

coaches, parents and/or clubs according to AAU Code.

- C. No Guarantee Policy.** The AAU cannot and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.
- D. Cross Boundary Athletes:** The Aquatics Committee does not have a limit on the number of cross boundary athletes.

### III. SPORT OPERATIONS

#### A. Event Operating Rules.

- 1. **District Qualifier Medals.** AAU medals shall be used at any sanctioned district qualifying event. Medals must be purchased through the AAU medal program or the sanction shall be denied/voided. Effective September 1, 2009. (Added 3/09)

#### B. Competition Rules.

- 1. **Youth Diving Competition Rules.** AAU Diving is conducted under the AAU Code, AAU Aquatics Handbook and the competition rules of FINA as modified by the AAU National Aquatics Committee.

- a. **Qualification Procedure.** For qualification scores to compete in the Diving National Championship, please refer to **Appendix A.**

#### b. Single Age Divisions for Diving National Championships

i.

9 & Under	10 Years	11 Years
12 Years	13 Years	14 Years
15 Years	16 Years	17 Years
18 Years	Open	

- ii. Age groups are determined by the divers' age on December 31, year of competition.

**c. Categories of Competition**

- i. 1m springboard  
3m springboard  
Platform  
1m synchronized  
springboard 3m  
synchronized springboard.

**d. Rules and Restrictions. See Appendix A.**

2. **Adult Diving Competition Rules.** AAU Diving is conducted under the AAU Code, AAU Aquatics Handbook and the competition rules of FINA as modified by the AAU National Aquatics Committee.

**a. Levels of Competition**

- i. **Open.** Primarily for divers that want to compete at the elite level. There are no age restrictions and youth can compete in open events if the meet is sanctioned as a combined Youth and Adult competition.
- ii. **Masters.** Primary for divers that no longer what to compete in Open events. Elite divers are permitted to compete in master events but are restricted to competing in their natural age group.
- iii. **Masters B.** Primarily for divers who are not ready to perform a full list of dives competitively but still want to compete and socialize with other divers.

**b. Rules and Regulations**

- i. Men's and women's events will use the men's rules for number of dives to complete for each age group.
- ii. Masters program will have an additional 21-24 year old age group, which will execute the same number of dives as the 25-29 age group.
- iii. There are no restrictions for dives performed from the 10 meter platform. For divers 50 and over, head first and/or dives with a DD of 2.0 or more can be performed from the 10 meter platform.
- iv. Masters B (short list) events will have the following requirements:
  - 1. 19-49 year old Masters B age groups perform any 5 dives for Springboard events and any 4 dives for platform events.
  - 2. 50-79 year old Masters B age groups perform any 4 dives for Springboard events and any 4 dives for platform events.
  - 3. For Masters B platform events, dives may be performed only from 5M, 7M and/or any platform

- levels in between.
  - 4. There will be no forced migration from competing in Masters B (short list) events to Masters (full list) events.
  - v. Invitational meets can deviate from these rules as long as exceptions are defined as part of the meet information.
3. **Youth Swimming Competition Rules.** AAU Swimming is conducted under the AAU Code, AAU Aquatics Handbook and the competitive rules of USA Swimming as modified by the AAU National Aquatics Committee.
- a. **Qualification Procedure.** The AAU Swimming National Championships will be held at the AAU Junior Olympic Games. For qualifications, please refer to **Appendix B.**
  - b. **Age Divisions for Swimming National Championships**
    - i. 8 and Under Boys and Girls  
9-10 Boys and Girls  
11-12 Boys and Girls  
13-14 Boys and Girls  
15-18 Boys and Girls
    - ii. Athlete's age on the first day of competition shall determine the division of the competitor.
    - iii. At the National Championship, heats for 8 and Under division may be combined with 9-10 division but will be awarded separately. The 8 and Under division is offered for the 50 Meter events and 200 Meter freestyle relays.
  - c. **Rules and Restrictions.** Additional rules and restrictions as outlined in the AAU Junior Olympic Games Meet Information Packet shall be followed.
4. **Other Aquatics Competition Rules.** For other Aquatics sports such as Water Polo and Synchronized Swimming, the competition rules of the National Governing Body will apply.

#### IV. EXCERPTS FROM AAU CODE BOOK

- A. **AAU Membership.** All participants must be a member of the AAU in order to participate in any AAU licensed Event. Event Operators may not collect AAU membership money at any AAU licensed event.

**Membership Requirements.** Membership in the AAU is a privilege granted by the AAU. It is not a right. The AAU at its sole discretion reserves the right to accept or reject applicants for membership.