraska, Colorado, Utah, Inland Empire	





# WEIGH-IN SHEET

## AAU Wrestling Scholastic Duals

### June 23<sup>rd</sup> – June 28<sup>th</sup>, 2018



**\*\*\*BRING THIS FORM WITH YOU TO WEIGH-INS\*\*\***

**COACH** this weigh-in sheet **IS** the official one in terms of who is wrestling on your team! The athletes on the roster we received earlier with your entry fee can be altered up until this point.

Team Name:			
Division:			
Head Coach:			
Weight Class	Name	Actual Weight	Certified Weight
106			
113			
120			
126			
132			
138			
145			
152			
160			
170			
182			
195			
220			
HWT			
ALT #1			
ALT #2			
ALT #3			
EXT			
EXT			
EXT			
EXT			

**Scale Operator Signature:** \_\_\_\_\_