



2019 AAU WRESTLING SCHOLASTIC DUALS GIRLS NATIONALS



JUNE 18th – JUNE 21st, 2019

2019 IMPORTANT INFO

Weight Classes for the 2019 AAU Wrestling Scholastic Duals

Weight Classes											
95	100	106	112	118	124	130	138	148	160	185	HWT
* A two (2) pound weight allowance is provided.											
** Athletes may only wrestle one weight class above the class they weighed in at.											

TEAM CRITERIA

Each team is made up of athletes attending various high schools within a particular AAU District in the 2018 – 2019 school year. No more than 5 wrestlers from outside of the team's AAU district are allowed on a roster. If you have any issues or questions about the 5 wrestlers from outside of your district please contact Jason Loyd (jloyd52722@gmail.com) or Rob Pilcher (Robert.pilcher@yahoo.com) and they will assist. Any incoming athletes from a different AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **Graduated 6th, 7th, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility). Please see the table on page 8. for AAU districts.

EXTRA ALTERNATES

If you wish to exceed the 15 athlete roster limit you may do so by adding Extra Alternates. Extra Alternates will be designated on the roster as EXT. They **CANNOT be substituted into your lineup at anytime! These athletes may only compete in exhibition matches!!!

**You may add Extra Alternates to your roster via the Online Registration system.

**Extra Alternate fee = \$50 per athlete

RECRUITMENT USB

The recruitment USB will be created using the information provided when each athlete is added to the roster. Please be sure to fill out all information for each athlete so that it can be distributed to the college coaches.



ONLINE REGISTRATION INSTRUCTIONS

ONLINE REGISTRATION – [CLICK HERE](#)

The 2019 AAU Wrestling Scholastic Duals will be using an online registration system ONLY! This system is extremely easy to use. Below are some instructions and helpful hints on how to register your team:

1. To register your team(s), please visit www.aauwrestling.net and click on the **ONLINE REGISTRATION** icon under the Scholastic Duals event information.
2. **Step 1:** Log In/Register (Create an Account) – **The person registering the team must create a username and password. This is not your AAU membership or club number.** A confirmation email will be sent to confirm your information and activate your account. Once your account is activated you can begin to register your team. If you had an account in 2018, you can log in with that username/password to update the team(s) for the 2019 event.
3. **Step 2:** Enter Team Information – Add your team information. You can use the same username and password for each team.
4. **Step 3:** Enter Athletes to Roster – Not to exceed fifteen (15) athletes. 12 weight classes and 3 alternates make up the roster. **IMPORTANT:** You MUST have each Athlete's 2018 AAU Athlete Membership card prior to entering your athletes!
 - a. **Extra Alternates** may be added at this time (\$50 per athlete). These athletes cannot be substituted into your lineup at any time! They are designated on the roster as EXT.
 - b. When entering your athletes, you will need the following information:

i. AAU Membership ID	v. Weight Class	xi. SAT/ACT Score
ii. Zip Code	vi. Certified Weight	xii. High School Coaches Name
iii. Contact Phone Number	vii. Email Address	xiii. Wrestling/Personal Achievements
iv. T-shirt Size	viii. High School	
	ix. Current Year in School	
	x. GPA	
5. **Step 4:** Enter Head Coach, Assistant Coach, Alternate Coach and Table Worker – Maximum of four [4] non-athletes [Head Coach, Assistant Coach, Alternate Coach and Table Worker] per team. **IMPORTANT:** You MUST have a 2019 AAU Non-Athlete Membership prior to entering your coaches and table workers.
6. **Step 5:** Complete Remaining Forms – You do not have to upload a weight certification sheet.
7. **Step 6:** Hotel & Contact Info. – To ensure the safety of our participants, please enter the contact information for the Onsite Team Coordinator during the event as well as the hotel information for your team.
8. **Step 7:** Check Out – This is where you pay your tournament entry fee. You can pay for the tournament with a credit card or debit card (VISA, MasterCard, Discover, or American Express). Once this process is completed, you will receive an email confirmation verifying your payment. We recommend printing and saving this email for your own records.

If you experience any problems or have questions about your Online Registration, please contact:

Chris Fox
407-828-3262
cfox@aausports.org



Tournament Information

- DATES:** June 18th – June 21st, 2019
- Registration/Weigh Ins/Meetings:**
- *Weigh-ins – Tuesday, June 18th, 2019 (Time 1:00PM – 2:00PM)
 - *Tableworkers Meeting – Tuesday, June 18th, 2019 (5:00 PM)
 - *Coaches Meeting – Tuesday, June 18th, 2019 (5:00 PM)
 - *Competition Days – Wednesday, June 19th – Friday, June 21st, 2019
- SITES:** ESPN Wide World of Sports Complex
- ENTRY FEE:** **\$750.00 per Team**
\$50.00 per Extra Alternate
(NON-REFUNDABLE) NO PERSONAL CHECKS
- ENTRY DEADLINE:** All entries **MUST BE RECEIVED BY MONDAY, MAY 28th, 2019**
Once you enter as a team online and we process your entry, your team's name will be posted at www.aauwrestling.net.
- MEMBERSHIP:** All team members, coaches, and table workers must hold current AAU membership cards. Membership cards must be purchased online at www.aausports.org. Memberships **WILL NOT** be sold at on-site registration. Individual athlete cards are \$14.00 each and non-athletes (coaches, table workers, etc.) are \$16.00 each.
- COACHES EDUCATION:** The AAU National Office is happy to announce to its members, FREE Coaches' Education for all **AAU Non-Athletes**. Please visit www.aausports.org and click on JOIN NOW in order to enter and take the AAU/PCA coaches educational course.
- WEIGH-INS & REGISTRATION:** Each team will weigh-in first and then register. Weigh-ins will take place on Tuesday, June 18th, 2019 at ESPN Wide World of Sports Complex (Weigh-in and Registration Times 1:00PM – 2:00PM). **WEIGH-INS WILL BE DONE WITH EACH ATHLETE WEARING A SINGLET.** After each team has weighed-in, the athletes may depart. The Head Coach must stay to register the team. Registration will take place at ESPN Wide World of Sports Complex at *Walt Disney World®* Resort.
- Weigh-in order will be determined by the order teams paid their Entry Fees.** Each team will be given a weigh in time and must report for weigh ins at that given time.
- ATHLETES WILL NOT BE ALLOWED TO CHANGE WEIGHT CLASSES AS A RESULT OF A SECOND WEIGH-IN. THE WEIGHT CLASS IN WHICH A WRESTLER WEIGHS IN AT; ON JUNE 18th IS THE LOWEST SHE CAN GO. ALL WRESTLERS ARE LIMITED TO WEIGHING IN ON ONE TEAM.**
- LATE WEIGH-INS MUST BE REQUESTED/APPLIED FOR ONE (1) WEEK PRIOR TO WEIGH-INS. PLEASE EMAIL CFOX@AAUSPORTS.ORG FOR THE LATE WEIGH-IN FORM.**
- PARKING:** Parking is complimentary at the ESPN Wide World of Sports Complex at *Walt Disney World®* Resort.
- CREDENTIAL INFORMATION:** Please note, that the credentials issued to athletes and coaches are ATS tickets. These tickets are required at the turnstiles to gain access to ESPN Wide World of Sports Complex at *Walt Disney World®* Resort. If an athlete or coach loses their credential, a replacement will be issued at the cost of a General Admission Ticket for the remainder of the event.
- RULES:** Rules will be according to the National High School Rulebook. Two piece singlets are acceptable.
- The weights are: 95, 100, 106, 112, 118, 124, 130, 138, 148, 160, 185, HWT (max 285), with a 2-pound weight allowance provided.

A team shall consist of up to: 3 coaches, 12 wrestlers, 3 alternates and one table worker.

EACH TEAM WILL BE RESPONSIBLE TO PROVIDE ONE TIMER OR ONE SCORER (TABLE WORKER) FOR EACH OF THEIR TEAM'S DUAL MEETS. FAILURE TO DO SO MAY RESULT IN A FORFEIT.

For competition in the final pools, if two teams have wrestled one another earlier in the tournament, the team that lost the dual may decide not to wrestle the match again without penalty. To exercise this right, the head table must be informed of a team's intention not to wrestle when the final schedule is posted.

Team Criteria: Each team is made up of athletes attending various high schools within a particular AAU District in the 2018 – 2019 school year. No more than 5 wrestlers from outside the AAU district are allowed on a roster. Any incoming athletes from a different AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **Graduated 6th, 7th, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility). Please see the table on page 7 for the adjoining AAU districts to each AAU district.

To be eligible for this event, each team member must have been eligible for her 2018-2019 High School season. Any team member found to be ineligible under the rules above will be removed from all team competition, and allowed to wrestle exhibition only.

POOL PLAY – TEAM/TIE BREAKER [criteria is among those tied]

1. Head to Head competition
2. The team who has been penalized the least for flagrant or unsportsmanlike conduct
3. The team having won the greatest number of victories
4. The team having the greater number of falls
5. The team having the greater number of technical falls
6. The team having the greater number of major decisions
7. The team having the least number of defeats
8. The team having the greater number of offensive points scored among those tied
9. The team having the least number of defensive points scored among those tied
10. The team having the fastest fall

***3-way tie**

*If at any point in the above criteria you are able to determine either a first or third position and the other two teams are still tied at this criteria, then the match between these two tied teams will determine placement. If the teams are not tied at this point, they will be placed accordingly.

Example – Placement [without tied points]

Team 1 – 89 / 3rd place
Team 2 – 93 / 1st place
Team 3 – 90 / 2nd place

Example – Placement [with tied points]

Team 1 – 90 points / 3rd place
Team 2 – 93 points / 2nd place
Team 3 – 93 points / 1st place
[team 3 beat team 2]

***4 or more**

*If at any point in the above criteria, you are able to determine either a first or last position among those tied, then placement will be made for that position. If the other teams are still tied at this criteria, then you will use the same method to determine the next placement. If the last two teams are still tied at this point, then the match between these two tied teams will determine their placement. If at any point in the criteria, teams are not tied, they will be placed accordingly.

Example – placement [without tied points]

Team 1 – 89 / 3rd place
Team 2 – 93 / 1st place
Team 3 – 90 / 2nd place
Team 4 – 88 / 4th place

Example – Placement [with tied points]

Team 1 – 90 points / 3rd place
Team 2 – 93 points / 2nd place
Team 3 – 93 points / 1st place
Team 4 – 87 points / 4th place
[team 3 beat team 2]

*****IN DUAL MEET COMPETITION, DUAL TEAM TIE BREAKERS CAN BE FOUND IN THE 2017-2019 NFHS RULE BOOK.**

MEDALS AND

AWARDS:

The top four teams will each receive a trophy. Individually, there will be awards

given for the Outstanding Wrestler, Most Pins, and Sportsmanship (team). Wrestlers who had outstanding performances will receive championship medals using the following formula:

1. Any undefeated wrestler, with at least six matches wrestled – GOLD
2. Any wrestler with no more than one loss, with at least six matches wrestled – SILVER
3. Any wrestler with no more than two losses, with at least six matches wrestled – BRONZE
4. Any wrestler with no more than three losses, with at least six matches wrestled – COPPER

In all dual meets, a team must wrestle at least 80% of their roster OR each athlete that doesn't wrestle will receive a loss to their record.

BOUTS: All bouts will be 2-2-2 minutes in length.

SPECTATOR: Spectator admission is required for all events at *ESPN Wide World of Sports®* Complex.

ADMISSION: Admission Ticket prices are as follows:

General Admission:	Adult – \$19.00	Child 3-9– \$14.00
Length of Event:	Adult – \$76.00	Child 3-9– \$56.00

Daily Admission & Length of Event passes will be sold at the Box Office upon arrival at the ESPN Wide World of Sports Complex at *Walt Disney World®* Resort. All *Walt Disney World®* ticket prices are subject to change without notice. (Updated 1/10/2018).

TRANSPORTATION: Teams are responsible for their own transportation to and from the ESPN Wide World of Sports Complex at *Walt Disney World®* Resort

COLLEGE COACHES: **WE ARE EXTENDING AN OPEN INVITATION TO COLLEGE COACHES FROM ALL ACROSS AMERICA TO JOIN US FOR THIS OUTSTANDING EVENT. EACH COLLEGE COACH THAT ATTENDS WILL RECEIVE AN ATHLETE INFORMATION USB ON EVERY ATHLETE IN THE TOURNAMENT.**

HOUSING: AAU has selected Official Housing properties for the 2019 Scholastic Duals to help streamline your travel management efforts and provide competitive rates and amenities for you while in the Orlando area.

Hotel and apartment style accommodations are available and guests can book online, [CLICK HERE](#)

For Disney Hotels please [CLICK HERE](#) or for multiple rooms please call (407) 939-4686

Please also refer to the flyer at the end of this entry packet.

THEME PARK: Discounted theme park tickets are available by visiting the site below. [Theme Park Tickets](#)

CAR AND VAN RENTALS:

MAGNA AUTO RENTALS, INC. magnaautorentals.com
magnaautorentals@cfl.rr.com
Discounts with Personalized Service Call: 321-269-6851
Use Code: AAU-Disney

FOR MORE INFO: **Chris Fox**
407-828-3262
cfox@aausports.org

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins.
- BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership

AAU Districts & Adjoining AAU Districts

Adirondack – Adjoining: Connecticut, Middle Atlantic, New England, Metropolitan (NY), Niagara	Alaska – Adjoining: None
Arizona – Adjoining: Colorado, New Mexico, Pacific Southwest, Pacific, Southern Pacific, Utah	Arkansas – Adjoining: Southeastern, Southern, Southwestern, Oklahoma, Missouri Valley, Ozark
Central – Adjoining: Wisconsin, Iowa, Ozark, Kentucky, Indiana	Central California – Adjoining: Pacific, Southern Pacific
Colorado – Adjoining: Wyoming, Nebraska, Missouri Valley, Oklahoma, New Mexico, Arizona, Utah	Connecticut – Adirondack, New England, Metropolitan (NY)
Florida – Adjoining: Florida Gold Coast, Georgia, Southeastern	Florida Gold Coast – Adjoining: Florida
Georgia – Adjoining: Florida, North Carolina, Southeastern, South Carolina	Gulf – Adjoining: Southern, Southwestern, South Texas
Hawaiian – Adjoining: None	Indiana – Adjoining: Central, Kentucky, Michigan, Ohio
Inland Empire – Adjoining: Pacific Northwest, Pacific, Oregon, Utah, Wyoming, Montana	Iowa – Adjoining: Minnesota, South Dakota, Wisconsin, Missouri Valley, Nebraska, Ozark, Central
Kentucky – Adjoining: Central, Indiana, Ohio, Ozark, Southeastern, Virginia, West Virginia	Lake Erie – Adjoining: Ohio, Western Pennsylvania
Maryland – Adjoining: Potomac Valley, Virginia, West Virginia, Western Pennsylvania, Middle Atlantic	Michigan – Adjoining: Indiana, Ohio, Wisconsin,
Middle Atlantic – Adjoining: Adirondack, New Jersey, Metropolitan (NY), Niagara, Western Pennsylvania, Maryland	Minnesota – Adjoining: Iowa, North Dakota, South Dakota, Wisconsin
Missouri Valley – Adjoining: Iowa, Nebraska, Colorado, Oklahoma, Arkansas, Ozark	Montana – Adjoining: Inland Empire, North Dakota, South Dakota, Wyoming
Nebraska – Adjoining: South Dakota, Wyoming, Colorado, Missouri Valley, Iowa	New England – Adjoining: Adirondack, Connecticut
New Jersey – Adjoining: Middle Atlantic, Metropolitan (NY)	New Mexico – Adjoining: Colorado, Utah, Arizona, West Texas, South Texas, Oklahoma
New York Metropolitan – Adjoining: Adirondack, Connecticut, Middle Atlantic, New Jersey	Niagara – Adjoining: Adirondack, Middle Atlantic, Western Pennsylvania
North Carolina – Adjoining: Georgia, South Carolina, Southeastern, Virginia	North Dakota – Adjoining: Minnesota, Montana, South Dakota
Ohio – Adjoining: Indiana, Lake Erie, Michigan, Kentucky, West Virginia, Western Pennsylvania	Oklahoma – Adjoining: Missouri Valley, Colorado, New Mexico, West Texas, Southwestern, Arkansas
Oregon – Adjoining: Inland Empire, Pacific, Pacific Northwest	Ozark – Adjoining: Arkansas, Central, Kentucky, Iowa, Missouri Valley, Southeastern
Pacific – Adjoining: Central California, Inland Empire, Oregon, Southern Pacific, Arizona, Utah	Pacific Northwest – Adjoining: Inland Empire, Oregon
Pacific Southwest – Adjoining: Arizona, Southern Pacific	Potomac Valley – Adjoining: Maryland, Virginia
Puerto Rico – Adjoining: None	South Carolina – Adjoining: Georgia, North Carolina
South Dakota – Adjoining: Iowa, Minnesota, Montana, Nebraska, North Dakota, Wyoming	South Texas – Adjoining: Gulf, Southwest, New Mexico, West Texas
Southeastern – Adjoining: Kentucky, Virginia, North Carolina, Georgia, Southern, Arkansas, Ozark	Southern – Adjoining: Southeastern, Arkansas, Gulf, Southwestern
Southern Pacific – Adjoining: Arizona, Central California, Pacific, Pacific Southwest	Southwestern – Adjoining: Oklahoma, Arkansas, Southern, Gulf, South Texas, West Texas
Utah – Adjoining: Inland Empire, Wyoming, Colorado, New Mexico, Arizona, Pacific	Virginia – Adjoining: Potomac Valley, West Virginia, Kentucky, Southeastern, North Carolina
Western Pennsylvania – Adjoining: Middle Atlantic, Niagara, Maryland, West Virginia, Ohio, Lake Erie	West Texas – Adjoining: Oklahoma, New Mexico, South Texas, Southwestern
West Virginia – Adjoining: Maryland, Western Pennsylvania, Ohio, Kentucky, Virginia	Wisconsin – Adjoining: Michigan, Minnesota, Iowa, Central
Wyoming – Adjoining: Montana, South Dakota, Nebraska, Colorado, Utah, Inland Empire	



WEIGH-IN SHEET

AAU Wrestling Scholastic Duals

June 23rd – June 26th, 2019



*****BRING THIS FORM WITH YOU TO WEIGH-INS*****

COACH this weigh-in sheet **IS** the official one in terms of who is wrestling on your team! The athletes on the roster we received earlier with your entry fee can be altered up until this point.

Team Name:			
Head Coach:			
Weight Class	Name	Actual Weight	Certified Weight
95			
100			
106			
112			
118			
124			
130			
138			
148			
160			
185			
HWT			
ALT #1			
ALT #2			
ALT #3			
EXT			
EXT			
EXT			
EXT			

Scale Operator Signature: _____



★ **PLAN THE ULTIMATE DISNEY SPORTS VACATION** ★

Did you know? AAU membership includes magical benefits at *Walt Disney World*® Resort! From complete sports travel packages to special savings on admission to ESPN Wide World of Sports Complex and the world-renowned Disney theme parks, the ultimate Disney sports vacation awaits for AAU members.

TRAVEL PACKAGES • DISNEY RESORT HOTELS • SPECIALLY-PRICED THEME PARK TICKETS • LENGTH OF EVENT TICKETS SAVINGS

STAY AS A TEAM, PLAY AS A TEAM WITH A DISNEY SPORTS TRAVEL PACKAGE

Take your sports vacation to the next level with incredible travel packages offered through Disney Sports Travel. Your team will enjoy all of the benefits of staying together at a themed Disney Resort hotel, which includes complimentary resort and airport transportation, along with admission to the world-renowned Disney theme parks. In addition, Disney Sports Travel Agents are your one-stop-shop for everything Disney, providing helpful vacation planning tips and information on *Walt Disney World*® Resort Theme Parks, dining, entertainment, recreation and more.

EXPERIENCE THE MAGIC OF THE DISNEY THEME PARKS

Step away from competition and onto thrill rides, take to the waves at water parks, and marvel at nighttime specatculars with specially –priced *Walt Disney World*® Theme Park tickets. Your team can celebrate off the field with adventurous attractions like Avatar Flight of Passage at *Disney's Animal Kingdom*® Theme Park or Soarin' Around the World at *Epcot*®. And now after you win big you can play big with Woody and all his pals in *Toy Story Land* at *Disney's Hollywood Studios*®. Take a ride on the Slinky Dog Dash Coaster or go for a whirl on Alien Swirling Saucers!

BENEFITS ABOUND FOR GROUPS AT DISNEY RESORT HOTELS

Planning accommodations for your team is a breeze with a new, online group reservation system. Book rooms at select Disney Resort Hotels and enjoy special benefits, including early access to *FastPass+* planning; extended theme park hours; complimentary resort transportation and parking; and complimentary *MagicBands*.

SKIP THE LINE! PURCHASE EVENT ADMISSION IN ADVANCE

For guests who are not athletes or coaches participating in an event, an admission fee is required for entrance into ESPN Wide World of Sports Complex. You now have the opportunity to purchase your ESPN Wide World of Sports admission passes in advance and have them either shipped or held at Will-Call. For the best value, take advantage of length-of-event admission tickets available for your event.

BOOK AN OFF-SITE HOTEL ROOM

Interested in staying at an off-property accommodation outside of *Walt Disney World*® Resort? Our Disney Sports Travel Agents can help with that too!

BEGIN PLANNING YOUR DISNEY SPORTS VACATION TODAY! VISIT THE EVENT PAGE FOR MORE INFORMATION.