

III. SPORT OPERATIONS

A. Event Operating Rules.

1. **District Qualifier Medals.** AAU medals shall be used at any sanctioned district qualifying event. Medals must be purchased through the AAU medal program or the sanction shall be denied/voided. Effective September 1, 2009. (Added 3/09)

B. Competition Rules.

1. **Youth Diving Competition Rules.** AAU Diving is conducted under the AAU Code, AAU Aquatics Handbook and the competition rules of FINA as modified by the AAU National Aquatics Committee.

- a. **Qualification Procedure.** For qualification scores to compete in the Diving National Championship, please refer to **Appendix A.**

- b. **Age Divisions for Diving National Championships**

- i. 9 and Under Boys and Girls
11 and Under Boys and Girls
12-13 Boys and Girls
14-15 Boys and Girls
16-18 Boys and Girls
- ii. Age groups are determined by the divers' age on December 31, year of competition.

- c. **Categories of Competition**

1 meter springboard
3 meter springboard
7.5 meter Platform
10 meter Platform
Synchronized springboard

- d. **Rules and Restrictions.** See **Appendix A.**

2. **Adult Diving Competition Rules.** AAU Diving is conducted under the AAU Code, AAU Aquatics Handbook and the competition rules of FINA as modified by the AAU National Aquatics Committee.

- a. **Levels of Competition**

- i. **Open.** Primarily for divers that want to compete at the elite level. There are no age restrictions and youth can

