

Jimmer Fredette, a guard for the BYU basketball team, enjoyed an excellent 2010 season. The Glens Falls, N.Y., native helped lead the Cougars to their first NCAA Tournament victory in 17 years to end the 2009-10 season and got BYU off to a great start in the 2010-11 season.

In the final 20 games of the 2009-10 season, Fredette averaged 22.4 points and 4.0 assists while shooting .438 from three and .873 from the free throw line. He had six 30-point games during that stretch, including 33 in a road win at San Diego State and 36 at home against rival Utah. He set a Mountain West Conference Tournament record with 45 points against TCU and then scored 37 points in BYU's double-overtime win over Florida in the NCAA Tournament. Fredette was named to five All-America teams after the 2010 season.

After a stellar 2009-10 season, Fredette was picked to eight preseason All-America teams and named a candidate for national player of the year. In the first 14 games of the 2010-11 season, Fredette averaged 24.9 points and 4.4 assists while shooting .473 from the field and .883 from the free throw line. Fredette was named MVP at the South Padre Island Invitational as he scored 32 points and assisted the game winner against South Florida and hit the go-ahead three against Saint Mary's. In all, Fredette led BYU to 30 wins in 2010 and averaged 23.4 points per game.

Fredette serves as a team captain and leads by example through his effort in practice and in games. He represents the team and the university in the local and national media through his calm demeanor and excellent presentation.

In his four years at BYU, Fredette has volunteered with the Children with Cancer Christmas Foundation. Each year Fredette and his teammates spend time with children diagnosed with cancer, bringing them joy and hope during the holiday season. Following his sophomore season at BYU, Fredette and a group of other student-athletes went to Nicaragua for a week-long goodwill mission.

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